

# PIONLESS EFT RECOUNTED

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# Outline

- ❑ Why Pionless
- ❑ Telling all about
- ❑ Counting again
- ❑ To be continued...

# Why

The 60s schism: nuclear and particle physics part ways

- "too many divergences"
  - "too many interactions"
- ➔ fairwell field theory  
data fitting eclipses consistency

The 90s re-unification: nuclear again a part of particle physics

- ✓ renormalization
  - ✓ power counting
- ➔ welcome effective field theory  
consistency before fitting

simplest in  
Pionless EFT

- two-body system analytical with separable regulators
- three-body system numerically clean after two-body regulator removed
- more generally, few-nucleon physics relatively transparent
- close connection with cold-atom physics and other long-distance physics

➤ Renormalization and power counting playground for nuclear EFTs

naïve dimensional analysis too naïve  
for non-perturbative renormalization

Cohen *et al.* '96, '97  
...

but message not yet fully digested in Chiral EFT

➤ A theory of (real) light nuclei

emphasis today

$A \leq 6$  nuclei described up to 30% in LO,  
 $A \leq 3$  much better to N<sup>2</sup>LO

Bedaque + vK '97  
...

bound states and low-energy reactions, including symmetry violation

➤ A theory of nuclei at larger quark masses ("lattice nuclei")

Kirscher's  
talk?

only EFT for pion masses  
in most current LQCD calculations

Barnea *et al.* '13  
...

extrapolation of LQCD to heavier nuclei and to reactions

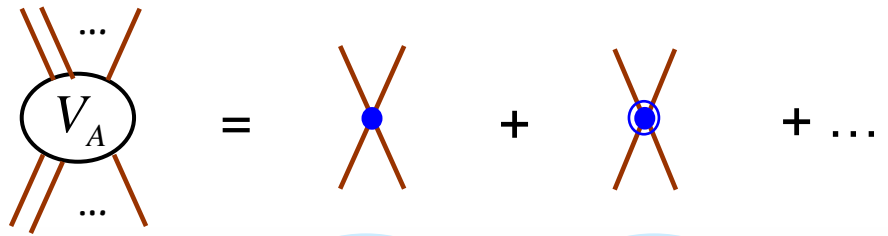
# recount: to tell all about

$$Q \ll M_{hi} \sim m_\pi$$

- d.o.f.: nucleons
- symmetries: Lorentz, ~~P~~, ~~T~~, ~~B~~

$$\begin{aligned} \mathcal{L}_{EFT} = & N^+ \left( iD_0 + \frac{D^2}{2m_N} \right) N + \sum_{I=0,1} C_{0I} N^+ N^+ P_I N N \\ & + D_0 N^+ N^+ N^+ N N N \\ & + \Delta C_{0I_3=1} N^+ N^+ P_{I_3=1} N N + \sum_{I=0,1} C_{2I} \left( N^+ N^+ P_I D^2 N N + \dots \right) \\ & + \dots \end{aligned}$$

$$D_\mu = \partial_\mu + ie \frac{1 + \tau_3}{2} A_\mu$$

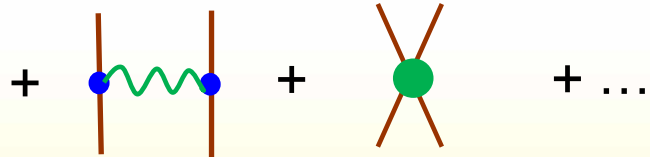


$$s = 0, 1$$

$$l = 0$$

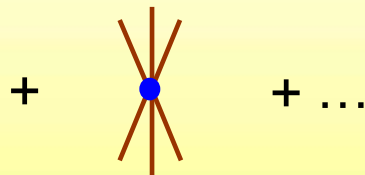
$$s = 0, 1$$

$$l = 0$$



$$s = 0$$

$$l = 0$$



$$s = 1/2$$

$$l = 0$$

$$C_{2n} Q^{2n} \sim \frac{4\pi}{m_N M_{lo}} \frac{Q^{2n}}{M_{lo}^n M_{hi}^n}$$

$$\sim \frac{4\pi}{m_N M_{lo}} \left( \frac{Q}{M_{hi}} \right)^{2n} \left( \frac{M_{lo}}{M_{hi}} \right)^{1-\#}$$

#=0,1: s waves

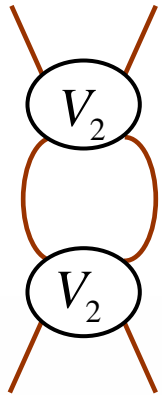
$$C_{-2} \sim \frac{4\pi}{m_N M_{lo}} \frac{\alpha m_N M_{lo}}{Q^2}$$

$$\Delta C_{0I_3=1} \sim \frac{4\pi}{m_N M_{lo}} \frac{\alpha m_N}{M_{lo}}$$

$$D_0 \sim \frac{(4\pi)^2}{m_N} \frac{1}{M_{lo}^4}$$

$$D_2 Q^2 \sim \frac{(4\pi)^2}{m_N} \frac{1}{M_{lo}^4} \frac{Q^2}{M_{hi}^2}$$

$A = 2$



$$\sim \frac{m_N}{4\pi} C_{2n} C_{2n'} \left\{ \underbrace{\# \Lambda^{2(n+n')+1} + \dots + k^{2(n+n')} \Lambda + ik^{2(n+n')+1}}_{\text{absorbed in same or lower order}} + \underbrace{\mathcal{O}\left(\frac{k^{2(n+n'+1)}}{\Lambda}\right)}_{\text{absorbed in higher order}} \right\} \dots$$

non-analytic in  $E$

$$\sim \frac{m_N Q}{4\pi} V_2 \times \text{Diagram}$$

$C_0$  : series in  $Q/M_{lo}$   $\Rightarrow$  non-perturbative for  $Q \gtrsim M_{lo}$

$C_{2n>0}$  : expansion in  $Q/M_{hi}$

$C_{-2}$  : series in  $\alpha m_N/Q$   $\Rightarrow$  non-perturbative for  $Q \lesssim \alpha m_N$   
 expansion in  $\alpha m_N M_{lo}/Q^2$

$\Delta C_{0I_3=1}$  : expansion in  $\alpha m_N/M_{lo}$

pole of  $T_A$  at  $Q_A \sim M_{lo}$



*N.B.* Perturbative treatment of subLOs not in general optional

1) Except for regular interactions, it can break RG invariance

*e.g.* iterating  $C_2 \Rightarrow r_2 < 0$

Wigner bound

Cohen *et al.* '96, '97

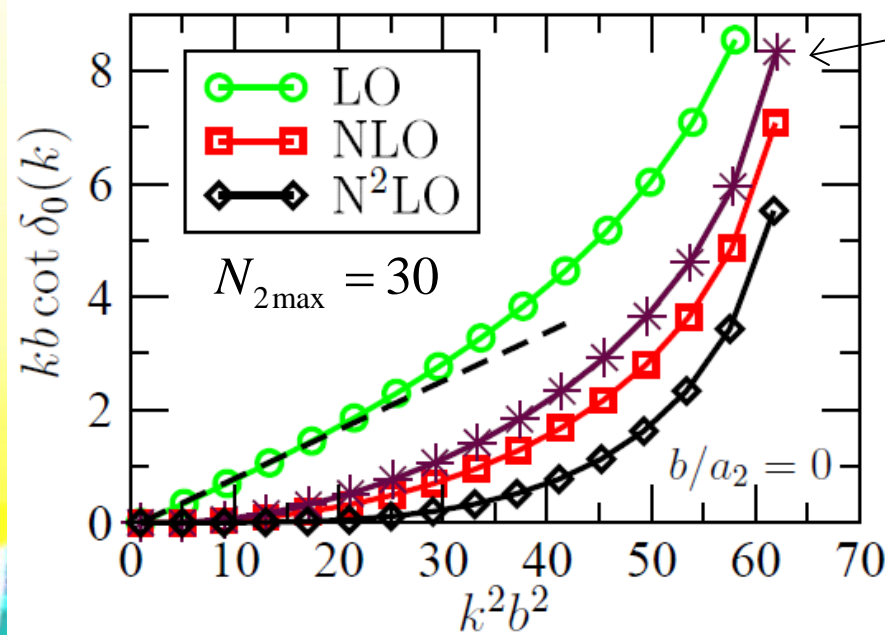
RG invariance

2) Even at fixed cutoff, it can give worse results

*e.g.*

two spin-1/2 fermions  
at unitarity, in a  
harmonic oscillator  
of length  $b$  and  
 $N_{2\max}$  shells

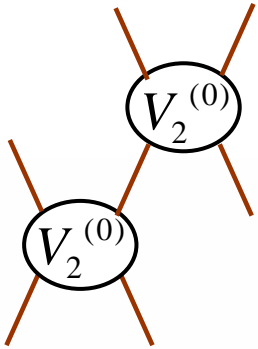
Rotureau, Stetcu, Barrett + v.K. '10



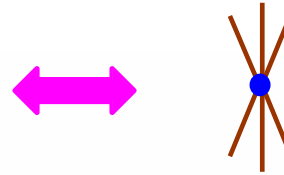
N<sup>2</sup>LO Hamiltonian  
fully diagonalized:  
worse than NLO!



$$A = 3$$



$$\frac{m_N C_0^2}{Q^2} \sim \frac{(4\pi)^2}{m_N} \frac{1}{M_{lo}^2 Q^2}$$



$$D_0 \sim \frac{(4\pi)^2}{m_N} \frac{1}{M_{lo}^4}$$

$$Q_A \sim M_{lo}$$

$S_{1/2}$

For sharp cutoff  $\Lambda_3 \ll \Lambda_2$

$$T_{2+1}^{(0)}(\Lambda_3 \gg \underbrace{p \gg M_{lo}}_{\text{approximate scale invariance}}; D_0 = 0) \approx A \cos\left(s_0 \ln \frac{p}{\Lambda_3} + \delta\right)$$

$$s_0 = 1.0064\dots$$

$$\Rightarrow \frac{\Lambda_3}{T_{2+1}^{(0)}} \frac{\partial T_{2+1}^{(0)}}{\partial \Lambda_3}(p \sim M_{lo}; D_0 = 0) \sim 1$$

+ some changes of NDA in other channels

Grißhammer '05

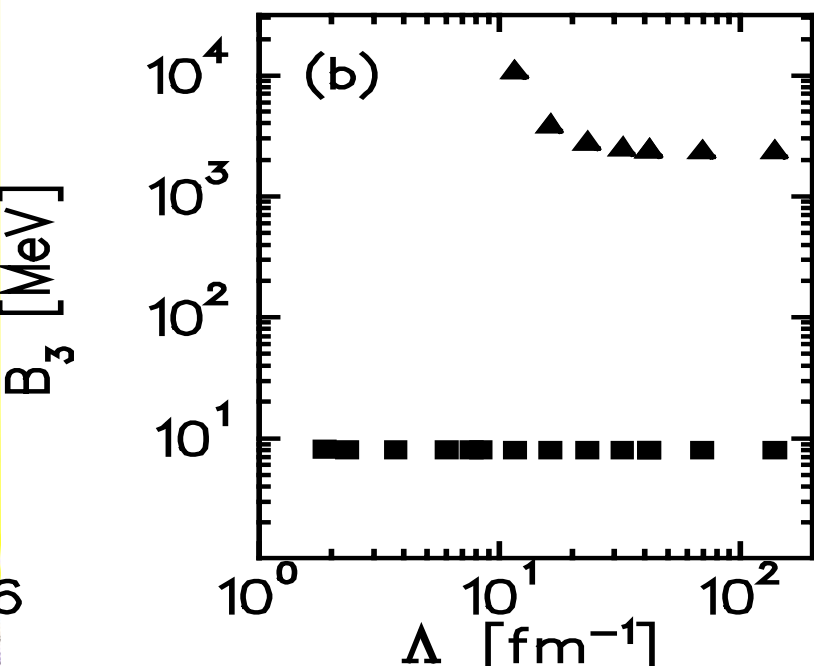
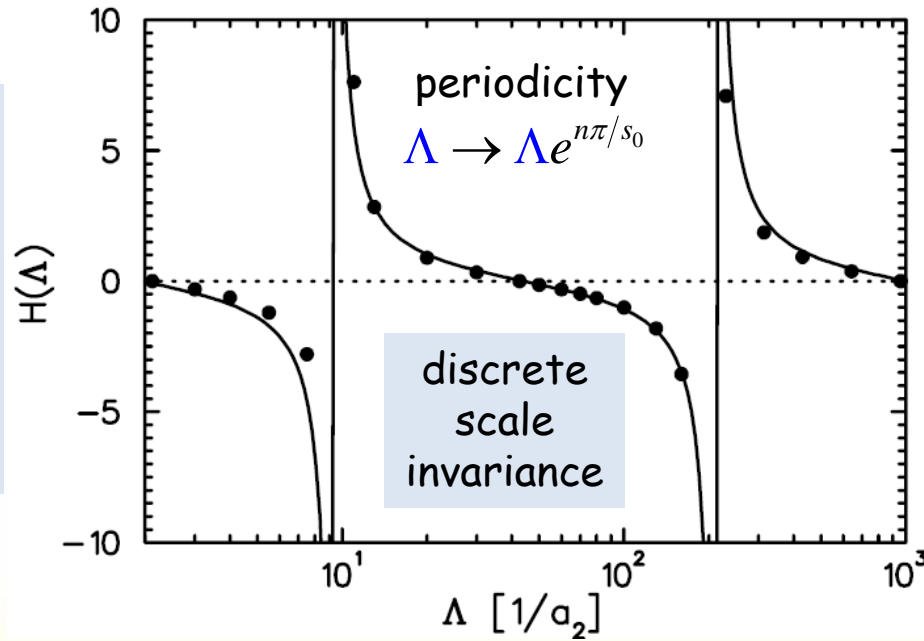
RG invariance:

$$H(\Lambda) \equiv \frac{\Lambda^2 D_0(\Lambda)}{m_N C_0^2(\Lambda)}$$

$$\approx \frac{\sin(\ln(\Lambda/\Lambda_*) + \arctan(1/s_0))}{\sin(\ln(\Lambda/\Lambda_*) - \arctan(1/s_0))}$$

dimensionful parameter  
(dimensional transmutation)

RG limit cycle!



outside EFT

$$Q_3 \sim M_{hi}$$

triton

$$Q_3 \sim M_{lo}$$

Efimov  
state

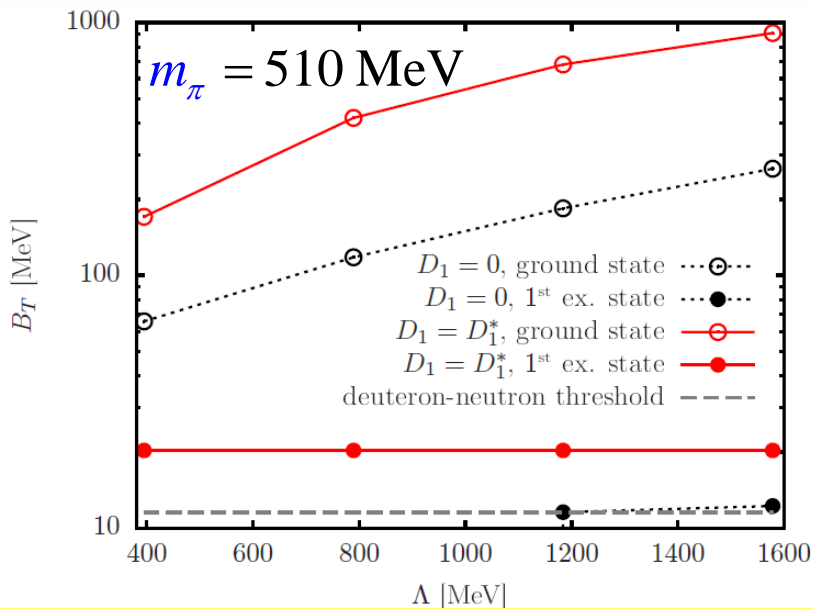
Role of  
deep bound states  
in  $A \geq 4$  calculations?

Role of  
cutoff procedure?

e.g.

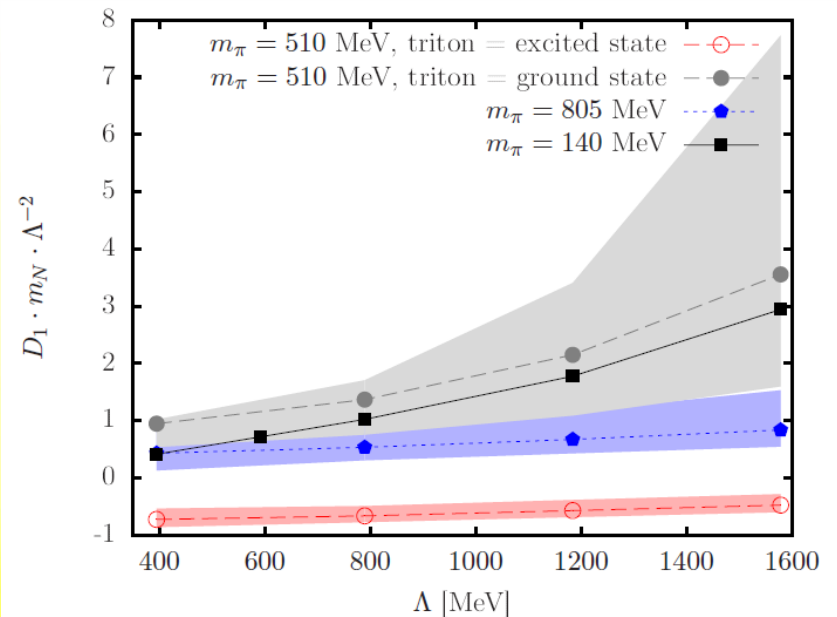
$$\left\{ \begin{array}{l} \Lambda_2 = \Lambda_3 \\ \delta^{(3)}(\vec{r}) \rightarrow \frac{\Lambda^3}{16\pi^{3/2}} e^{-\Lambda^2 r^2/4} \end{array} \right.$$

$B_t = 20.3 \pm 4.5$  MeV (LQCD)



Kirscher, Barnea, Gazit, Pederiva + v.K. '15

$$D_1(\Lambda) \equiv -\frac{\Lambda^3}{16\pi^{3/2}} D_0(\Lambda)$$



no visible cycle yet

$D_2$  : expansion in  $Q^2/M_{hi}^2$

Bedaque, Hammer + v.K. '99 '00

...

Vanasse '13

...

Analogous for  
higher derivatives?

$$A = 4$$

Hammer, Meißner + Platter '04, '05  
Hammer + Platter '07

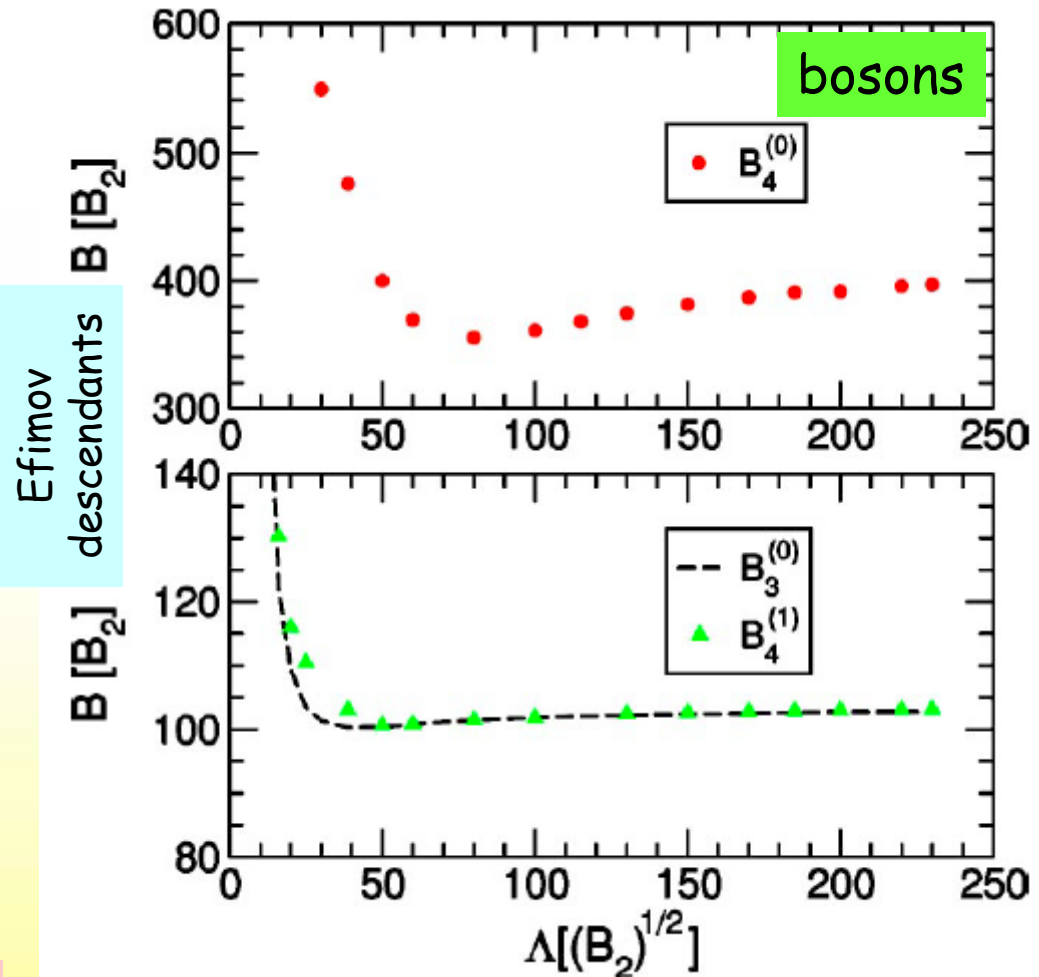
At what order a  
four-body force?

Not at LO:

Not at NLO\*

Kirscher, Shukla, Grießhammer + Hofmann '09

$$E_0 \sim \frac{(4\pi)^2}{m_N} \frac{1}{M_{hi}^7} \text{ (NDA) } ?$$



# Standard Power Counting

$$M_{lo} \sim \frac{1}{|a_{2,I=0}|} \sim \frac{1}{|a_{2,I=1,I_3}|} \sim \alpha m_N$$

- treat  $d$  and  $d^*$  the same way

Chen, Rupak + Savage '99  
Bedaque, Hammer + v.K. '99

...

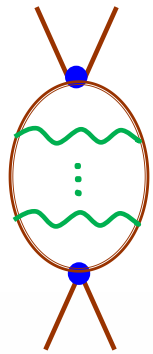
- Coulomb is non-perturbative for bound states

Kirscher, Shukla, Griebhammer + Hofmann '09  
Ando + Birse '10

...

- quark mass splitting effects?

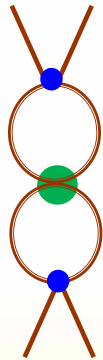
Kirscher + Phillips '11  
König + Hammer '14



$$\left(\frac{m_N Q}{4\pi}\right)^L \left(\frac{4\pi\alpha}{Q^2}\right)^{L-1} C_{0,I=1}^2 \left( \delta_{L,2} \ln \frac{\Lambda}{\alpha m_N} + \mathcal{O}(1) \right) P_{I_3=1}$$

Kong + Ravndal '00

...



$$\left(\frac{m_N}{4\pi}\right)^2 \Delta C_{I_3=1} (\Lambda + Q)^2 C_{0,I=1}^2 P_{I_3=1}$$

$$\Delta C_{0I_3=1}(\Lambda) \sim 4\pi\alpha \frac{\ln(\alpha m_N / \Lambda)}{\Lambda^2}$$



$$\Delta C_{0I_3=1} \sim \frac{4\pi}{m_N M_{lo}} \frac{\alpha m_N}{M_{lo}}$$



RG invariance

NLO: no new two-body counterterm since Coulombless argument does not change  
new three-body force at NLO or not?

Kirscher's and Vanasse's talks?

**A = 2**

Chen, Rupak + Savage '99

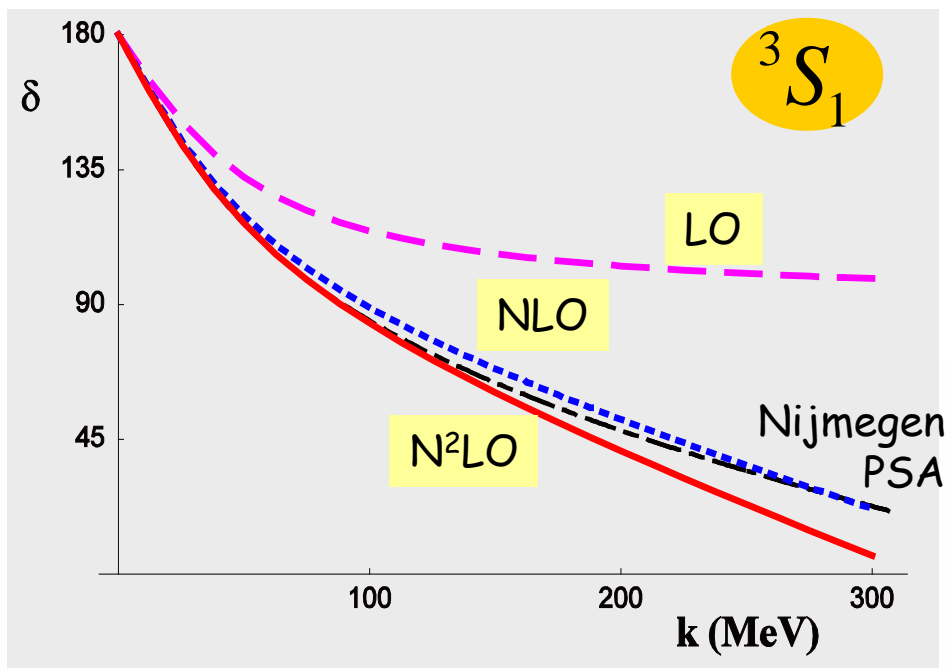
$a_1 = 5.42$  fm (exp)  $\Rightarrow C_{0,I=0}$

$r_1 = 1.75$  fm (exp)  $\Rightarrow C_{2,I=0}$

predict

$B_d = 1.91$  MeV (NLO)

$B_d = 2.22$  MeV (exp)

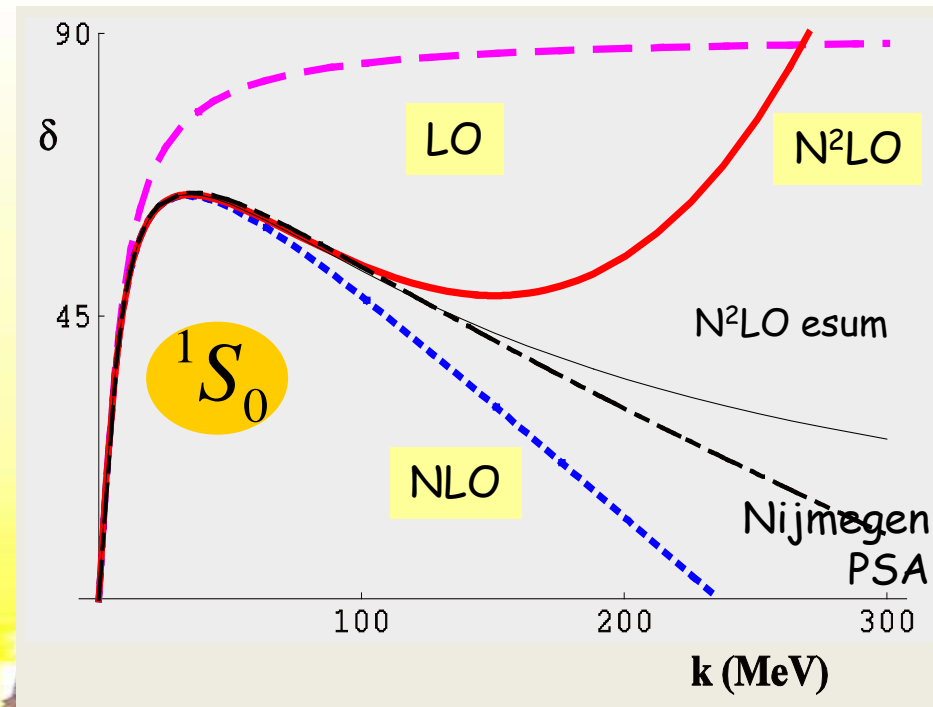


$a_0 = -20.0$  fm (exp)  $\Rightarrow C_{0,I=1}$

$r_0 = 2.78$  fm (exp)  $\Rightarrow C_{2,I=1}$

predict

$B_{d^*} = 0.09$  MeV (NLO)



Also  $P$  waves (N<sup>3</sup>LO) Vanasse *et al.* '15



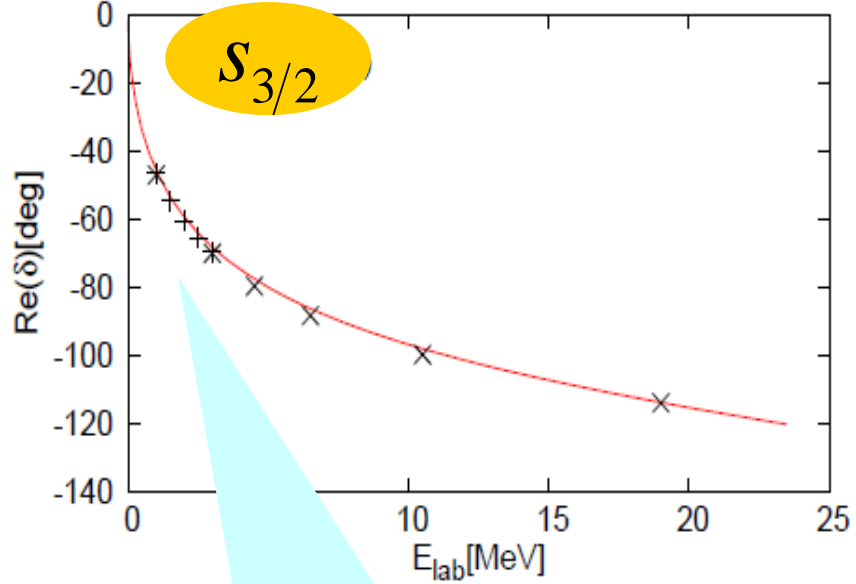
**A = 3**

fully perturbative calculation

cf. Ji *et al.* '12

Vanasse '13

predict

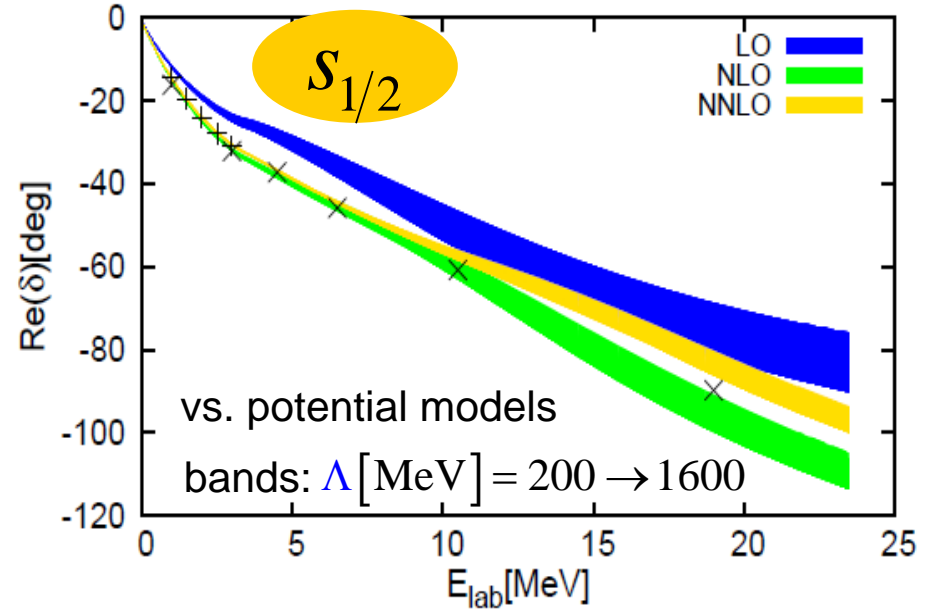


$a_{3,3/2} = 6.19 \pm 0.03$  fm (N<sup>2</sup>LO)  
 $a_{3/2} = 6.35 \pm 0.02$  fm (exp)

$a_{3,s=1/2} = -0.65$  fm (exp)  $\Rightarrow D_0$

$B_t = -8.48$  fm (exp)  $\Rightarrow D_2$

predict



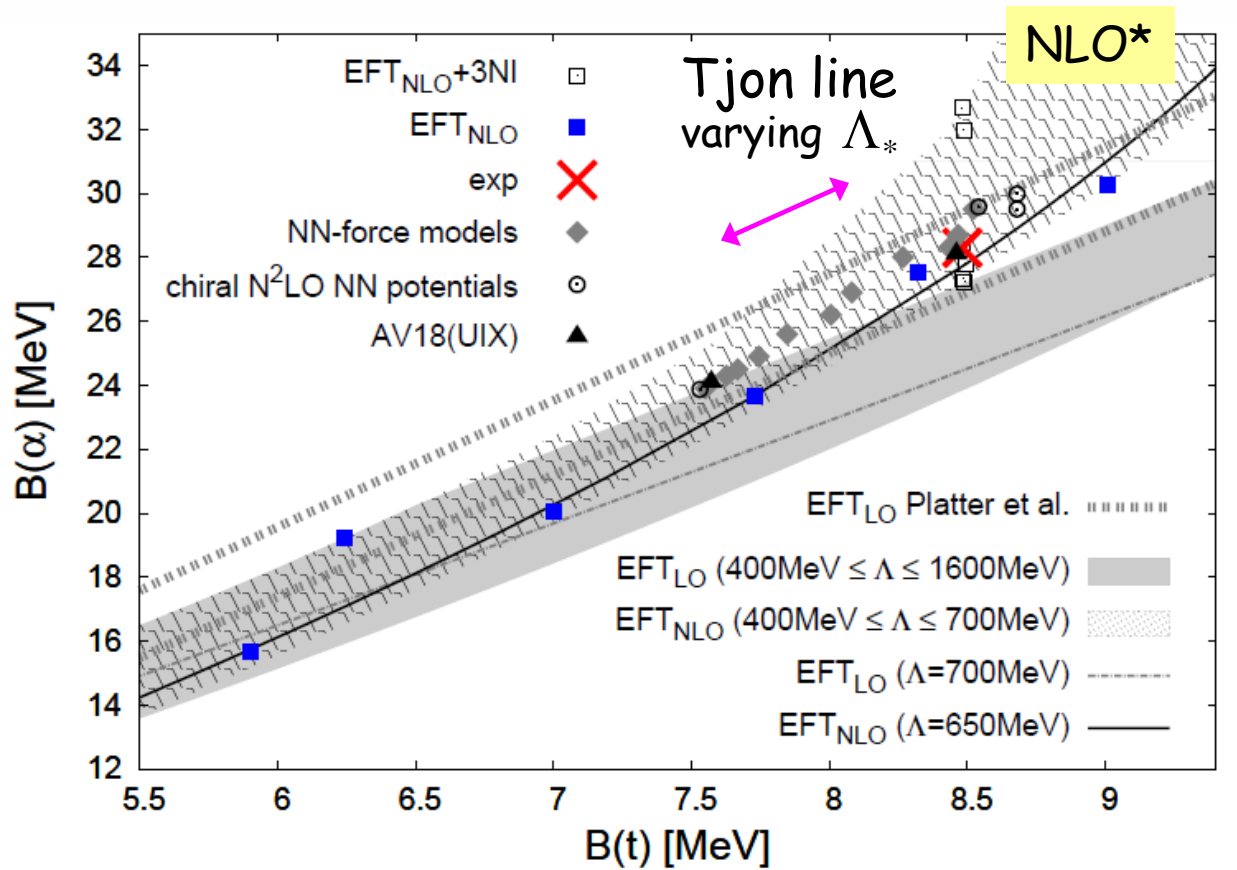
Also higher waves...

Vanasse '13



$A = 4$

NLO iterated?  
 NLO LECs?  
 Coulomb counterterm?



harmonic oscillator basis of frequency  $\omega$  and  $N_{\max}$  shells

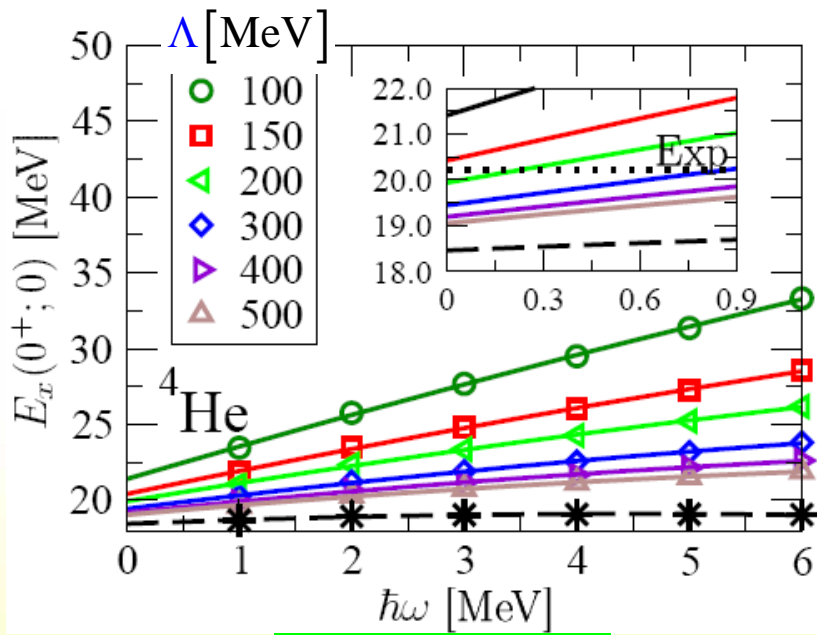
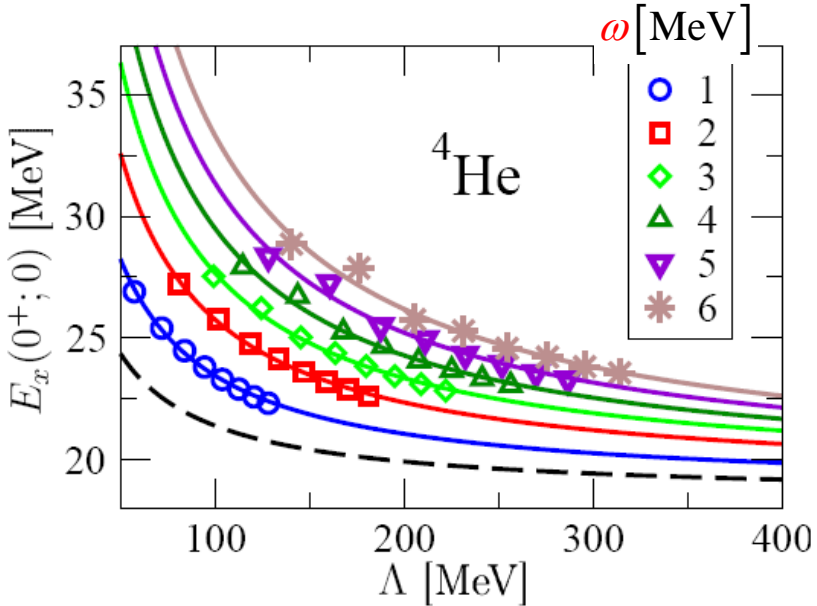
$$\Lambda \sim \sqrt{N_{\max} m_N \omega}$$

LO

parameters fitted to  $d$ ,  $t$ ,  $\alpha$  ground-state energies  
Coulomb assumed higher order

Stetcu, Barrett + v.K. '06

$A = 4$

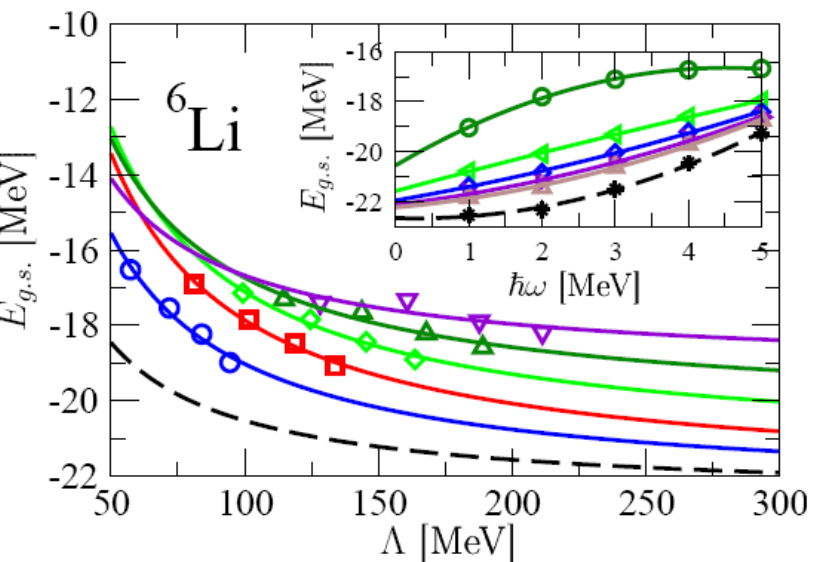


$A = 6$

within ~10%

within ~30%

How far in  $A$   
can we push  
Pionless EFT?



# recount: to count again

ground  
states

$A$	$Q_A \approx \sqrt{2m_N B_A/A}$ (MeV)
2	45
3	70
4	115
5	100
6	100
...	...
$\infty$	125

$ a_{2,I=1,I_3=0} ^{-1}$	8
$\alpha m_N$	7
$ a_{2,I=1,I_3=+1} ^{-1} -  a_{2,I=1,I_3=0} ^{-1}$	17
$ a_{2,I=1,I_3=-1} ^{-1} -  a_{2,I=1,I_3=0} ^{-1}$	3

$$Q_A \sim M_{lo}$$

$$\left| a_{2,I=1,I_3=0} \right|^{-1} \equiv \mathfrak{X}_0 \sim \frac{M_{lo}^2}{M_{hi}}$$

$$\left| a_{2,I=1,I_3=+1} \right|^{-1} - \left| a_{2,I=1,I_3=0} \right|^{-1} \sim \alpha m_N \sim \mathfrak{X}_0$$

$$\left| a_{2,I=1,I_3=-1} \right|^{-1} - \left| a_{2,I=1,I_3=0} \right|^{-1} \sim \frac{M_{lo}^3}{M_{hi}^2}$$

consistent  
with

$$\left\{ \begin{array}{l} \left| a_{2,I=1,I_3=+1} \right|^{-1} - \left| a_{2,I=1,I_3=0} \right|^{-1} = \mathcal{O}(\alpha m_N, m_d - m_u) \\ \left| a_{2,I=1,I_3=-1} \right|^{-1} - \left| a_{2,I=1,I_3=0} \right|^{-1} = \mathcal{O}(m_d - m_u) \end{array} \right.$$

while

$$m_n - m_p = \mathcal{O}\left(\frac{\alpha m_N}{4\pi}, m_d - m_u\right)$$

- treat ground states as usual
- **but** two-nucleon spin-singlet  $S$  wave expanded around unitarity

cf. Hammer, Meißner + Platter '05  
Stetcu, Barrett + v.K. '07

- Coulomb is **perturbative** for bound states, and needs to be resummed only near scattering thresholds

- **smaller** quark mass splitting effects smaller

also cf. Kirscher + Gazit '15

Kirscher's talk?



$$\Delta C_{0I_3=1}(\Lambda) \sim 4\pi\alpha \frac{\ln(\alpha m_N / \Lambda)}{\Lambda^2}$$

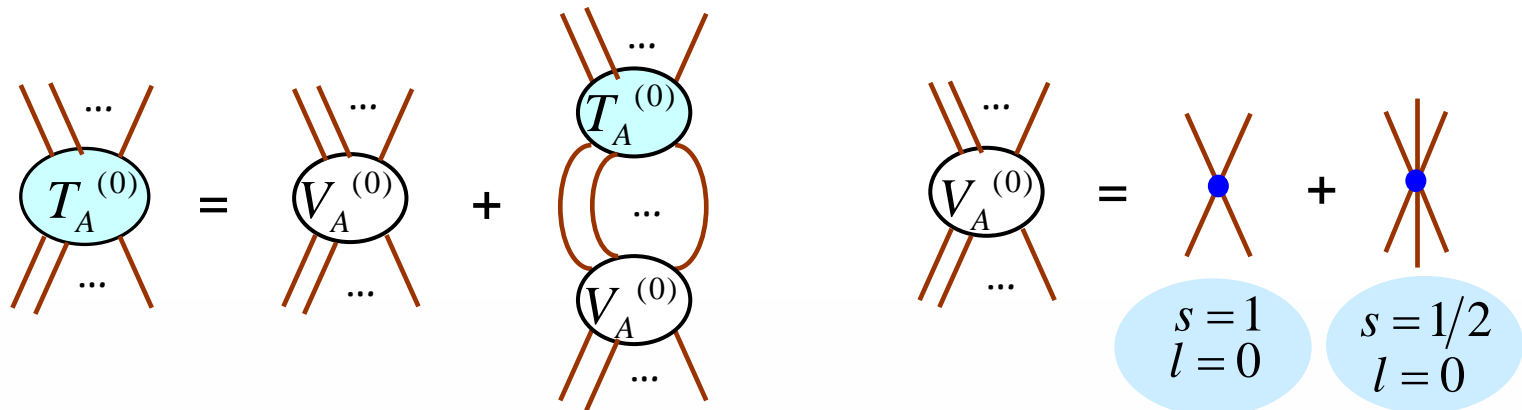
↓

$$\Delta C_{0I_3=1} \sim \frac{4\pi}{m_N M_{lo}} \frac{\alpha m_N}{M_{lo}}$$

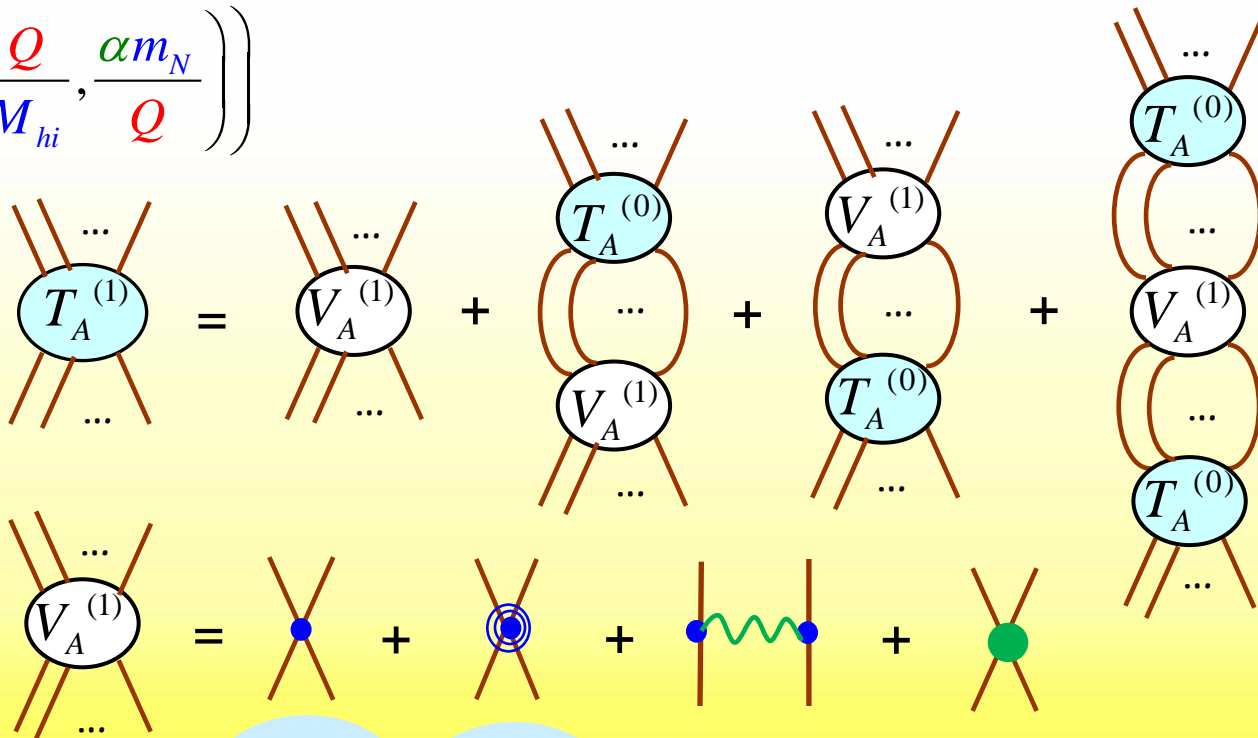
$$\left(\frac{m_N}{4\pi}\right)^2 4\pi\alpha \left(\ln \frac{\Lambda}{\alpha m_N} + \mathcal{O}(1)\right) T^{(0)2} P_{I_3=1} \quad \longleftrightarrow \quad \left(\frac{m_N}{4\pi}\right)^2 \Delta C_{I_3=1} (\Lambda + Q)^2 T^{(0)2} P_{I_3=1}$$

+ no three-body LEC: can predict  $^3\text{He}$  up to NLO

$$\mathcal{O}\left(\frac{4\pi}{m_N M_{lo}}\right)$$



$$\mathcal{O}\left(\frac{4\pi}{m_N M_{lo}} \times \left(\frac{Q}{M_{hi}}, \frac{\alpha m_N}{Q}\right)\right)$$



*etc.*



point:  
smaller number of LECs at each order,  
more predictive power

For more, see

Sebastian's  
talk



# Conclusions

- ◆ Convergence and standard power counting without Coulomb well understood up to N<sup>2</sup>LO for  $A \leq 3$ , needs to be further studied for  $A \geq 4$
- ◆ “Technical” issues remain about structure of three-body force and effects on  $A \geq 3$
- ◆ Convergence and standard power counting with Coulomb not settled for  $A \geq 3$
- ◆ New power counting more predictive for bound states using expansion around unitarity in two-nucleon spin singlet

... to be revised at the end of the workshop!