Ab initio, QCD etc. etc.

# (Heavy) dense QCD and nuclear matter from a (3d) effective lattice theory



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- 3d effective lattice theories derived by strong coupling methods
- The deconfinement transition in QCD with heavy dynamical quarks \_ JHEP 1201 (2012)
- Cold and dense QCD: transition to nuclear matter JHEP 1409 (2014)
- Cold and dense chiral QCD on (very) coarse lattices PRL 113 (2014)

### The (lattice) calculable region of the QCD phase diagram



- Sign problem prohibits direct simulation, circumvented by approximate methods: reweigthing, Taylor expansion, imaginary chem. pot., need  $\mu/T \lesssim 1$  ( $\mu = \mu_B/3$ )
- No critical point in the controllable region
- Complex Langevin: lots of progress, but not in all parameter space, no "guarantees"

### The effective lattice theory approach I

Two-step treatment:

I. Calculate effective theory analytically II. Simulate effective theory

Step I.: split temporal and spatial link integrations:

$$Z = \int DU_0 DU_i \, \det Q \, e^{S_g[U]} \equiv \int DU_0 e^{-S_{eff}[U_0]} = \int DL \, e^{-S_{eff}[L]}$$

Spatial integration after analytic strong coupling and hopping expansion

Result: 3d spin model of QCD, infinitely many couplings, ordered parametrically

Truncation: valid for heavy quarks, sufficiently close to the continuum

Step II: sign problem milder: Monte Carlo, complex Langevin

Numerical simulations in 3d without fermion matrix inversion, very cheap!

### Starting point: Wilson's lattice Yang-Mills action

Partition function; link variables as degrees of freedom

$$Z = \int \prod_{x,\mu} dU(x;\mu) \exp\left(-S_{YM}\right) \equiv \int DU \exp\left(-S_{YM}\right)$$

Wilson's gauge action

$$S_W = -\frac{\beta}{N} \sum_{p} \operatorname{ReTr}(U_p) = \sum_{p} S_p \qquad \beta = \frac{2N}{g^2}$$

Plaquette: 
$$I \to 1 + ia^2 g F_{\mu\nu} - \frac{a^4 g^2}{2} F_{\mu\nu} F^{\mu\nu} + O(a^6) + \dots$$
  
 $U_{\mu}(x) = e^{-iagA_{\mu}(x)}$ 

$$T = \frac{1}{aN_t} \qquad \text{continuum limit} \quad a \to 0, N_t \to \infty$$
  
Small  $\beta(a) \Rightarrow \qquad \text{small T}$ 

• Leading order graph in case of  $N_{\tau} = 4$ :



Figure: 4 plaquettes in fundamental representation lead to a 2 Polyakov loop interaction term

Integration of spatial link variables leads to

$$-S_1 = u^{N_\tau} \sum_{\langle ij \rangle} \operatorname{tr} W_i \operatorname{tr} W_j$$

Expansion parameter:  $u = a_f(\beta) = \beta/18 + \cdots$ 

- Possible generalizations: larger distance, higher dimensional representations, larger number of loops involved, ...
- Here: Decorate LO graph with additional spatial and temporal plaquettes

### Effective one-coupling theory for SU(3) YM

(L=Tr W)  

$$Z = \int [dL] \exp \left[-S_1 + V_{SU(3)}\right]$$

$$= \int [dL] \prod_{\langle ij \rangle} \left[1 + 2\lambda_1 \operatorname{Re}\left(L_i L_j^*\right)\right] *$$

$$* \prod_i \sqrt{27 - 18|L_i|^2 + 8\operatorname{Re}L_i^3 - |L_i|^4}$$



$$\lambda(u, N_{\tau} \ge 5) = u^{N_{\tau}} \exp\left[N_{\tau} \left(4u^4 + 12u^5 - 14u^6 - 36u^7 + \frac{295}{2}u^8 + \frac{1851}{10}u^9 + \frac{1055797}{5120}u^{10}\right)\right]$$

### Numerical results for SU(3), one coupling



Order-disorder transition =Z(3) breaking



#### First order phase transition for SU(3):



Second order (3d Ising) phase transition for SU(2):



### Mapping back to 4d finite T Yang-Mills

Inverting

 $\lambda_1(N_{\tau},\beta) \to \beta_c(\lambda_{1,c},N_{\tau})$  ...points at reasonable convergence



### Comparison with 4d Monte Carlo

Relative accuracy for  $\beta_c$  compared to the full theory

SU(2)

SU(3)



Note: influence of additional couplings checked explicitly!

### Continuum limit feasible!



-error bars: difference between last two orders in strong coupling exp.

-using non-perturbative beta-function (4d T=0 lattice)

-all data points from one single 3d MC simulation!

### Including heavy, dynamical Wilson fermions

Expand in the *hopping parameter*  $\kappa = 1/(2aM + 8)$ :

$$-S_{\text{eff}} = \sum_{i} \lambda_{i}(u, \kappa, N_{\tau})S_{i}^{\text{S}} - 2N_{f} \sum_{i} \left[h_{i}(u, \kappa, \mu, N_{\tau})S_{i}^{\text{A}} + \overline{h}_{i}(u, \kappa, \mu, N_{\tau})S_{i}^{\dagger\text{A}}\right]$$

Now, keep only  $\lambda_1 S_1^S$  and  $h_1 S_1^A + \overline{h}_1 S_1^{\dagger A}$ 

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m<sub>u</sub>, m<sub>d</sub>

NLO: 
$$\sim \kappa^2$$



Accuracy ~5%, predictions for Nt=6,8,... available!

### The fully calculated deconfinement transition



phase diagram for Nf=2, Nt=6



### The equation of state for nuclear matter



Transition is smooth crossover:

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 $T > T_c \sim \epsilon m_B$ 

### Binding energy per nucleon





### Binding energy per nucleon



Minimum: access to nucl. binding energy, nucl. saturation density!

 $\epsilon \sim 10^{-3}$  consistent with the location of the onset transition

### Lighter quarks: first order + endpoint!



- $O(k^4)$ :Stretching the hopping series,  $\kappa = 0.12, \beta = 5.6$
- Coexistence of vacuum and finite density phase: 1st order
- If the temperature  $T = \frac{1}{aN_{\tau}}$  or the quark mass is raised this changes to a crossover nuclear liquid gas transition!!!

#### attn: no convergence yet!

### Finite isospin vs baryon chemical potential







$$\frac{m_{\pi}}{2} < \frac{m_B}{3}$$

onset at smaller chemical potential

### The problem with complex Langevin

No non-analytic phase transition seen yet

Aarts, Seiler, Sexty, Stamatescu

Does not work in all parameter regions!

In effective theory:



### The effective lattice theory approach II

Two-step treatment:

I. Calculate effective theory analytically II. Simulate effective theory de Forcrand, Langelage, O.P., Unger Phys.Rev.Lett. 113 (2014) 152002

Step I.: integrate over gauge links in strong coupling expansion, leave fermions

$$\begin{split} Z_{\rm QCD} &= \int d\psi d\bar{\psi} dU e^{S_F + S_G} = \int d\psi d\bar{\psi} Z_F \left\langle e^{S_G} \right\rangle_{Z_F} \\ \left\langle e^{S_G} \right\rangle_{Z_F} &\simeq 1 + \left\langle S_G \right\rangle_{Z_F} = 1 + \frac{\beta}{2N_c} \sum_P \left\langle {\rm tr}[U_P + U_P^{\dagger}] \right\rangle_{Z_F} \\ \end{split} \qquad Z_F(\psi, \bar{\psi}) = \int dU e^{S_F} \left\langle {\rm tr}[U_P + U_P^{\dagger}] \right\rangle_{Z_F} \\ \end{split}$$

- Result: 4d "polymer" model of QCD (hadronic degrees of freedom!)
  Valid for all quark masses (also m=0!), at strong coupling (very coarse lattices)
- Step II: sign problem milder: Monte Carlo with worm algorithm
- Numerical simulations without fermion matrix inversion, very cheap!

### The QCD Phase diagram at strong coupling



- LO gauge correction included, simulation by worm algorithm
- Chiral phase transition with 2nd order and 1st order line meeting in tricritical point
- Nuclear liquid gas transition on top of first order chiral one at strong coupling

### Conclusions

- Two-step treatment of QCD phase transitions:
  - I. Derivation of effective action by strong coupling expansion II. Simulation of effective theory
- Finite T transition + nuclear liquid gas transition for:

Heavy QCD on not so coarse or chiral QCD on very coarse lattices









### What does and does not work?



## Correlation functions and spectrum: NO

couplings over large distances needed

Thermodynamics and critical coupling: YES

partition function needed, ultra-local!

### Subleading couplings

Subleading contributions for next-to-nearest neighbours:

$$\lambda_2 S_2 \propto u^{2N_{\tau}+2} \sum_{[kl]}' 2\operatorname{Re}(L_k L_l^*) \text{ distance } = \sqrt{2}$$
$$\lambda_3 S_3 \propto u^{2N_{\tau}+6} \sum_{\{mn\}}'' 2\operatorname{Re}(L_m L_n^*) \text{ distance } = 2$$

as well as terms from loops in the *adjoint* representation:

$$\lambda_a S_a \propto u^{2N_\tau} \sum_{\langle ij \rangle} \text{Tr}^{(a)} W_i \text{Tr}^{(a)} W_j$$
;  $\text{Tr}^{(a)} W = |L|^2 - 1$ 





higher corrections to the above:

$$h_1 = (2\kappa e^{a\mu})^{N_\tau} \left[1 + \mathcal{O}(k^2)f(u) + \dots\right]$$



other (suppressed) terms, such as  $h_2(L_x L_{x+\hat{i}})$ ,

$$h_2 \sim (2\kappa e^{a\mu})^{2N_\tau} \kappa^2 \dots$$

Quark mass dependence of the binding energy:

Expect short range nucl. potential for heavy pions,  $V \sim \frac{e^{-m_{\pi}r}}{r}$ 

Analytic solution, finite lattice spacing:



lattice saturation

### Two transitions seen:

