## Relativistic Chiral EFT with baryons: Recent developments and future prospects.

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 $\pi N$  scattering is relevant for hadron and nuclear physics!

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  - Advantage Keeps the good analytical behavior of the GSS formulation.

 $\pi N$  scattering with relativistic chiral EFT

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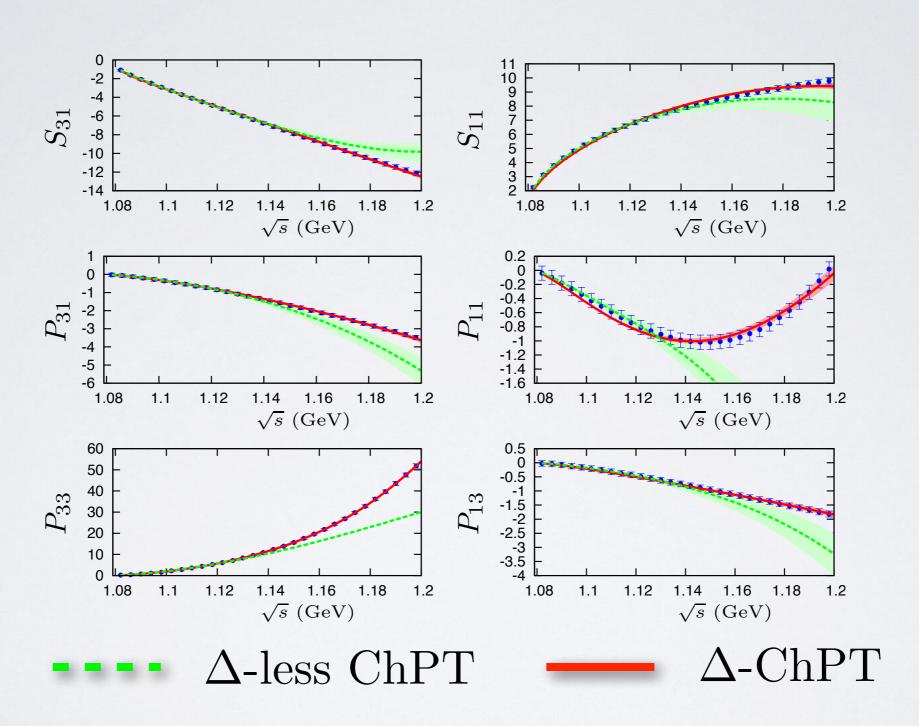
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#### Fits to WI08



[Alarcón, Martin Camalich and Oller, Ann. of Phys. 336 (2013)]

Threshold parameters:

Partial	KA85	WI08	EM06	KA85	WI08	EM06
Wave	$\Delta$ -ChPT	$\Delta ext{-ChPT}$	$\Delta ext{-ChPT}$			
$a_{0+}^{+}$	-1.1(1.0)	-0.12(33)	0.23(20)	-0.8	-0.10(12)	0.22(12)
$a_{0+}^{-}$	8.8(5)	8.33(44)	7.70(8)	9.2	8.83(5)	7.742(61)
$a_{S_{31}}$	-10.0(1.1)	-8.5(6)	-7.47(22)	-10.0(4)	-8.4	-7.52(16)
$a_{S_{11}}$	16.6(1.5)	16.6(9)	15.63(26)	17.5(3)	17.1	15.71(13)
$a_{P_{31}}$	-4.15(35)	-3.89(35)	-4.10(9)	-4.4(2)	-3.8	-4.176(80)
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• Pion-nucleon coupling  $(d_{18})$ :

	KA85	WI08	EM06	KA85	WI08	EM06
	$\Delta$ -ChPT	$\Delta$ -ChPT	$\Delta$ -ChPT			
$\Delta_{GT}$	5.1(8)%	1.0(2.5)%	2.0(4)%	4.5(7)%	2.1(1)%	0.2(1.0)%
$g_{\pi N}$	13.53(10)	13.00(31)	13.13(5)	13.46(9)	13.15(1)	12.90(12)

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• Sigma-term  $(c_1)$ :

	KA85	WI08	EM06	KA85	WI08	EM06
	$\Delta$ -ChPT	$\Delta$ -ChPT	$\Delta$ -ChPT			
$\sigma_{\pi N} \text{ (MeV)}$	43(5)	59(4)	59(2)	45(8)	64(7)	56(9)

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$a_{P_{33}}$	22.69(30)	21.4(5)	20.89(9)	21.4(2)	19.4	21.00(20)
$a_{P_{13}}$	-3.00(32)	-2.84(31)	-3.09(8)	-3.0(2)	-2.3	-3.159(67)

• Pion-nucleon coupling  $(d_{18})$ :

	KA85	WI08	EM06	KA85	WI08	EM06
	$\Delta$ -ChPT	$\Delta$ -ChPT	$\Delta$ -ChPT			
$\Delta_{GT}$	5.1(8)%	1.0(2.5)%	2.0(4)%	4.5(7)%	2.1(1)%	0.2(1.0)%
$g_{\pi N}$	13.53(10)	13.00(31)	13.13(5)	13.46(9)	13.15(1)	12.90(12)

• Sigma-term  $(c_1)$ :

	KA85	WI08	EM06	KA85	WI08	EM06
	$\Delta$ -ChPT	$\Delta$ -ChPT	$\Delta$ -ChPT			
$\sigma_{\pi N} \text{ (MeV)}$	43(5)	59(4)	59(2)	45(8)	64(7)	56(9)

• Recover dispersive results in the subthreshold region (subthreshold expansion)!! [Alarcón, Martin Camalich and Oller, Ann. of Phys. 336 (2013)]

Threshold parameters:

Partial	KA85	WI08	EM06	KA85	WI08	EM06
Wave	$\Delta$ -ChPT	$\Delta ext{-ChPT}$	$\Delta$ -ChPT			
$a_{0+}^{+}$	-1.1(1.0)	-0.12(33)	0.23(20)	-0.8	-0.10(12)	0.22(12)
$a_{0+}^{-}$	8.8(5)	8.33(44)	7.70(8)	9.2	8.83(5)	7.742(61)
$a_{S_{31}}$	-10.0(1.1)	-8.5(6)	-7.47(22)	-10.0(4)	-8.4	-7.52(16)
$a_{S_{11}}$	16.6(1.5)	16.6(9)	15.63(26)	17.5(3)	17.1	15.71(13)
$a_{P_{31}}$	-4.15(35)	-3.89(35)	-4.10(9)	-4.4(2)	-3.8	-4.176(80)
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Solves the problem found by Becher and Leutwyler!

• The sigma-term is a crucial quantity in hadron and nuclear physics.

$$\sigma_{\pi N} = \frac{\hat{m}}{2m_N} \langle N | (\bar{u}u + \bar{d}d) | N \rangle$$

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Hadronic Uncertainties in the Elastic Scattering of Supersymmetric Dark Matter

John Ellis,<sup>1,\*</sup> Keith A. Olive,<sup>2,†</sup> and Christopher Savage<sup>2,‡</sup>

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• Tension between the "canonical" value and the updated evaluation:

	Gasser, Leutwyler & Sainio	GWU
$\sigma_{\pi N}$ (MeV)	45(8)	64(7)

J. M. Alarcón (HISKP Bonn)

$$\Sigma \equiv f_{\pi}^2 \bar{D}^+(\nu = 0, t = 2M_{\pi}^2) = \sigma(t = 2M_{\pi}^2) + \Delta_R = \sigma_{\pi N} + \Delta_{\sigma} + \Delta_R$$

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	$ ext{KA85} \  ext{$\Delta$-ChPT}$	WI08 $\Delta ext{-ChPT}$	$ m EM06$ $ m \Delta ext{-}ChPT$	KA85	WI08	EM06
$\sigma_{\pi N}  ({ m MeV})$	43(5)	59(4)	59(2)	45(8)	64(7)	56(9)

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- ...but what input is reliable?

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$\Delta_{GT}$	5.1(8)%	1.0(2.5)%	2.0(4)%	1.9(6)%	1.9(7)%
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	${ m KA85} \ \Delta ext{-ChPT}$	$ooknote{WI08}{\Delta ext{-ChPT}}$	${ m EM06} \ \Delta ext{-ChPT}$	PDG
$\Gamma_{\Delta} \; ({ m MeV})$	128(3)	115(3)	125(2)	117(3)

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$a_{0+}^{+}$ $(10^{-3}M_{\pi}^{-1})$	-11(10)	-1.2(3.3)	2.3(2.0)	-1.0(9)

[1] De Swart, Rentmeester &
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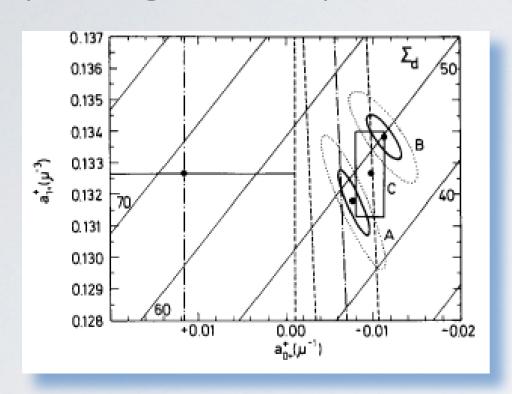
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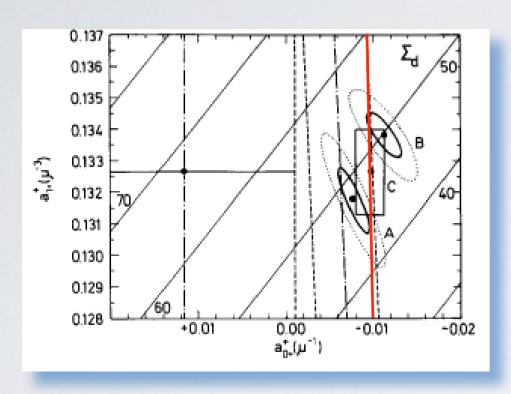
I		KA85	WI08	EM06	$\pi$ -atoms [2]	
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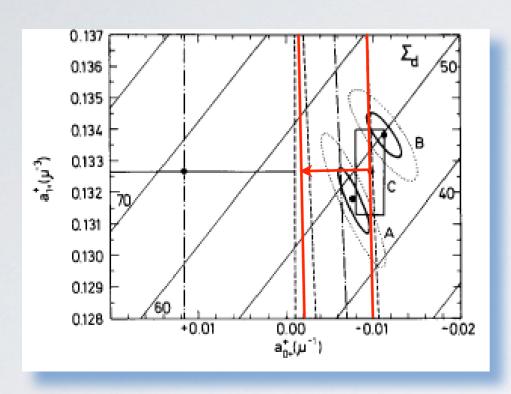
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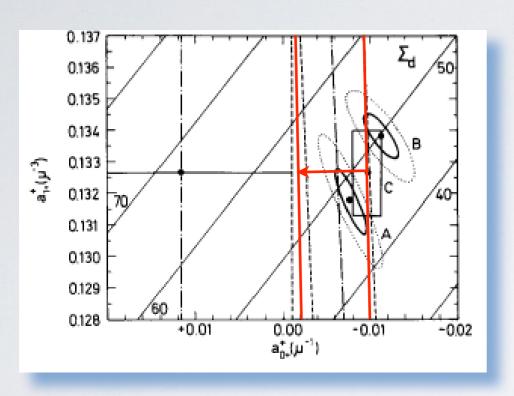
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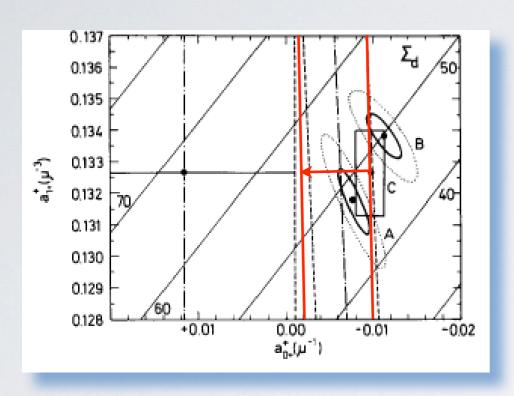


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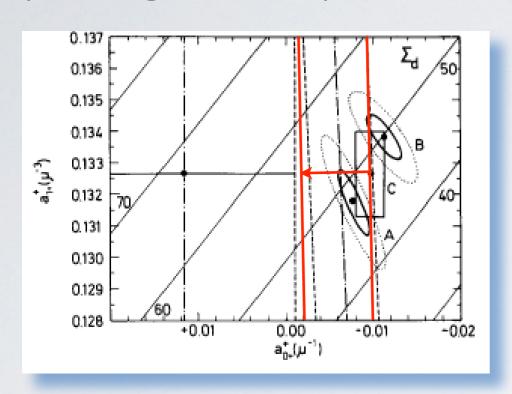
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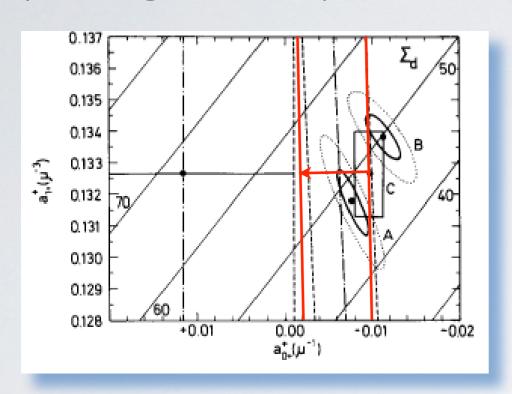
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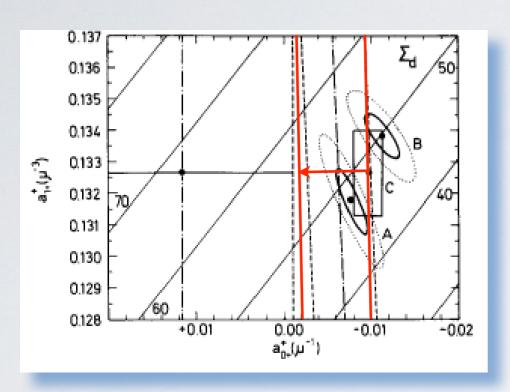


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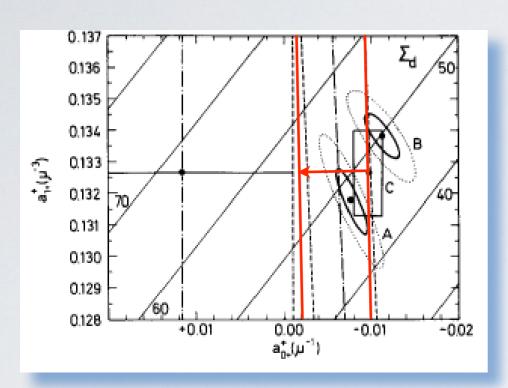
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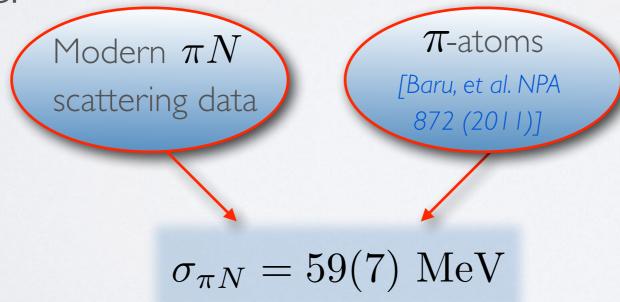
π-atoms [Baru, et al. NPA 872 (2011)]

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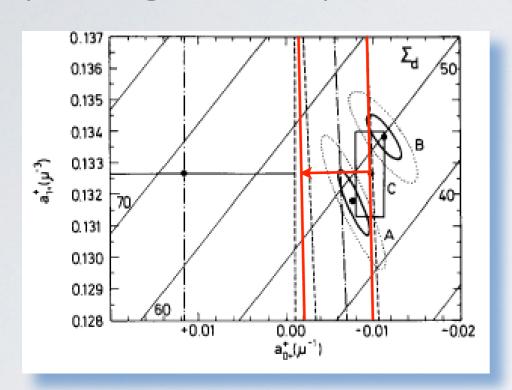


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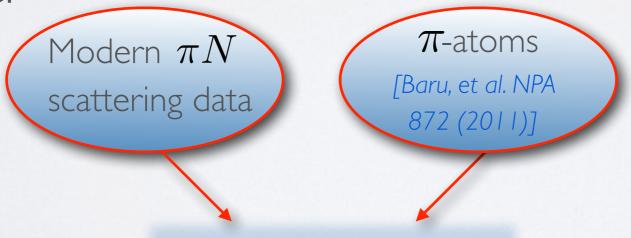


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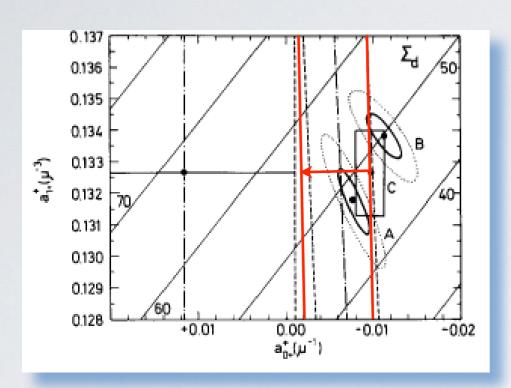
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 Based on modern scattering and spectroscopy data.

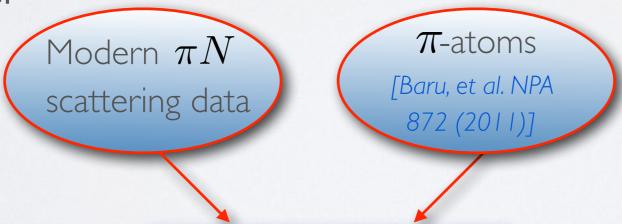
 $\sigma_{\pi N} = 59(7) \text{ MeV}$ 

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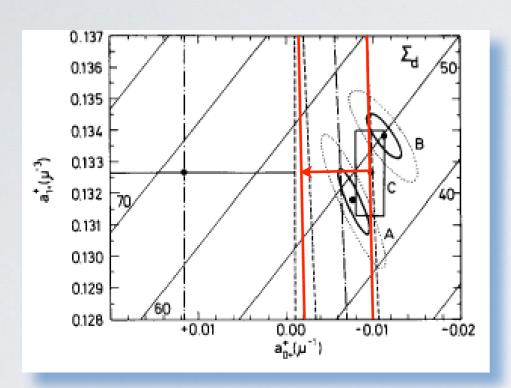
• Therefore:



- Based on modern scattering and spectroscopy data.
- Uncertainties analysis based on EFT arguments.

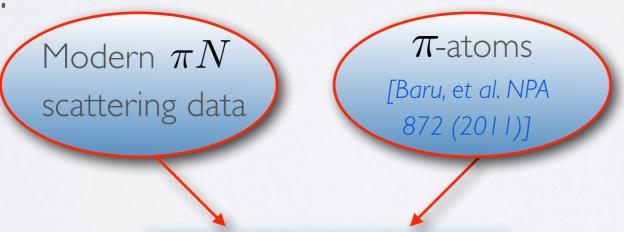
 $\sigma_{\pi N} = 59(7) \text{ MeV}$ 

Updating the analysis of Gasser, Leuwyler and Sainio.



- New value of  $a_{0+}^+$  points to a larger  $\sigma_{\pi N}$ .
- Same conclusions if we consider sum rules [Olsson, PLB 482 (2000)].

Therefore:



- Based on modern scattering and spectroscopy data.
- Uncertainties analysis based on EFT arguments.

 $\sigma_{\pi N} = 59(7) \text{ MeV} \leftarrow$ 

Confirmed by the Roy-Steiner analysis of [Hoferichter, et al. arXiv: 1506.04142]

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$$\sigma_s \equiv \frac{m_s}{2m_N} \langle N|\bar{s}s|N\rangle \quad \longrightarrow \quad \sigma_s = \frac{m_s}{2\hat{m}} (\sigma_{\pi N} - \sigma_0) \quad \text{and} \quad y \equiv \frac{2\langle N|\bar{s}s|N\rangle}{\langle N|\bar{u}u + \bar{d}d|N\rangle}$$

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- A new scenario emerges:

	$\sigma_{\pi N}$	$\sigma_0$	$\sigma_s$	y
Old scenario	45(8)	35(5)	130(91)	0.23
New scenario	59(7)	58(8)	16(80)	0.02(13)

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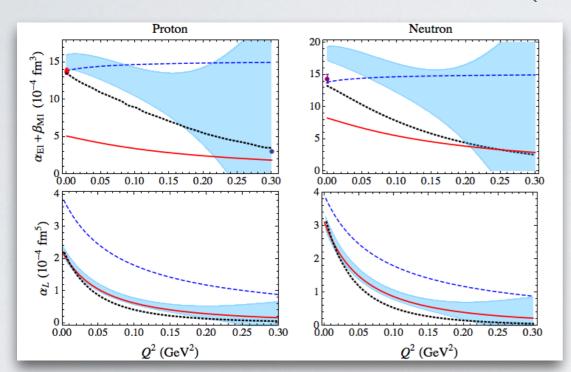
- Compatible with modern experimental information.
- Compatible with LQCD.

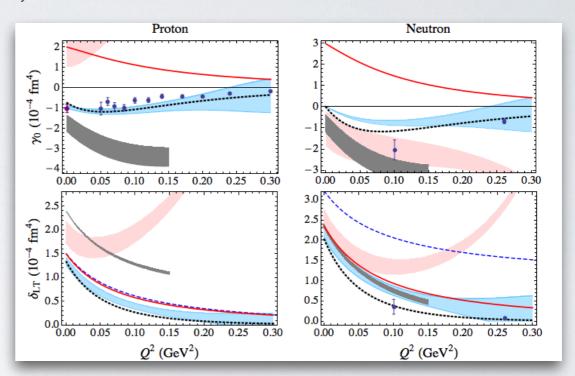
$$y = 0.03(2)$$
 [Ohki et al. (2008)]  
 $y = 0.135(46)$  [Alexandrou et al. (2015)]

#### Outreach

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- After these results:
  - Polarizabilities of the nucleon (VVCS) [Lensky, Alarcón and Pascalutsa, PRC 90 (2014)]





 $\bullet$  Polarizability corrections to the  $\mu H$  Lamb shift (Proton Radius Puzzle)

	Heavy Baryon [1]	Relativistic chiral EFT [2]	Dispersive [3]	
$\Delta E_{2S}^{(\mathrm{pol})}$	-18.5	-8.2 <sup>+2.0</sup> <sub>-2.5</sub>	-8.5(1.1)	

- [1] Nevado and Pineda, PRC 77 (2008).
- [2] Alarcón, Lensky, Pascalutsa, EPJ C 74 (2014).
- [3] Birse and McGovern, EPJ A 48, (2012); Carlson and Vanderhaeghen, PRA 84, (2011).
- $\pi^0$ -photoproduction [A.N. Hiller Blin, T. Ledwig, M.J. Vicente Vacas, PLB 747 (2015)]
- $^{ullet}$   $\pi N 
  ightarrow \pi \pi N$  [Siemens, Bernard, Epelbaum, Krebs, Meißner, PRC 89 (2014)]

# Summary and Conclusions

#### Summary and Conclusions

- Chiral EFT with baryons has made important progress in the last years.
- Relativistic formulation  $+ \Delta(1232)$  is crucial to achieve a good convergence in the low energy region.
- Agreement with dispersive analyses in low-energy  $\pi N$  scattering For first time in the literature!
- Extraction of  $\sigma_{\pi N}$  from scattering and spectroscopy data.

$$\sigma_{\pi N} = 59(7) \text{ MeV}$$

• Extraction of the strangeness content of the nucleon.

$$y = 0.02(13)$$

- New picture of  $\sigma$ -terms compatible with LQCD and experiments.
- New  $\pi N$  LECs are expected to improve the convergence of nuclear forces in the chiral EFT formalism  $\longrightarrow$  Improved 2N forces.
  - --- Many-body nuclear interactions with NLEFT

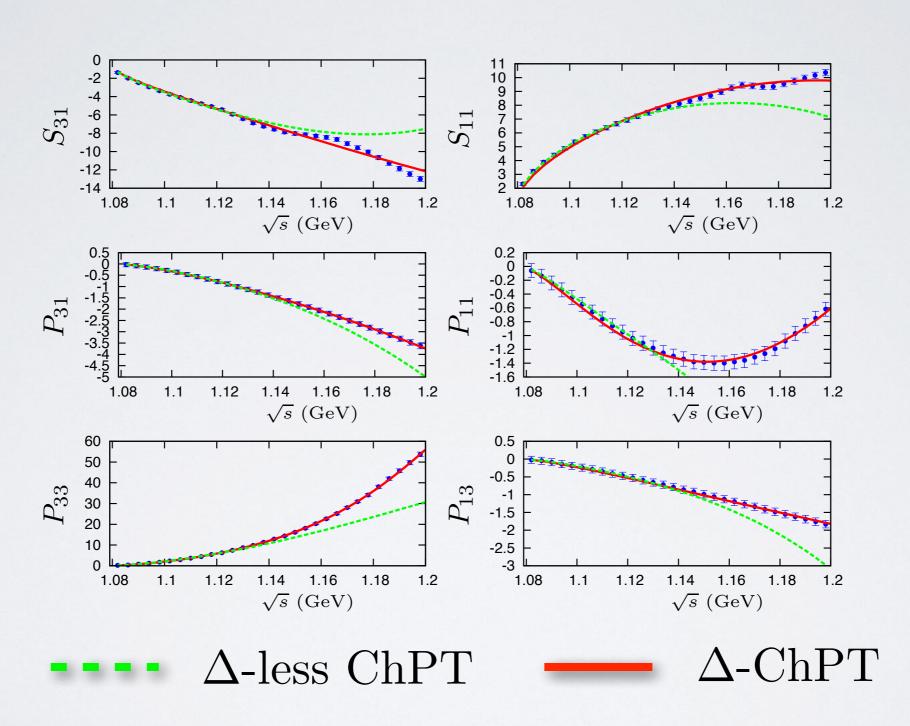
FIN

# Spares

Fits to PWAs

#### Fits to PWAs

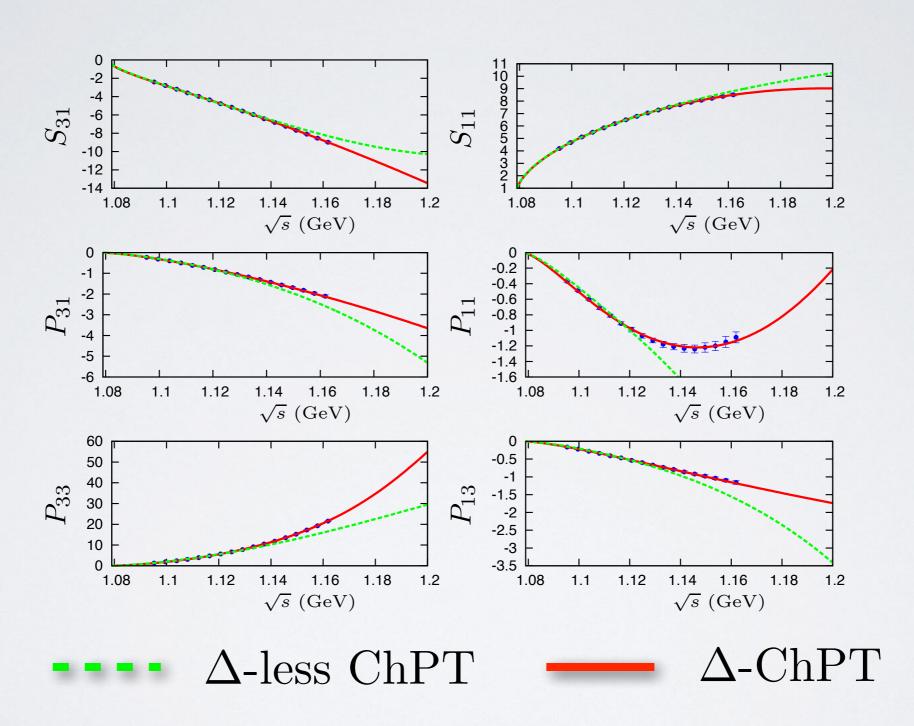
#### Fits to KA85



[Alarcón, Martin Camalich and Oller, Ann. of Phys. 336 (2013)]

#### Fits to PWAs

#### Fits to EM06



[Alarcón, Martin Camalich and Oller, Ann. of Phys. 336 (2013)]

# LECs

# LECs

LEC	KA85	WI08	EM06
	Δ-ChPT	Δ-ChPT	Δ-ChPT
$c_1$	-0.80(6)	-1.00(4)	-1.00(1)
$c_2$	1.12(13)	1.01(4)	0.58(3)
$c_3$	-2.96(15)	-3.04(2)	-2.51(4)
$c_4$	2.00(7)	2.02(1)	1.77(2)
$d_1 + d_2$	-0.15(21)	0.15(20)	-0.36(6)
$d_3$	-0.21(26)	-0.23(27)	0.28(4)
$d_5$	0.82(14)	0.47(7)	0.20(3)
$d_{14} - d_{15}$	-0.11(44)	-0.5(5)	0.35(9)
$d_{18}$	-1.53(27)	-0.2(8)	-0.53(12)
$h_A$	3.02(4)	2.87(4)	2.99(2)
$\chi^2_{\rm d.o.f.}$	0.77	0.24	0.11

# Subthreshold expansion

#### Subthreshold expansion

• The disagreement found by Becher and Leutwyler is related to the disagreement in the subthreshold expansion.

$$T(\nu,t) = \bar{u} \Big( D(\nu,t) - \frac{1}{4m_N} B(\nu,t) [q, q'] \Big) u \qquad \nu \equiv \frac{s-u}{4m_N}$$

$$\bar{D}^+(\nu,t) = \bar{d}_{00}^+ + \bar{d}_{01}^+ t + \bar{d}_{10}^+ \nu^2 + \bar{d}_{02}^+ t^2 + \dots$$

$$\bar{D}^-(\nu,t) = \bar{d}_{00}^- \nu + \bar{d}_{01}^- \nu t + \bar{d}_{10}^- \nu^3 + \dots$$

$$\bar{B}^-(\nu,t) = \bar{b}_{00}^- + \dots$$

	KA85 Д∕ -ChPT	WI08 Д∕ -ChPT	EM06 Д∕ -ChPT	KA85 Δ-ChPT	WI08 Δ-ChPT	EM06 Δ-ChPT	KA85 [50]	WI08 [4]
$d_{00}^+ (M_{\pi}^{-1})$	-2.02(41)	-1.65(28)	-1.56(5)	-1.48(15)	-1.20(13)	-0.98(4)	-1.46	-1.30
$d_{01}^+ (M_{\pi}^{-3})$	1.73(19)	1.70(18)	1.64(4)	1.21(10)	1.20(9)	1.09(4)	1.14	1.19
$d_{10}^{+}(M_{\pi}^{-3})$	1.81(16)	1.60(18)	1.532(45)	0.99(14)	0.82(9)	0.631(42)	1.12(2)	_
$b_{00}^{+} (M_{\pi}^{-3})$	-6.5(2.4)	-7.4(2.3)	-7.01(1.1)	-5.1(1.7)	-5.1(1.7)	-4.5(9)	-3.54(6)	_
$d_{00}^{-}(M_{\pi}^{-2})$	1.81(24)	1.68(16)	1.495(28)	1.63(9)	1.53(8)	1.379(8)	1.53(2)	_
$d_{01}^{-3} (M_{\pi}^{-4})$	-0.17(6)	-0.20(5)	-0.199(7)	-0.112(25)	-0.115(24)	-0.0923(11)	-0.134(5)	_
$d_{10}^{-1} (M_{\pi}^{-4})$	-0.35(10)	-0.33(10)	-0.267(14)	-0.18(5)	-0.16(5)	-0.0892(41)	-0.167(5)	_
$b_{00}^{-1}(M_{\pi}^{-2})$	17(7)	17(7)	16.8(7)	9.63(30)	9.755(42)	8.67(8)	10.36(10)	_

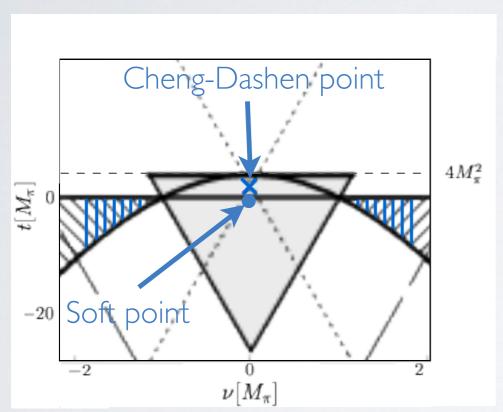
- $\bullet$  Remarkable agreement of  $\Delta$ -ChPT with dispersive results.
- Never achieved before with Chiral EFT.
- Solves the problems found by Becher and Leutwyler.

# The Cheng-Dashen Theorem

• Traditionally, the sigma-term has been extracted using the Cheng-

Dashen Theorem:

$$\Sigma \equiv f_{\pi}^2 \bar{D}^+(0, 2M_{\pi}^2) = \sigma(t = 2M_{\pi}^2) + \Delta_R = \sigma_{\pi N} + \Delta_{\sigma} + \Delta_R$$



$$\Sigma = f_{\pi}^{2}(\bar{d}_{00}^{+} + \bar{d}_{01}^{+} 2M_{\pi}^{2}) + f_{\pi}^{2}(\bar{d}_{02}^{+} 4M_{\pi}^{4} + \dots)$$

$$\Sigma_{d} \qquad \Delta_{D}$$

t-channel

$$\sigma_{\pi N} = \Sigma_d + \Delta_D - \Delta_\sigma$$

$$\Delta_D - \Delta_\sigma \approx 3(1) \text{ MeV}$$
  
 $\Delta_D^{(3)} - \Delta_\sigma^{(3)} \approx 3.5(2.0) \text{ MeV}$ 

[Gasser, Leutwyler & Sainio, PLB 253 (1991)]

[Alarcón, Martin Camalich and Oller, Ann. of Phys. 336 (2013)]

We recover the dispersive result!

• Smart way to suppress "contamination" from the t-channel.

## Different scenarios for the $\sigma$ -terms

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