

# An Introduction to Radiation Biology

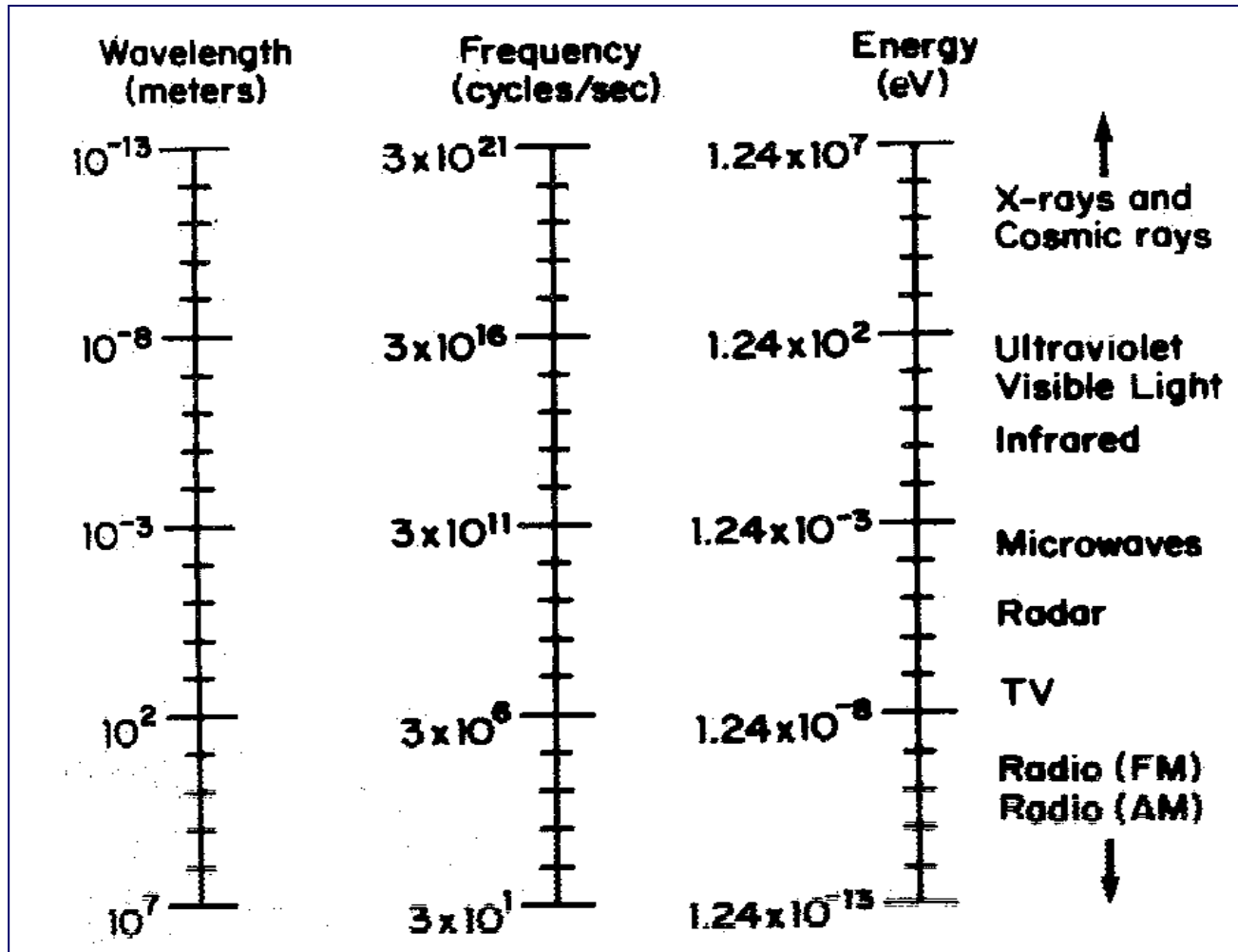
Vincent GREGOIRE, MD, PhD, Hon. FRCR (IE, UK)  
Centre Léon Bérard, Lyon, France



# Types of ionizing radiation

- Electromagnetic radiation (low LET): photons,  $\gamma$ -rays, X-rays
- Particulate Radiation (high LET)
  - charged particles: electrons, protons,  $\alpha$  particles
  - neutrons
  - heavy charged ions: carbon, neons, argon, ...

# Electromagnetic radiation

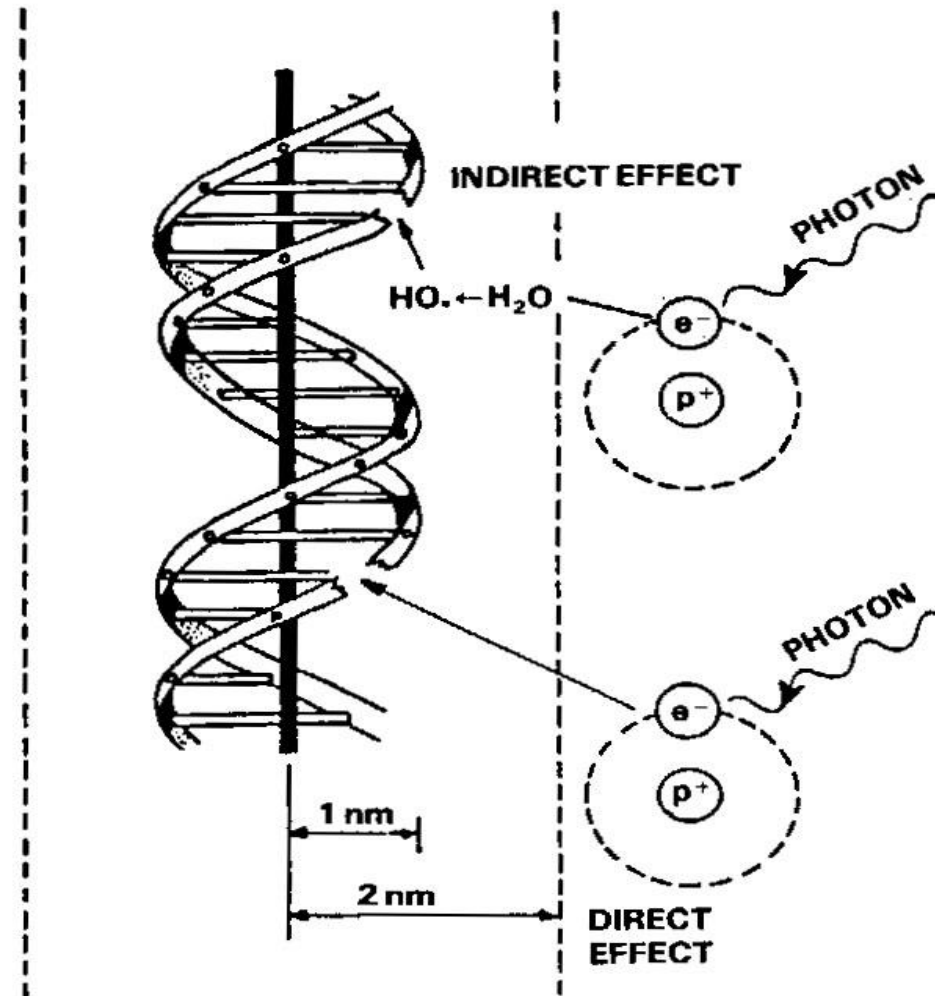


$$E = h\nu$$

$$\nu = c/\lambda$$

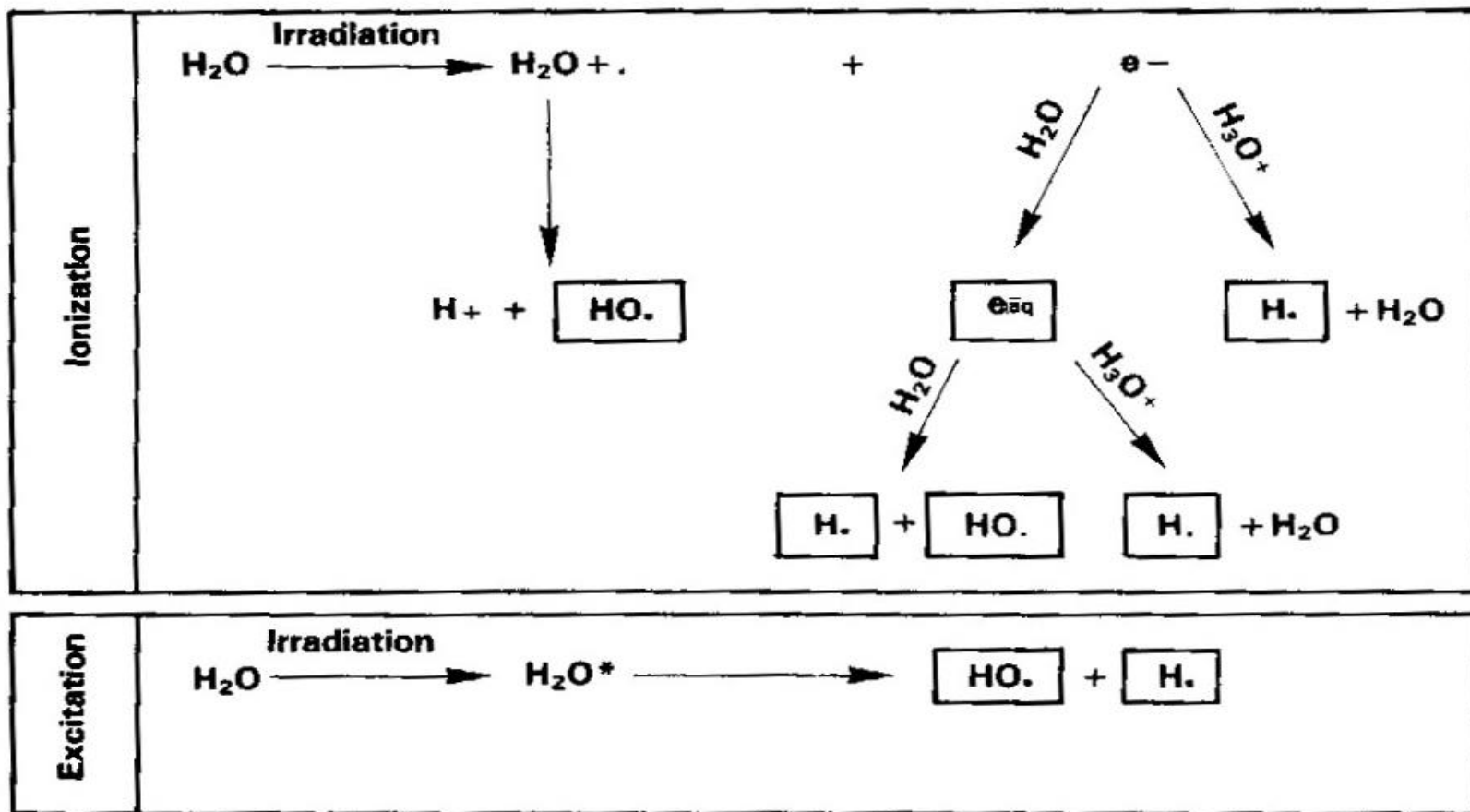
# Absorption of X-rays

## Direct and indirect action



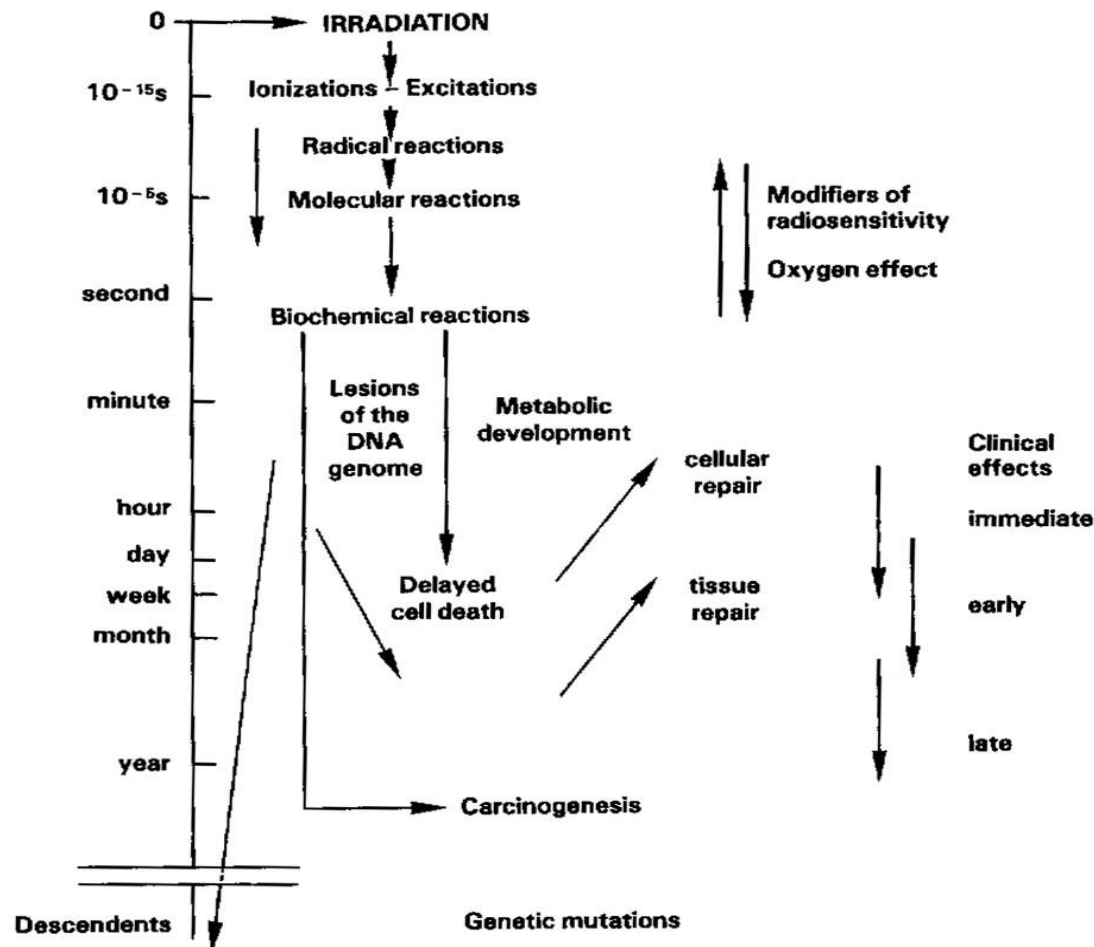
# Absorption of X-rays

## Radiolysis of water



# The physics and chemistry of radiation absorption

## Chronology of events



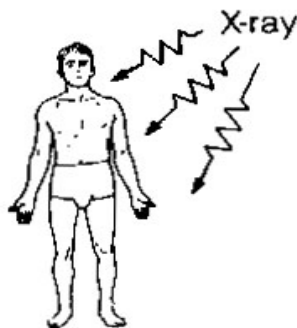
# Quantities and units

Absorbed dose: 1 Gray (Gy) = 1 joule/kg  
= increase of 0.0001 °C per gr water

## Total-Body Irradiation

Mass = 70 kg  
LD/50/60 = 4 Gy  
Energy absorbed =

$$\begin{aligned} 70 \times 4 &= 280 \text{ joules} \\ &= \frac{280}{4.18} = 67 \text{ calories} \end{aligned}$$



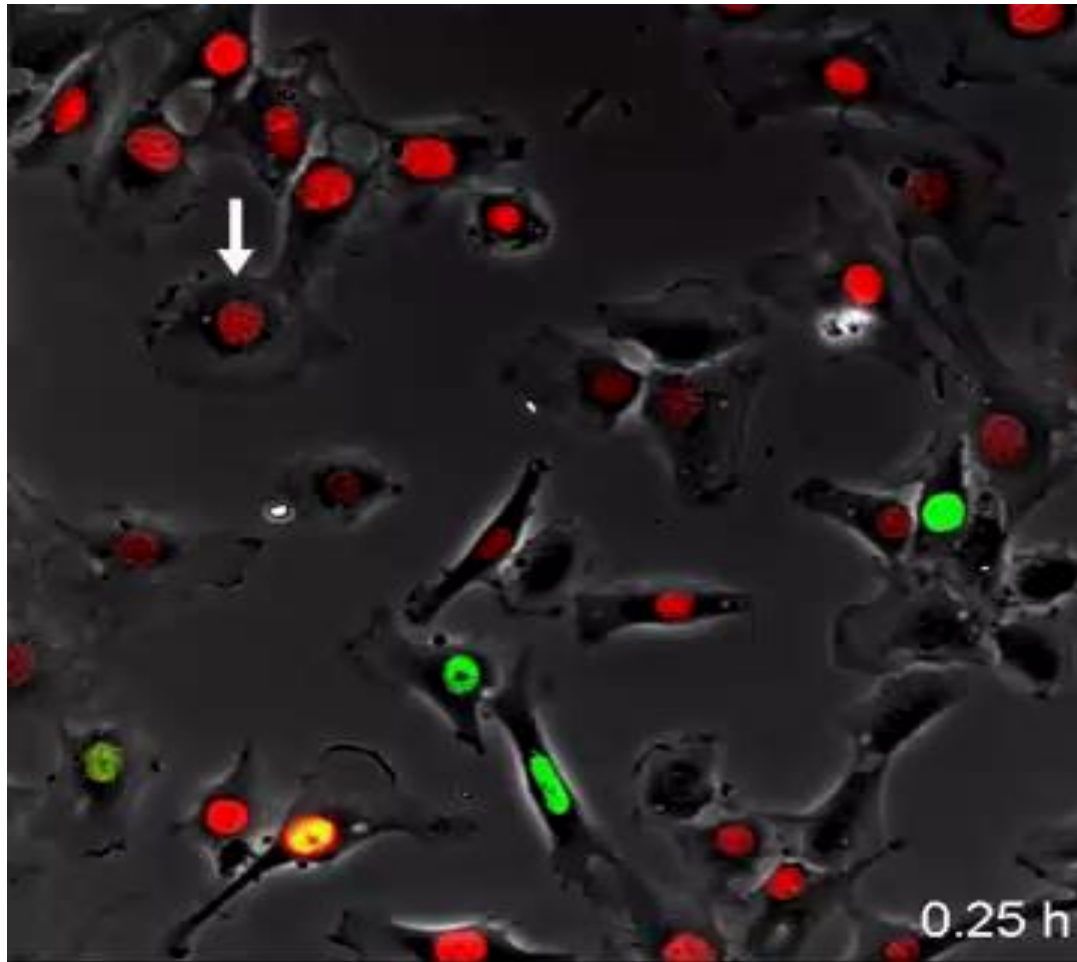
## Drinking Hot Coffee

Excess temperature (°C) = 60° – 37° = 23°  
Volume of coffee consumed to  
equal the energy in the LD/50/60 =  $\frac{67}{23}$



$$\begin{aligned} &= \frac{67}{23} \\ &= 3 \text{ mL} \\ &= 1 \text{ sip} \end{aligned}$$

# Dynamics of the cell cycle in a growing population



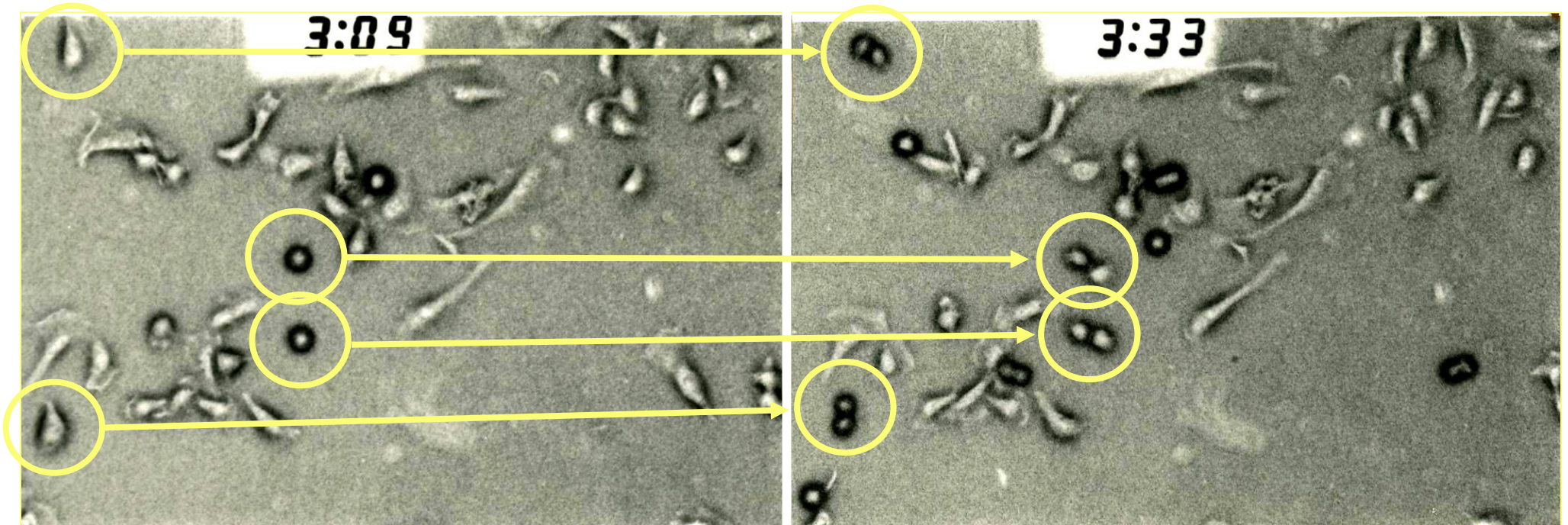
FUCCI imaging of the cell cycle:  
two interphase regulators, Cdt1  
& Geminin.

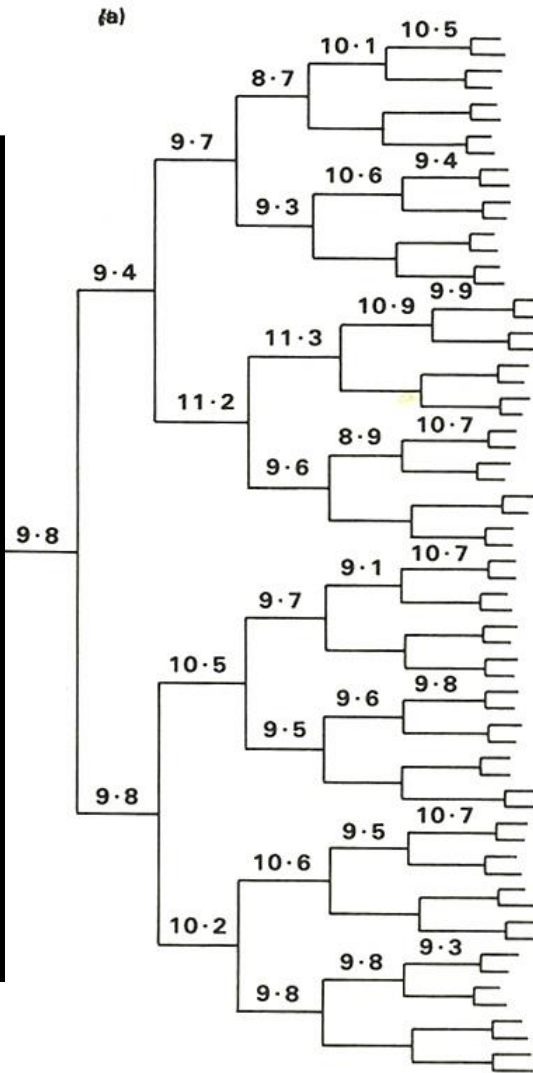
Cdt1 (red) only expressed  
during G1 and early S Geminin  
(green) only expressed during  
S/G2.

G1 - red  
early S – yellow  
late S & G2 - green.

human fibroblasts visualized by  
time-lapse live-cell imaging

G1 - early S - late S & G2





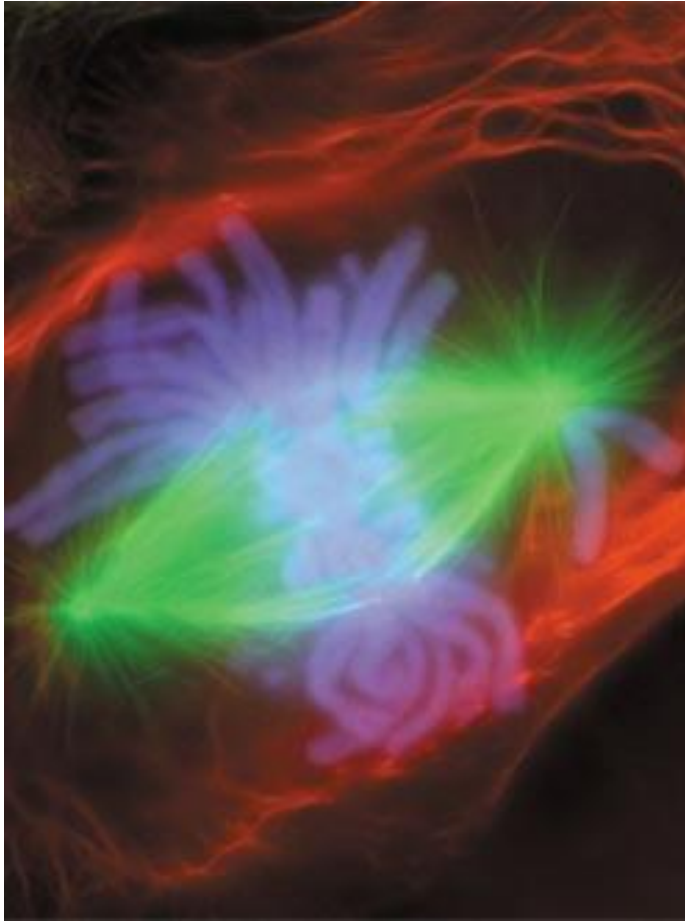
## Cellular pedigree of normal (unstressed) cells

*(time-laps microcinematography)*

**Duration of the cell cycle : 8 hours - days**

**Duration of the phases, but G1, are about the same for all cell types**

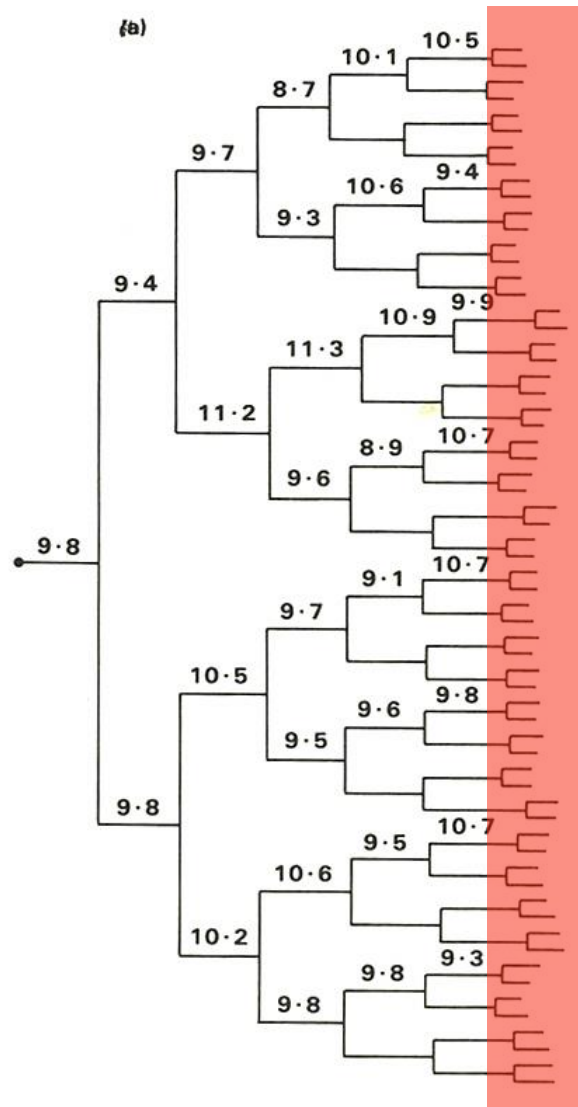
# Effects of irradiation on mitosis



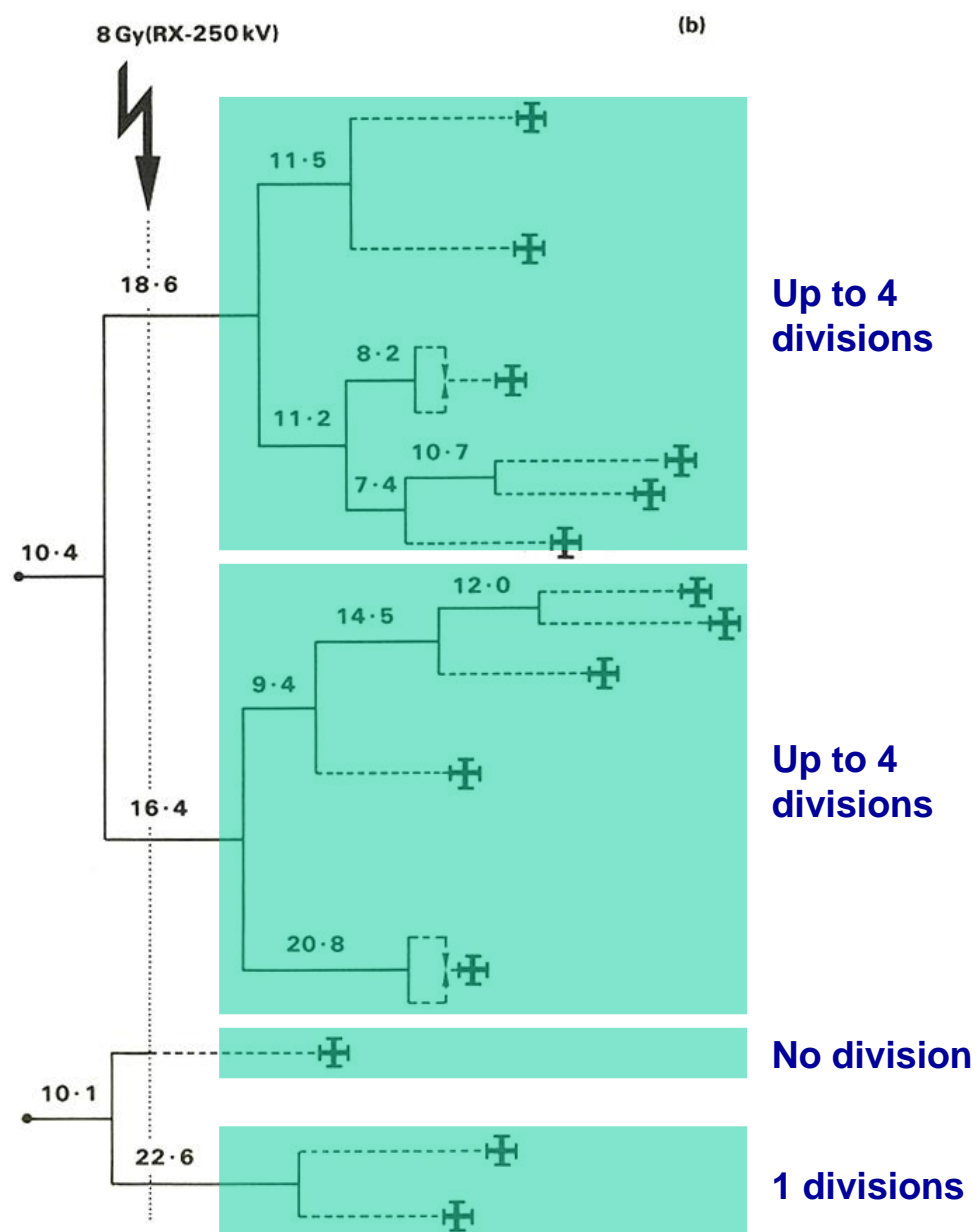
Effects on mitosis in plant cells:

■ endosperm of *Haemanthus* - time-lapse movie A. Bajer (1962)

# Unirradiated cells



# Irradiated cells



# Mort cellulaire

*Définition fonctionnelle :*

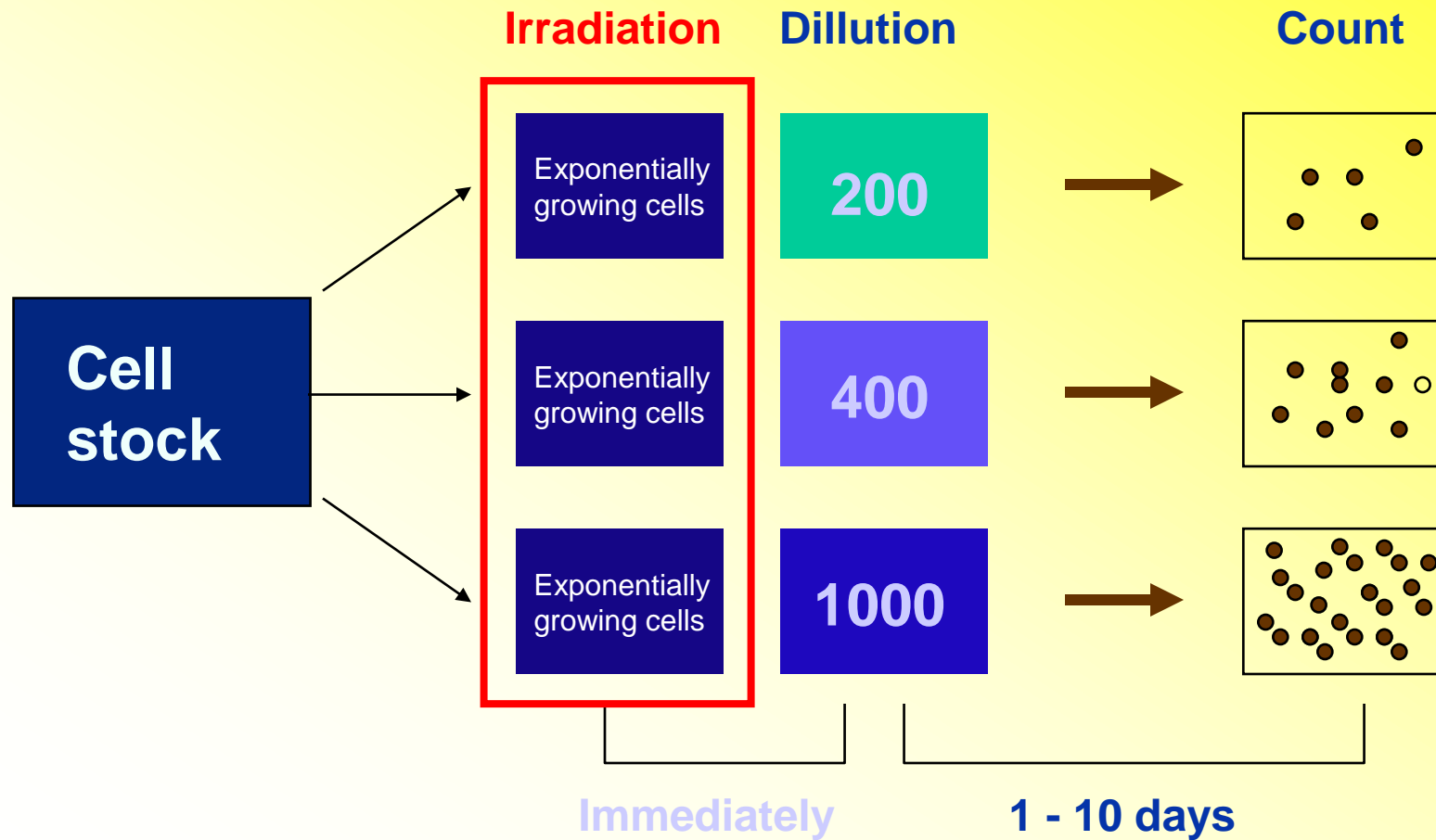
***Mort « clonogénique »***

**Perte de la capacité de donner naissance  
à une colonie ou *clone***

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- ***Radiothérapie*** (régression tumorale)
- ***Radioprotection*** (syndromes aigus :  
e.g. Intestinal, hématopoïétique)

## Colony formation *in vitro* (2)

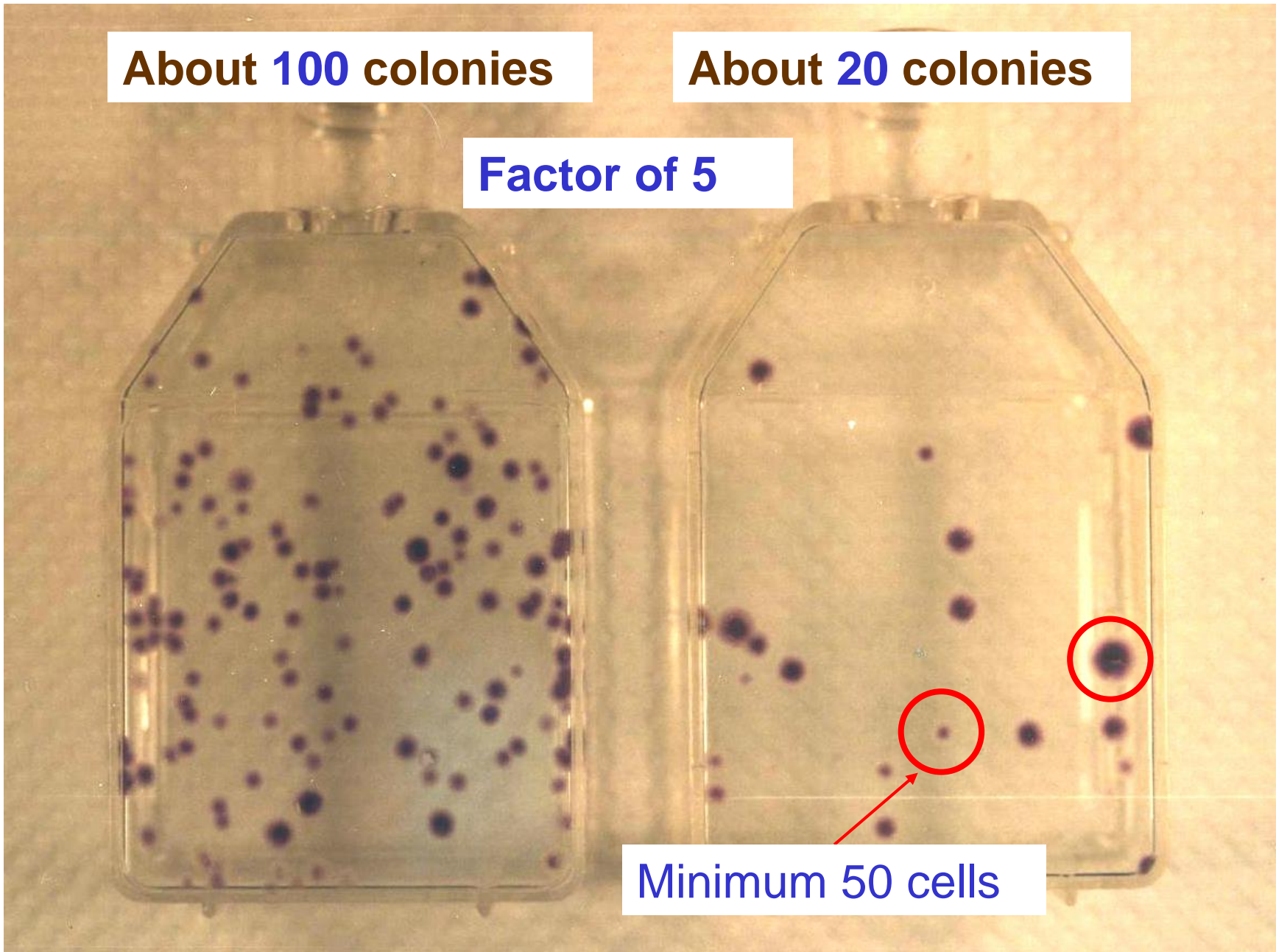


About **100** colonies

About **20** colonies

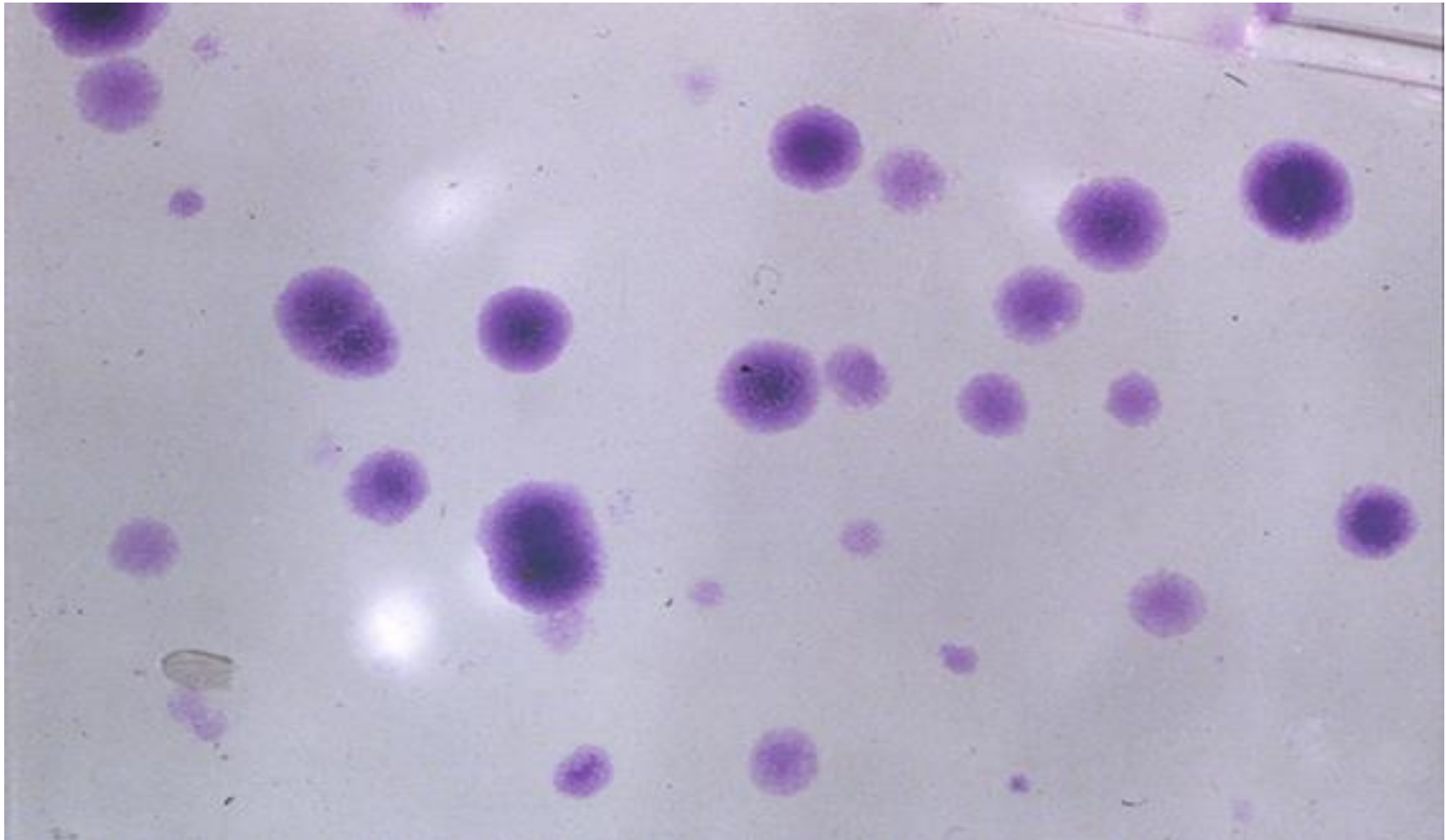
**Factor of 5**

**Minimum 50 cells**

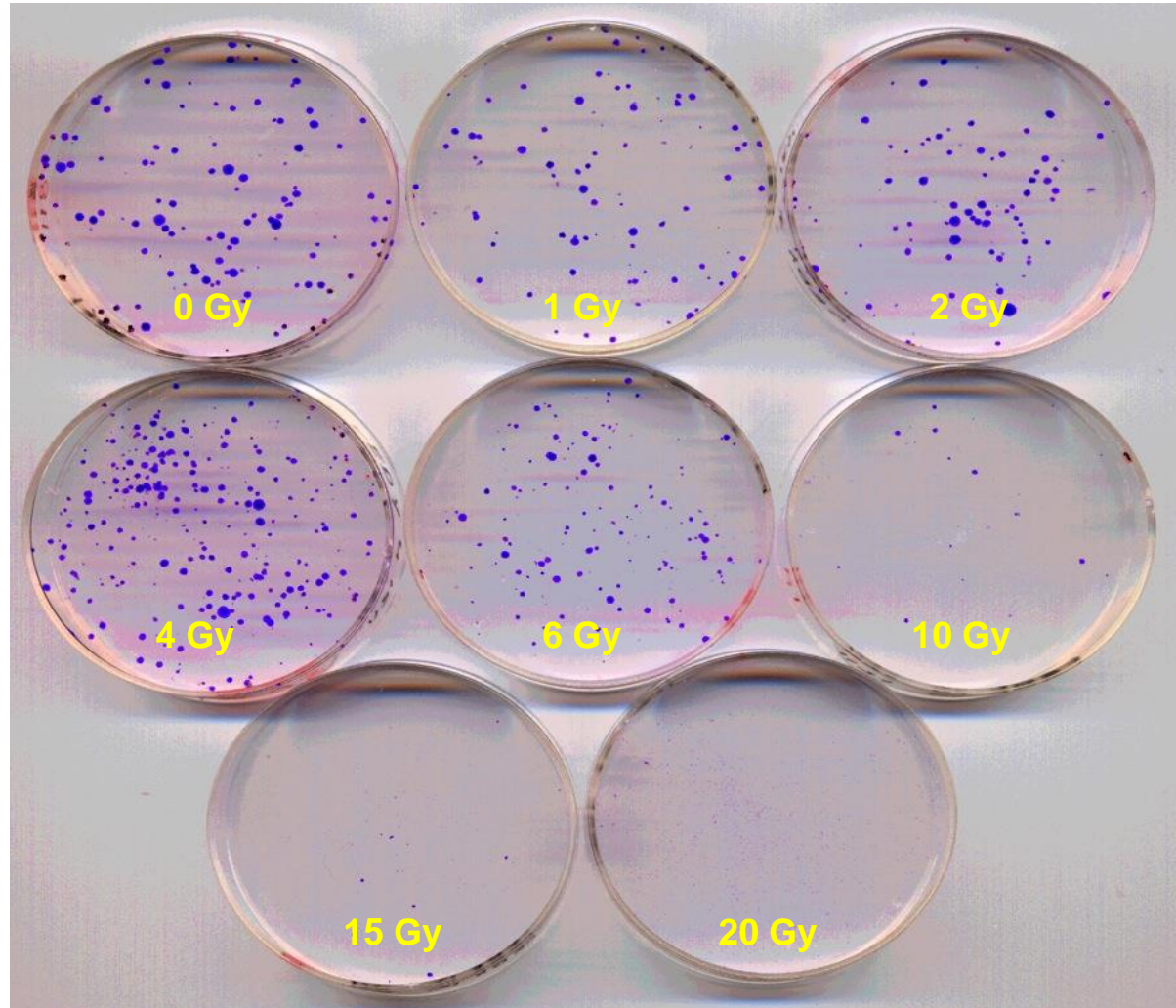


# Digest in Radiation Biology

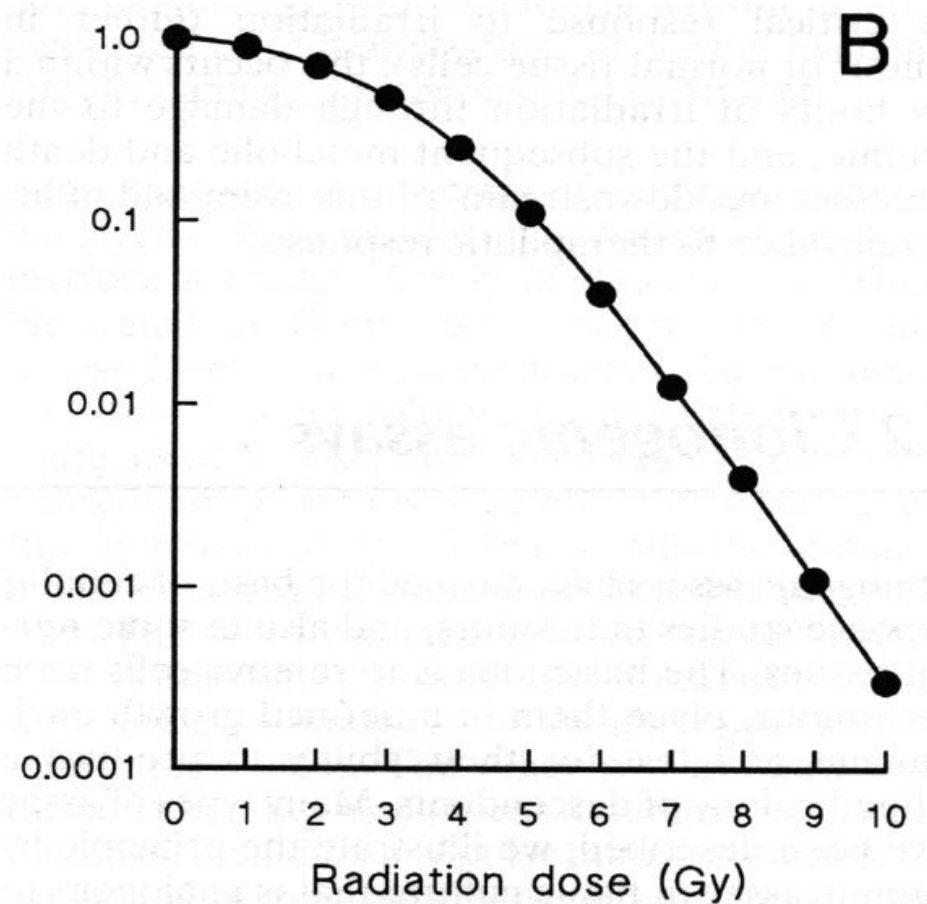
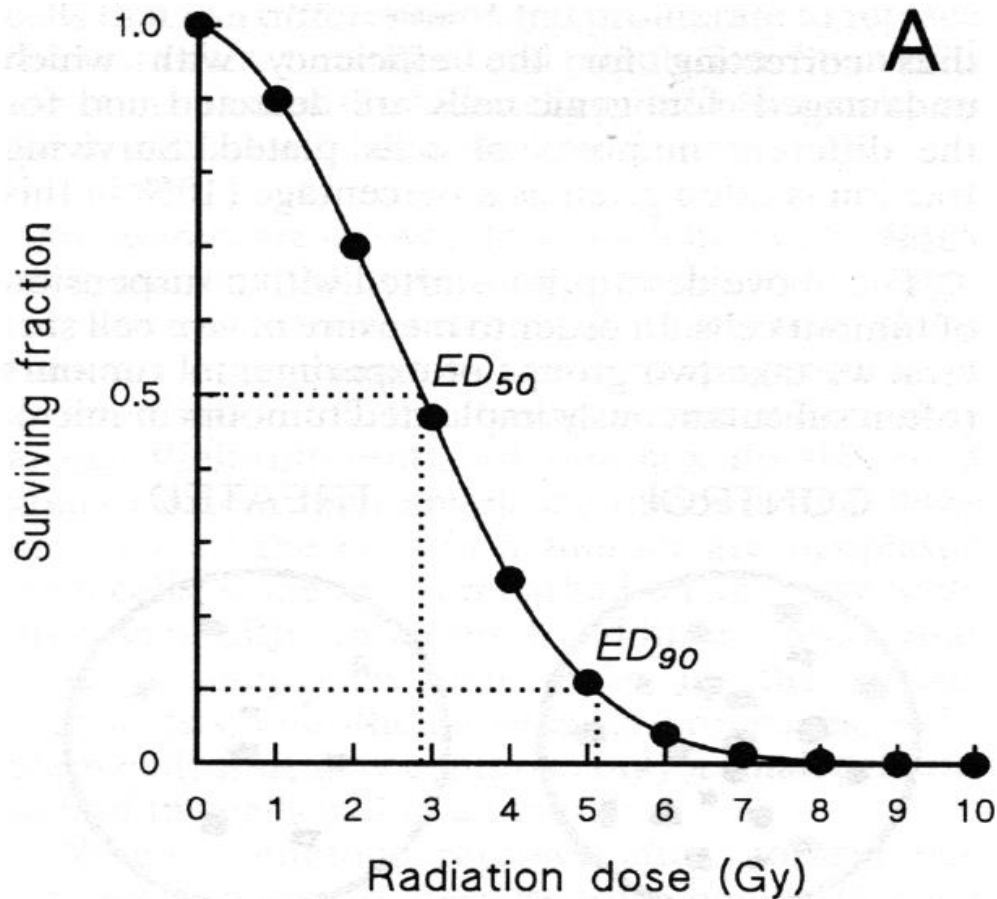
Clonogenic cell survival.



# Colony assay: in vitro survival



# Cell survival curves



Doublings

Cells

Grams

50

45

40

35

30

25

20

15

10

5

0

$10^{15}$

$10^{12}$

$10^9$

$10^6$

$10^3$

1

1000 kg

1 kg

1 g

1 mg

1  $\mu$ g

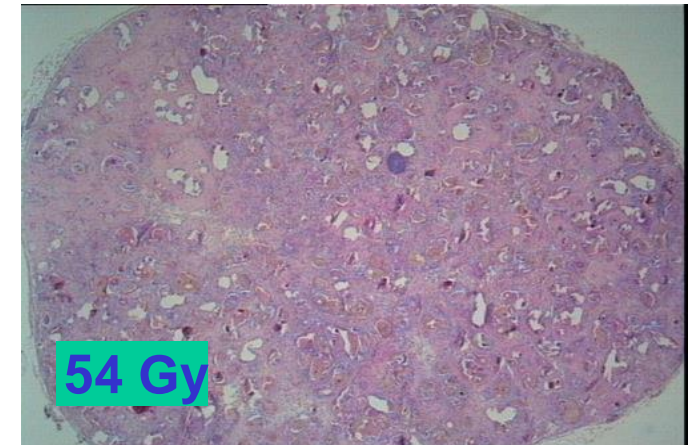
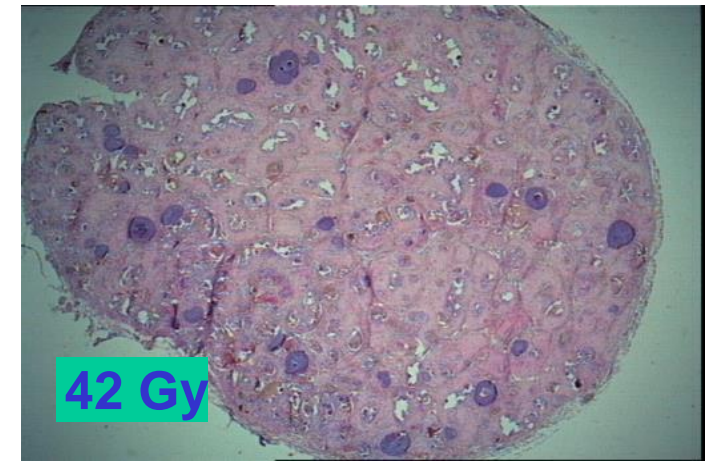
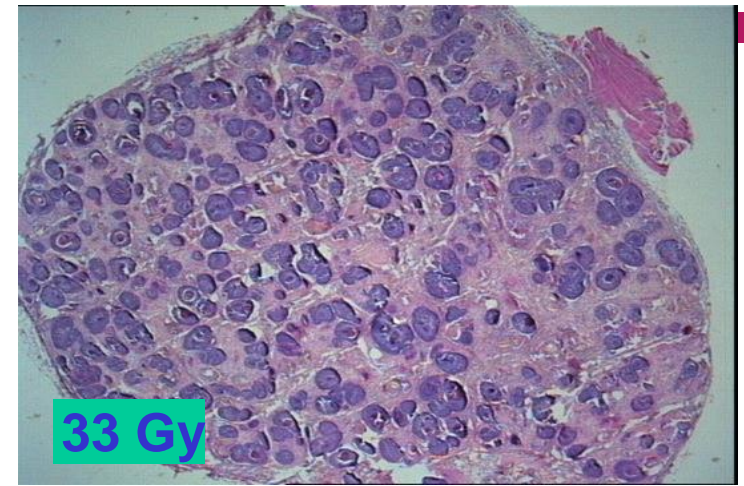
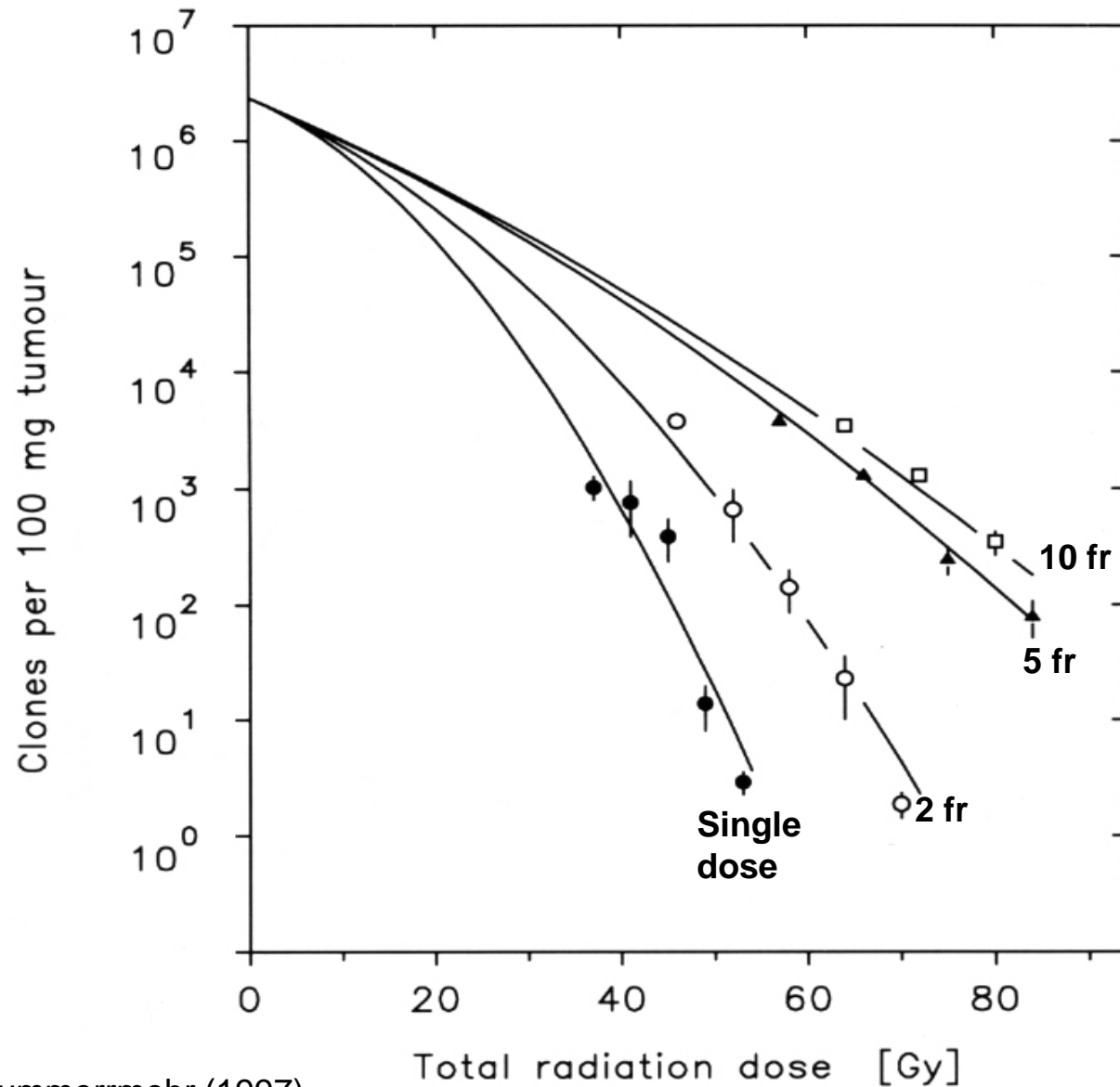
$10^{-9}$  g

*Clinically  
observable  
phase*

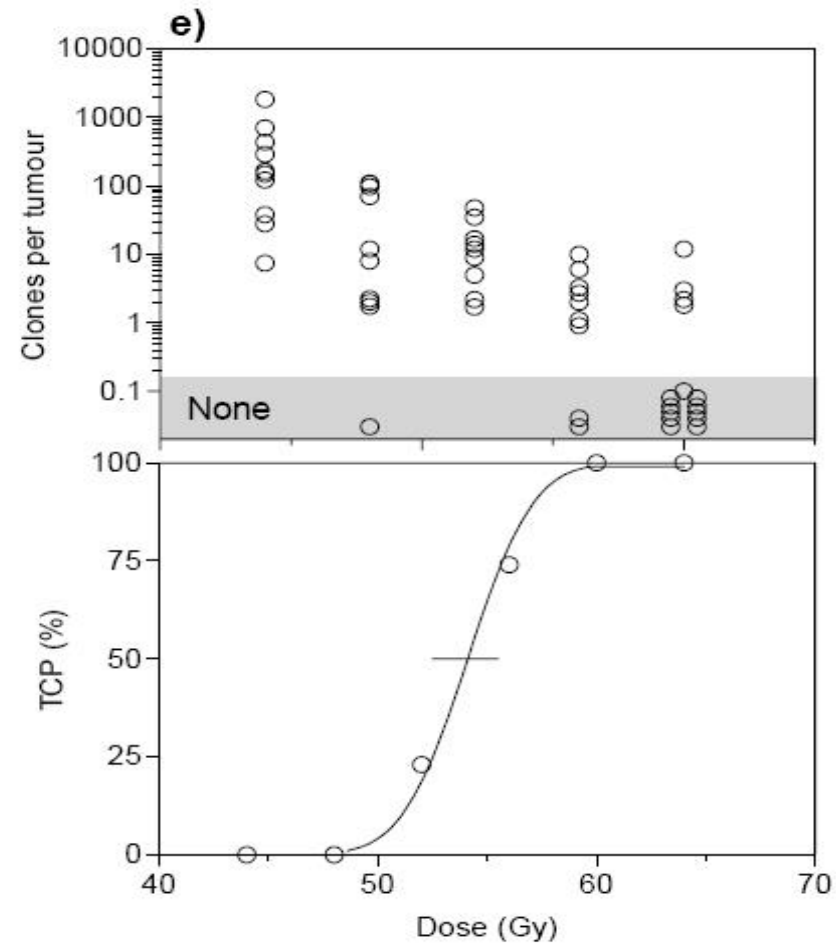
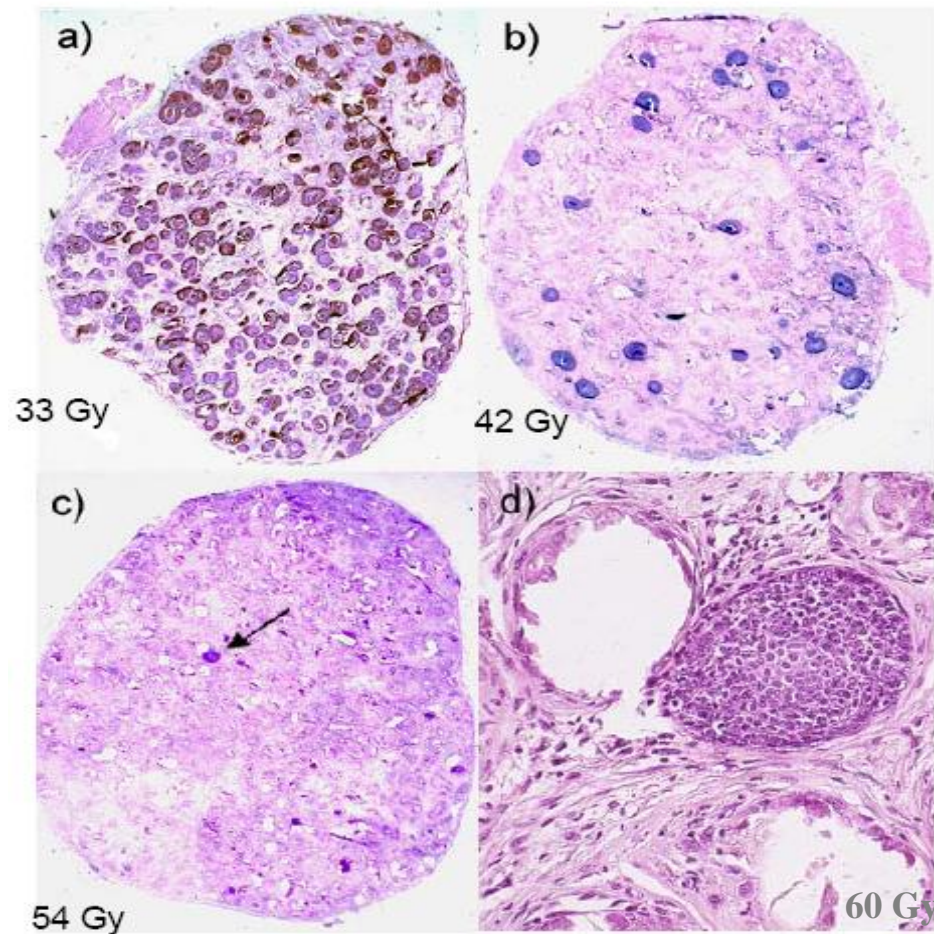
Typical tumor at  
diagnosis

Need to kill all  
these cells!

# In situ survival curves of AT17 carcinoma (at 17 d)



# Endpoints: local tumour control

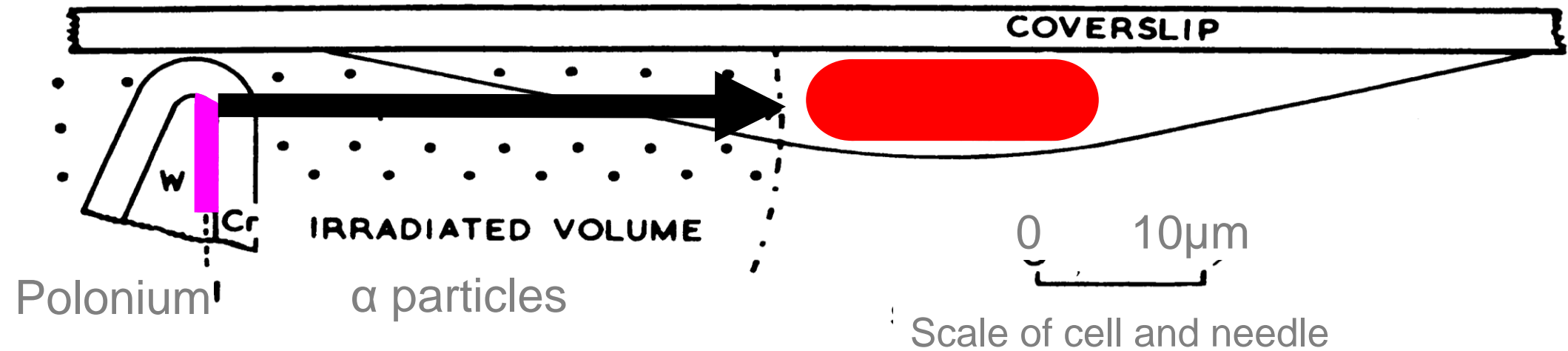


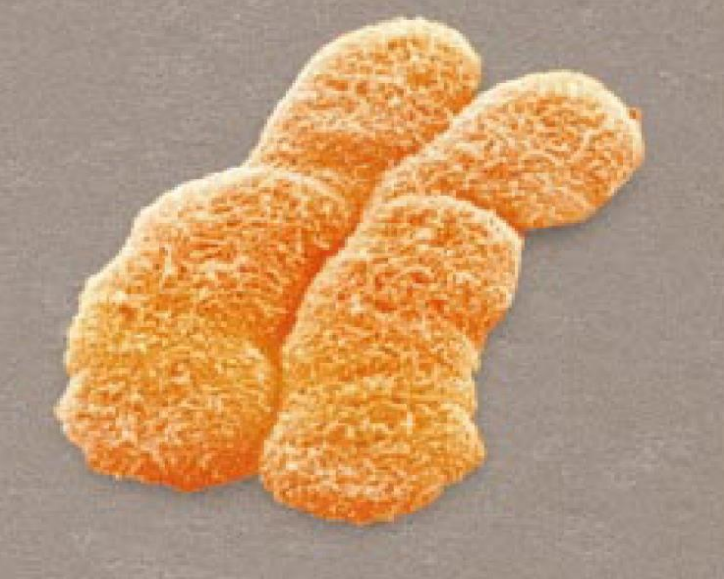
# What do we mean by cell death?

- Cell death
  - Loss of reproductive (clonogenic) capacity
  - Cell may or may not appear dead
  - Cells are unable to contribute to tumor growth or metastasis – goal of treatment
- For normal cells, this definition may not be relevant
  - Has no meaning for non-dividing cells
  - Different definitions may be better

# DNA is the principal target

Microbeam experiments with  $\alpha$  particles from polonium show that the cell nucleus is the sensitive site





**DNA**



- Only molecule which is repaired



# Endogenous DNA damage

- In every human cell per day:
  - 50,000 SSB
  - 10,000 depurinations
  - 600 deaminations
  - 2000 oxidative base damages
  - 5000 alkylation damage
  - 10 cross links
  - 10 DSB's

# Ionizing Radiation Damage

Primary target is the DNA

1Gy of low LET Xrays produces:

1000	single strand breaks
40	double strand breaks
1000	altered bases



*Comparison between IR and UV*

1000000 dimers = 40 DSBs

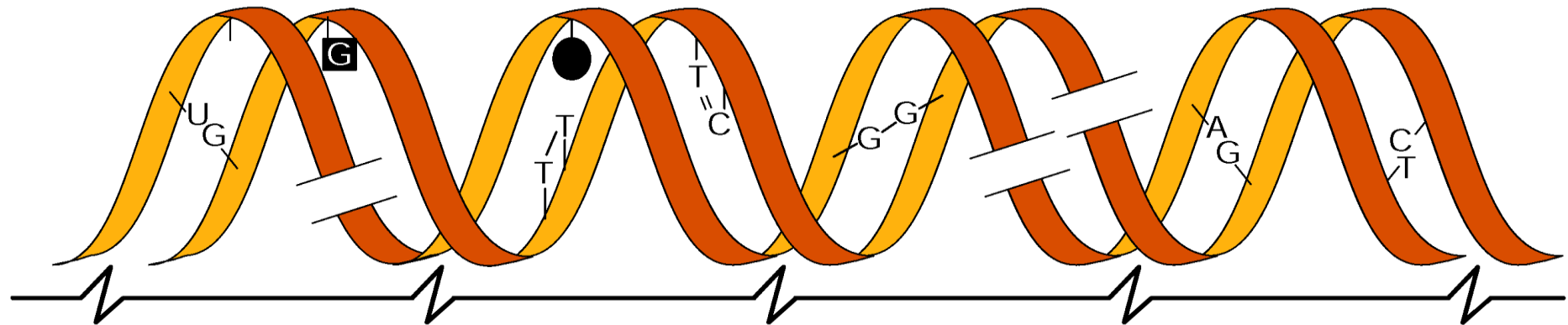
Damaging agent

X-rays  
Oxygen radicals  
Alkylating agents  
Spontaneous reactions

UV light  
Polycyclic aromatic  
hydrocarbons

X-rays  
Anti-tumour agents  
(*cis*-Pt, MMC)

Replication  
errors



Uracil  
Abasic site  
8-Oxoguanine  
Single-strand break

(6-4)PP  
Bulky adduct  
CPD

Interstrand cross-link  
Double-strand break

A-G Mismatch  
T-C Mismatch  
Insertion  
Deletion

Base-excision  
repair (BER)

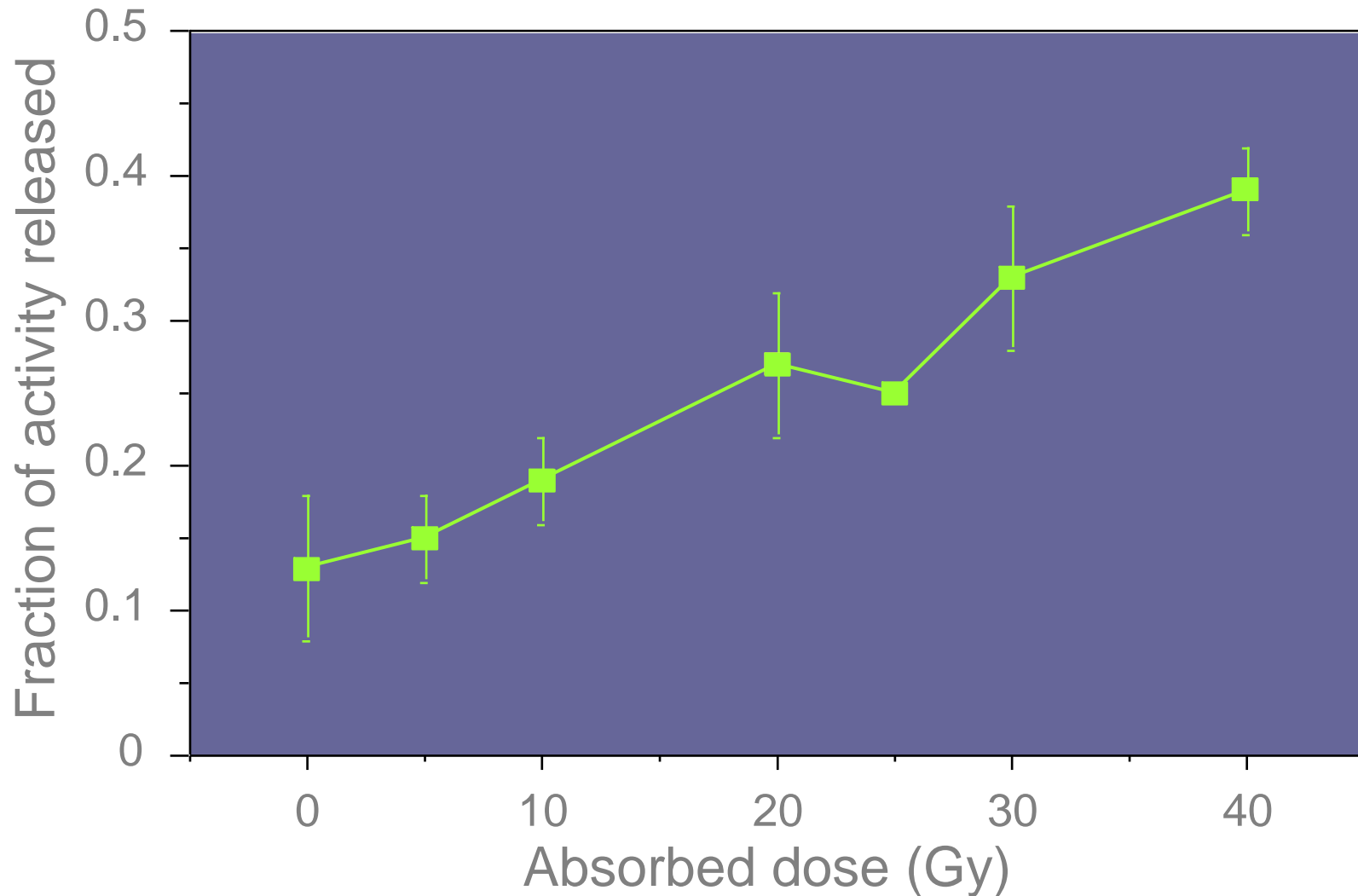
Nucleotide-excision  
repair (NER)

Recombinational  
repair (HR, EJ)

Mismatch repair

Repair process

# Quantification of DNA damages

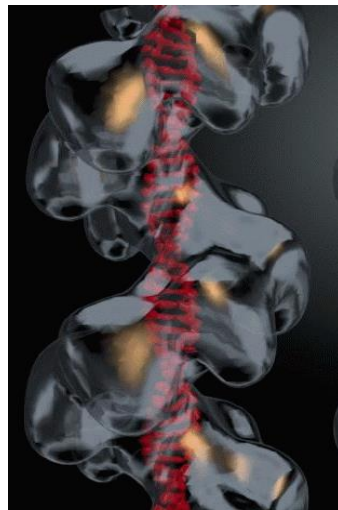


# Initial cellular responses to radiation

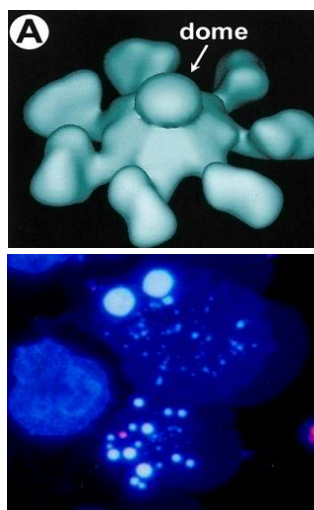
## Sensors of damage

Biological  
Pathways

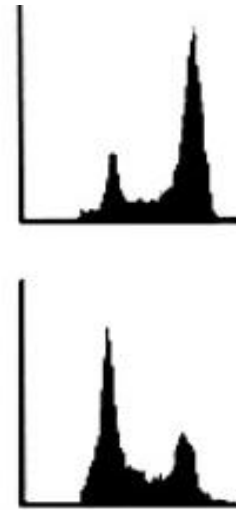
DNA Repair



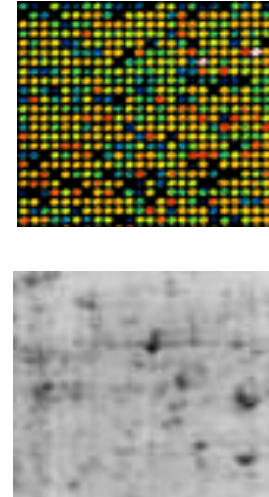
Early  
Apoptosis



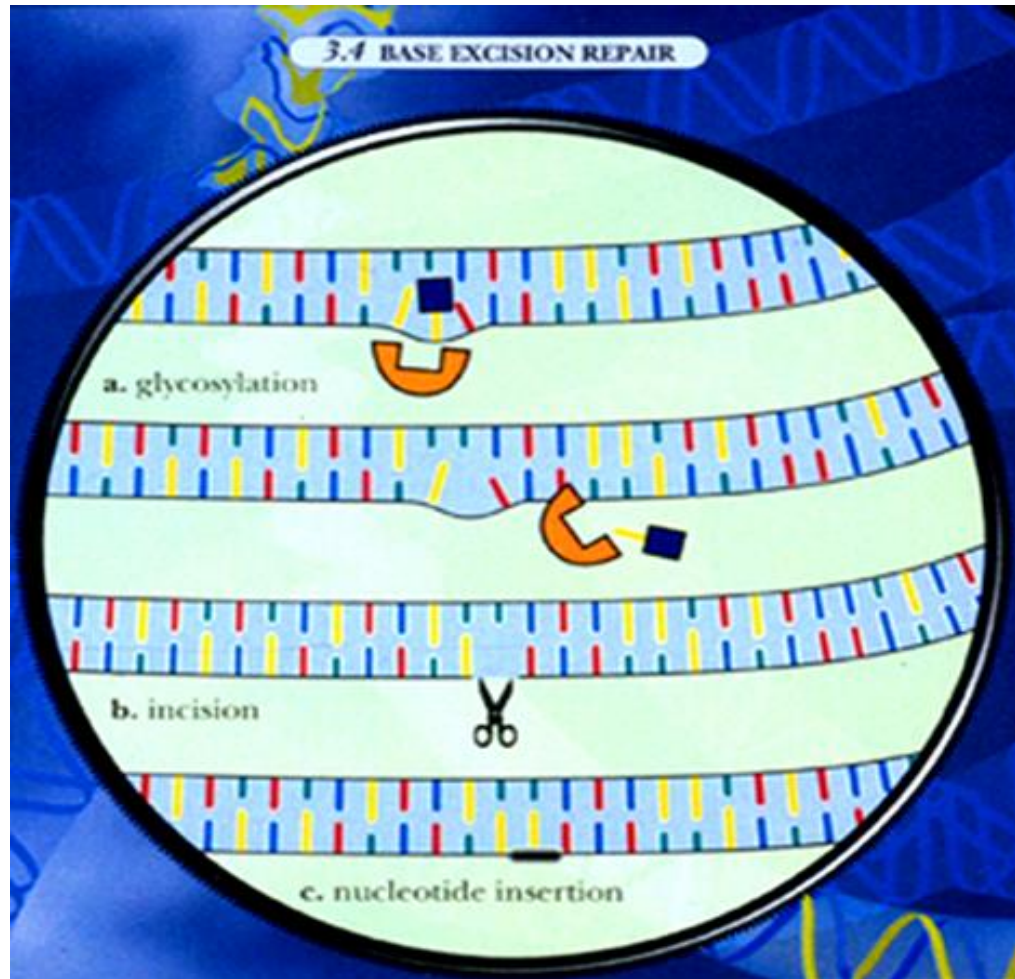
Cell cycle  
checkpoints



Gene  
expression



# DNA Repair





# DSB Repair



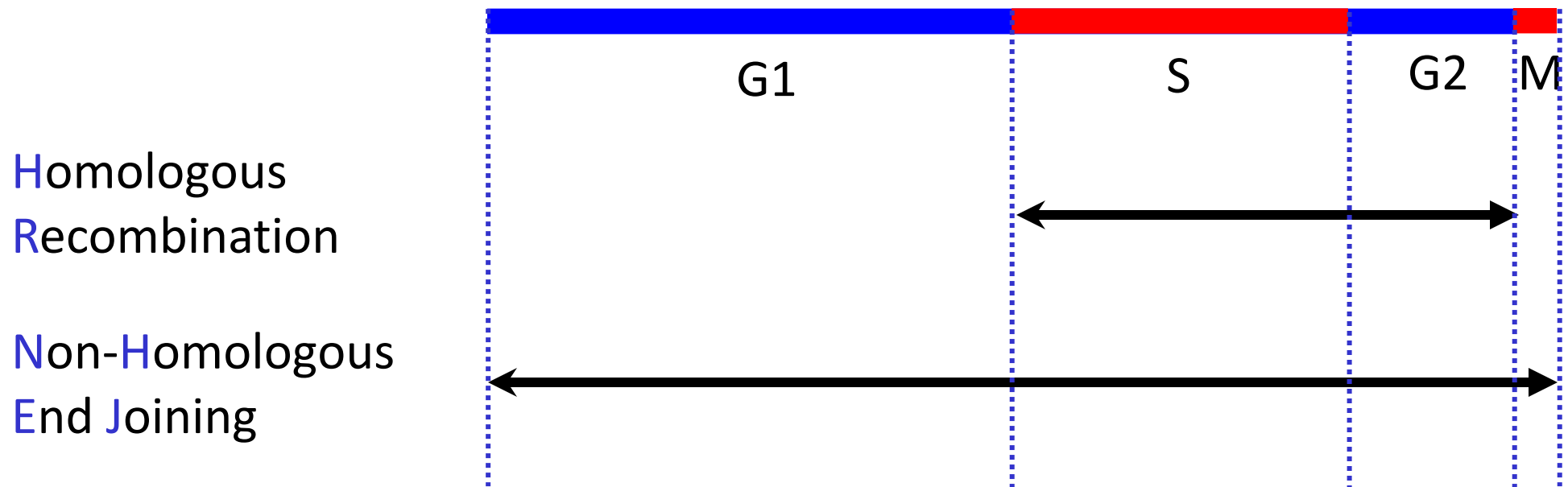
```
graph TD; A[DSB Repair] --> B[Homologous Recombination (HR)]; A --> C[Non-homologous End-joining (NHEJ)];
```

The diagram illustrates the two primary pathways for Double-Strand Break (DSB) repair. At the top, a large blue box labeled 'DSB Repair' has two arrows pointing downwards to two separate blue boxes. The left box is labeled 'Homologous Recombination (HR)' and the right box is labeled 'Non-homologous End-joining (NHEJ)'.

Homologous  
Recombination  
(HR)

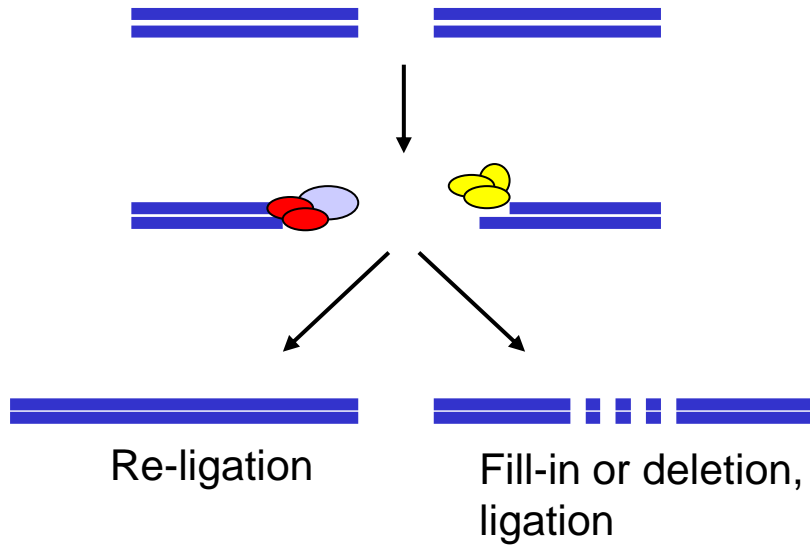
Non-homologous  
End-joining  
(NHEJ)

# DNA Repair Through the cell cycle

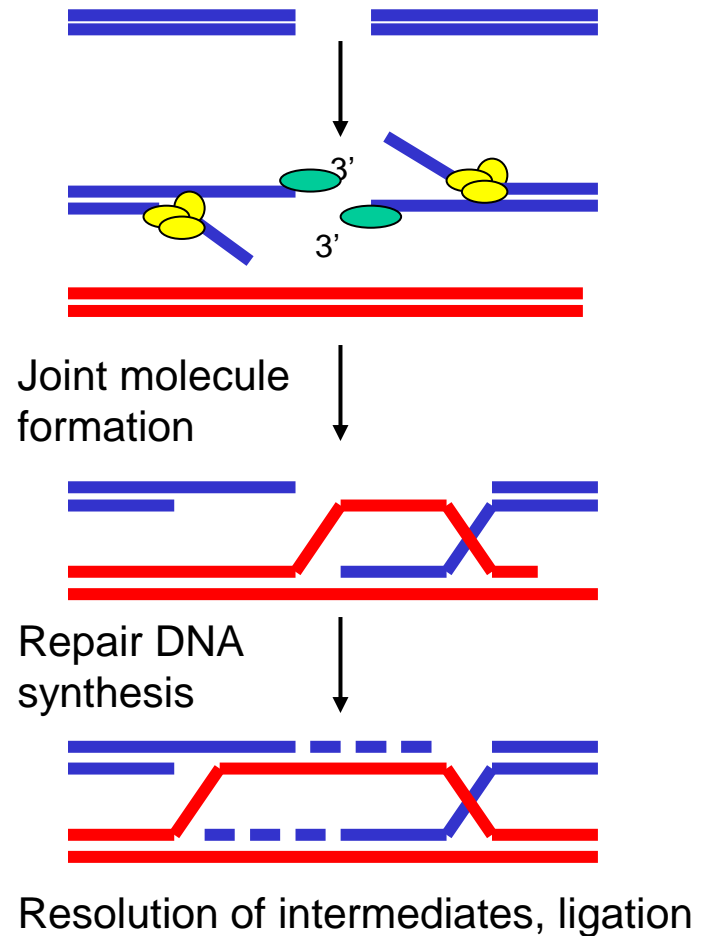


# HR and NHEJ

## Non-homologous end-joining



## Homologous recombination



# HR versus NHEJ

- NHEJ

- Repairs most DSB - 80%
- Important for radiosensitivity
- Error prone
- All parts of the cell cycle
- ½ time ~2-4 hours
- Defects rare in cancer
- **Non-proliferating tissues**

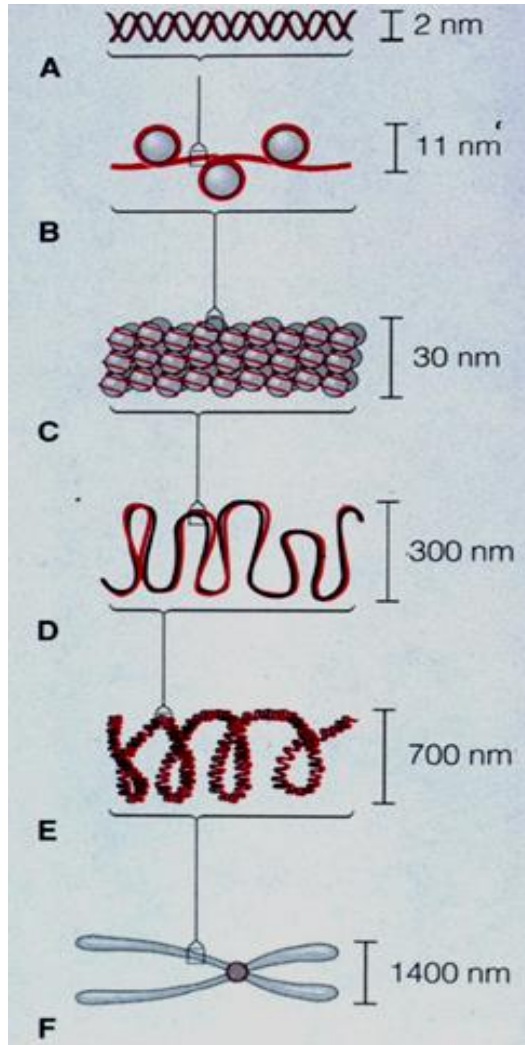
Early versus late  
responding tissue

- HR

- Repairs fewer DSB – 20%
- Important for radiosensitivity
- Error free
- S and G2 phase
- responsible for change in sensitivity in the cell cycle
- ½ time long – 24hours?
- Varies more between cell lines (high in stem cells)
- Defects common in cancer
- **Proliferating tissues**

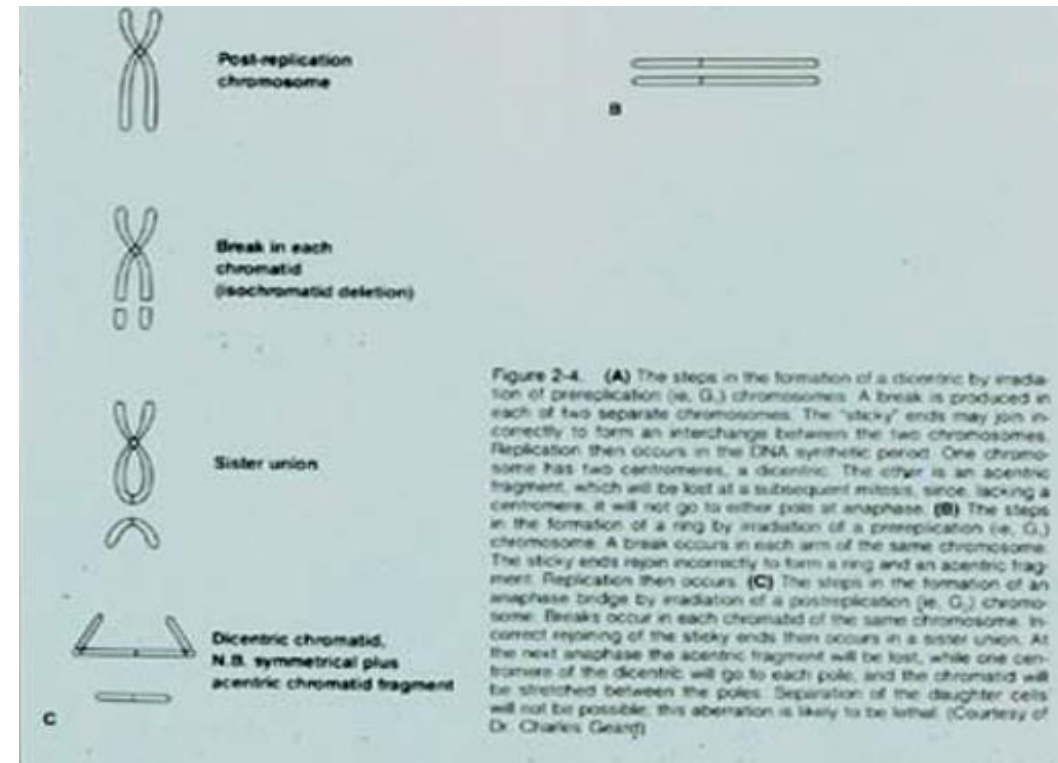
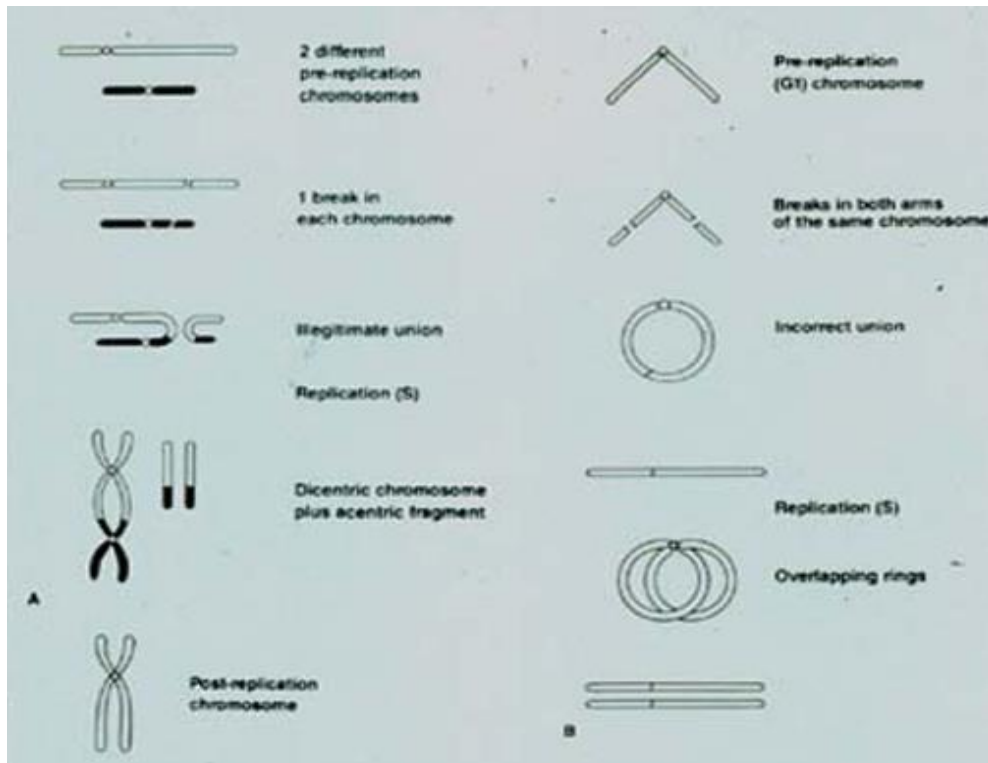
# Digest in Radiation Biology

## Structure of chromosome

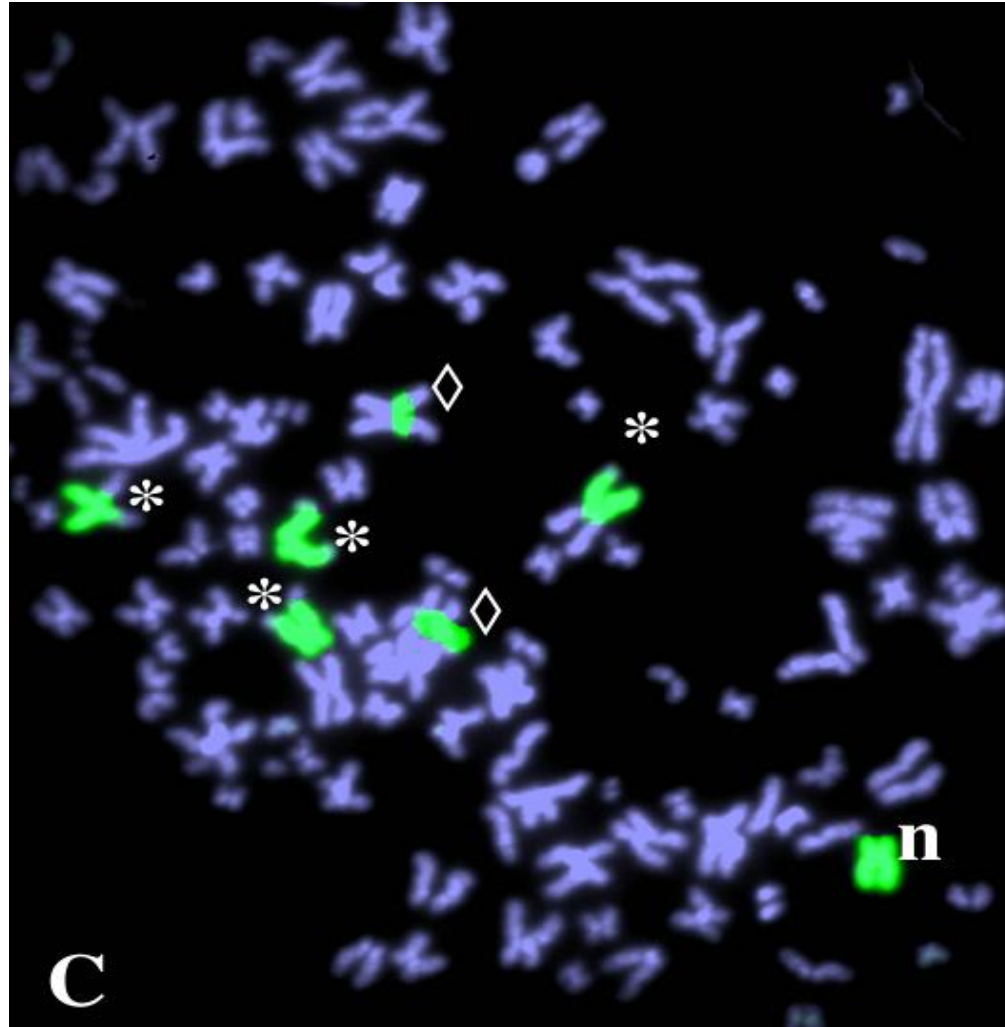


# Digest in Radiation Biology

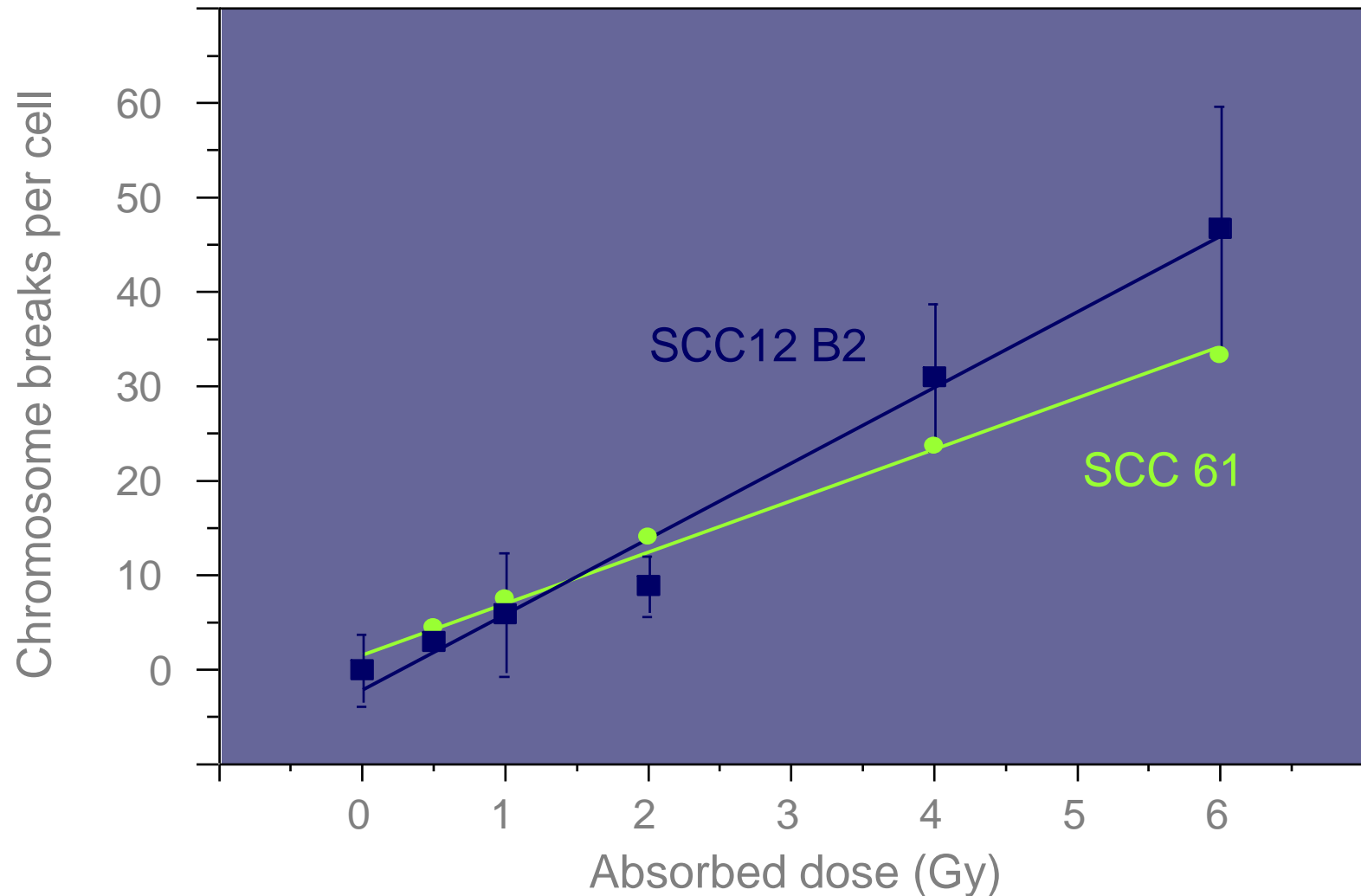
## Chromosome and chromatid aberrations



# Chromosome aberrations

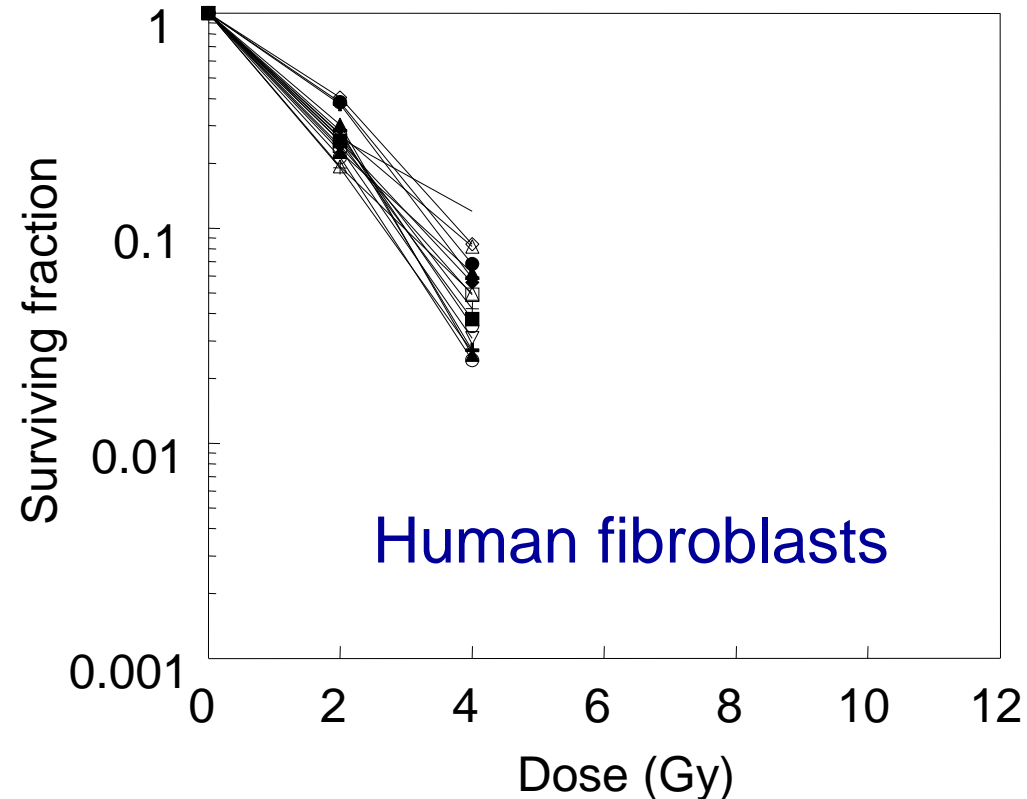
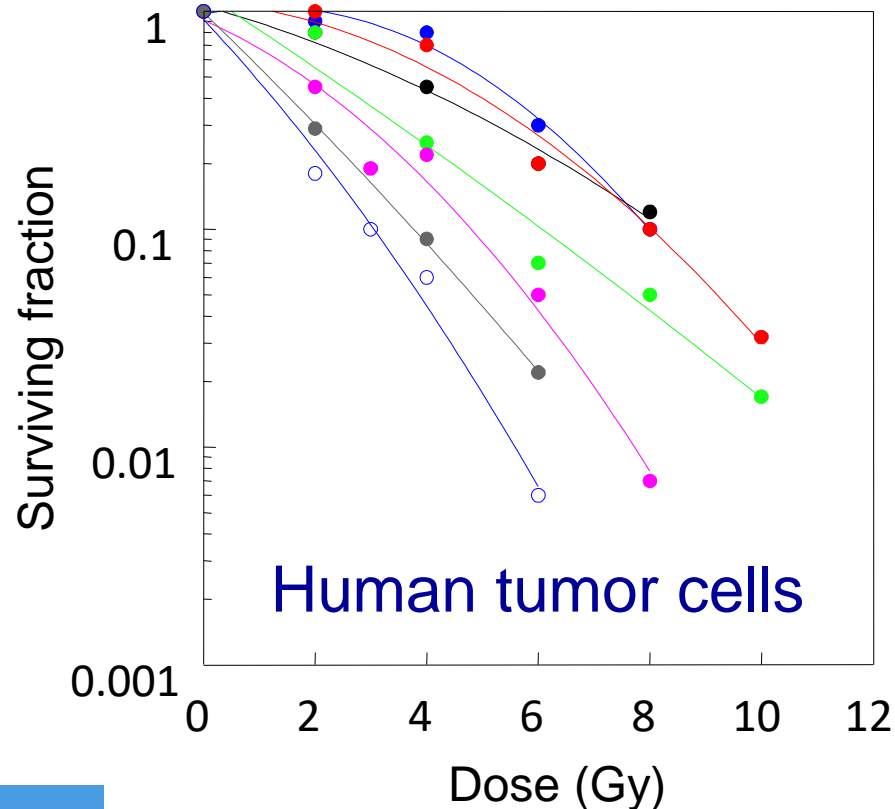


# Quantification of chromosome breaks

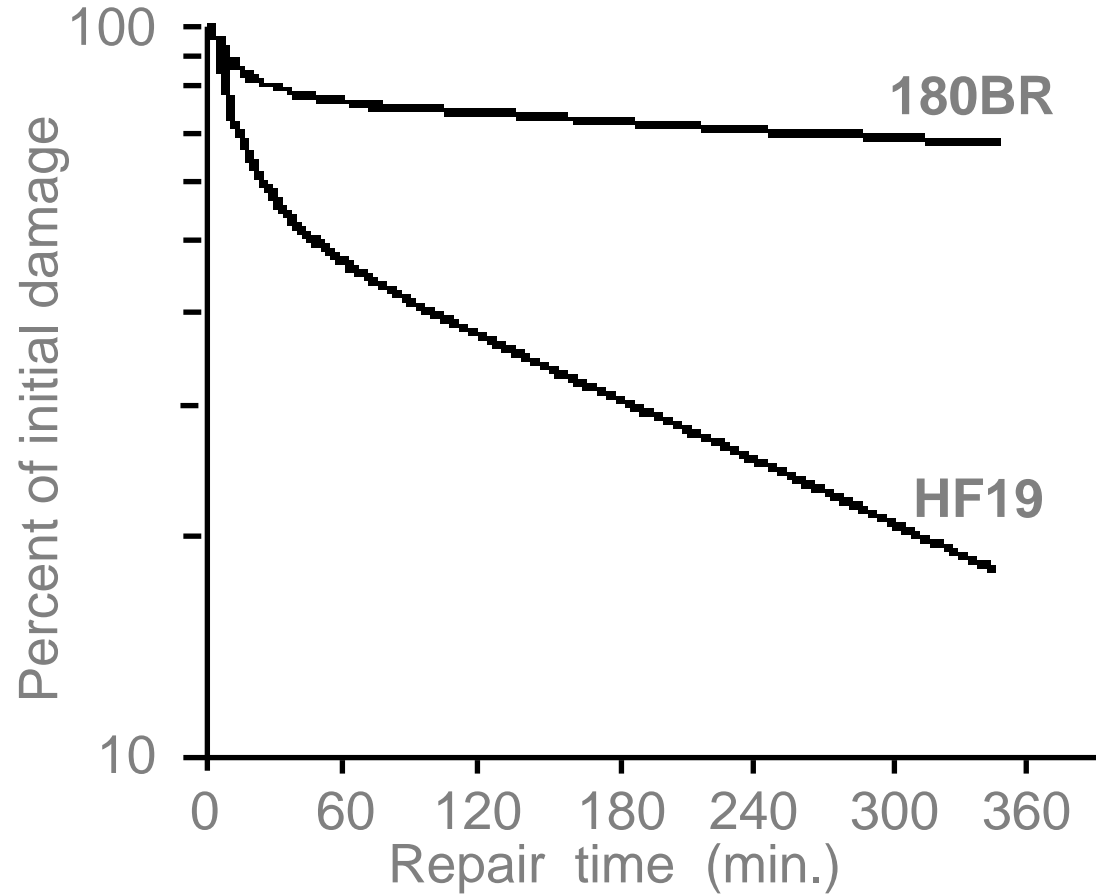


# DNA Repair and Cancer

1. Most anticancer agents work by damaging DNA
2. Changes in DNA repair influence radiosensitivity

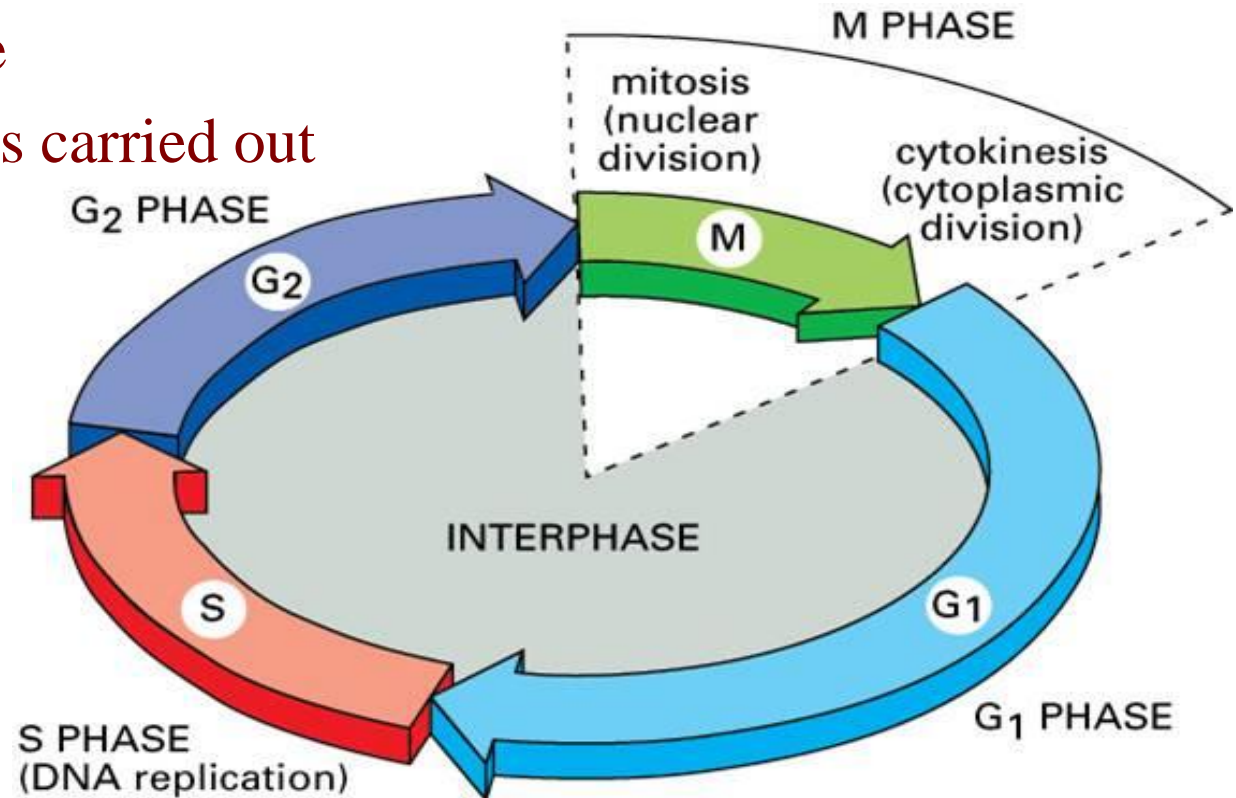


# Quantification of DNA Repair

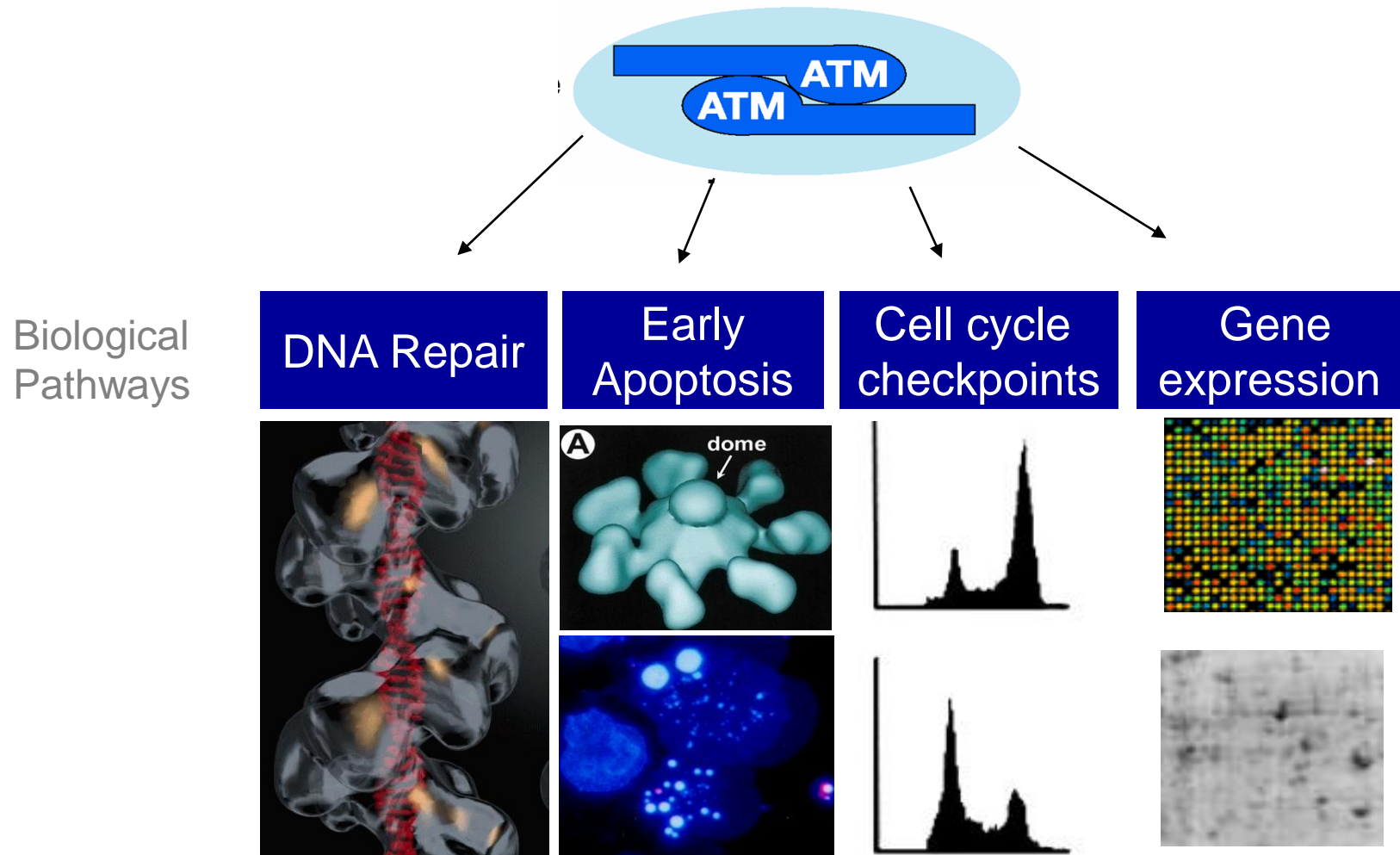


# The cell cycle multiplies cells

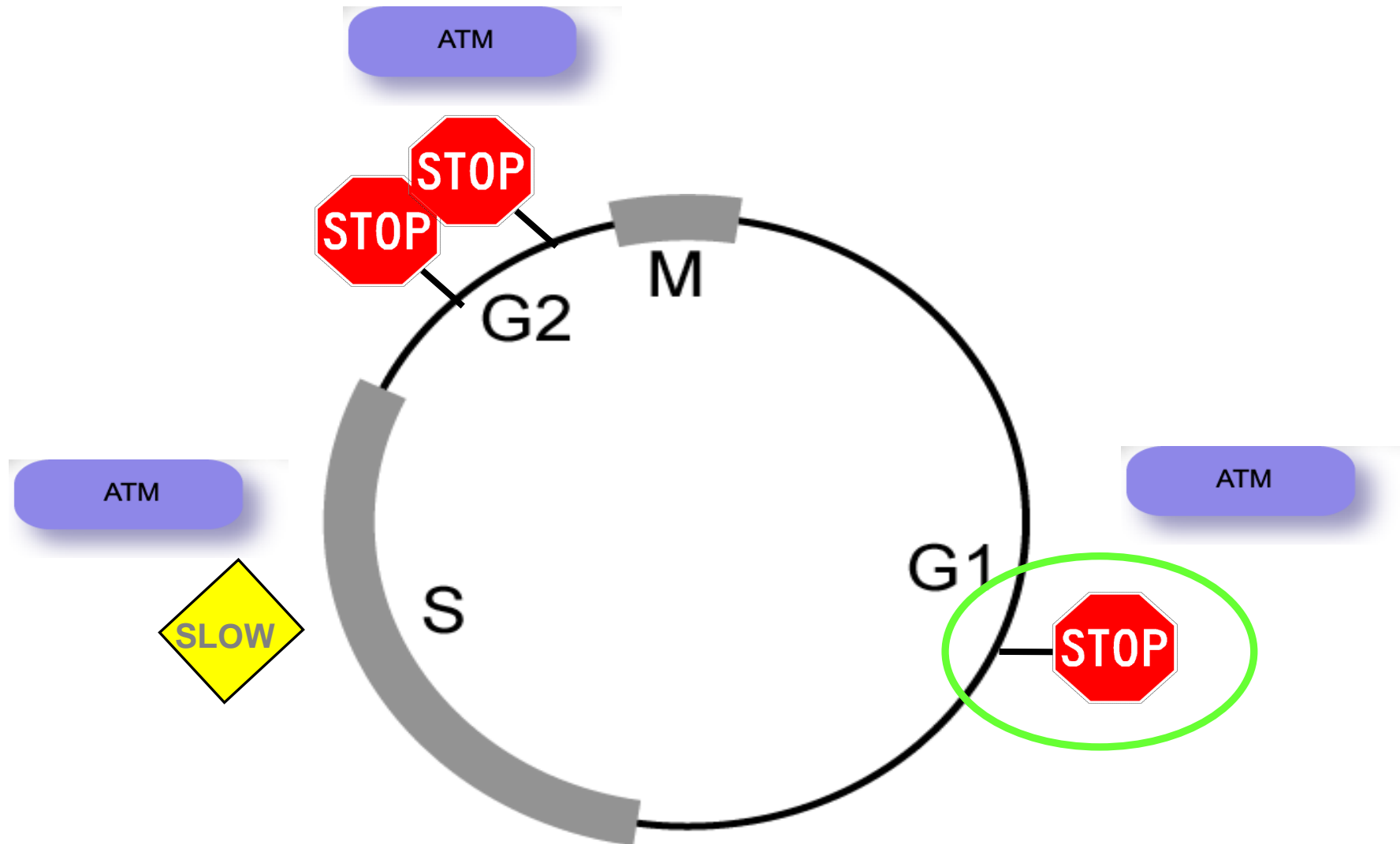
- The cell cycle consists of two major phases:
  - Interphase,
    - chromosomes duplicate and cell parts are made
    - 90% of the cell cycle
    - Normal cell functions carried out
  - The mitotic phase
    - cell division



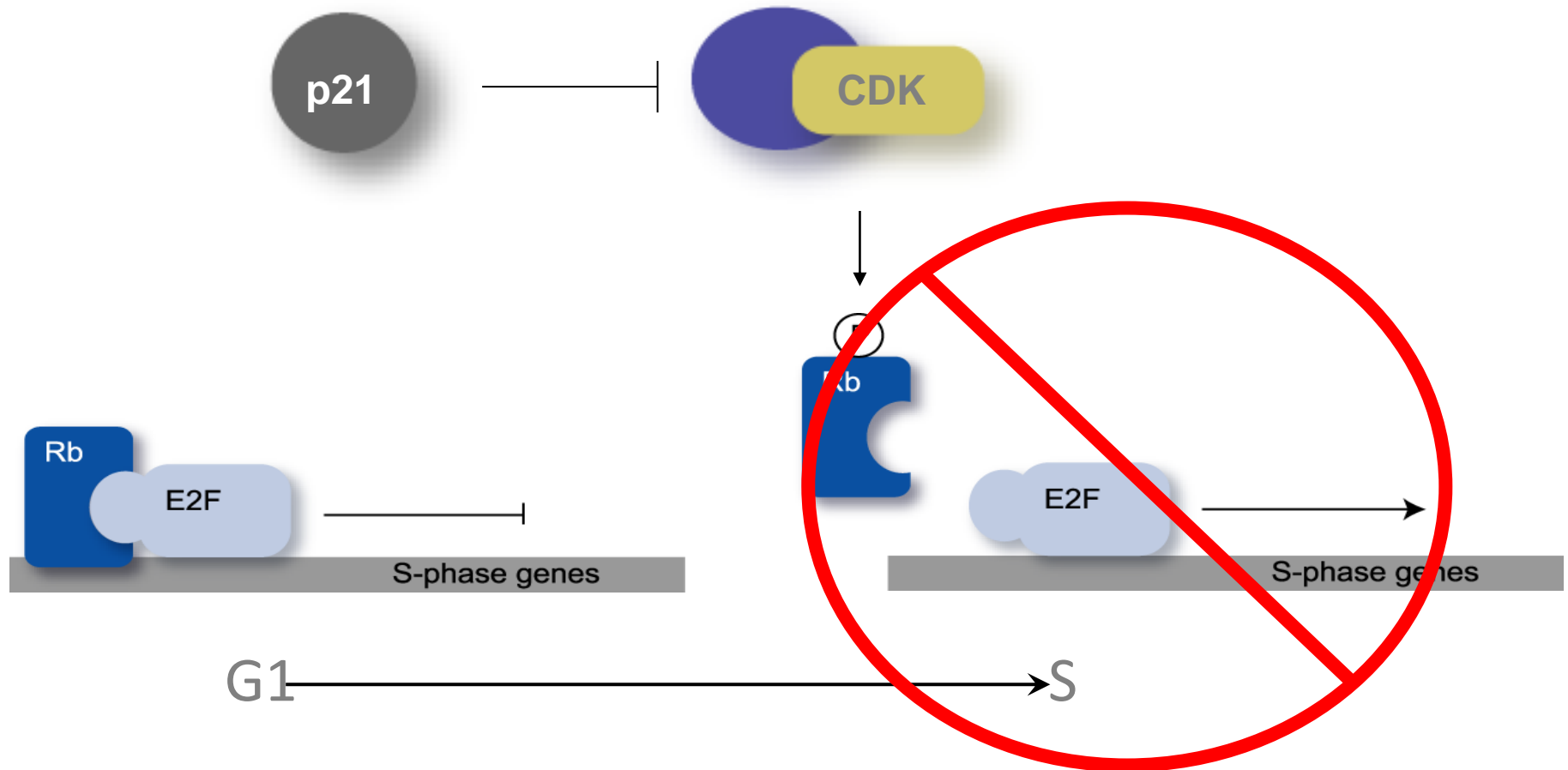
# ATM – a key player in DNA damage



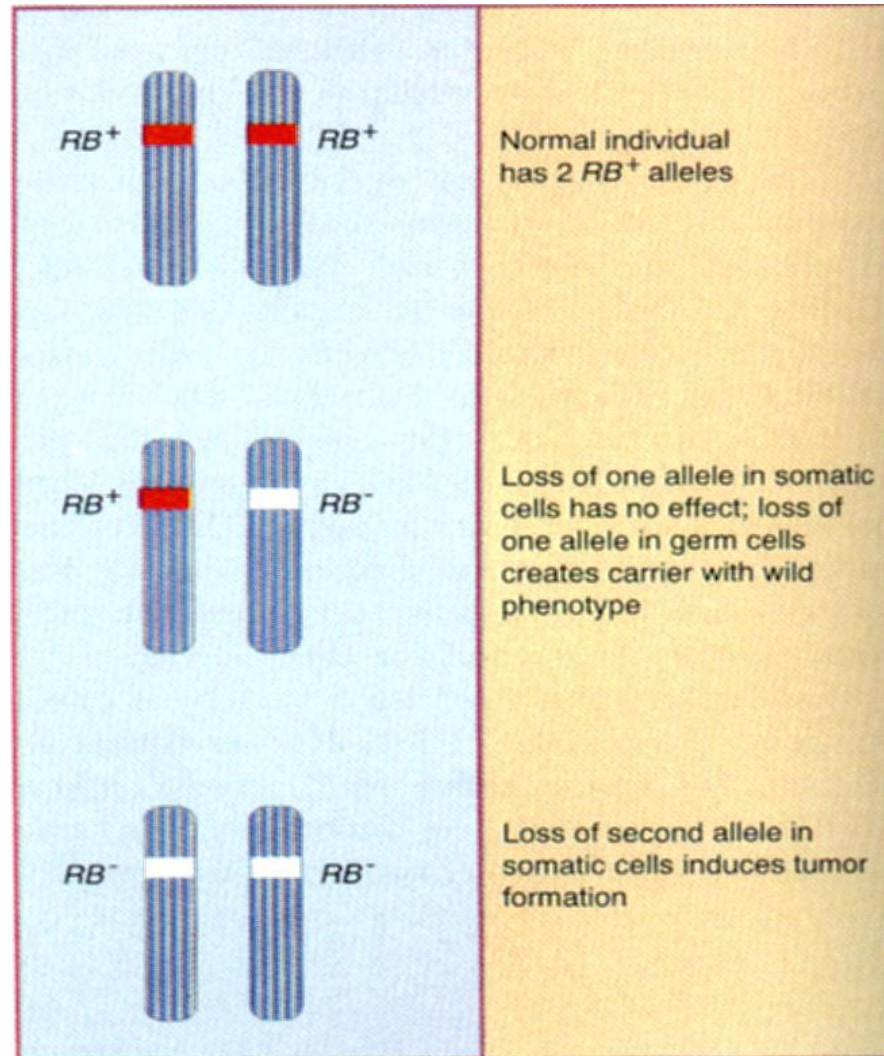
# IR induces 4 distinct checkpoints



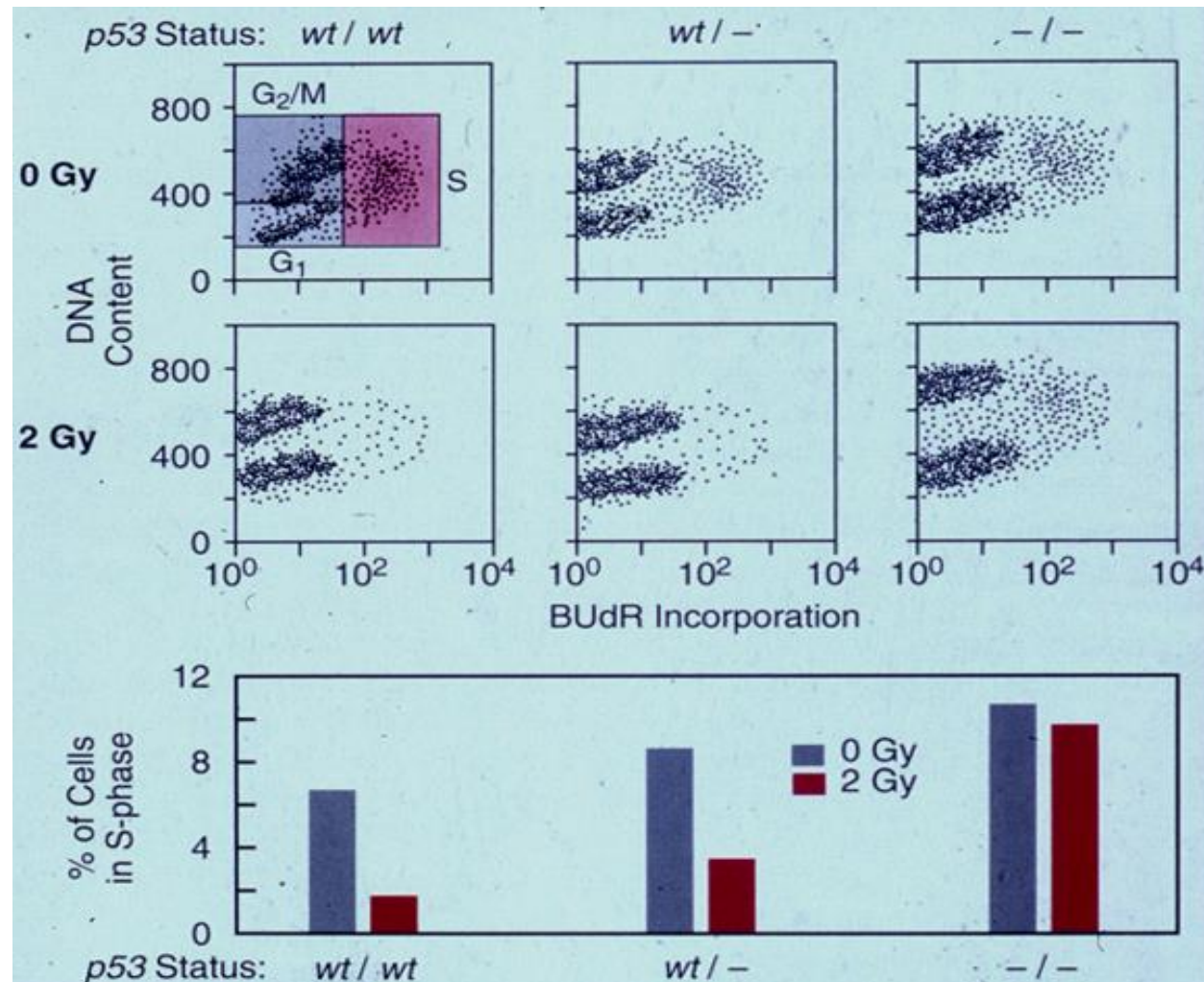
# G1/S Transition



# Tumor suppressor gene: the retinoblastoma example



# The p53-dependant signaling pathways

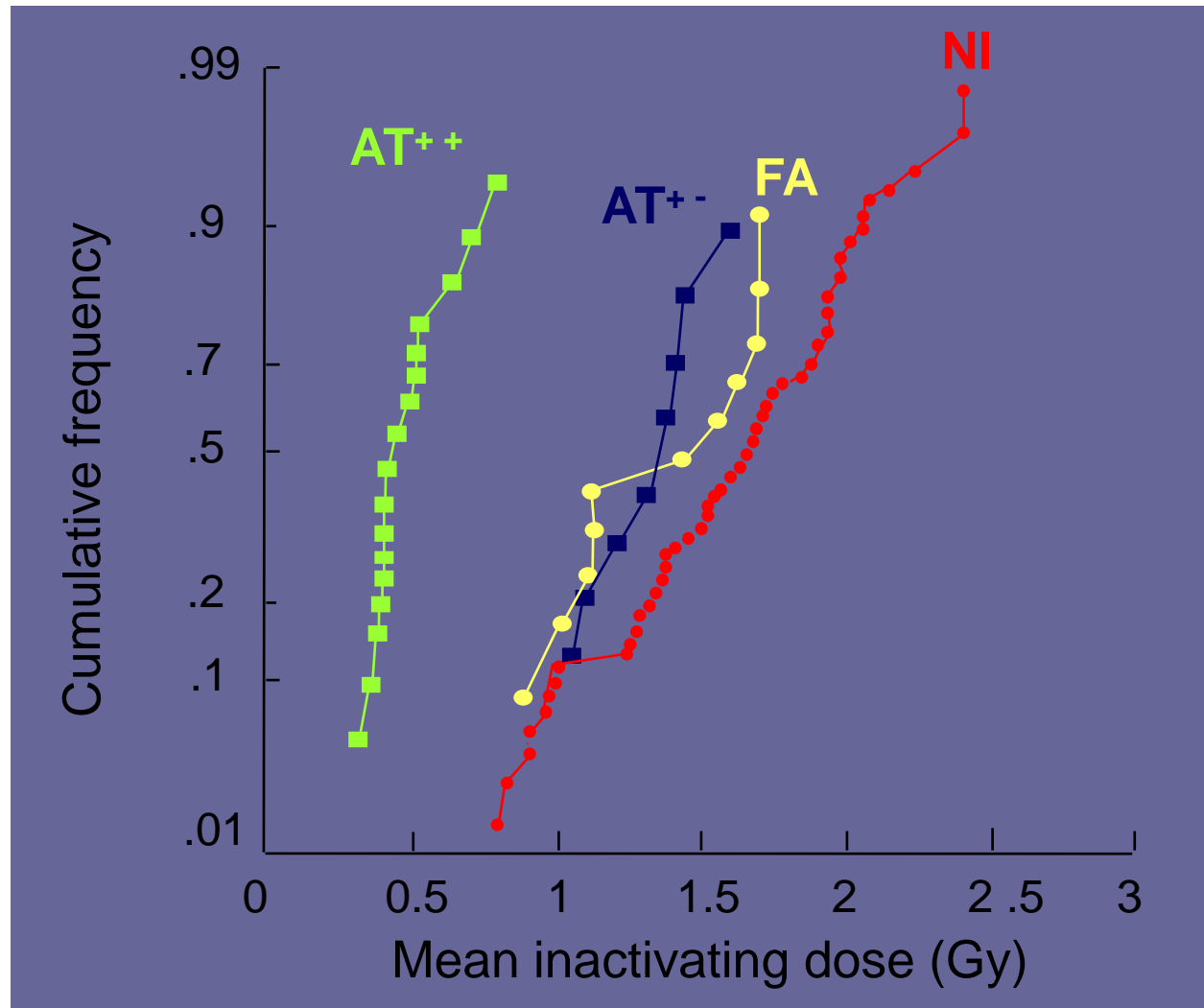


# HR and Human Disease

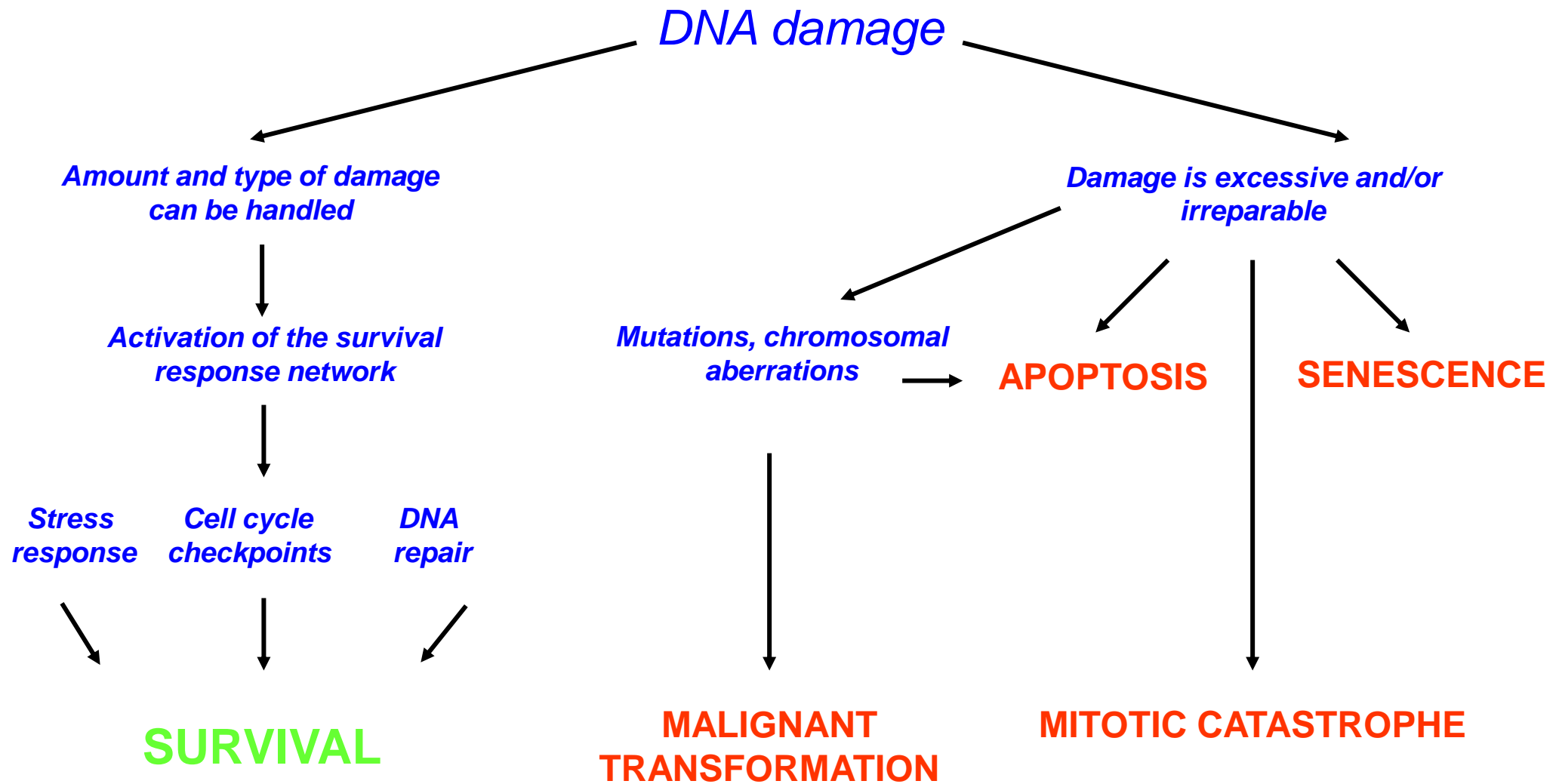
Many diseases associated with the sensors and transducers

- Ataxia Telangiectasia – mutations in ATM
  - Patients are radiosensitive
  - Elevated risk of cancer
  - Have several developmental and neural abnormalities
- AT like disorder – mutations in MRE11
- Nijmegen breakage syndrome – mutations in NBS
- Familial (inherited) breast cancer - BRCA1, BRCA2
  - Inherited breast and ovarian cancer
- Fanconi's Anemia – FANCA,B,C,D1,D2,E
  - FANCB,D1=BRCA2
  - Sensitive to crosslinking agents
  - Increased risk of cancer

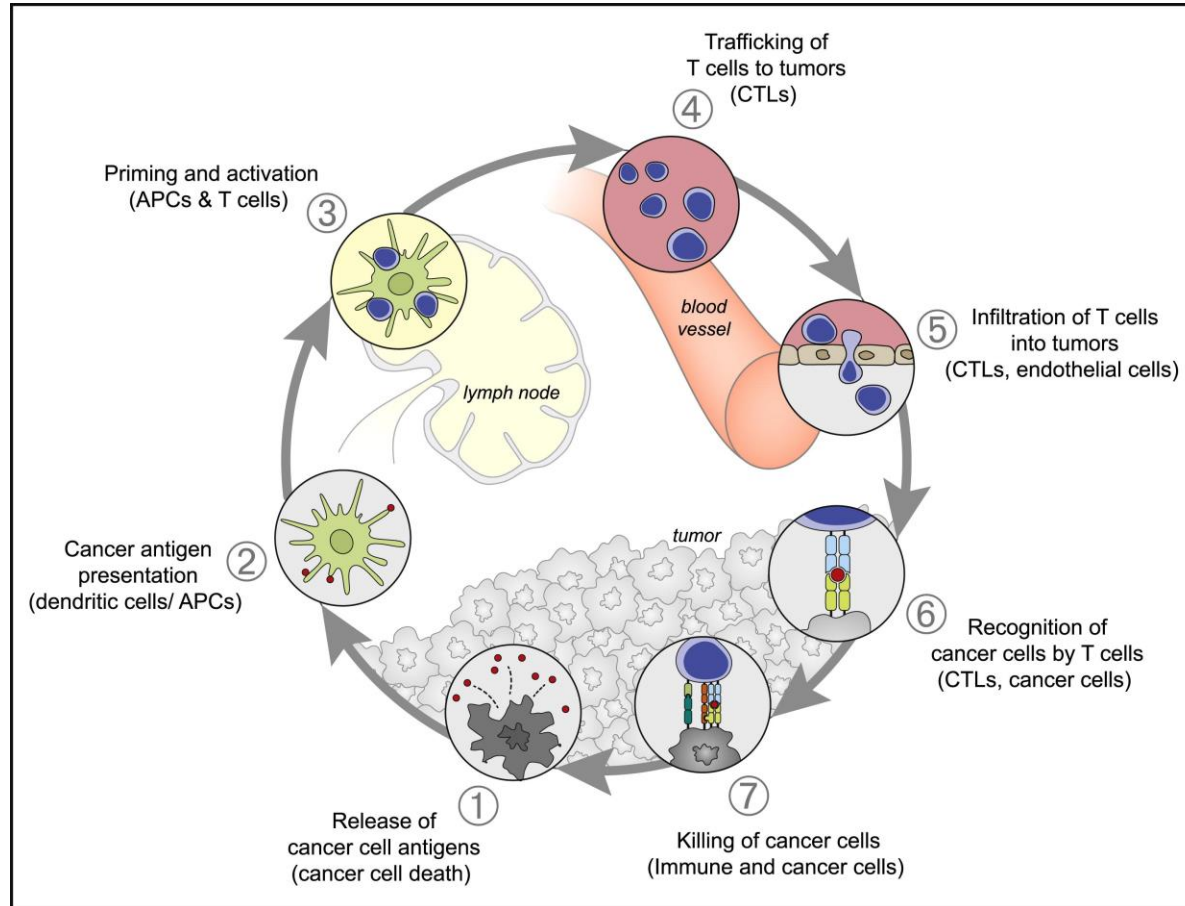
# Hypersensitivity syndromes



# Cellular response to radiation damage

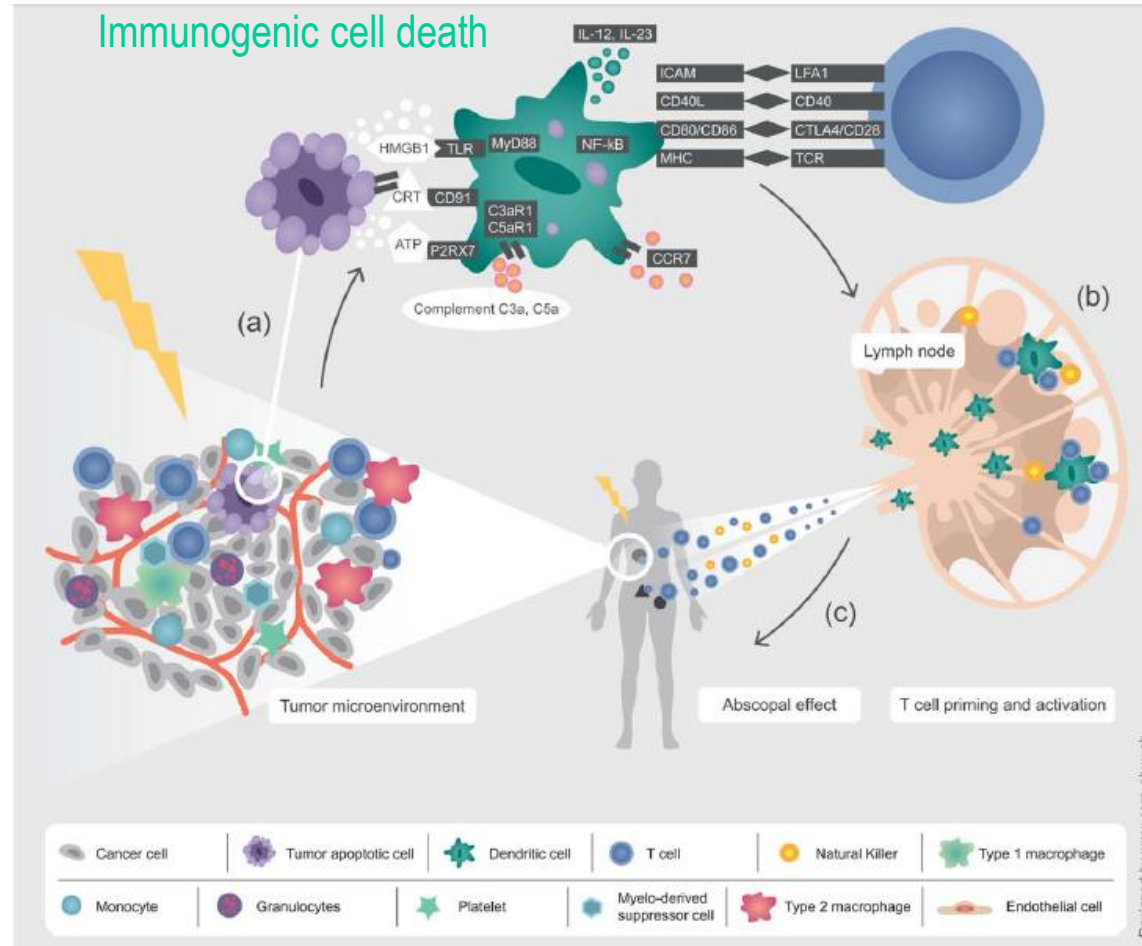


# Immune modulation

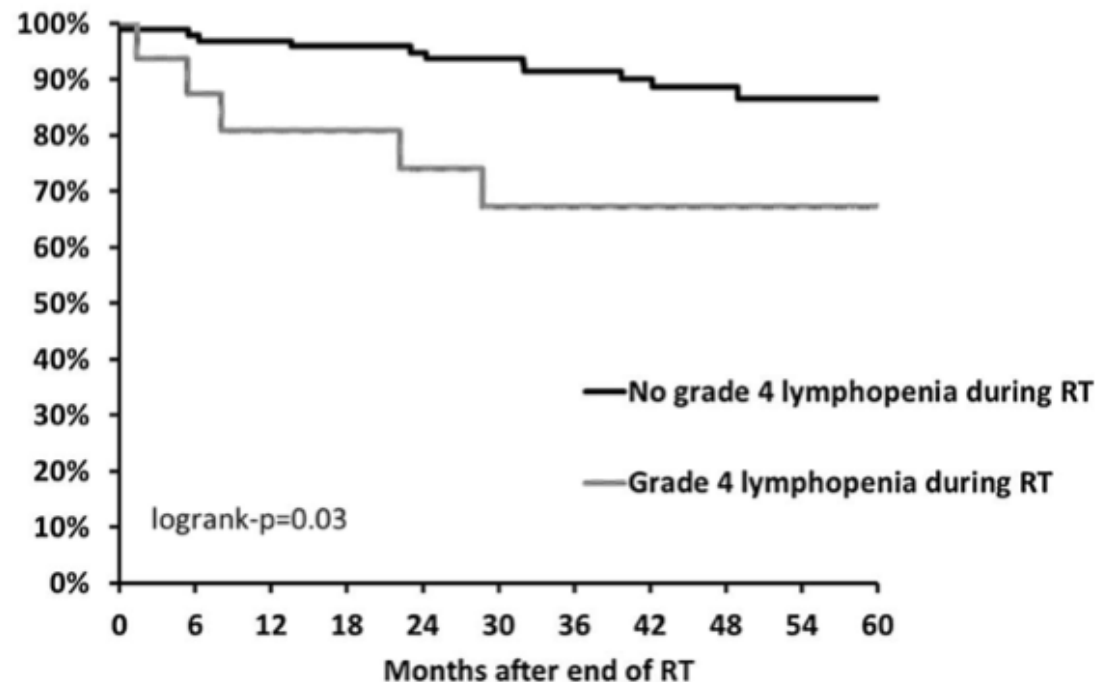


# Immune mechanisms triggered by RT

Herrera FG et al CA Cancer J Clin 2017



# Prognostic impact of lymphocytopenia on oropharyngeal SCC outcome after radiotherapy



Jensen et al, CTRO, 2017



# Summary of DNA damage repair

- DSBs are the most important damage produced by IR
- DSBs are sensed by ATM
  - Apoptosis (rarely)
  - Checkpoint activation
  - DNA repair
- Repair requires large repair factories containing many proteins
  - NHEJ (DNAPKcs, Ku70/80, Artemis, XRCC4, Ligase)
  - HR (BRCA1/2, Rad51/52, FANCD2)
- Impaired DNA repair machinery causes (extreme) radiosensitivity
- IR enhances an immune response