

THE EVOLUTION OF THE F-MODE INSTABILITY

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Motivation

- GW driven f-mode instability of relativistic stars
- Time evolution of the instability
- GW signal of the f-mode and its detection prospectives

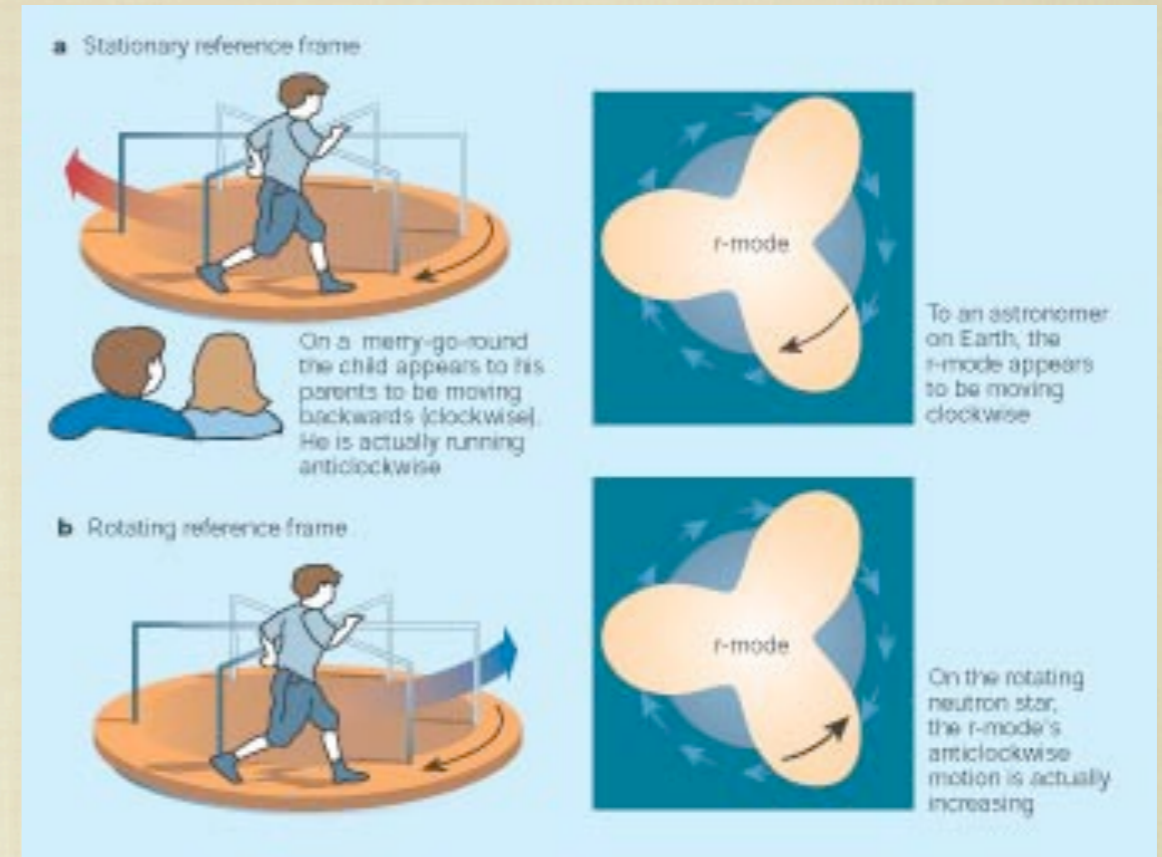
CFS instability

- Rotating NS are prone to CFS gravitational-wave instability
- Radiation drives a mode unstable if

$$\omega_r (\omega_r - m\Omega) \leq 0 \implies \tau_{\text{gw}} \leq 0$$

and $\delta\rho \sim e^{-t/\tau_{\text{gw}}}$

- Viscous mechanisms limit the gravitational-wave instability



$$\delta\rho \sim e^{i\omega t - t/\tau} \quad \text{where} \quad \frac{1}{\tau} = \frac{1}{\tau_{\text{gw}}} + \frac{1}{\tau_{\text{b}}} + \frac{1}{\tau_{\text{s}}} + \dots \quad \text{and} \quad \frac{1}{\tau} = \frac{\dot{E}}{2E}$$

Instability condition: $\frac{1}{\tau} \leq 0$ where $\tau = \tau(\Omega, T)$

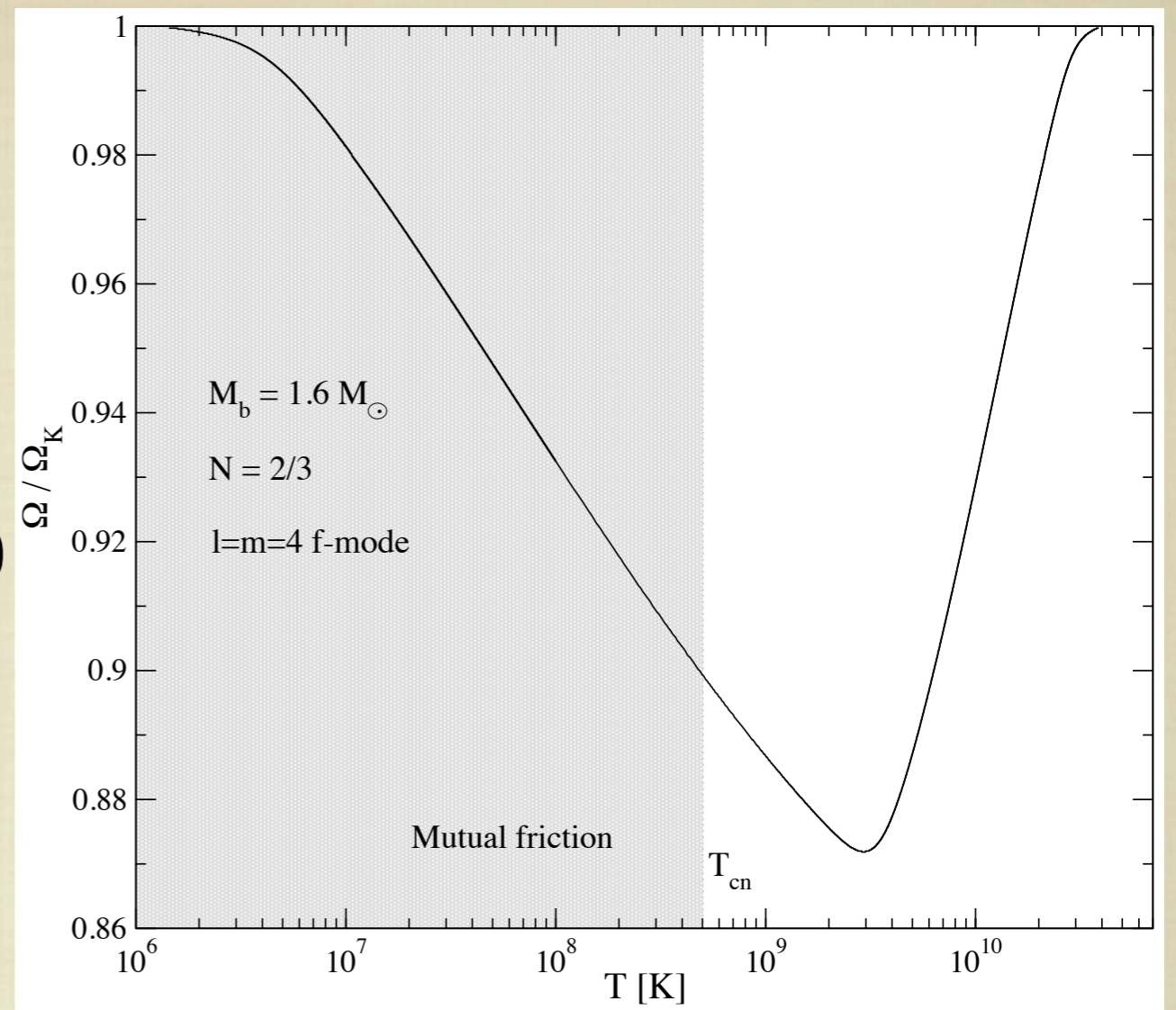
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EQUATIONS

Method

- We calculate the mode-frequency and eigenfunctions from time simulations.
- With the energy volume integrals we determine the damping/growth times.
- We study the instability evolution with a set of evolution equations which evolves the mode amplitude, stellar rotation and temperature.

Mode Frequency

- Evolution of the relativistic perturbation equations in Cowling approximation

$$\delta(\nabla_\nu T^{\mu\nu}) = 0 \quad \text{where} \quad \delta g_{\mu\nu} = 0$$

- Standard model

$$N = 1$$

$$M = 1.4M_\odot$$

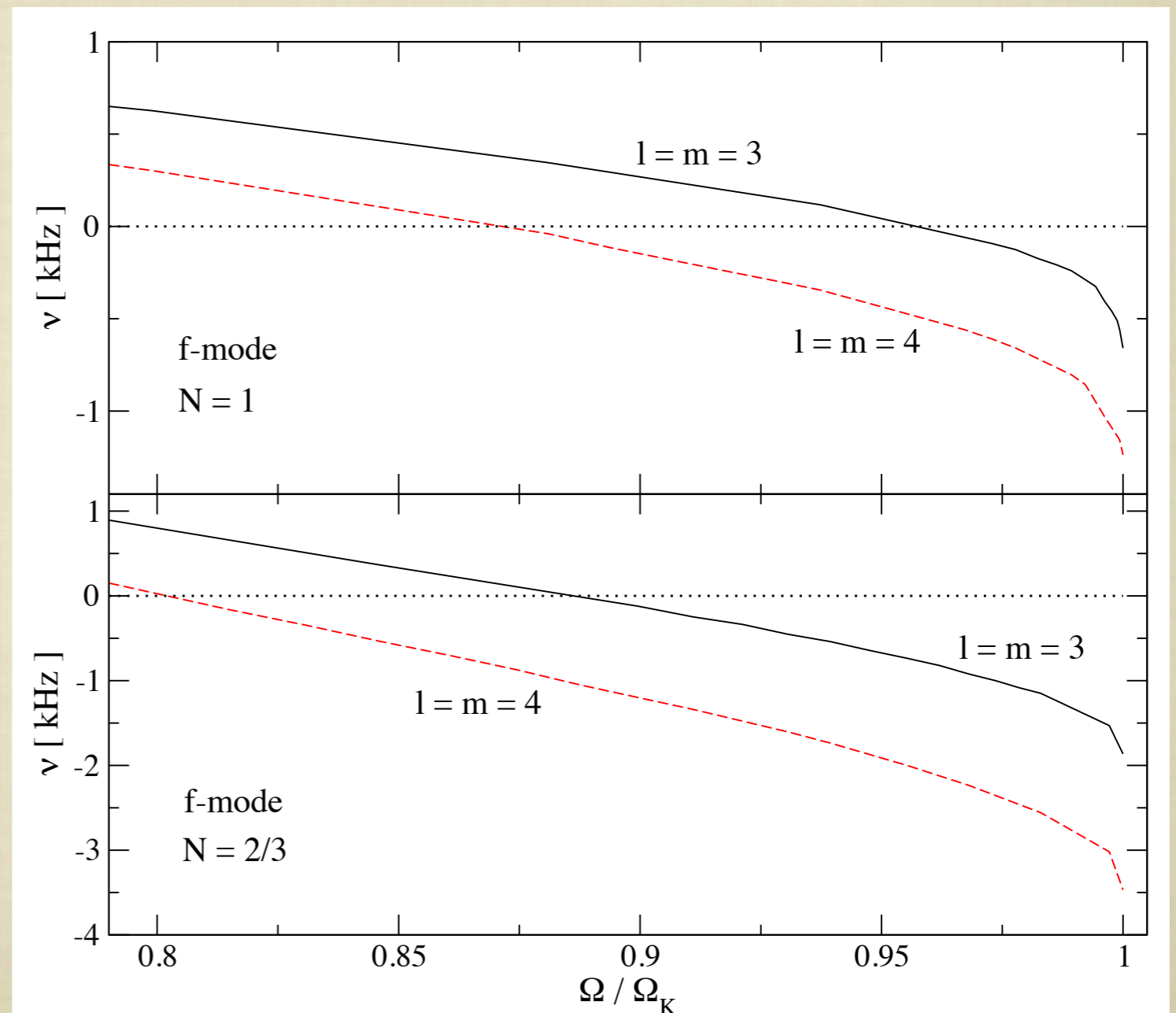
$$\nu_K = 673 \text{ Hz}$$

- Supramassive model

$$N = 2/3$$

$$M = 1.6M_\odot$$

$$\nu_K = 1783 \text{ Hz}$$



Viscous and GW timescales

- Assumption: dissipative timescales are much longer than the oscillation period
- Bulk and shear viscosity

$$\frac{1}{\tau_b} = \frac{1}{2E} \int dV \zeta \delta\sigma \delta\sigma^* \quad \zeta \sim T^6$$

$$\delta\sigma^{ij} = \frac{1}{2} \left(\nabla^i \delta u^j + \nabla^j \delta u^i - \frac{2}{3} g^{ij} \nabla \delta\sigma \right)$$

$$\frac{1}{\tau_s} = \frac{1}{E} \int dV \eta \delta\sigma^{ij} \delta\sigma_{ij}^* \quad \eta \sim T^{-2}$$

$$\delta\sigma = \nabla_j \delta u^j$$

- GW radiation reaction

$$\frac{1}{\tau_{\text{gw}}} = \frac{\omega}{2E} \sum_{l \geq 2} N_l (\omega - m\Omega)^{2l+1} \left(|\delta D_{lm}|^2 + |\delta J_{lm}|^2 \right)$$

$$\omega (\omega - m\Omega) \leq 0 \quad \implies \tau_{\text{gw}} \leq 0$$

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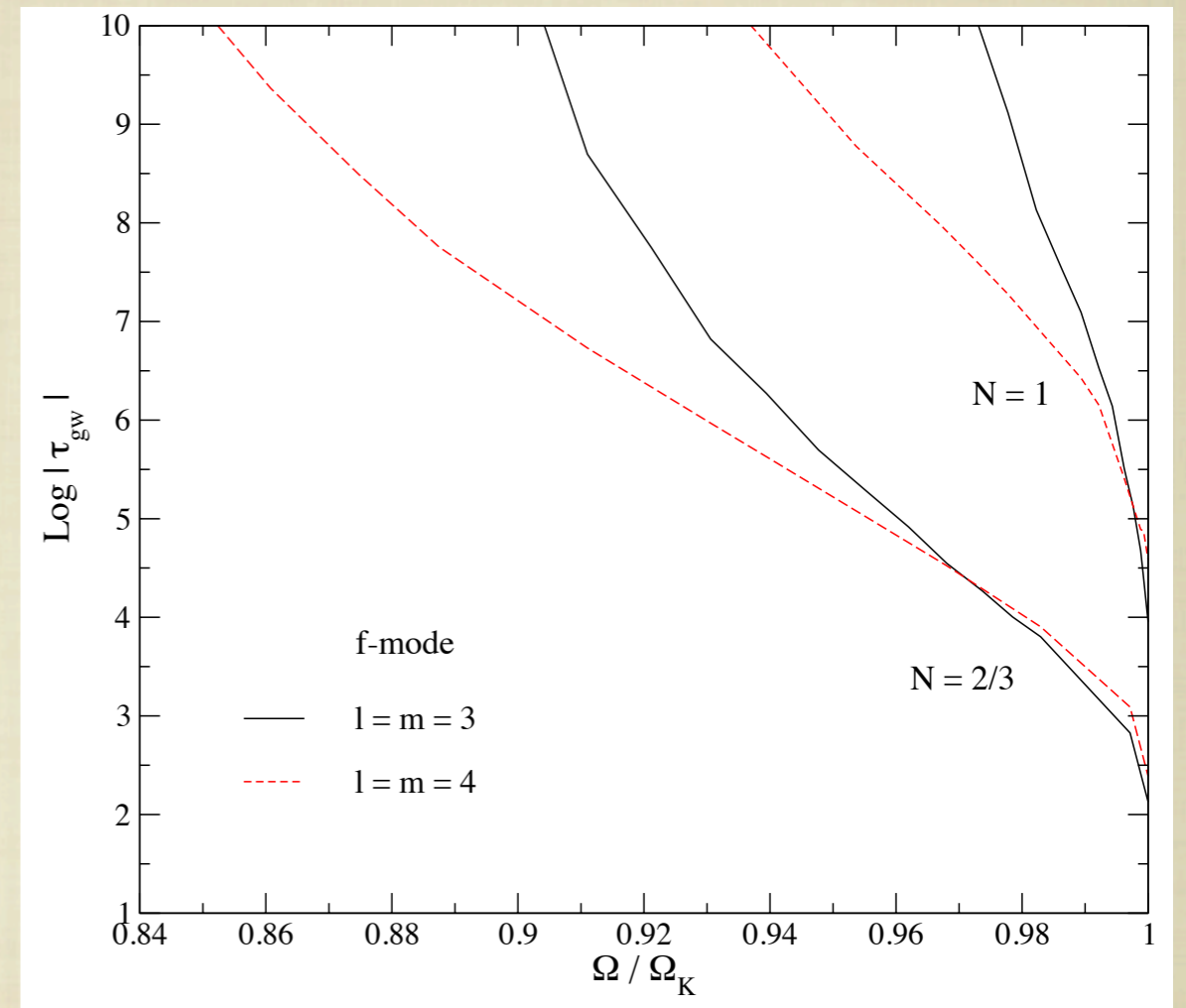
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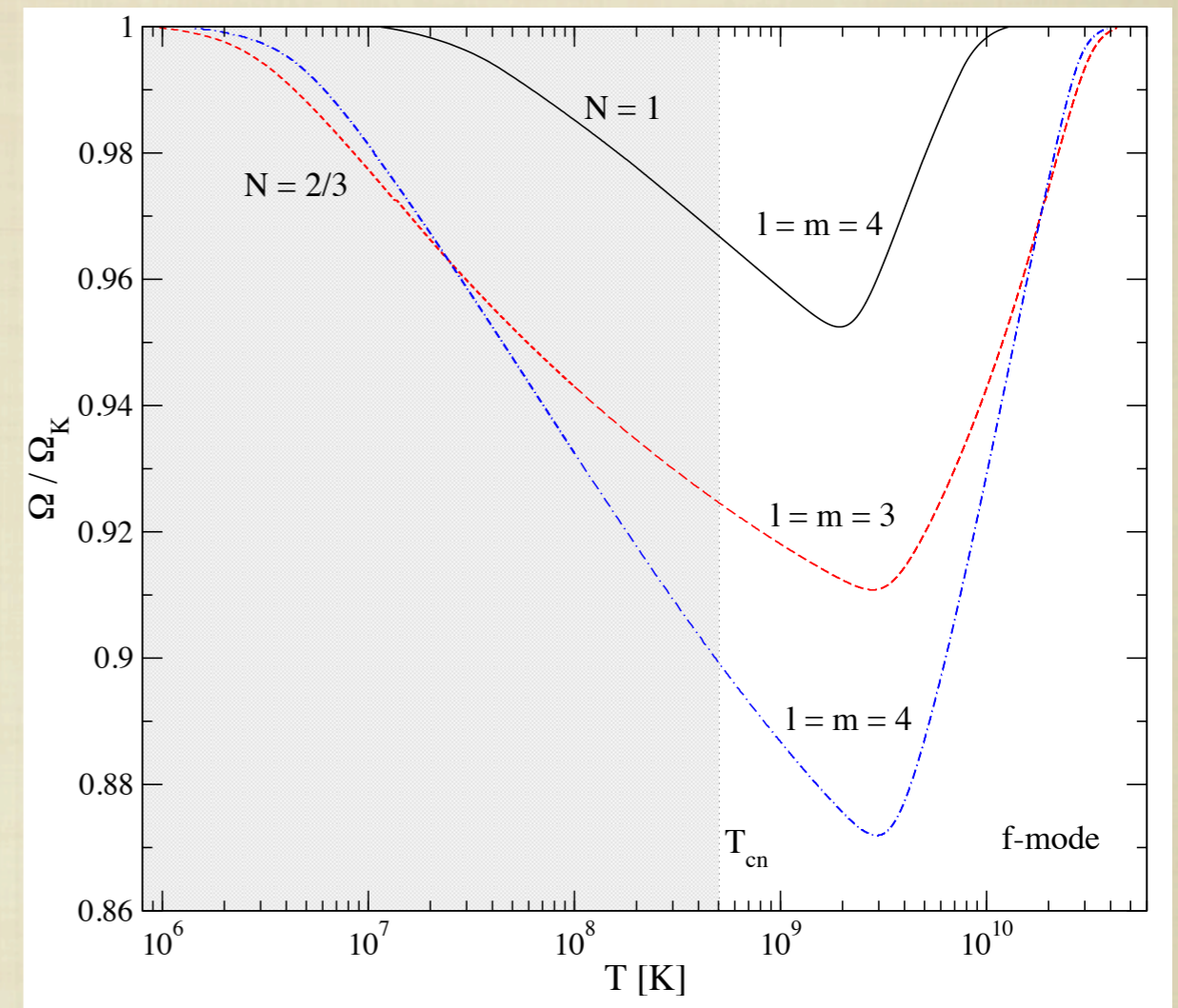
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Instability Evolution

- Basic equations

$$\frac{dE}{dt} = -\frac{2E}{\tau}$$

$$E = \alpha \tilde{E}(\Omega)$$

$$\frac{dJ}{dt} = \frac{dJ_{gw}}{dt} + \frac{dJ_{mag}}{dt}$$

$$J = J_s + \alpha \tilde{J}_c(\Omega)$$

$$C_v \frac{dT}{dt} = -L_\nu + H_s$$

$$H_s = \frac{2E}{\tau_s}$$

- Amplitude Normalization

$$E = \alpha E_{\text{rot}} \quad \alpha = 1 \implies E \simeq 10^{-2} M_\odot c^2 \quad \text{Note: } \delta\rho \sim \alpha^{1/2}$$

- Mode growth

$$\frac{d\alpha}{dt} = -\frac{2\alpha}{\tau_{gw}} - \frac{2\alpha}{\tau_\nu} \frac{1 + \alpha Q}{D} + \frac{2P}{D} \frac{\alpha}{\tau_{mag}},$$

$$\frac{d\Omega}{dt} = \frac{2F}{D} \left(\frac{\alpha}{\tau_\nu} - \frac{1}{\tau_{mag}} \right),$$

- Non-linear saturation

$$\frac{d\alpha}{dt} = 0$$

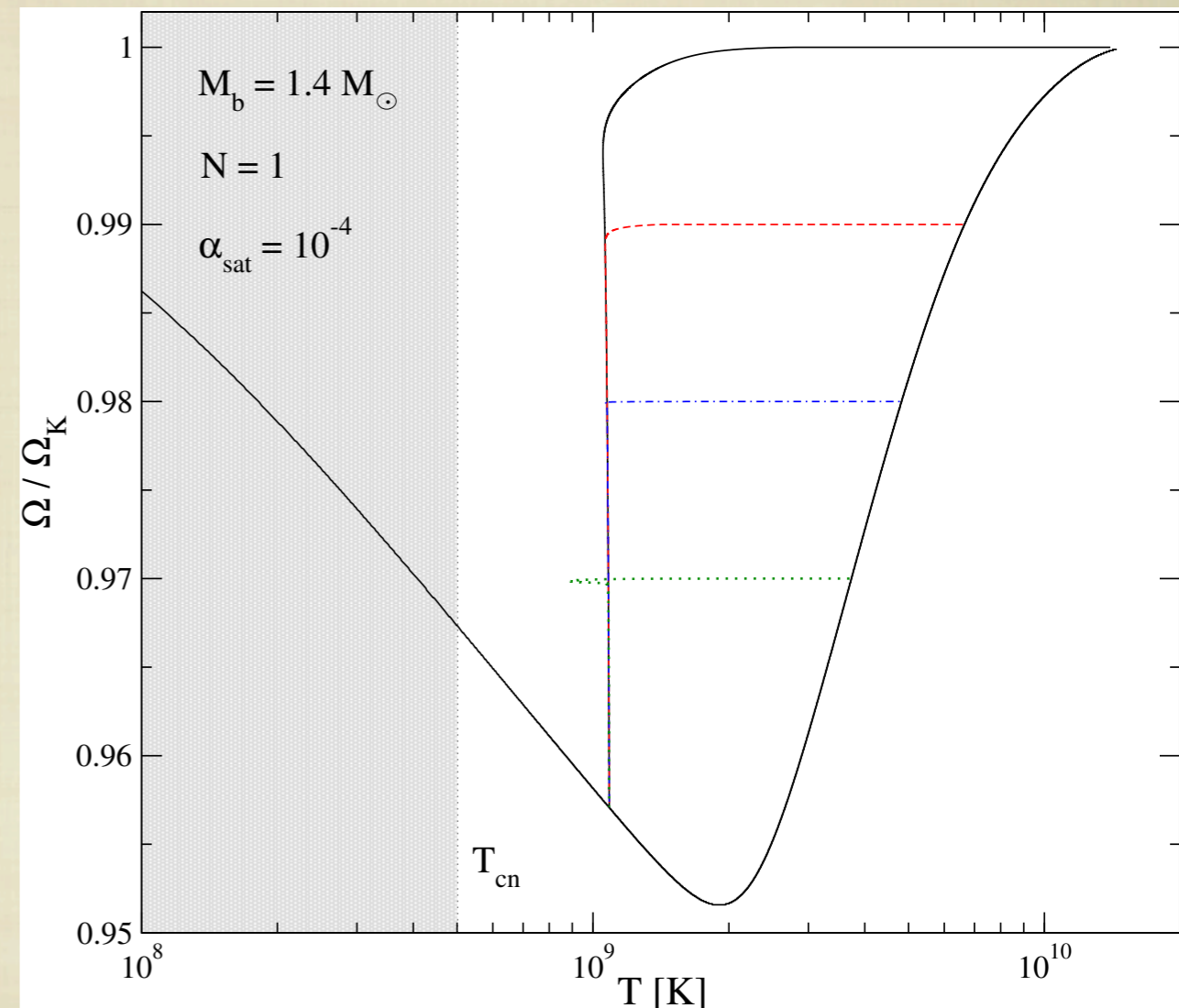
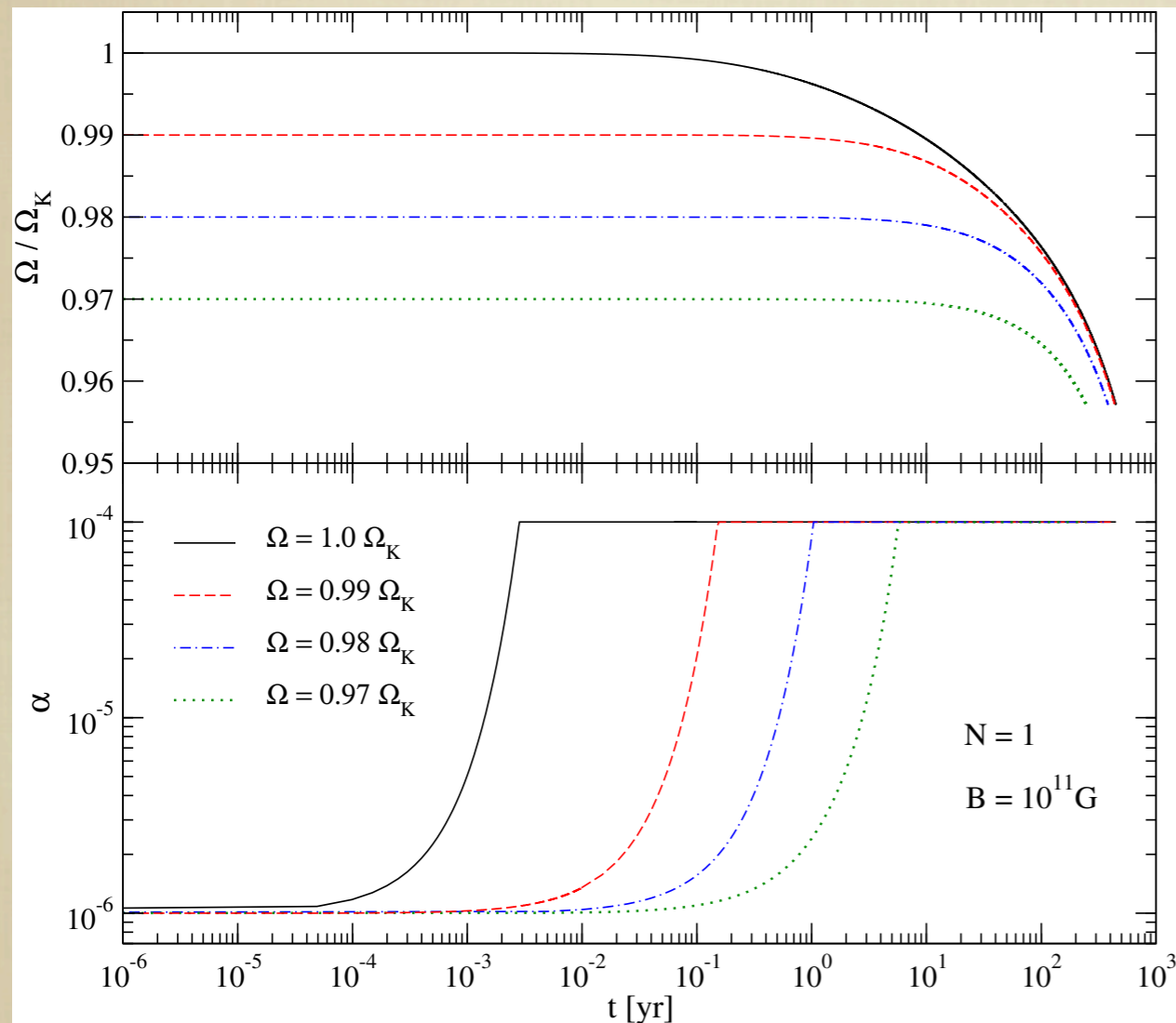
$$\frac{d\Omega}{dt} = -\frac{2F}{1 + \alpha Q} \left(\frac{\alpha}{\tau_{gw}} + \frac{1}{\tau_{mag}} \right)$$

RESULTS

$l=m=4$ f-mode Evolution

$N = 1$ polytrope

Instability trajectory

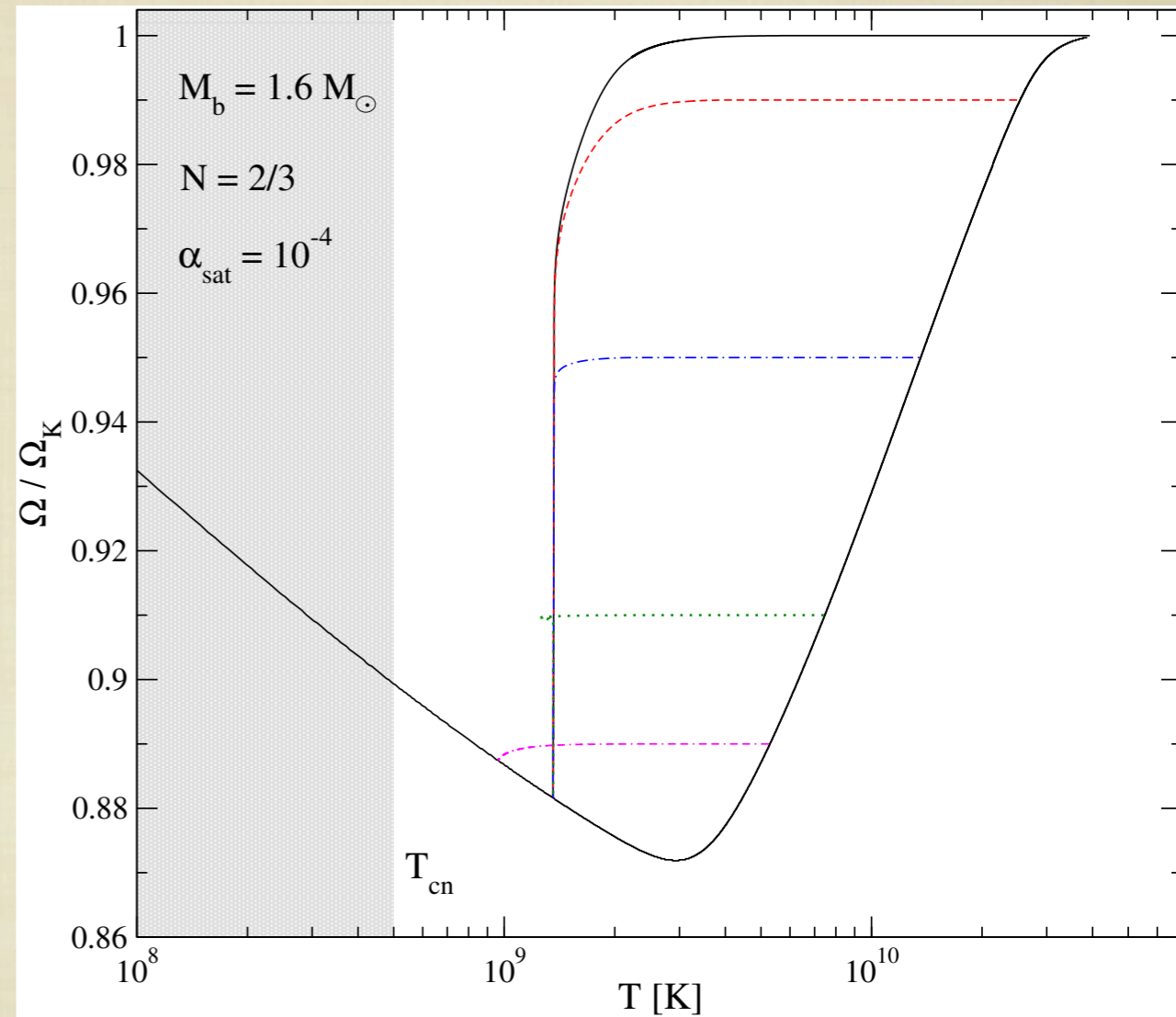
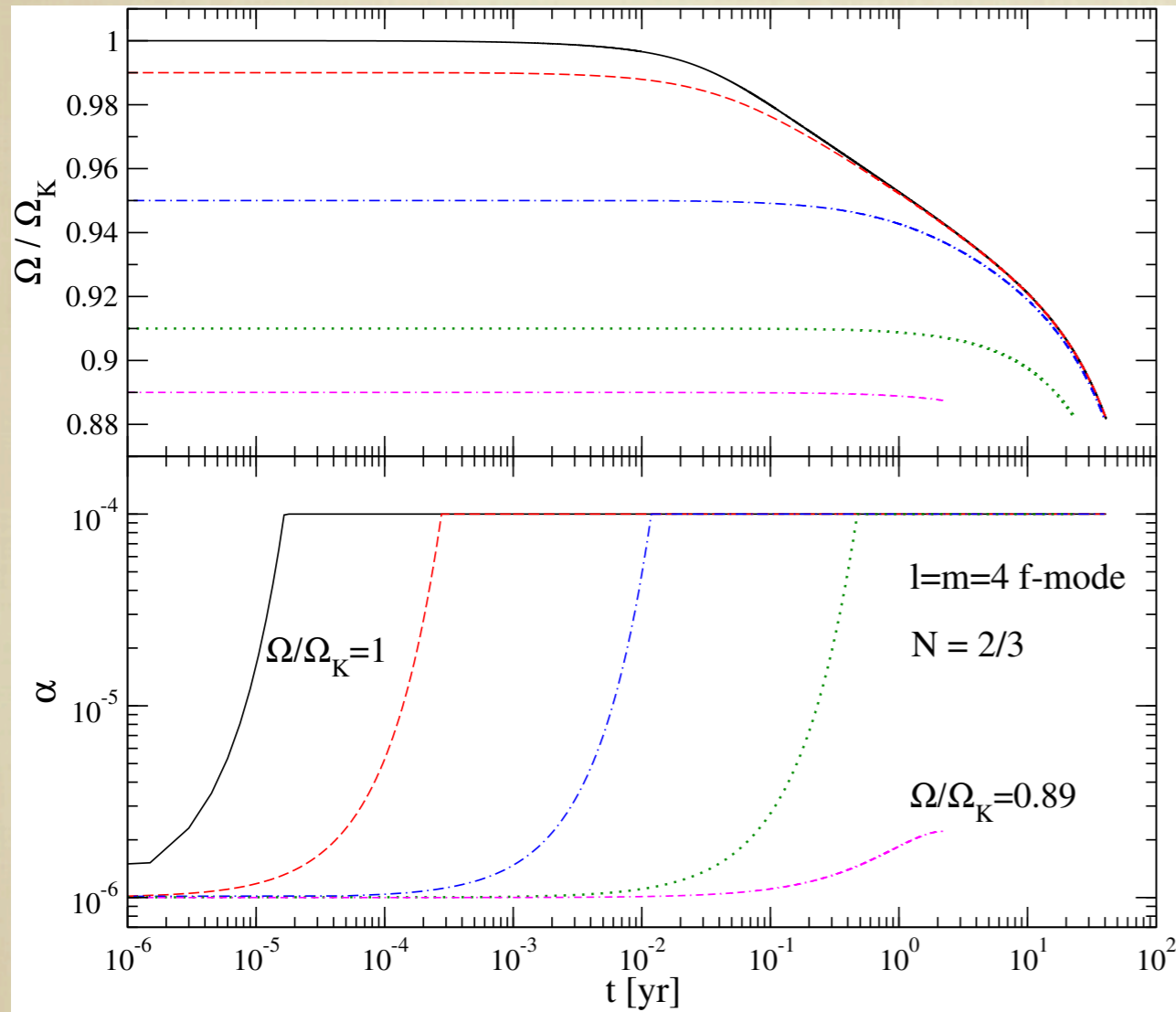


- Amplitude: $\alpha_0 = 10^{-6}$ and $\alpha_{sat} = 10^{-4} \implies E \approx 10^{-6} M_{\odot} c^2$
- At $\Omega = \Omega_K$ the growth time is $\tau_{gw} \sim 10^4 s$

$l=m=4$ f-mode Evolution

$N = 2/3$ polytrope

Trajectory



- At $\Omega = \Omega_K$ the growth time is $\tau_{\text{gw}} \sim 10^2 \text{ s}$

GW signal

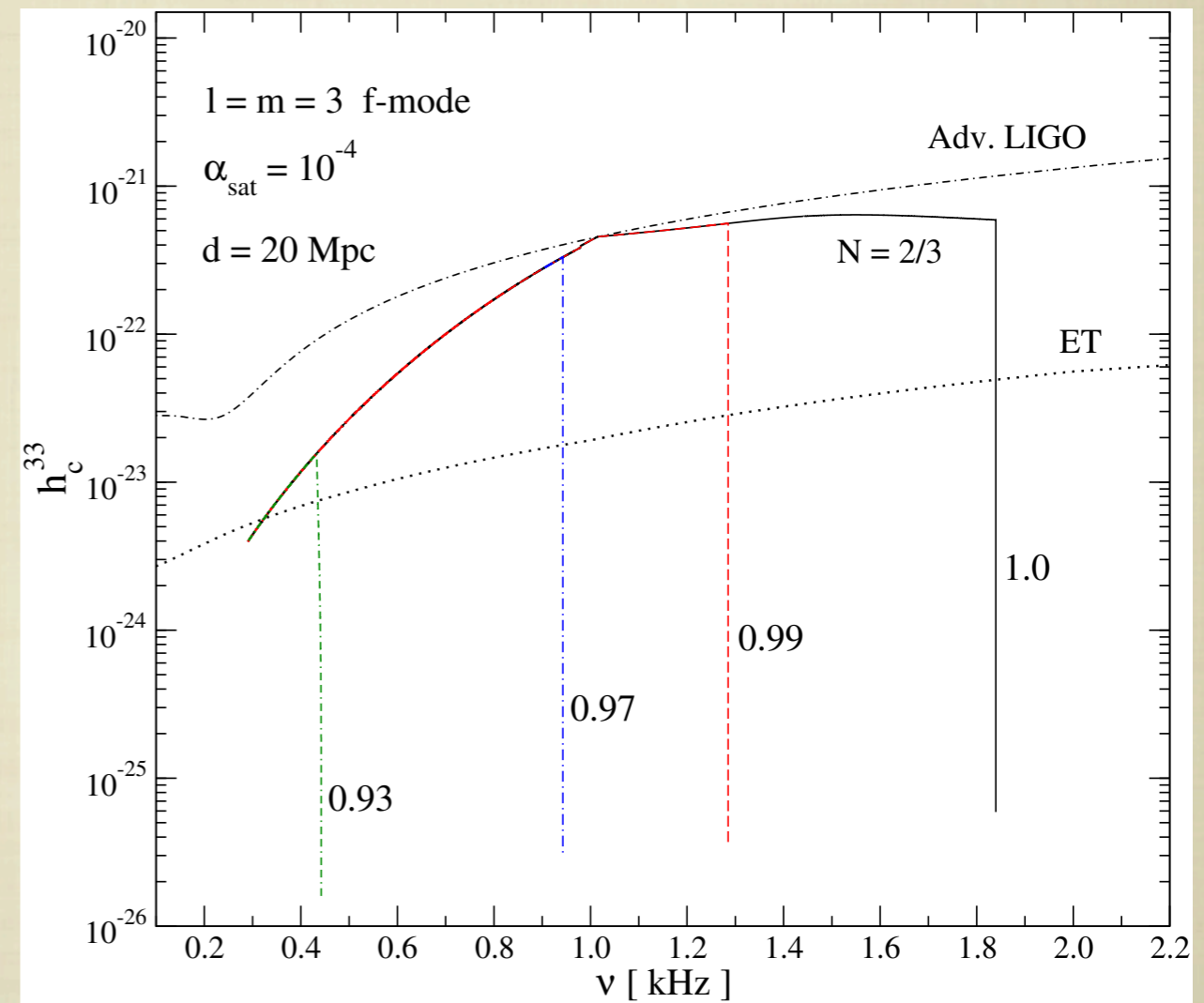
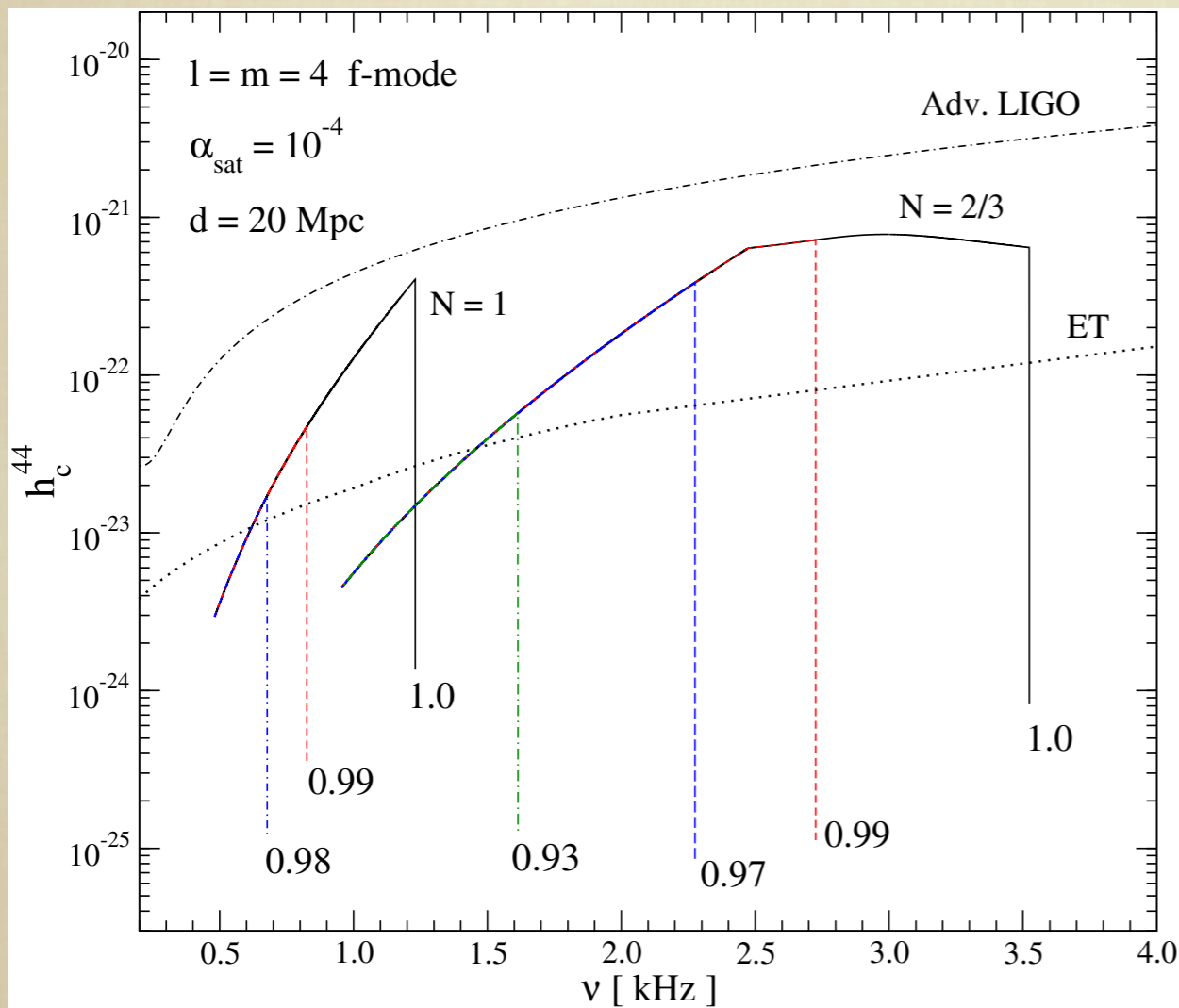
■ Characteristic strain

$$h_c = h \sqrt{\nu^2 \left| \frac{dt}{d\nu} \right|}$$

$$t_{obs} \leq 1 \text{ yr}$$

$l=m=4$ f-mode

$l=m=3$ f-mode



■ event rate: ~ 30 - 60 SNs per year within Virgo Cluster.

Magnetic Torque

- Magnetic field accelerates the transition through the instability window

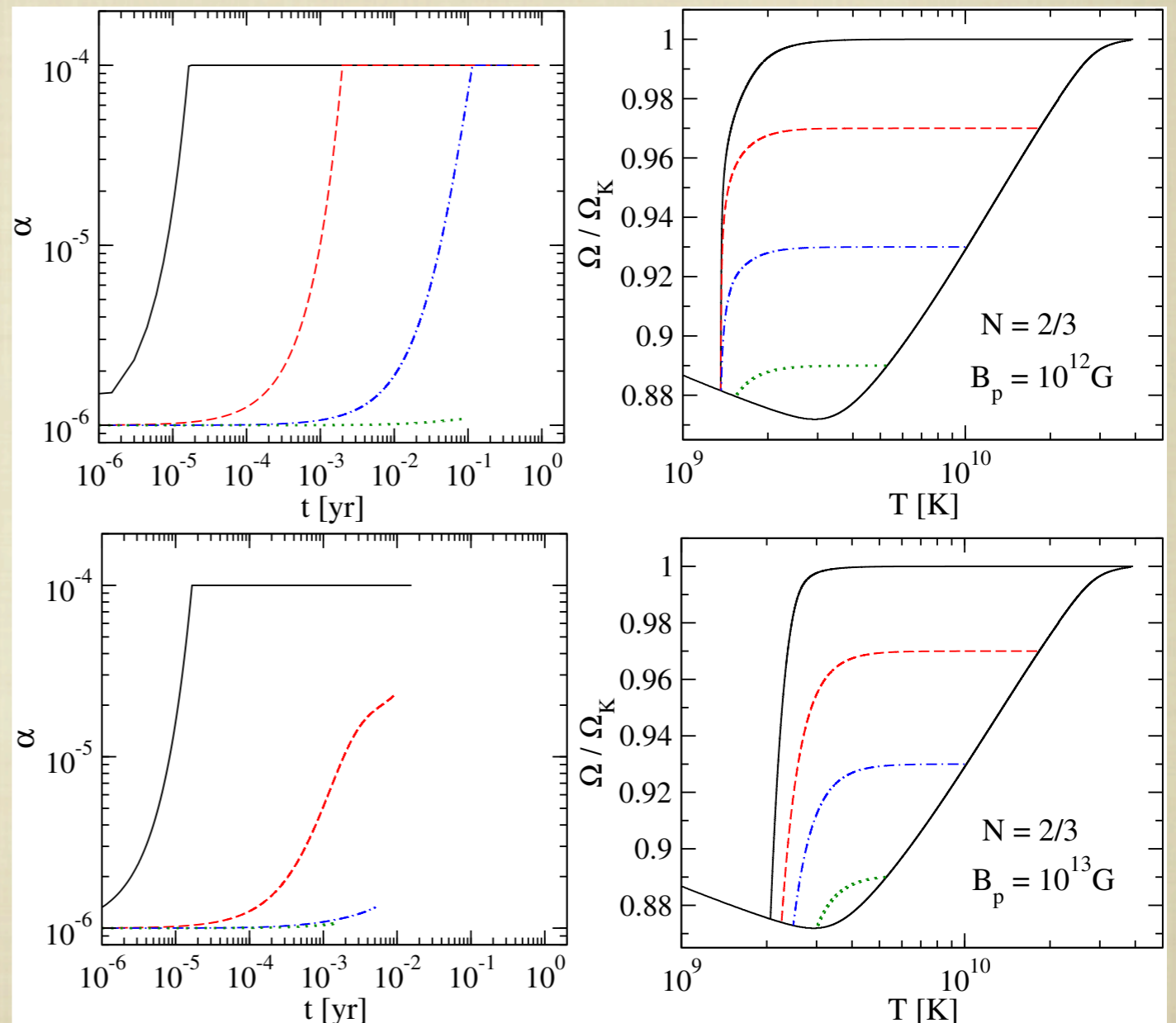
- Dipole formula

$$\frac{dJ_{mag}}{dt} \sim B_p^2 R^6 \Omega^3$$

- Mag. Torque becomes dominant for

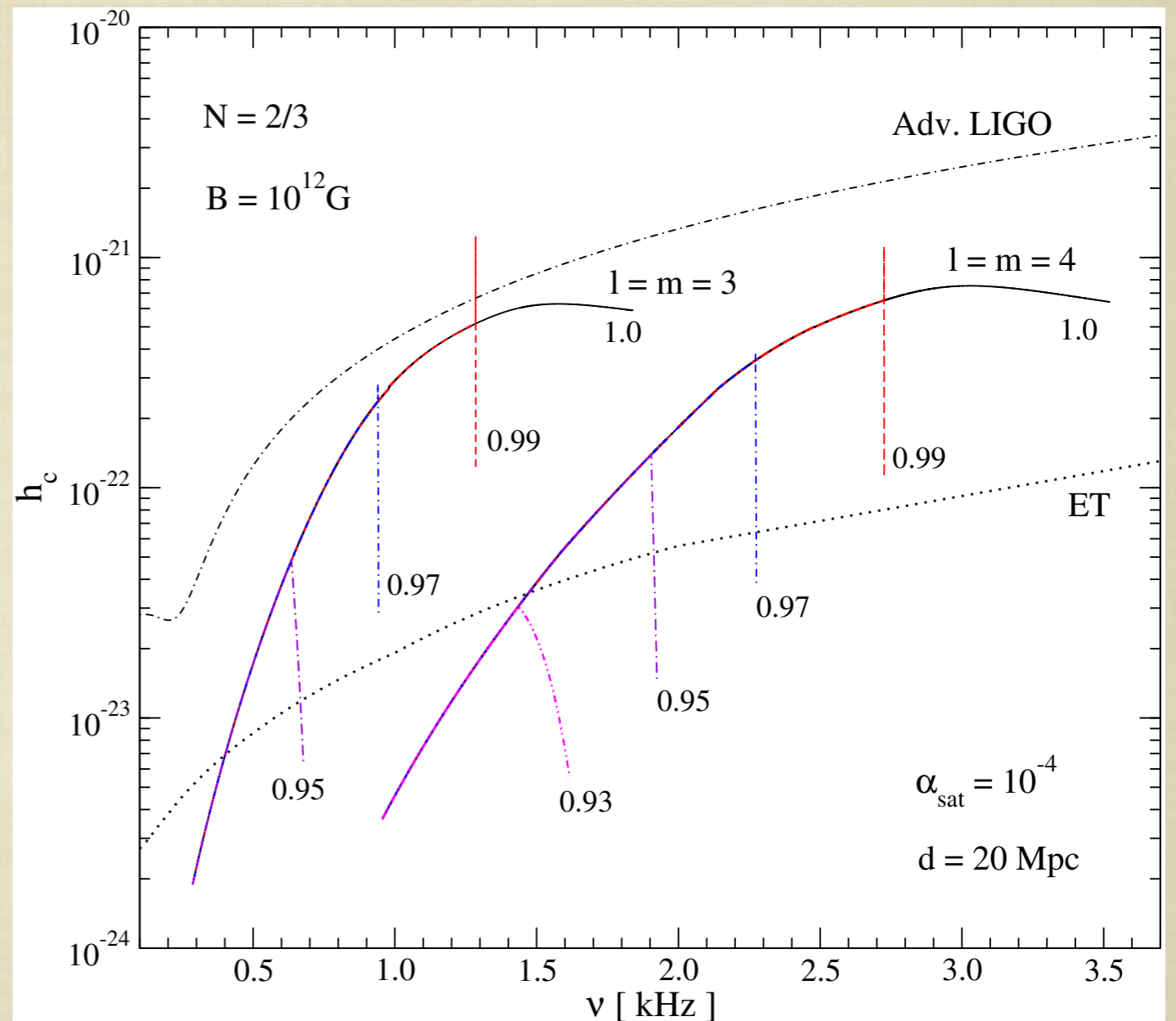
$$B_p \geq 10^{12} \text{G}$$

$N = 2/3$ polytrope



GW signal

- Characteristic strain
 $t_{obs} \leq 1\text{yr}$
- For the more massive model with $B_p = 10^{12}\text{G}$ the GW signal may be still detectable by ET.
- Source is at 20 Mpc (Virgo Cluster)



F-mode versus R-mode

$N = 2/3$ model

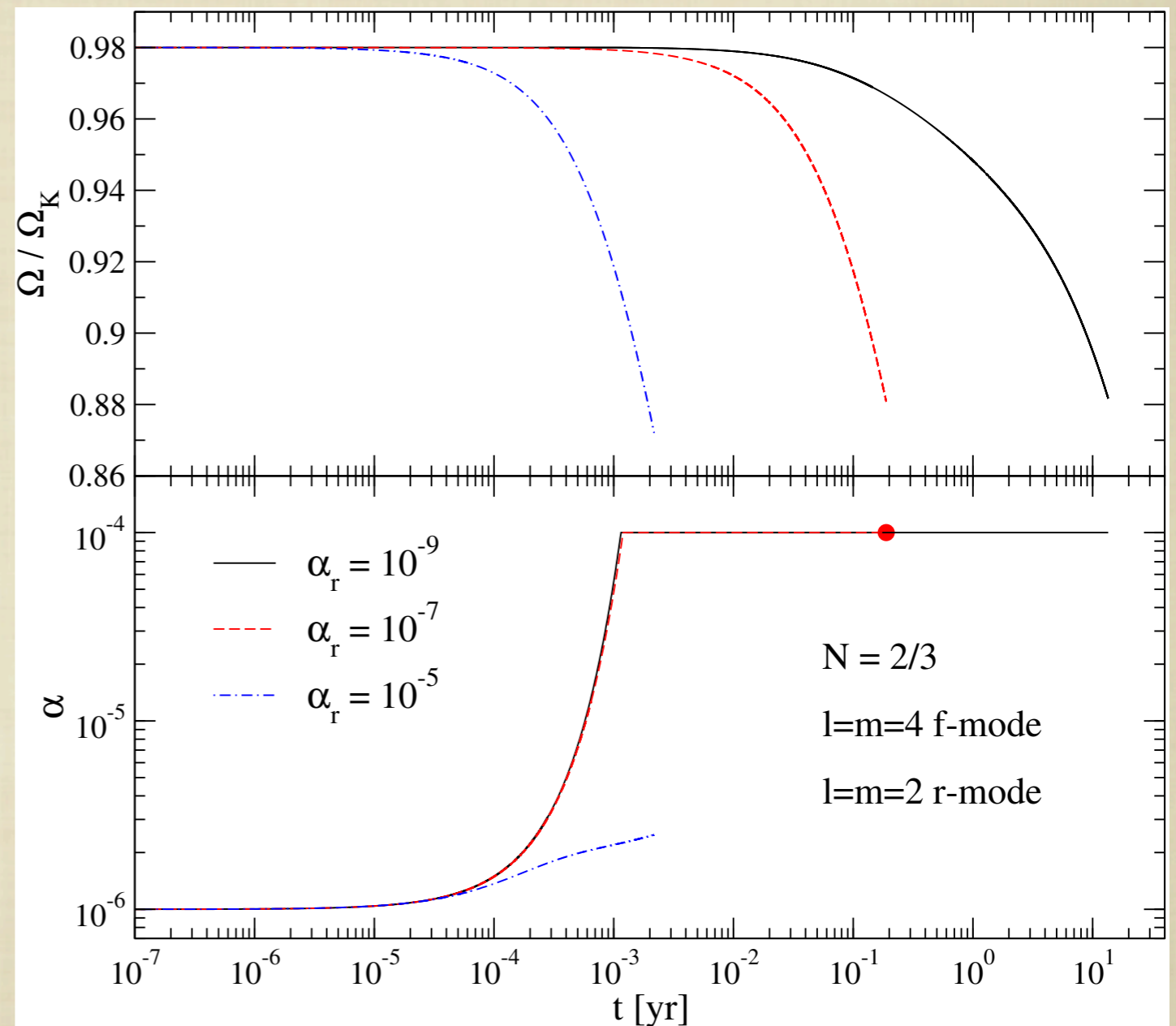
- Non-linear saturation of the f-mode

$$\alpha_f^{sat} = 10^{-4}$$

$$\implies E \approx 10^{-6} M_{\odot} c^2$$

- Non-linear mode coupling saturates r-mode

$$\alpha_r^{sat} = 10^{-10} - 10^{-6}$$



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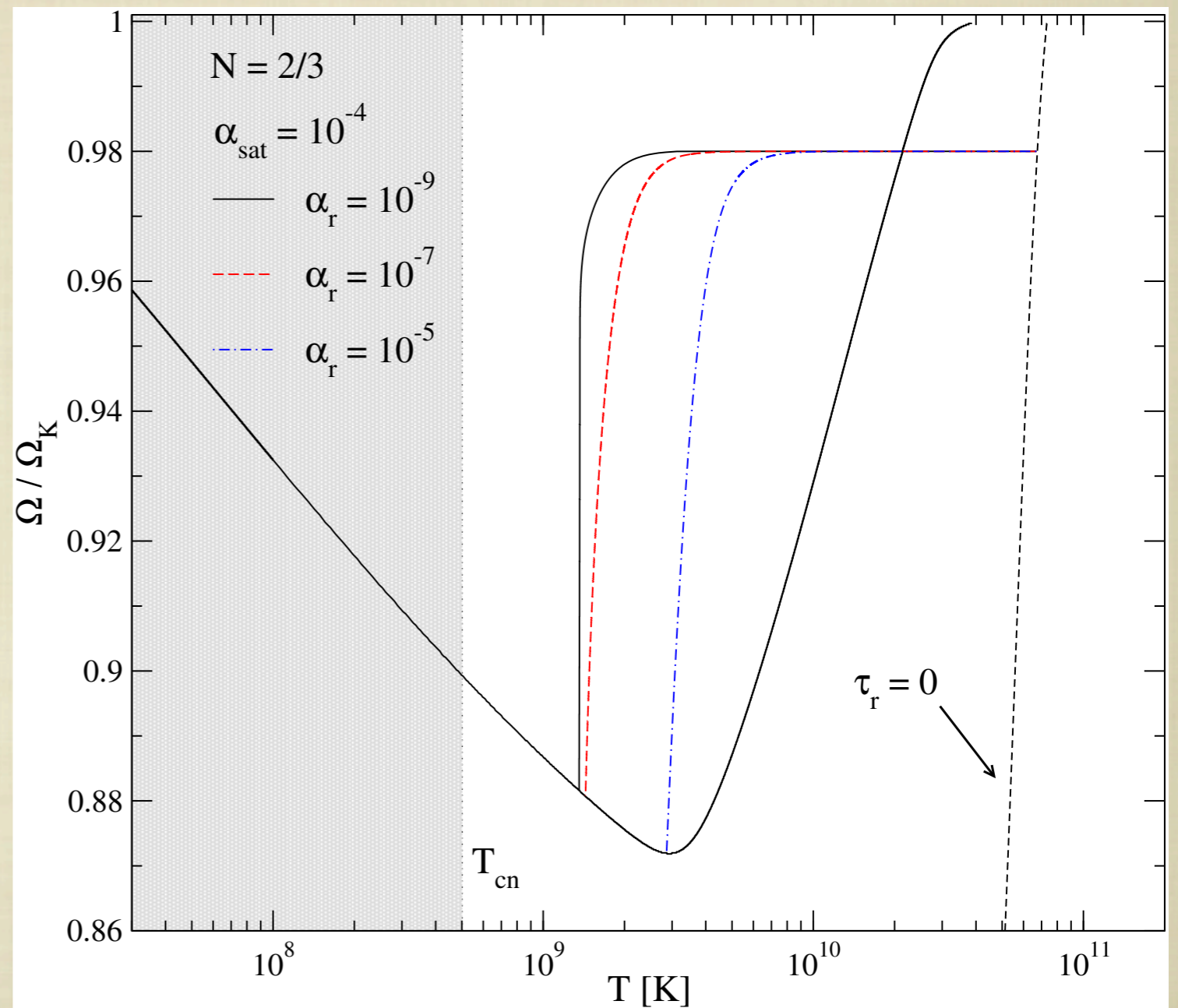
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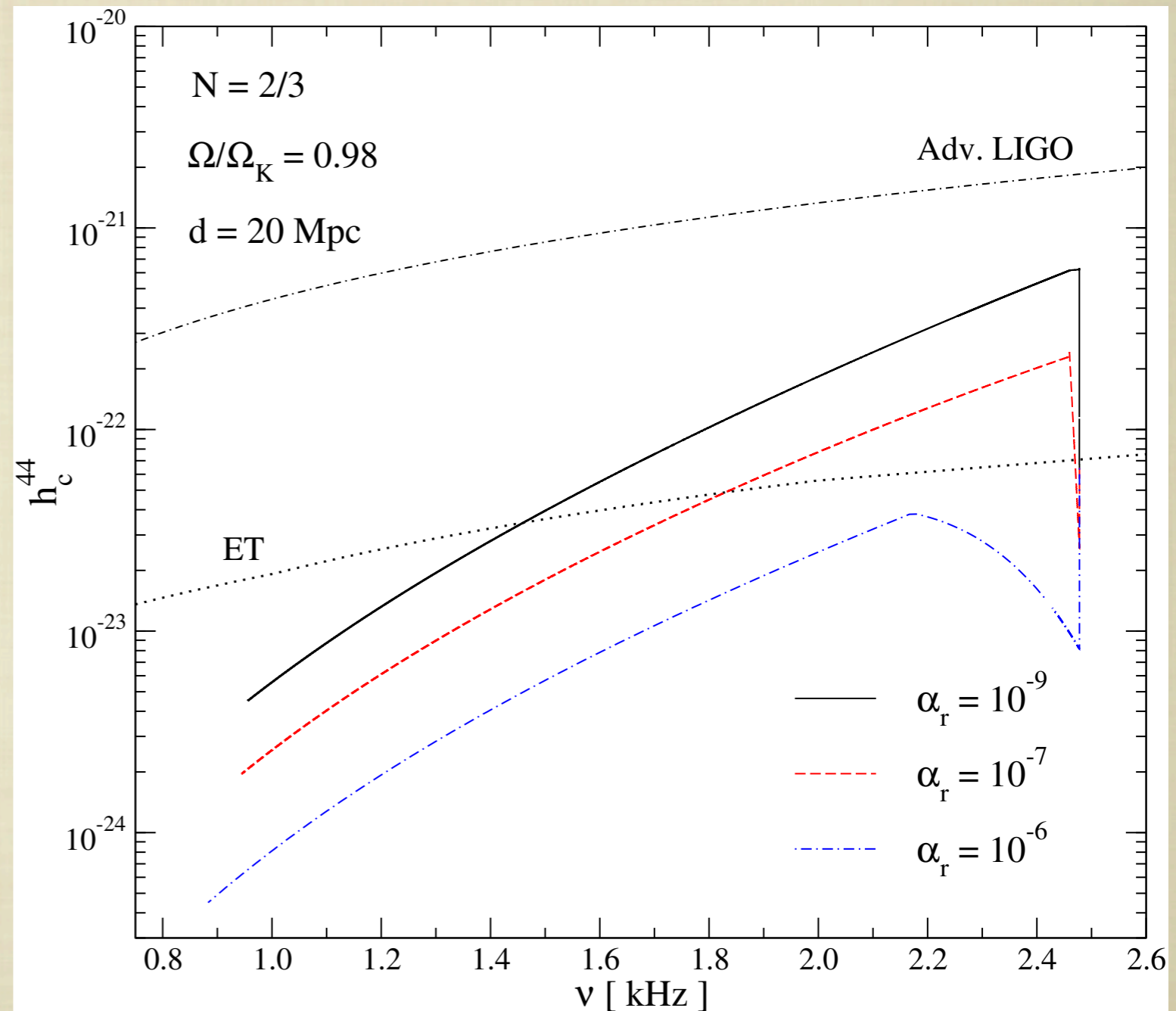
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Conclusions

- The GW signal of very compact objects may be detectable from Virgo Cluster by ET.
 - The magnetic torque affects the spin down when $B_p \geq 10^{12} \text{G}$
 - The r-mode may limit the f-mode instability, but we need to know the relative saturation amplitude more accurately.
 - The shear viscosity re-heating may delay the superfluid transition in the core.
- More ingredients in future work.
 - The $l=m=2$ f-mode may become important if we abandon the Cowling approximation.
 - Study realistic EoS and consider dUrca reactions.
 - Include the Crust and the effects of Ekman layers.

Unstable modes

- F-mode ($2 \leq m \leq 4$)

CFS unstable in rapidly rotating stars

$$\tau_{\text{gw}}^{44} \sim 10^2 - 10^4 \text{ s}$$

- R-mode ($m=2$)

CFS unstable for any Ω

$$\tau_{\text{gw}}^{22} \sim 1 - 10 \text{ s}$$

- General Relativity may strengthen the f-mode instability considerably

Newtonian N=1 Star

