

CHIRAL THERMODYNAMICS: from **NUCLEAR MATTER** to **NEUTRON STARS**

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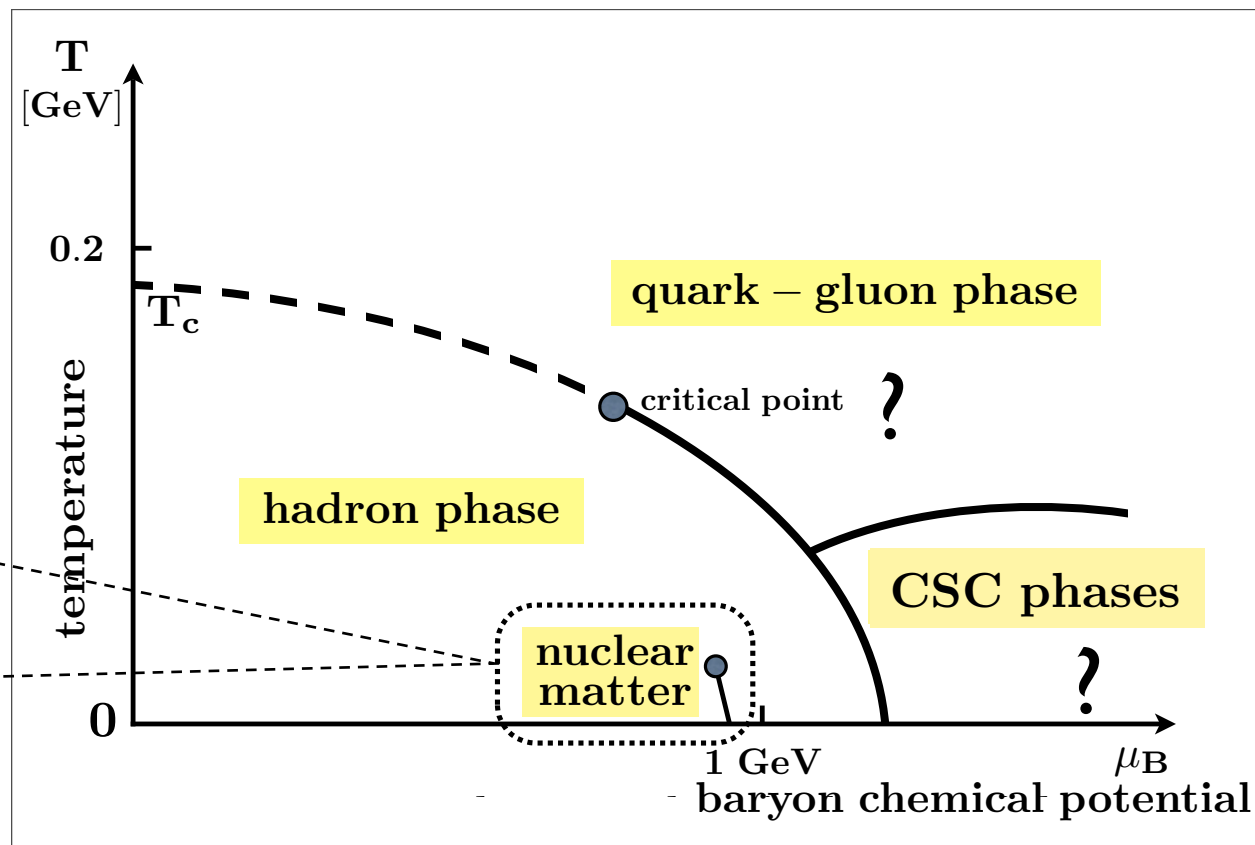
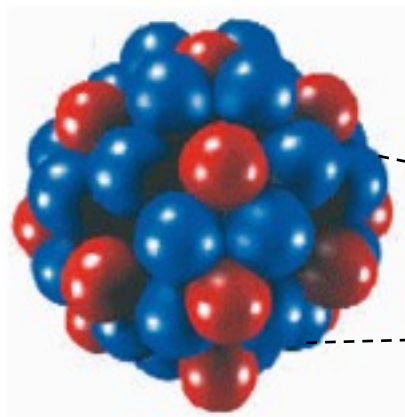


- ★ QCD interface with nuclear physics:
in-medium **Chiral Effective Field Theory**
- ★ **Nuclear Equation of State:**
liquid-gas phase transition and its N/Z evolution
- ★ Density and temperature dependence of the
Chiral (Quark) Condensate
- ★ **Equation of State** of dense and cold matter:
new constraints from **Neutron Stars**



NUCLEAR MATTER and QCD PHASES

nuclei



Scales in nuclear matter:

- Momentum scale:
Fermi momentum
- NN distance:
- Energy per nucleon:
- Compression modulus:

$$k_F \simeq 1.4 \text{ fm}^{-1} \sim 2m_\pi$$

$$d_{NN} \simeq 1.8 \text{ fm} \simeq 1.3 m_\pi^{-1}$$

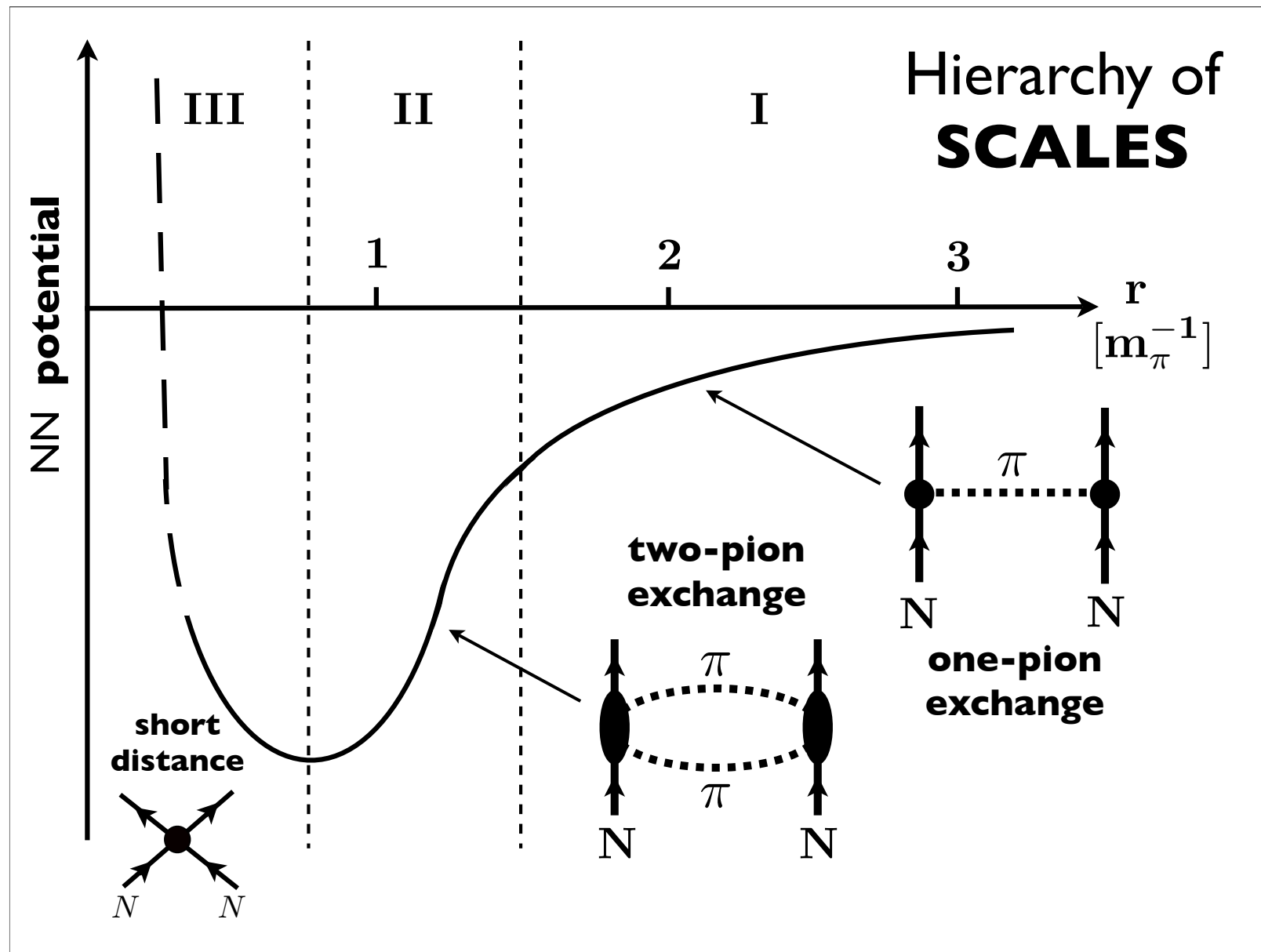
$$E/A \simeq -16 \text{ MeV}$$

$$K = (260 \pm 30) \text{ MeV} \sim 2m_\pi$$



Nuclear Forces

- Contemporary Developments -



Early history:

M. Taketani,
S. Nakamura,
M. Sasaki
(1951)

Today's approach:

Chiral Effective Field Theory + Lattice QCD

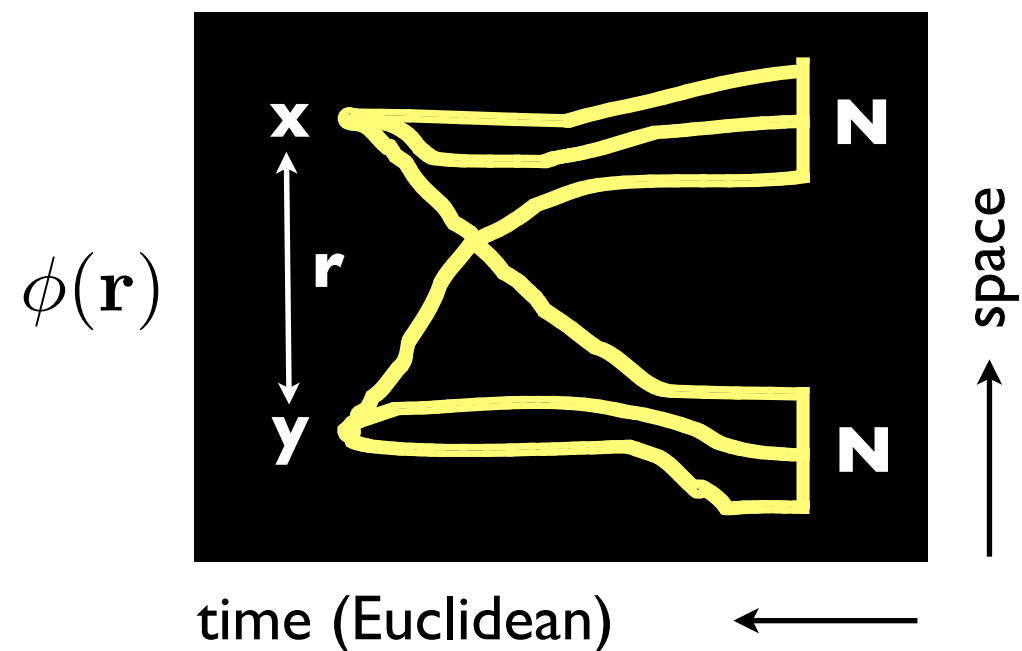


Short
distance:

NN POTENTIAL from LATTICE QCD

N. Ishii, S. Aoki, T. Hatsuda: Phys. Rev. Lett. 99 (2007) 022001

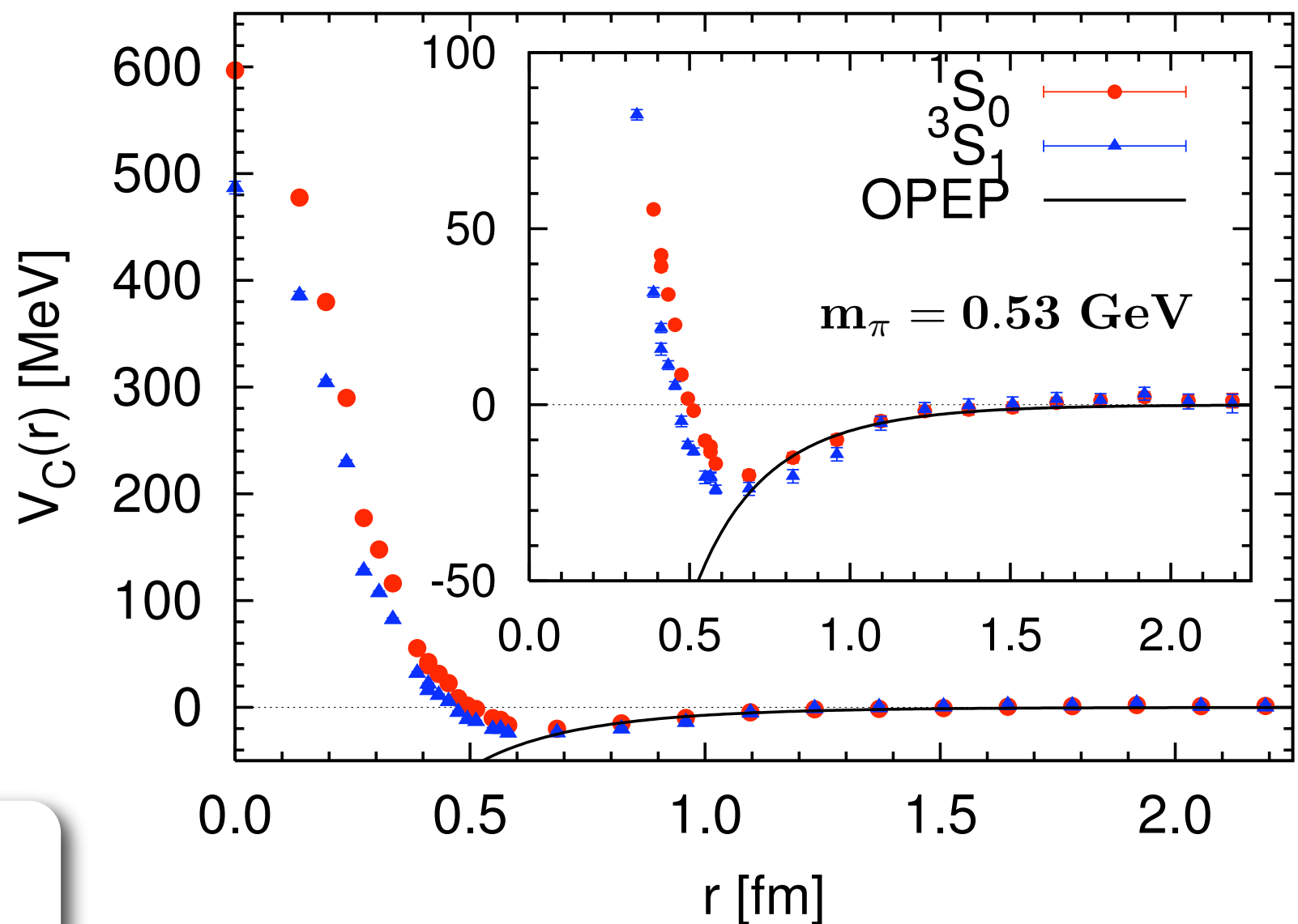
K. Murano, N. Ishii, S. Aoki, T. Hatsuda: Prog. Theor. Phys. 125 (2011) 1225



still: mostly quenched QCD
“large” quark/pion masses

- Reconstruct potential from wave function:

$$V_C(\mathbf{r}) = \mathbf{E} + \frac{\nabla^2 \phi(\mathbf{r})}{2\mu \phi(\mathbf{r})}$$



- Repulsive core**
from Lattice QCD



Chiral Effective Field Theory
and the
Nuclear Many-Body Problem

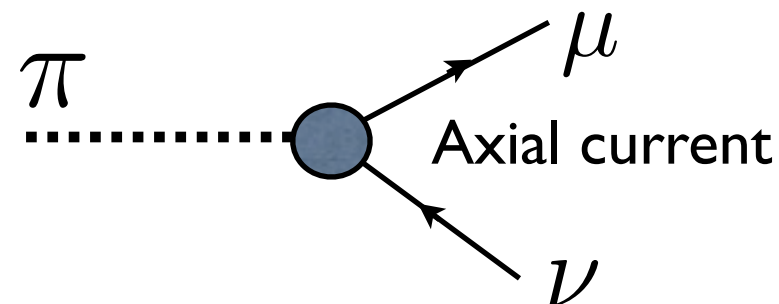
PIONS and NUCLEI in the context of **LOW-ENERGY QCD**

- **CONFINEMENT** of quarks and gluons in hadrons
- Spontaneously broken **CHIRAL SYMMETRY**

LOW-ENERGY / LOW-TEMPERATURE QCD:
Effective **F**ield **T**heory of **weakly** interacting
Nambu-Goldstone Bosons (PIONS)

representing QCD at (energy and momentum) scales

$$Q \ll 4\pi f_\pi \sim 1 \text{ GeV}$$



$$f_\pi = 92.4 \text{ MeV}$$

spontaneous
symmetry breaking

$$m_\pi^2 f_\pi^2 = -m_q \langle \bar{\psi} \psi \rangle + \mathcal{O}(m_q^2)$$

explicit
symmetry breaking



CHIRAL EFFECTIVE FIELD THEORY

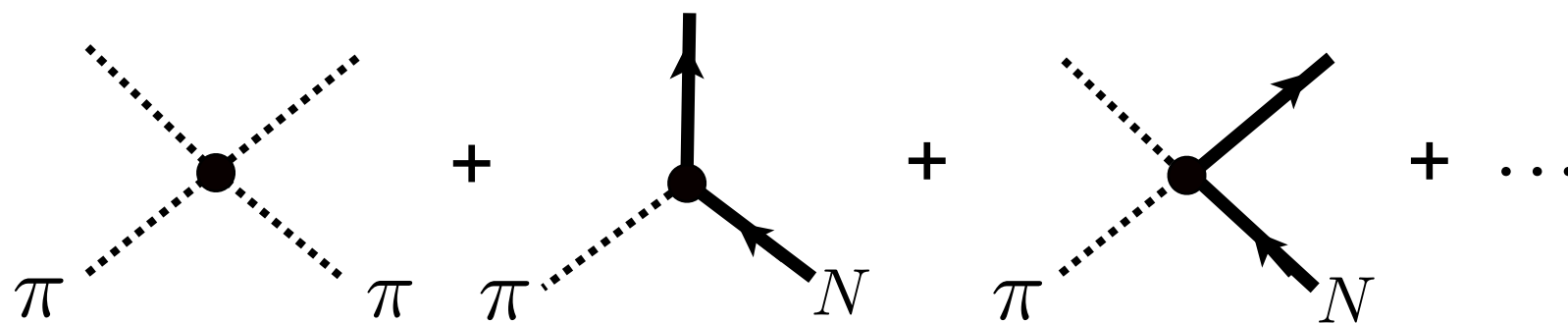
- Systematic framework at interface of QCD and Nuclear Physics

- Interacting systems of **PIONS** (light / fast) and **NUCLEONS** (heavy / slow):

$$\mathcal{L}_{eff} = \mathcal{L}_\pi(U, \partial U) + \mathcal{L}_N(\Psi_N, U, \dots)$$

$$U(x) = \exp[i\tau_a \pi_a(x)/f_\pi]$$

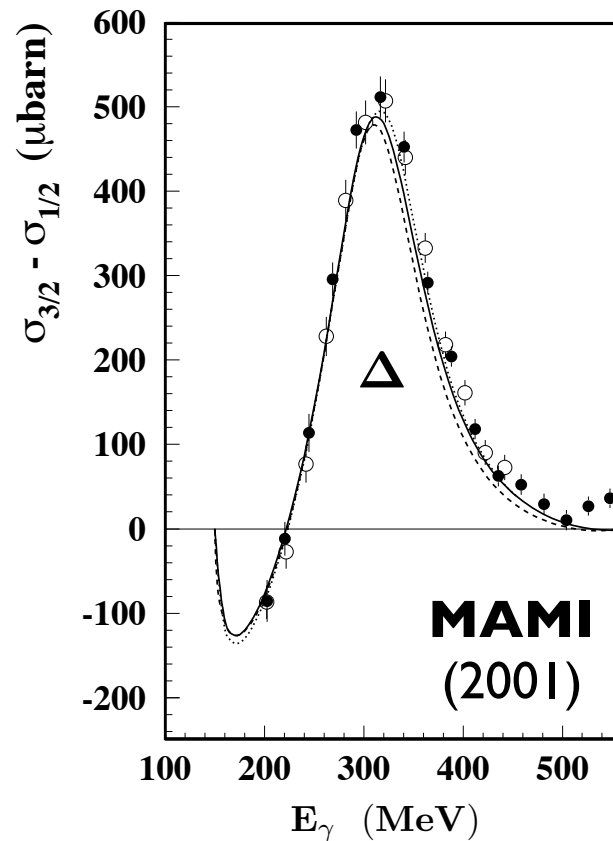
- Construction of Effective Lagrangian: **Symmetries**



**short
distance
dynamics:
contact terms**

Explicit $\Delta(1230)$ DEGREES of FREEDOM

- **Large spin-isospin polarizability** of the Nucleon

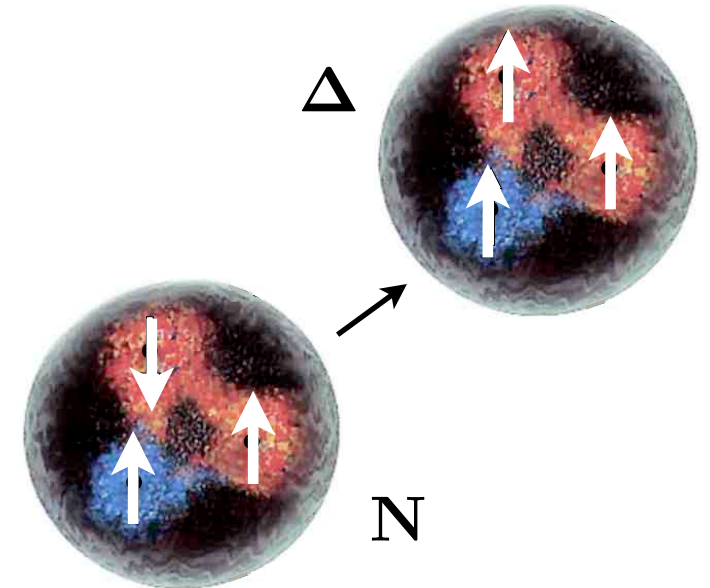


◀ example: polarized Compton scattering

$$\beta_{\Delta} = \frac{g_A^2}{f_{\pi}^2 (M_{\Delta} - M_N)} \sim 5 \text{ fm}^3$$

$$M_{\Delta} - M_N \simeq 2 m_{\pi} \ll 4\pi f_{\pi}$$

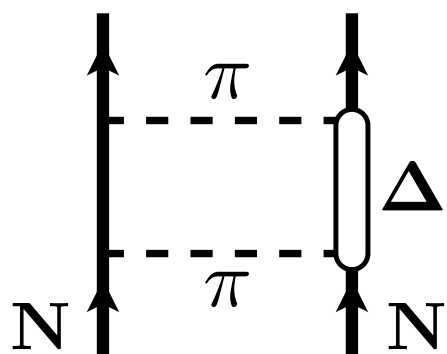
(small scale)



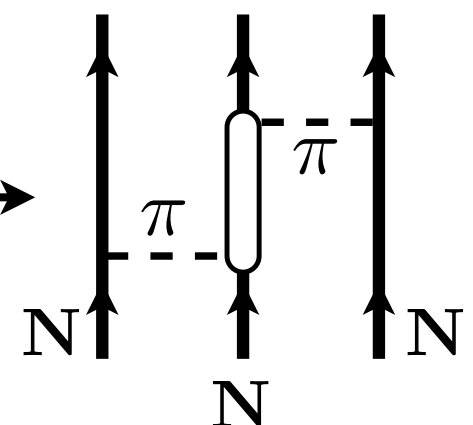
- **Pionic Van der Waals** - type intermediate range central potential

N. Kaiser, S. Gerstendörfer, W.W., NPA637 (1998) 395

N. Kaiser, S. Fritsch, W.W., NPA750 (2005) 259



$$V_c(r) = -\frac{9 g_A^2}{32 \pi^2 f_{\pi}^2} \beta_{\Delta} \frac{e^{-2m_{\pi} r}}{r^6} P(m_{\pi} r)$$



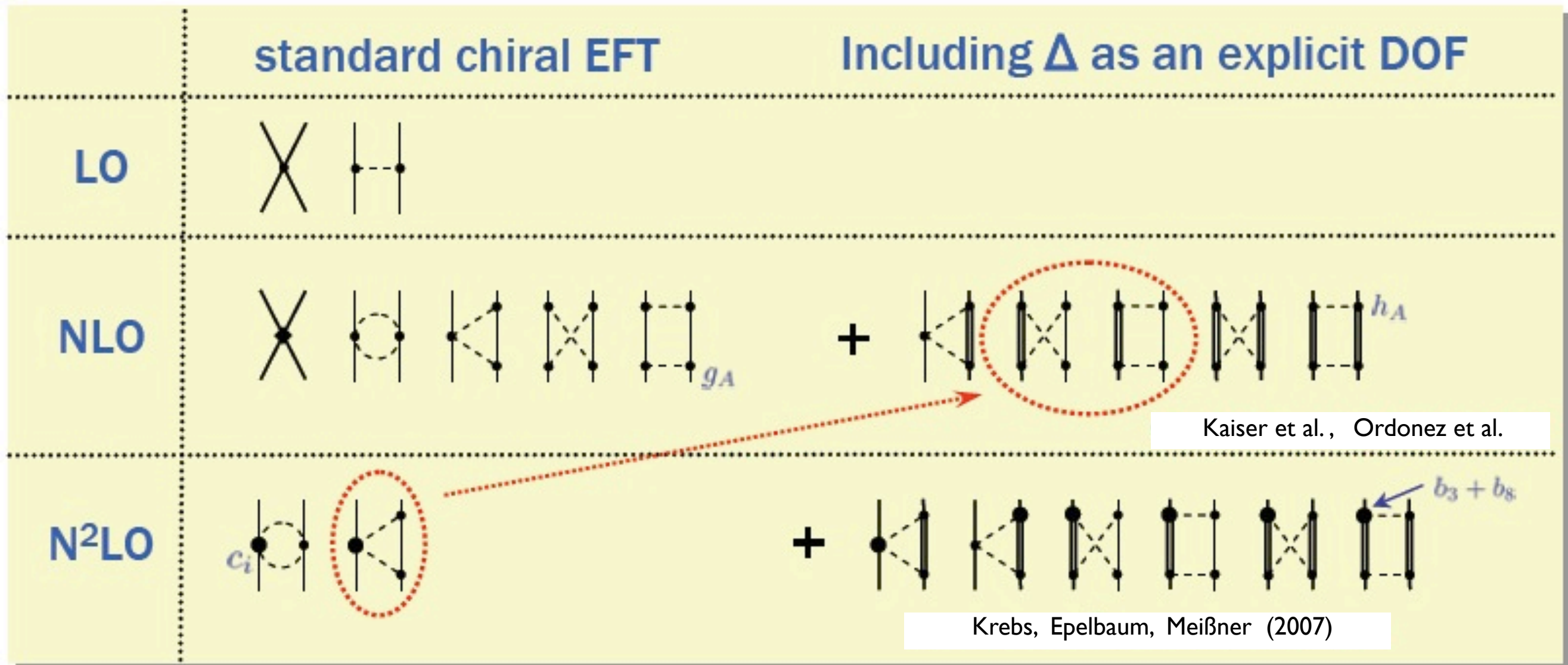
**strong 3-body
interaction**

J. Fujita, H. Miyazawa (1957)

Pieper, Pandharipande, Wiringa, Carlson (2001)



Explicit $\Delta(1230)$ DEGREES of FREEDOM (contd.)



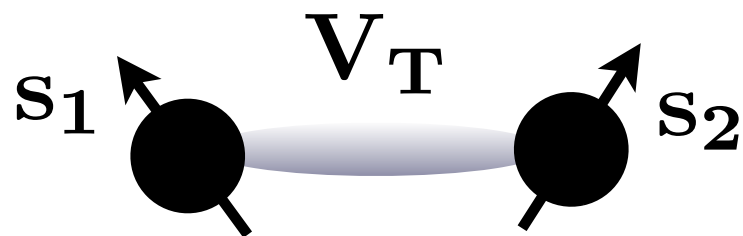
(with thanks to Evgeny Epelbaum)

- **Important physics** of $\Delta(1230)$ promoted to **NLO**
- **Improved** convergence

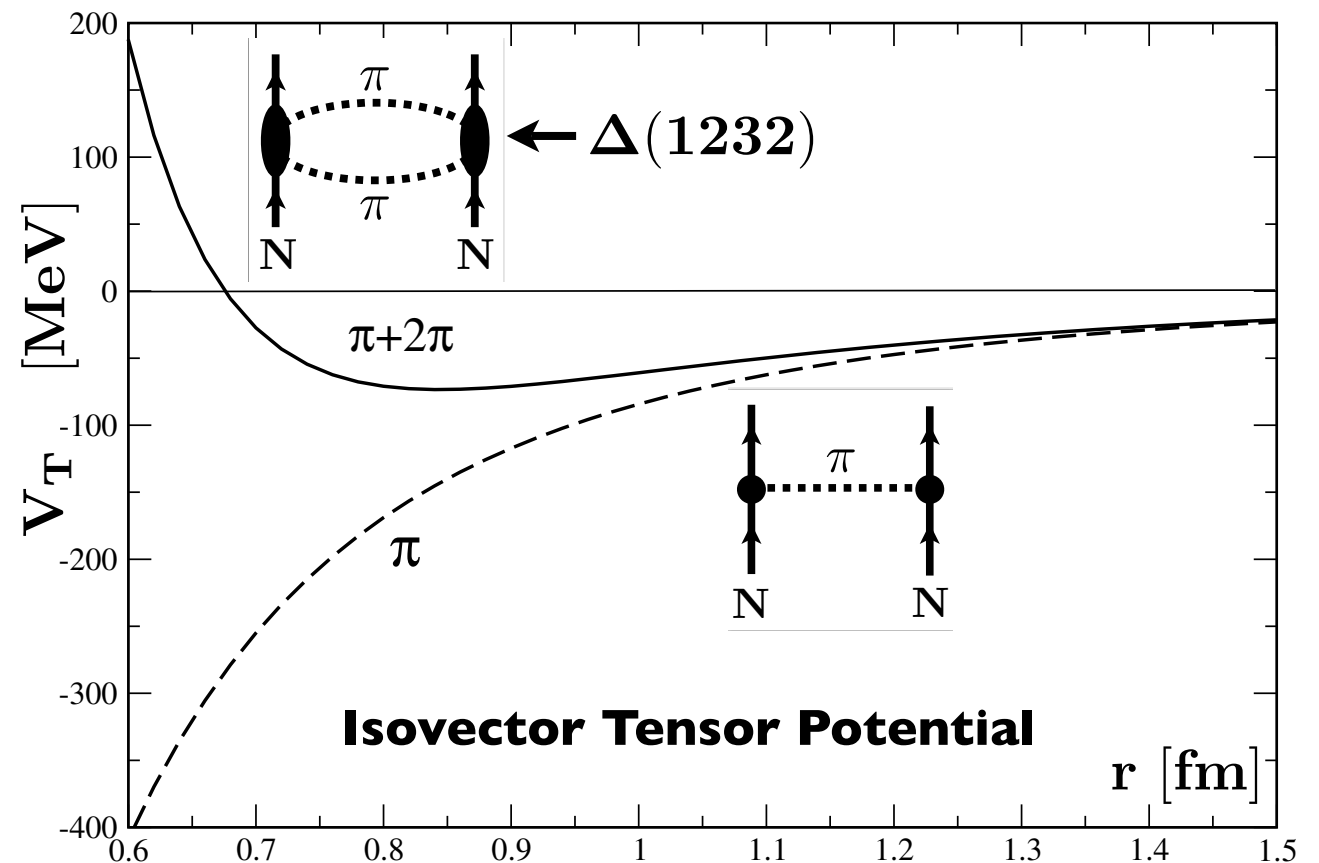


Important pieces of the CHIRAL NUCLEON-NUCLEON INTERACTION

- ISOVECTOR TENSOR FORCE**

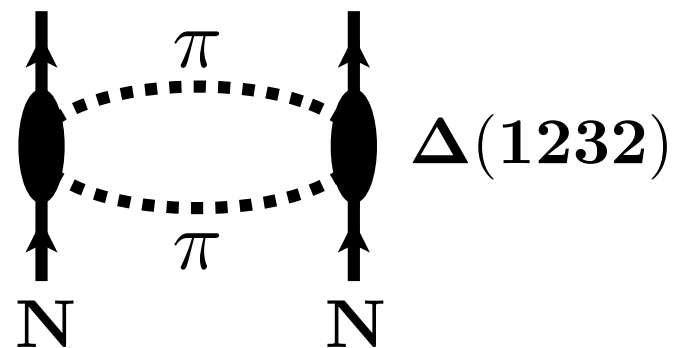


- note: **no** ρ meson



N. Kaiser, S. Gerstendörfer, W.W.: Nucl. Phys.A 637 (1998) 395

- CENTRAL ATTRACTION** from **TWO-PION EXCHANGE**



- note: **no** σ boson

Van der WAALS - like force:

$$V_c(r) \propto -\frac{\exp[-2m_\pi r]}{r^6} P(m_\pi r)$$

... at intermediate and long distance



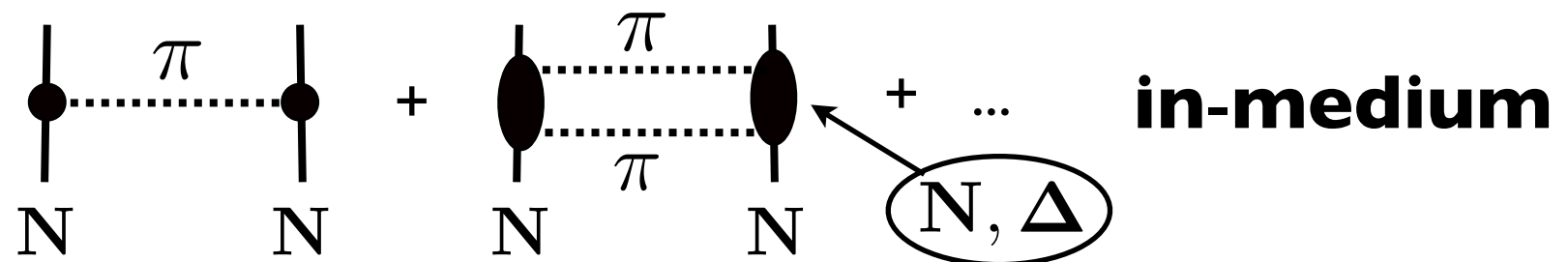
CHIRAL DYNAMICS and the NUCLEAR MANY-BODY PROBLEM

N. Kaiser, S. Fritsch, W.W. (2002 - 2005)

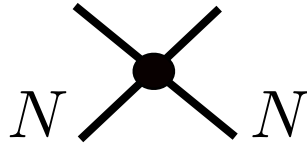
- **Small scales:** $k_F \sim 2 m_\pi \sim M_\Delta - M_N \ll 4\pi f_\pi$
- **PIONS** (and **DELTA** isobars) as **explicit degrees of freedom**

IN-MEDIUM CHIRAL PERTURBATION THEORY

pion exchange processes in presence of filled **Fermi sea**



2nd order **TENSOR** force + nucleon's **SPIN-ISOSPIN** polarizability

short-distance dynamics:  **contact** interactions (incl. **resummations**)



IN-MEDIUM CHIRAL PERTURBATION THEORY

- **Loop expansion** of (In-Medium) **Chiral Perturbation Theory**

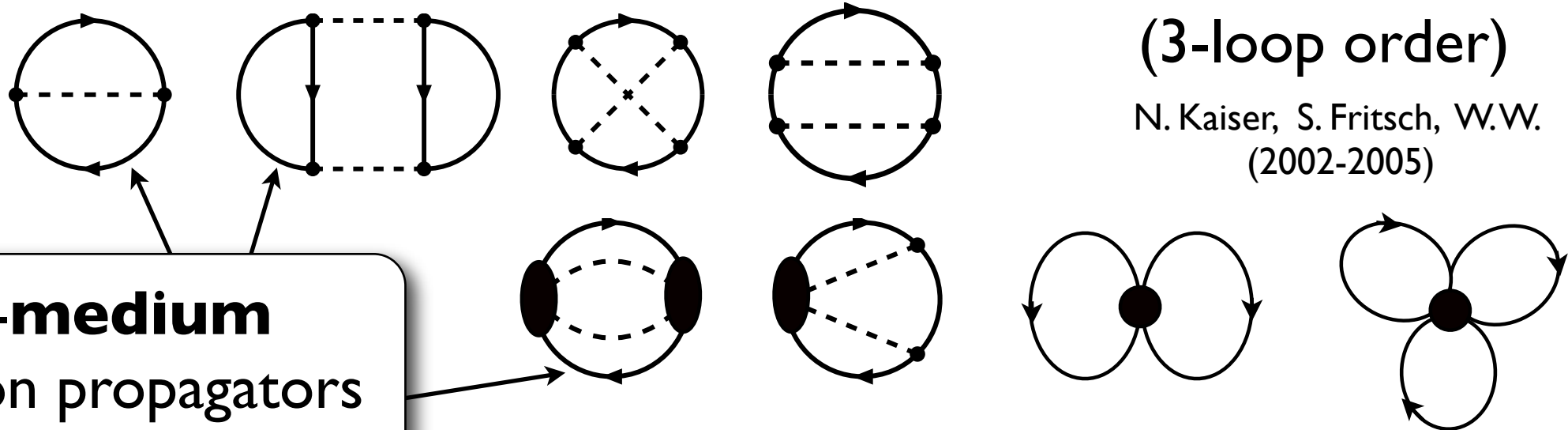


Systematic expansion of **ENERGY DENSITY** $\mathcal{E}(k_F)$ in
powers of Fermi momentum [modulo functions $f_n(k_F/m_\pi)$]
(works for $k_F \ll 4\pi f_\pi \sim 1 \text{ GeV}$)

- Nuclear **thermodynamics**: compute **free energy density**

(3-loop order)

N. Kaiser, S. Fritsch, W.W.
(2002-2005)



in-medium
nucleon propagators
incl. Pauli blocking



FINITE NUCLEI

- ...including the **nuclear surface** :

Energy **Density Functional**

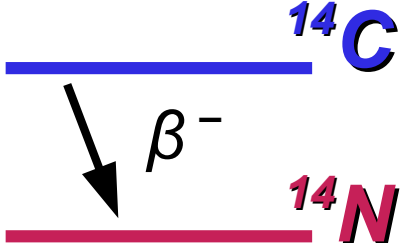
J.W. Holt, N. Kaiser, W.W. : Eur. Phys. J. A 47 (2011) 128

- many quantitatively successful applications throughout the nuclear chart e.g. P. Finelli et al.: Nucl. Phys. A 770 (2007) 1
 - ▶ **binding energies** and **charge radii**
 - ▶ **pairing** and **ground state deformations**
- systematics through **isotopic chains** governed by **isospin** dependent forces from **chiral pion dynamics**



... further applications

- **Gamow-Teller beta decays**

interesting case:  anomalously long lifetime (5739 y)
enables radiocarbon dating

Theoretically **not** understood on the basis of **two-nucleon** interactions only

▶ Solution: **chiral effective interaction** including **three-body force**

J.W. Holt, N. Kaiser, W.W.: Phys. Rev. C79 (2009) 054331, Phys. Rev. C81 (2010) 024002

- **Spin-orbit interactions**

▶ Role of **2nd order tensor force** from **pion exchange**
and **three-body interactions**

N. Kaiser: Phys. Rev. C68 (2003) 054001; N. Kaiser and W.W.: Nucl. Phys. A804 (2008) 60

- **In-medium Chiral SU(3) dynamics and hypernuclei**

▶ **Weak Λ -nuclear spin-orbit coupling**

N. Kaiser, W.W.: Phys. Rev. C71 (2005) 015203

P. Finelli, N. Kaiser, D.Vretenar, W.W.: Phys. Lett. B658 (2007) 90; Nucl. Phys. A831 (2009) 163



NUCLEAR MATTER

- **In-medium ChPT**
3-loop (π , N , Δ)

- **Input** parameters:
two contact terms

- basically:
analytic calculation

- **Output:**

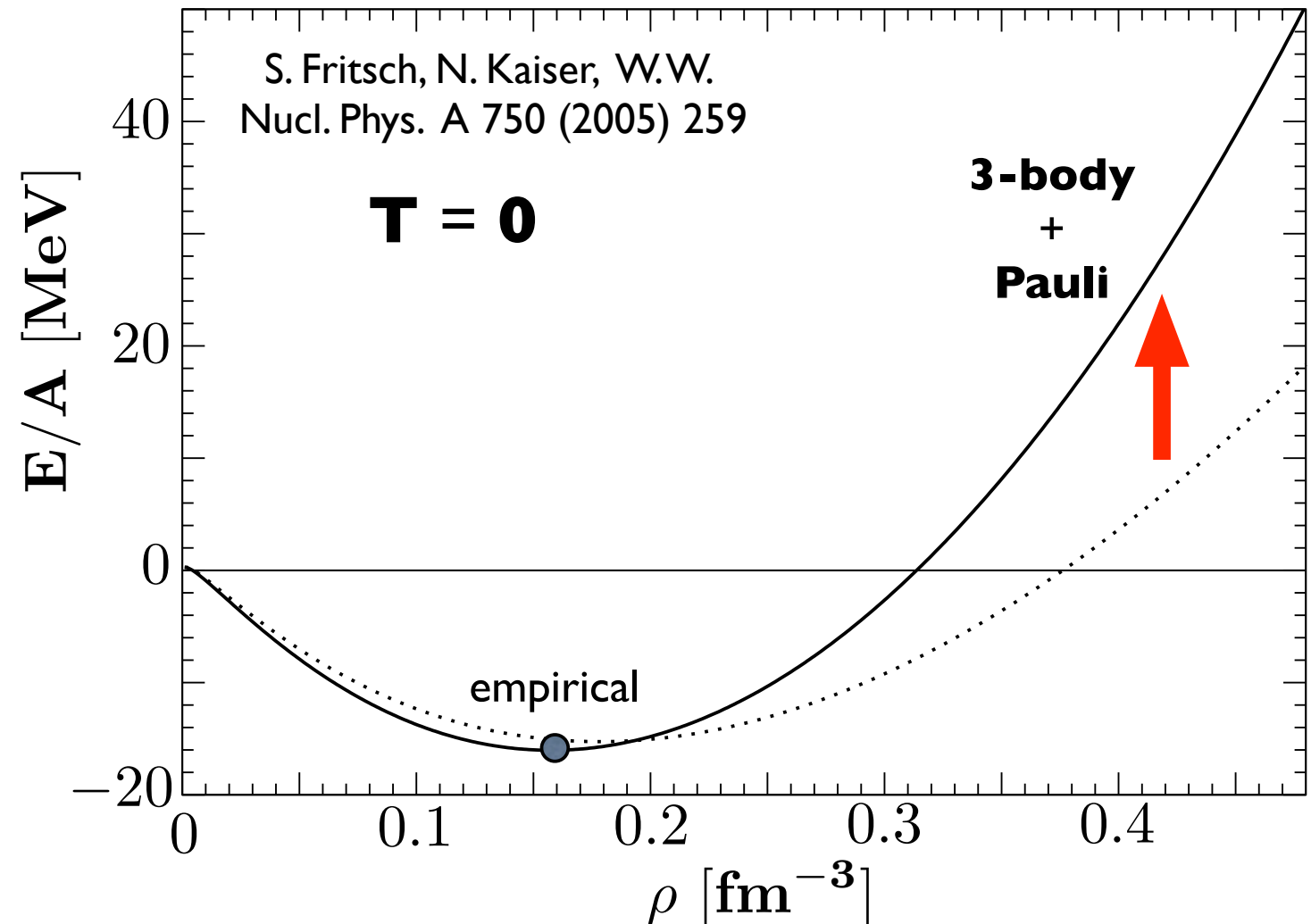
- ▶ Binding & saturation

$$E_0/A = -16 \text{ MeV} , \quad \rho_0 = 0.16 \text{ fm}^{-3} , \quad K = 290 \text{ MeV}$$

- ▶ Realistic (complex, momentum dependent) single-particle potential
... satisfying Hugenholtz - van Hove and Luttinger theorems (!)

- ▶ Asymmetry energy $A(k_F^0) = 34 \text{ MeV}$

- ▶ Quasiparticle interaction and Landau parameters



J.W. Holt, N. Kaiser, W.W.
Nucl. Phys. A 870 (2011) 1,
Nucl. Phys. A 876 (2012) 61

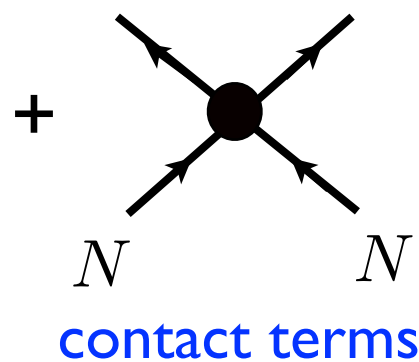
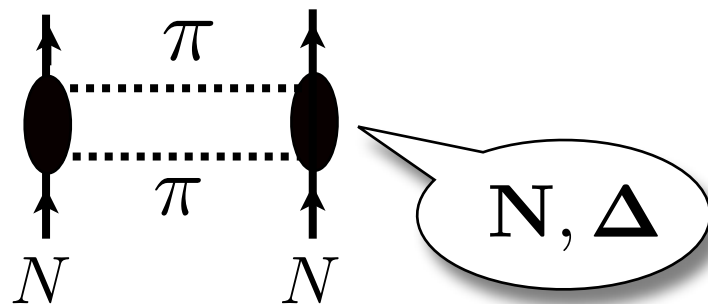


NUCLEAR THERMODYNAMICS

NUCLEAR CHIRAL (PION) DYNAMICS

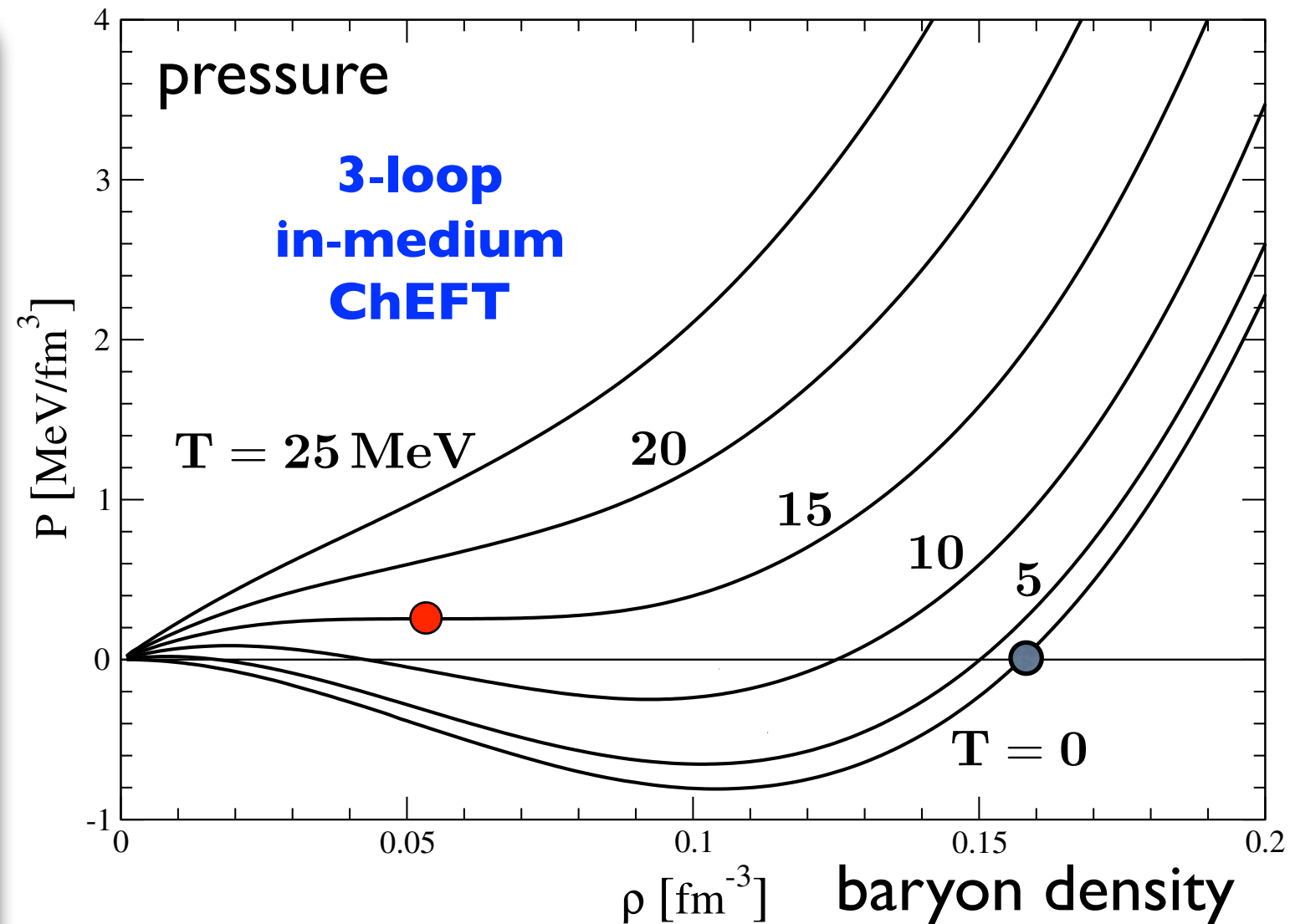
BINDING & SATURATION:

Van der Waals + Pauli



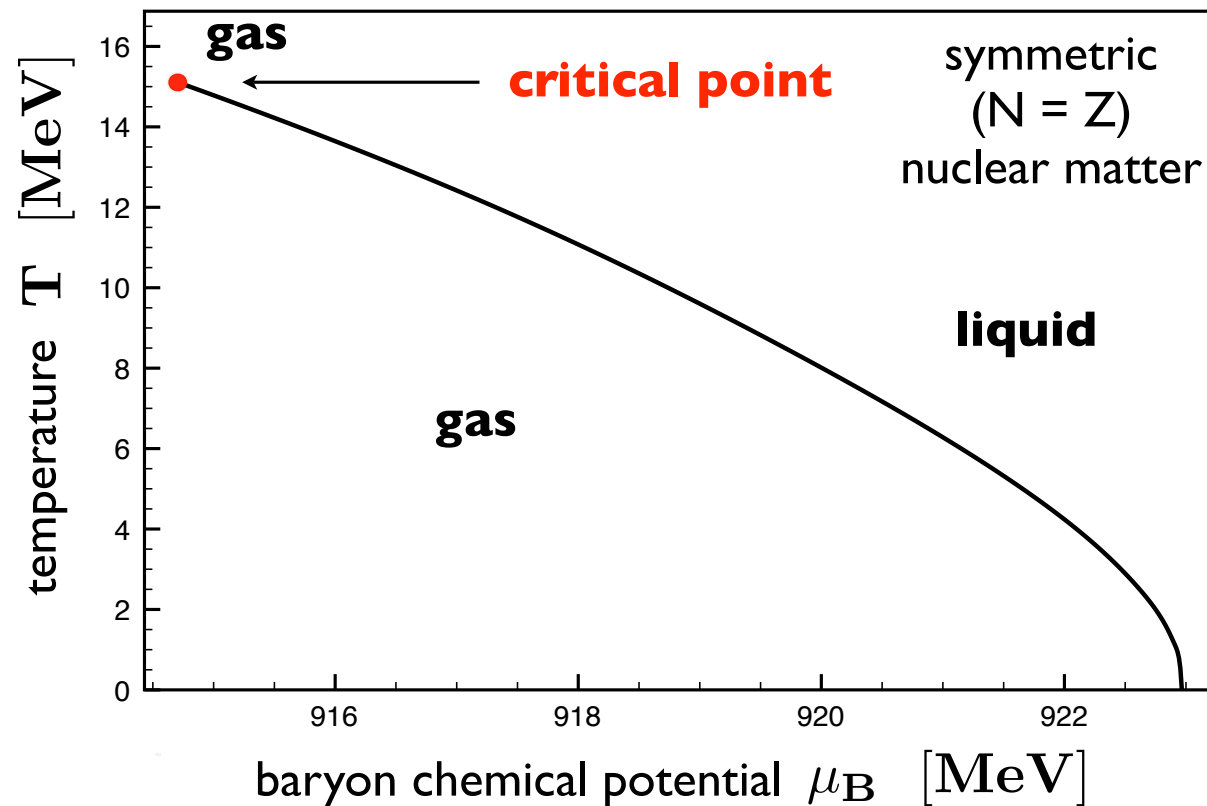
3-body
forces

nuclear matter: equation of state



Liquid - Gas Transition at
Critical Temperature $T_c = 15$ MeV
(empirical: $T_c = 16 - 18$ MeV)

PHASE DIAGRAM of NUCLEAR MATTER

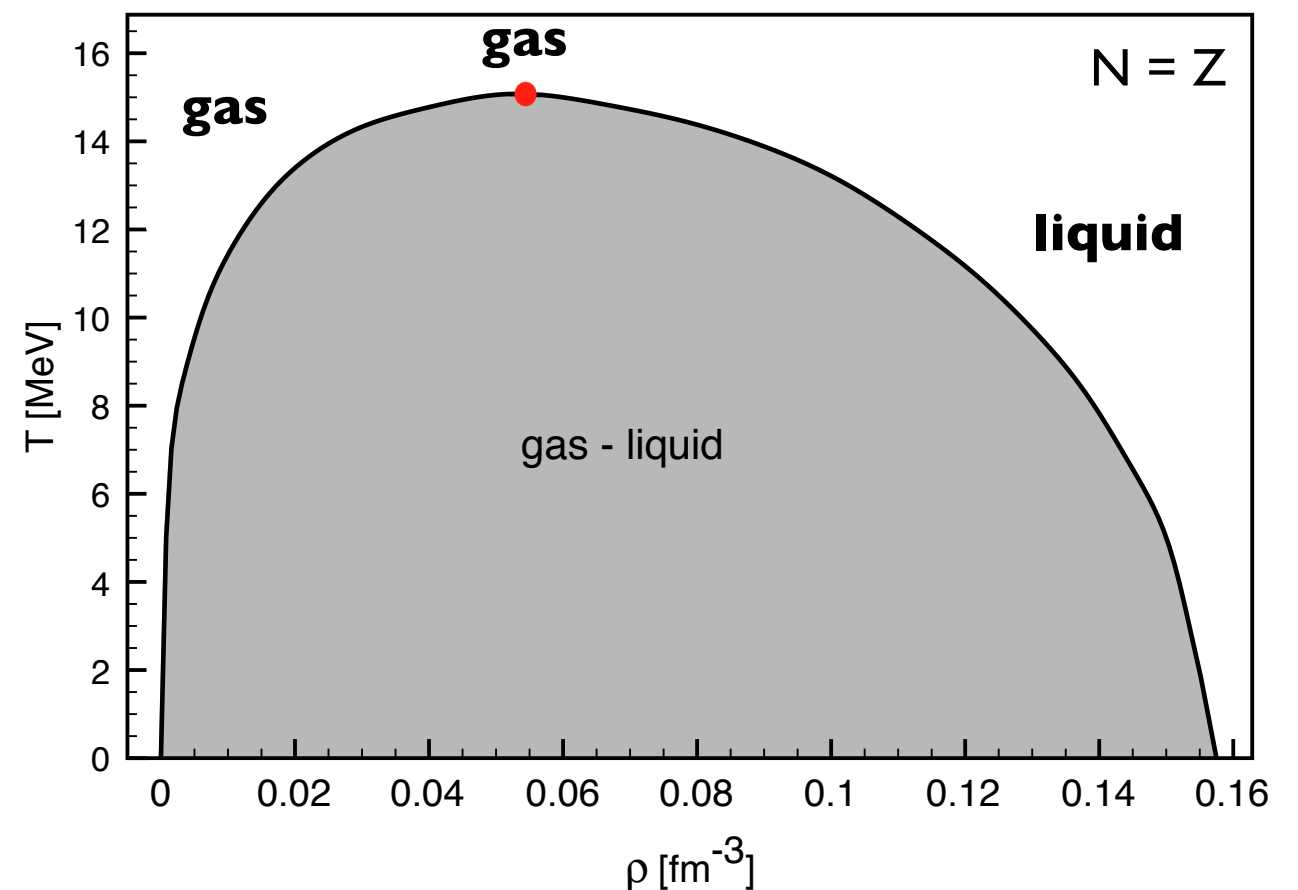


- Pion-nucleon dynamics incl. delta isobars
- Short-distance NN contact terms
- Three-body forces

● In-medium
chiral effective field theory
(3-loop calculation of free energy density)

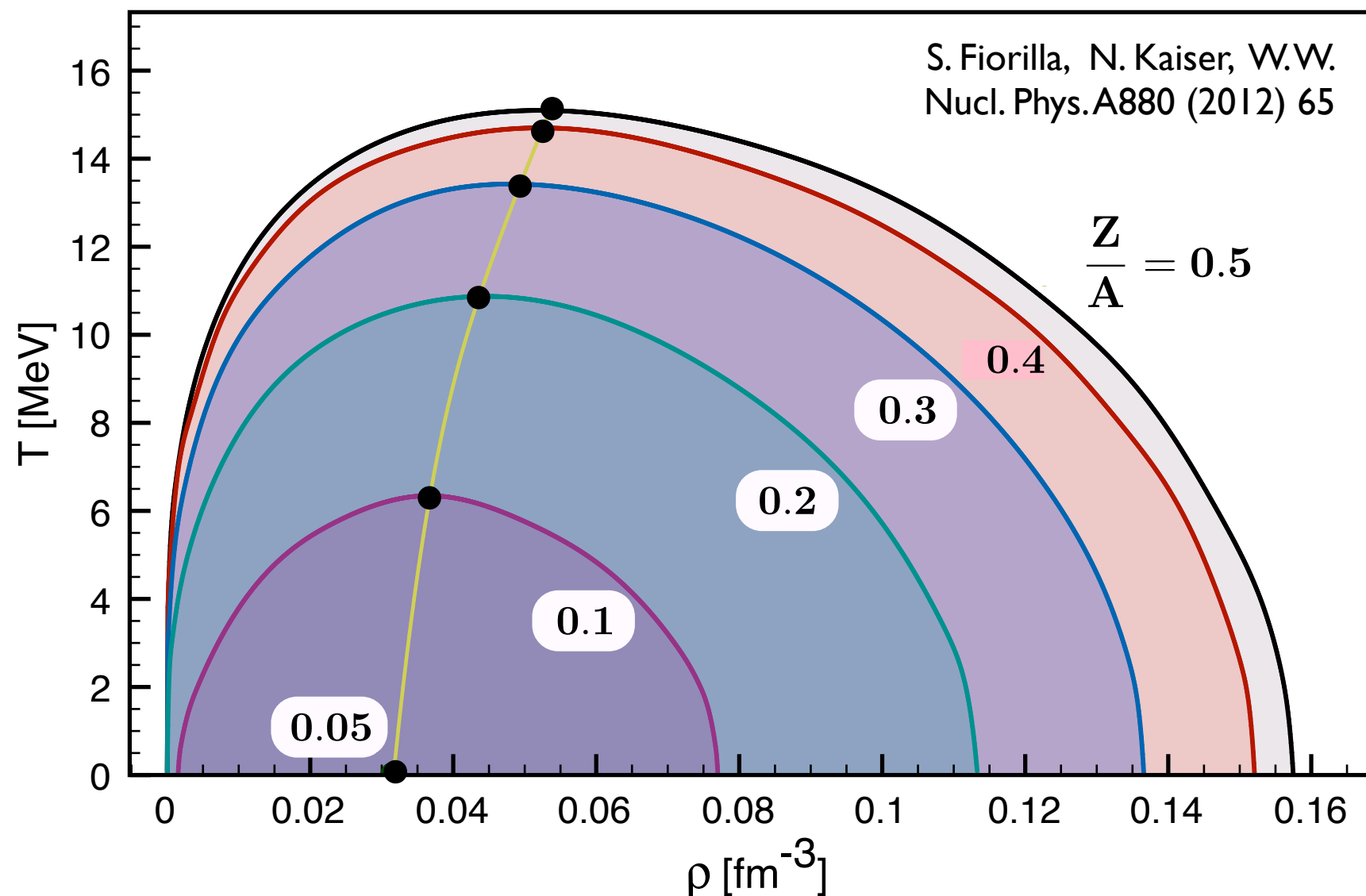
S. Fritsch, N. Kaiser, W.W.
Nucl. Phys. A 750 (2005) 259

S. Fiorilla, N. Kaiser, W.W.
Nucl. Phys. A 880 (2012) 65



PHASE DIAGRAM of NUCLEAR MATTER

- Trajectory of **CRITICAL POINT** for **asymmetric matter** as function of proton fraction Z/A



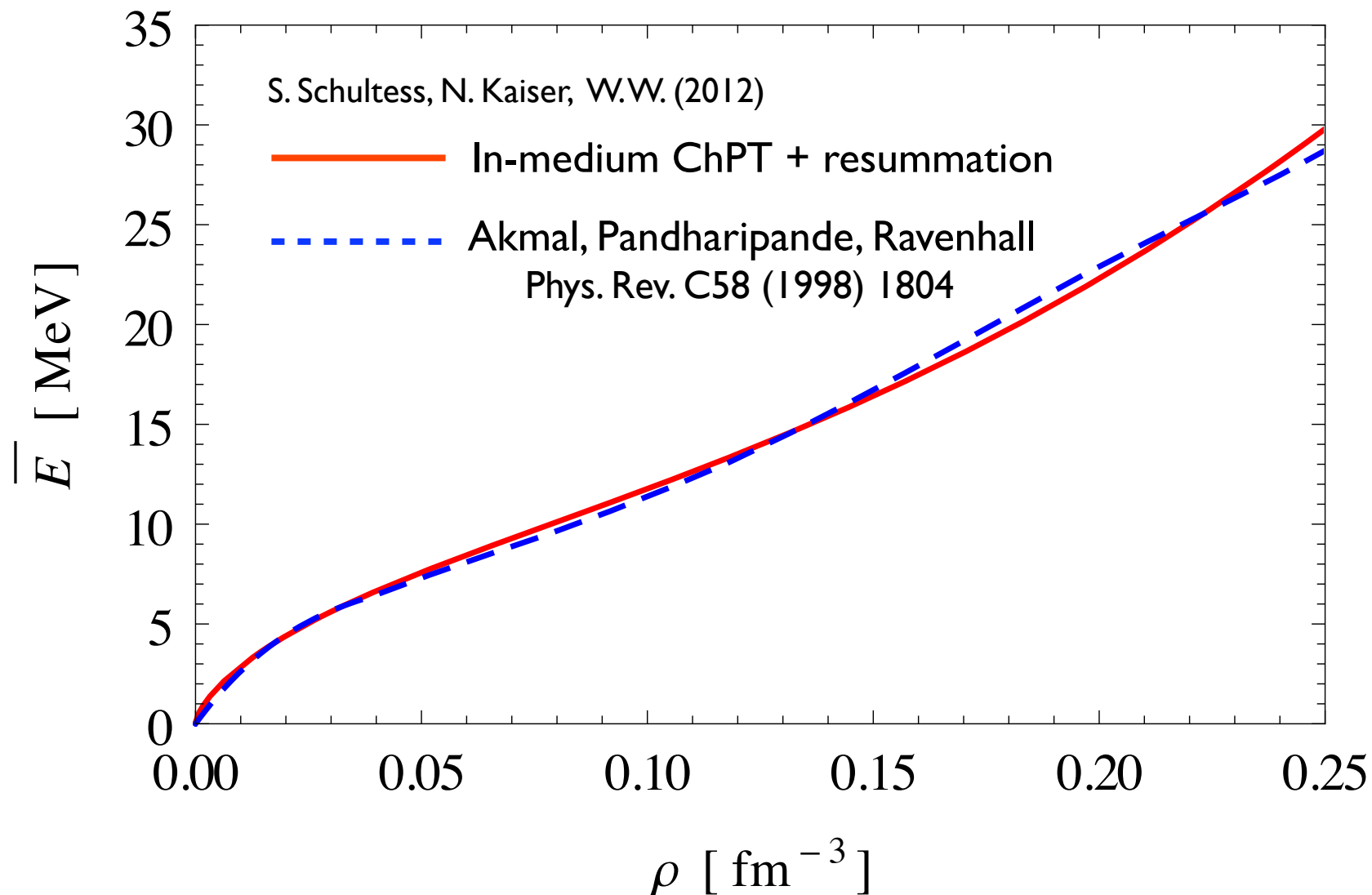
... determined almost entirely by
isospin dependent (one- and two-) **pion** exchange dynamics



NEUTRON MATTER

- In-medium chiral effective field theory (3-loop) with resummation of short distance contact terms (large nn scattering length, $a_s = 19$ fm)

N. Kaiser, Nucl. Phys.A 860 (2011) 370



- perfect agreement with sophisticated many-body calculations (e.g. VCS (Urbana) or QMC methods (P. Armani et al., arXiv:1110.0993))



... short digression:

Nuclear Thermodynamics
and the
Chiral Condensate

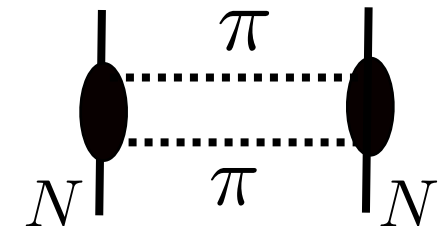
CHIRAL CONDENSATE at finite BARYON DENSITY

- Chiral (quark) condensate $\langle \bar{q}q \rangle$: $m_\pi^2 f_\pi^2 = -2 m_q \langle \bar{q}q \rangle$
Order parameter of spontaneously broken chiral symmetry in QCD
- Hellmann - Feynman theorem: $\langle \Psi | \bar{q}q | \Psi \rangle = \langle \Psi | \frac{\partial \mathcal{H}_{\text{QCD}}}{\partial m_q} | \Psi \rangle = \frac{\partial \mathcal{E}(m_q; \rho)}{\partial m_q}$

sigma term

$$m_q \frac{\partial M_N}{\partial m_q}$$

**in-medium
chiral
effective
field theory**



$$\frac{\langle \bar{q}q \rangle_\rho}{\langle \bar{q}q \rangle_0} = 1 - \frac{\rho}{f_\pi^2} \left[\frac{\sigma_N}{m_\pi^2} \left(1 - \frac{3 p_F^2}{10 M_N^2} + \dots \right) + \frac{\partial}{\partial m_\pi^2} \left(\frac{E_{\text{int}}(p_F)}{A} \right) \right]$$

(free) Fermi gas
of nucleons

nuclear interactions
(dependence on pion mass)



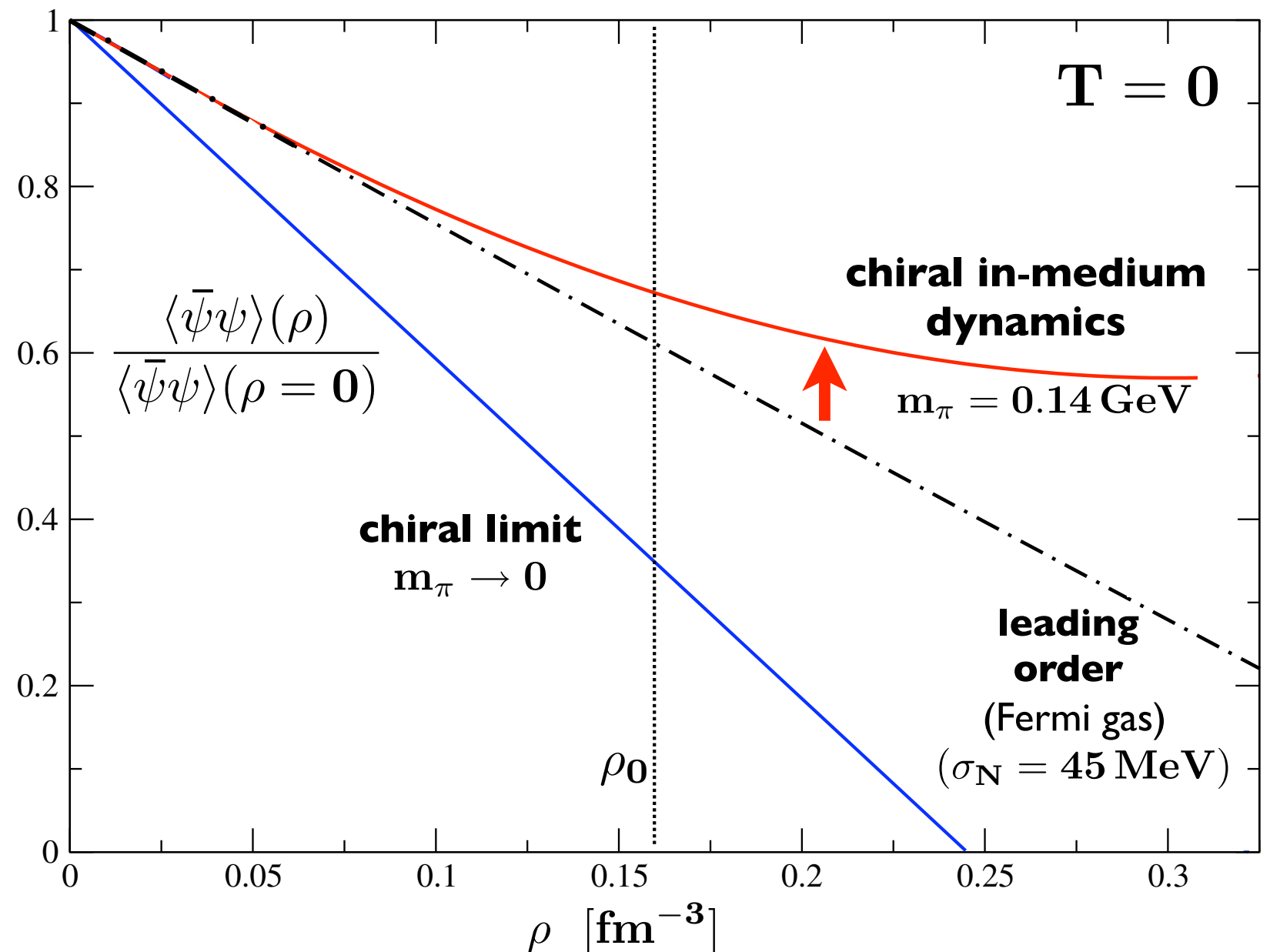
CHIRAL CONDENSATE: DENSITY DEPENDENCE

In-medium Chiral Effective Field Theory

(NLO 3-loop)

constrained by
**realistic nuclear
equation of state**

N. Kaiser, Ph. de Homont, W.W.
Phys. Rev. C 77 (2008) 025204



- Substantial **change of symmetry breaking scenario** between chiral limit $m_q = 0$ and physical quark mass $m_q \sim 5 \text{ MeV}$
- **Nuclear Physics** would be **very different** in the **chiral limit** !



CHIRAL CONDENSATE: DENSITY and TEMPERATURE DEPENDENCE

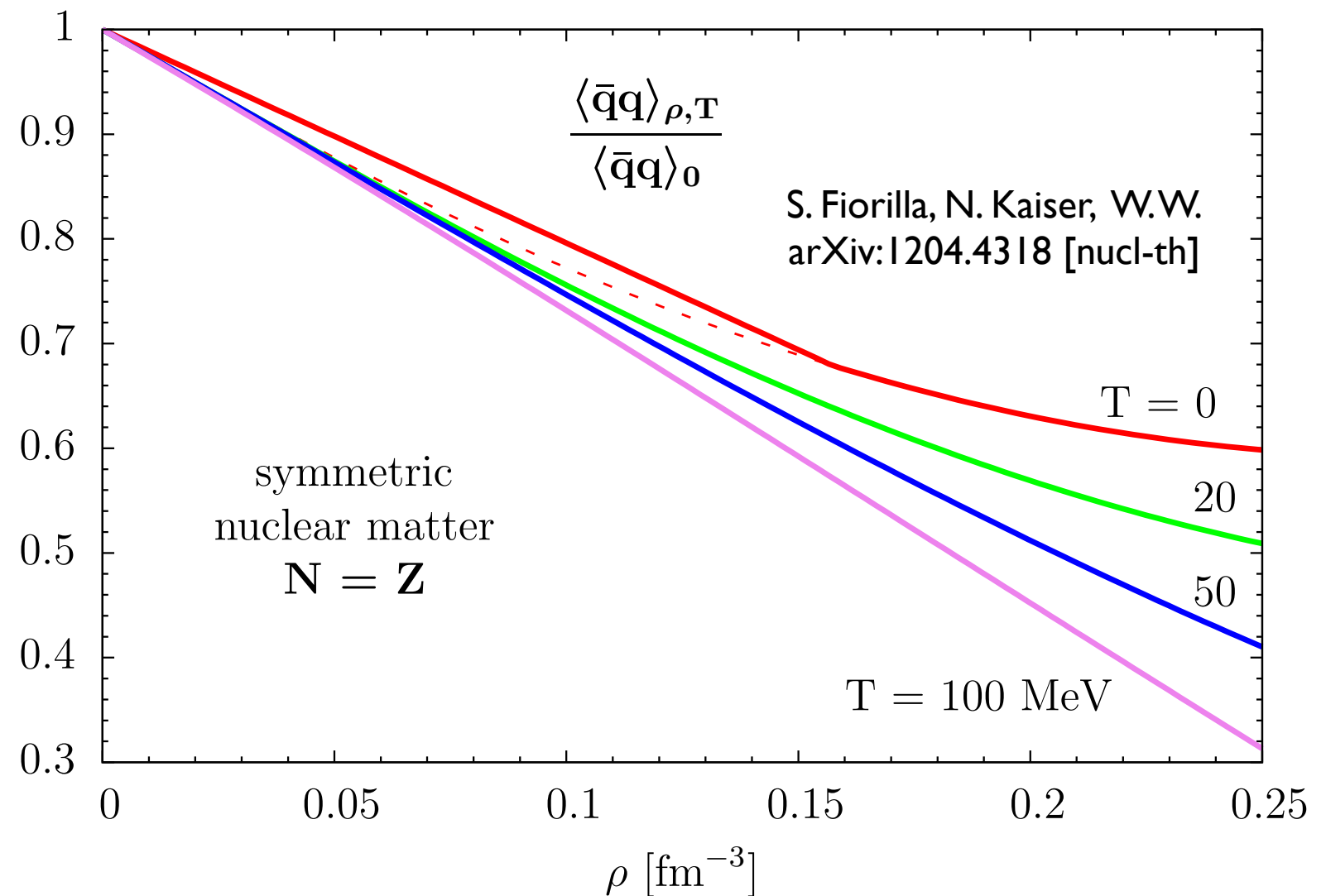
- Free energy density
 $\mathcal{F}(\mathbf{m}_q; \rho, \mathbf{T})$

$$\langle \Psi | \bar{q}q | \Psi \rangle_{\rho, \mathbf{T}} = \frac{\partial \mathcal{F}(\mathbf{m}_q; \rho, \mathbf{T})}{\partial \mathbf{m}_q}$$

In-medium Chiral Effective Field Theory

(NLO 3-loop)

constrained by
**realistic nuclear
equation of state**



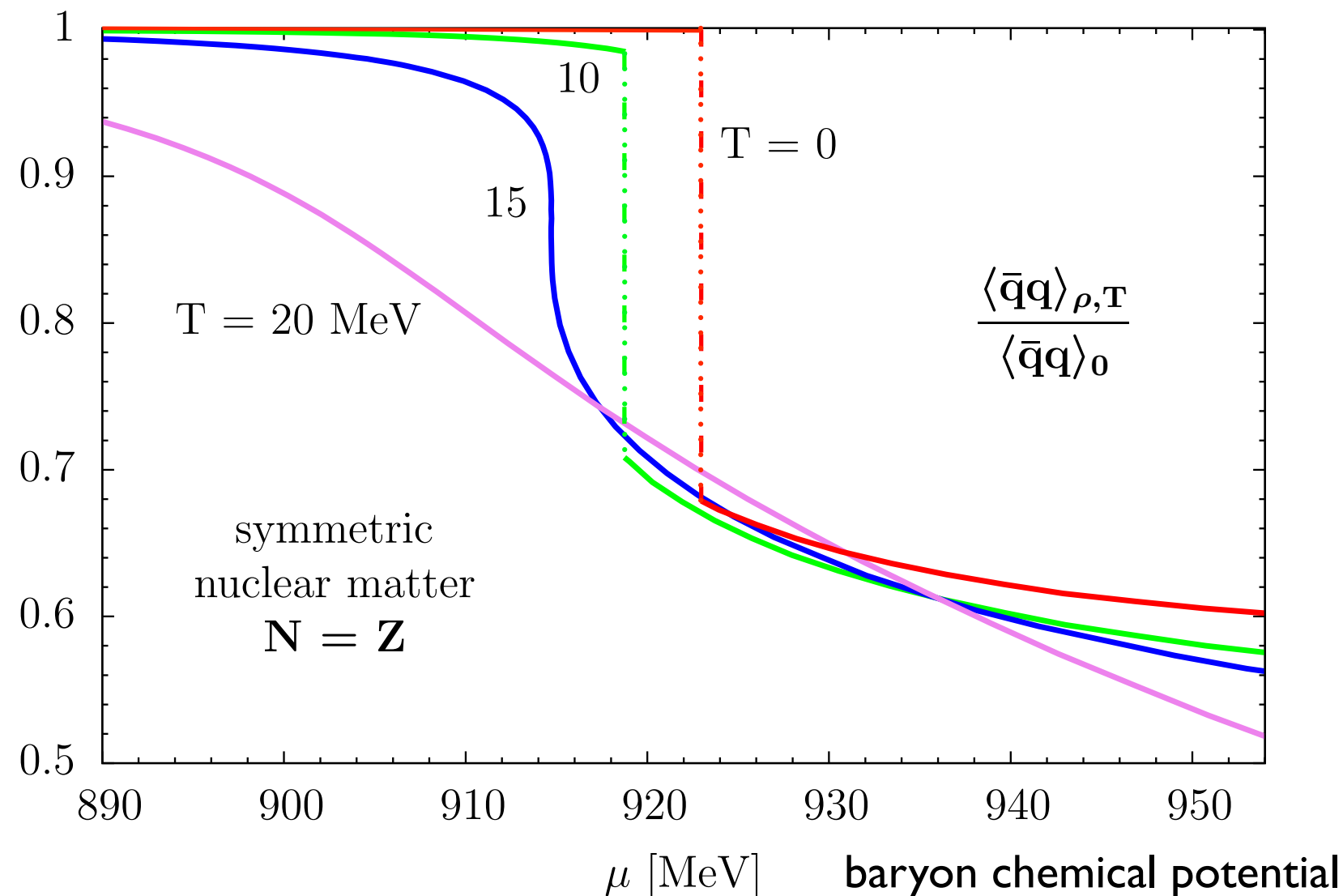
No indication of first order **chiral phase transition** for

$$\rho \lesssim 2 \rho_0, \quad T \lesssim 100 \text{ MeV}$$



CHIRAL CONDENSATE:

Dependence on TEMPERATURE and BARYON CHEMICAL POTENTIAL



S. Fiorilla,
 N. Kaiser,
 W.W.
 arXiv:1204.4318
 [nucl-th]

- **liquid-gas** phase transition leaves its signature also in chiral condensate
- but: **no** tendency toward **chiral first order transition** in the range

$$\mu_B \lesssim 1 \text{ GeV}$$



Outlooks:

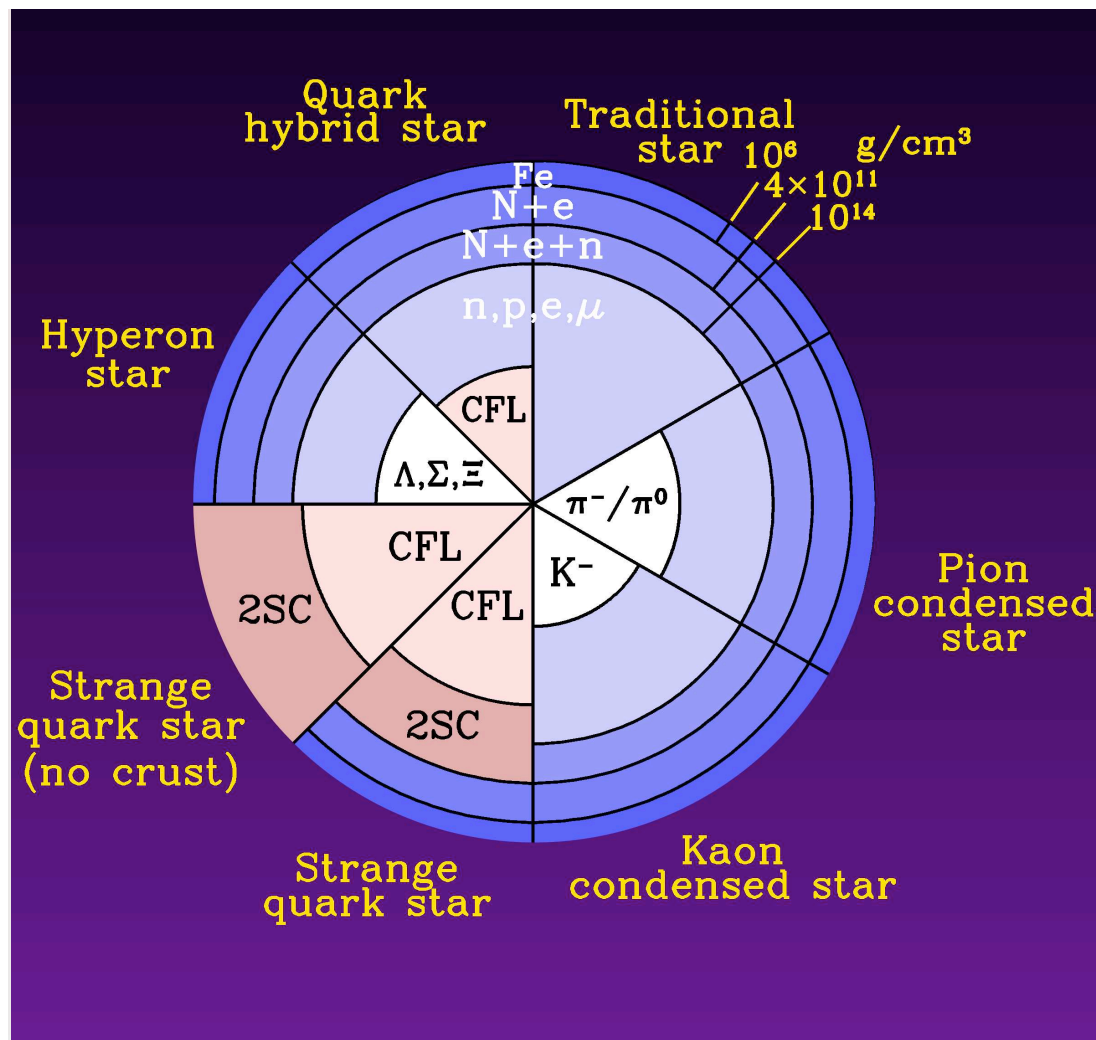
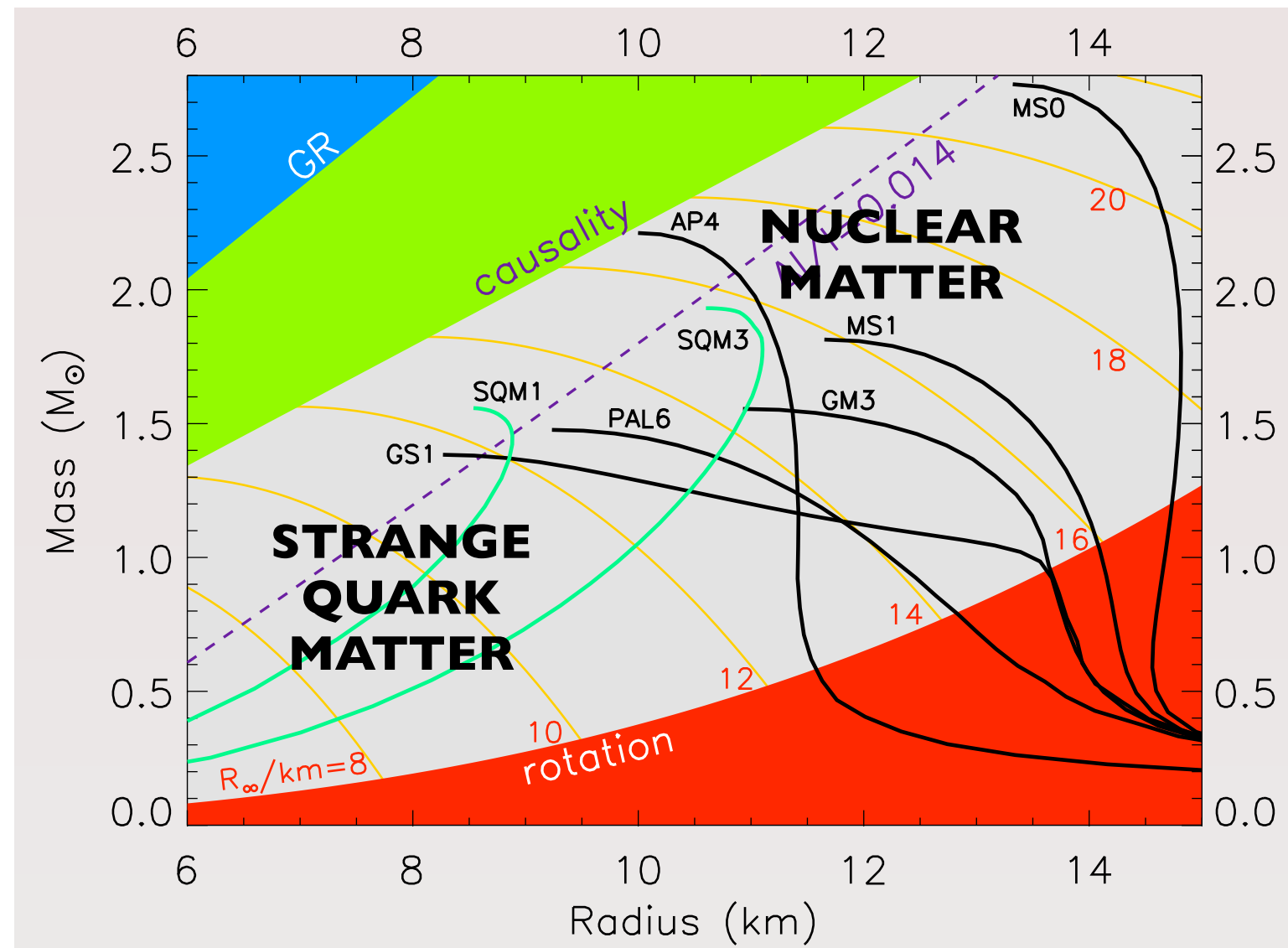
**New Constraints
from
NEUTRON STARS**



NEUTRON STARS and the EQUATION OF STATE of DENSE BARYONIC MATTER

J. Lattimer, M. Prakash: *Astrophys. J.* 550 (2001) 426
Phys. Reports 442 (2007) 109

● Mass-Radius Relation



● Neutron Star Scenarios

● Tolman-Oppenheimer-Volkov equations

$$\frac{dP}{dr} = -\frac{G}{c^2} \frac{(M + 4\pi Pr^3)(\mathcal{E} + P)}{r(r - GM/c^2)}$$

$$\frac{dM}{dr} = 4\pi r^2 \frac{\mathcal{E}}{c^2}$$



A two-solar-mass neutron star measured using Shapiro delay

P. B. Demorest¹, T. Pennucci², S. M. Ransom¹, M. S. E. Roberts³ & J. W. T. Hessels^{4,5}

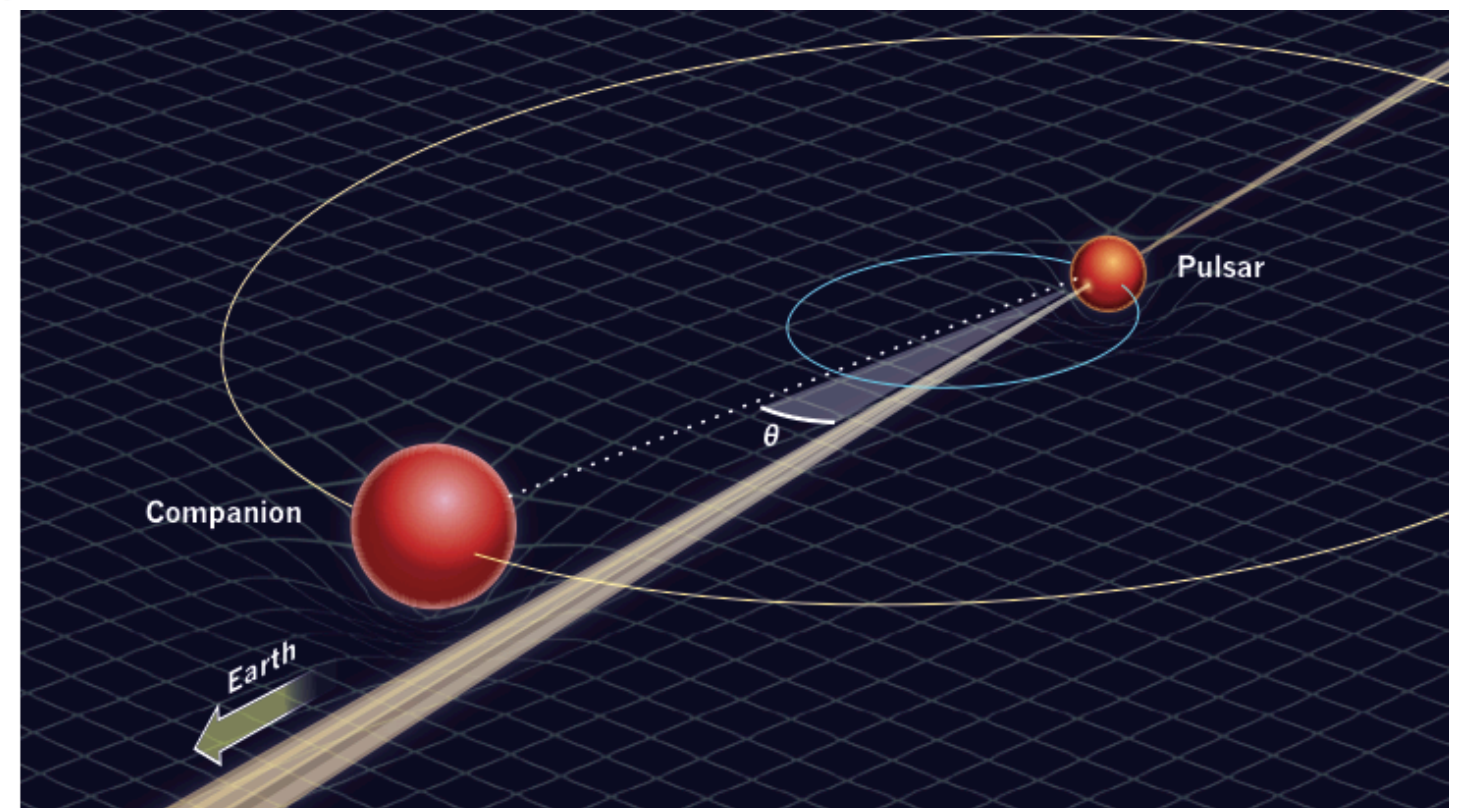
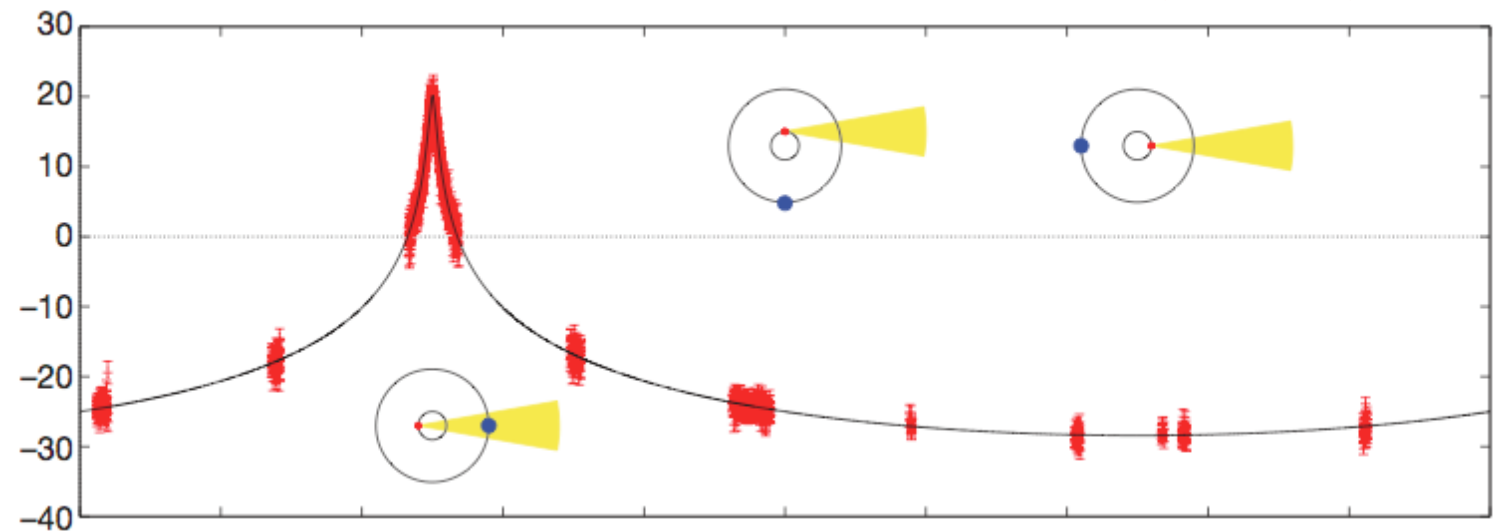
Nature, Oct. 28, 2010

direct measurement of
neutron star mass from
increase in travel time
near companion

J1614-2230

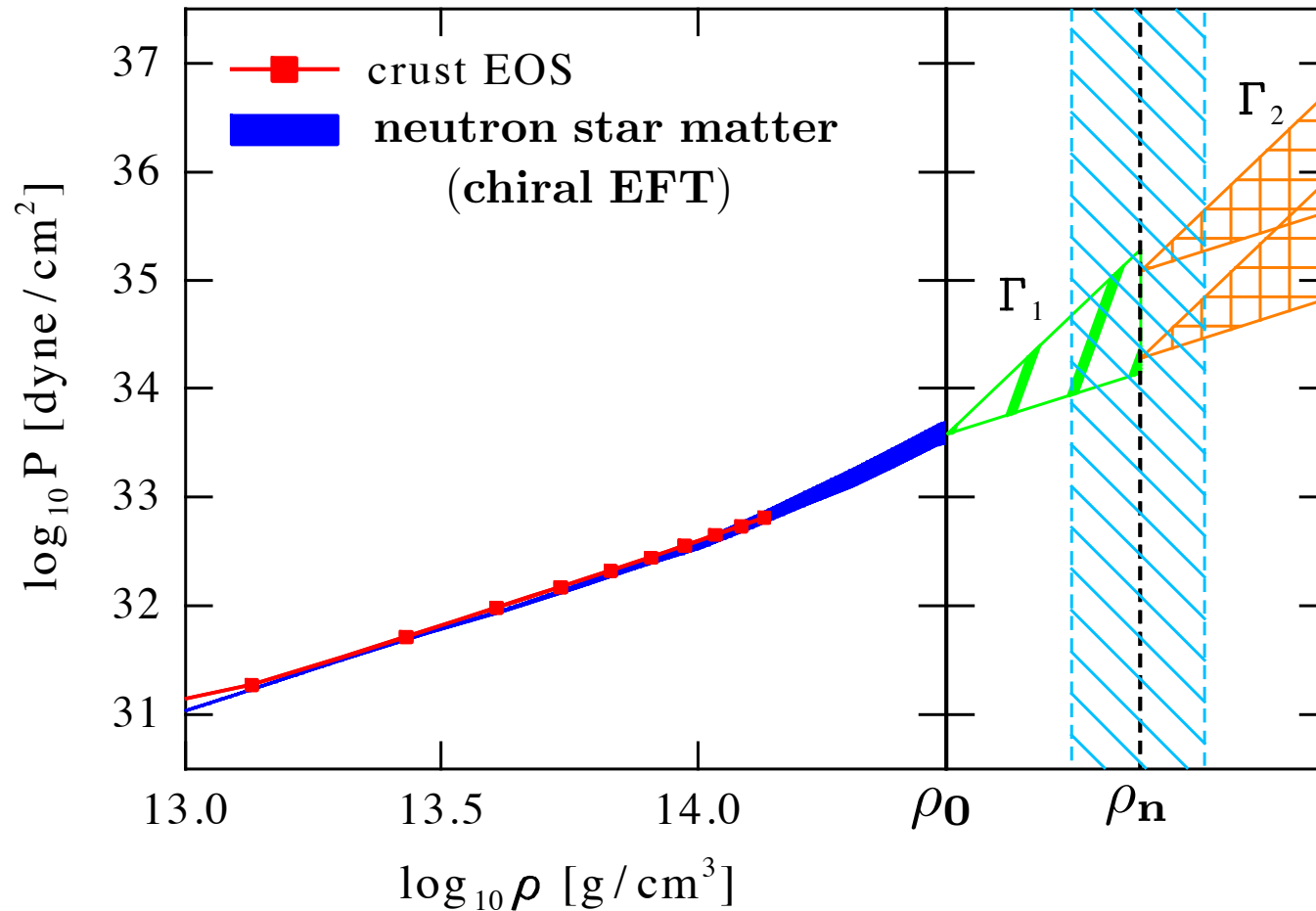
most edge-on binary
pulsar known (89.17°)
+ massive white dwarf
companion ($0.5 M_{\text{sun}}$)

heaviest neutron star
with $1.97 \pm 0.04 M_{\text{sun}}$



News from NEUTRON STARS

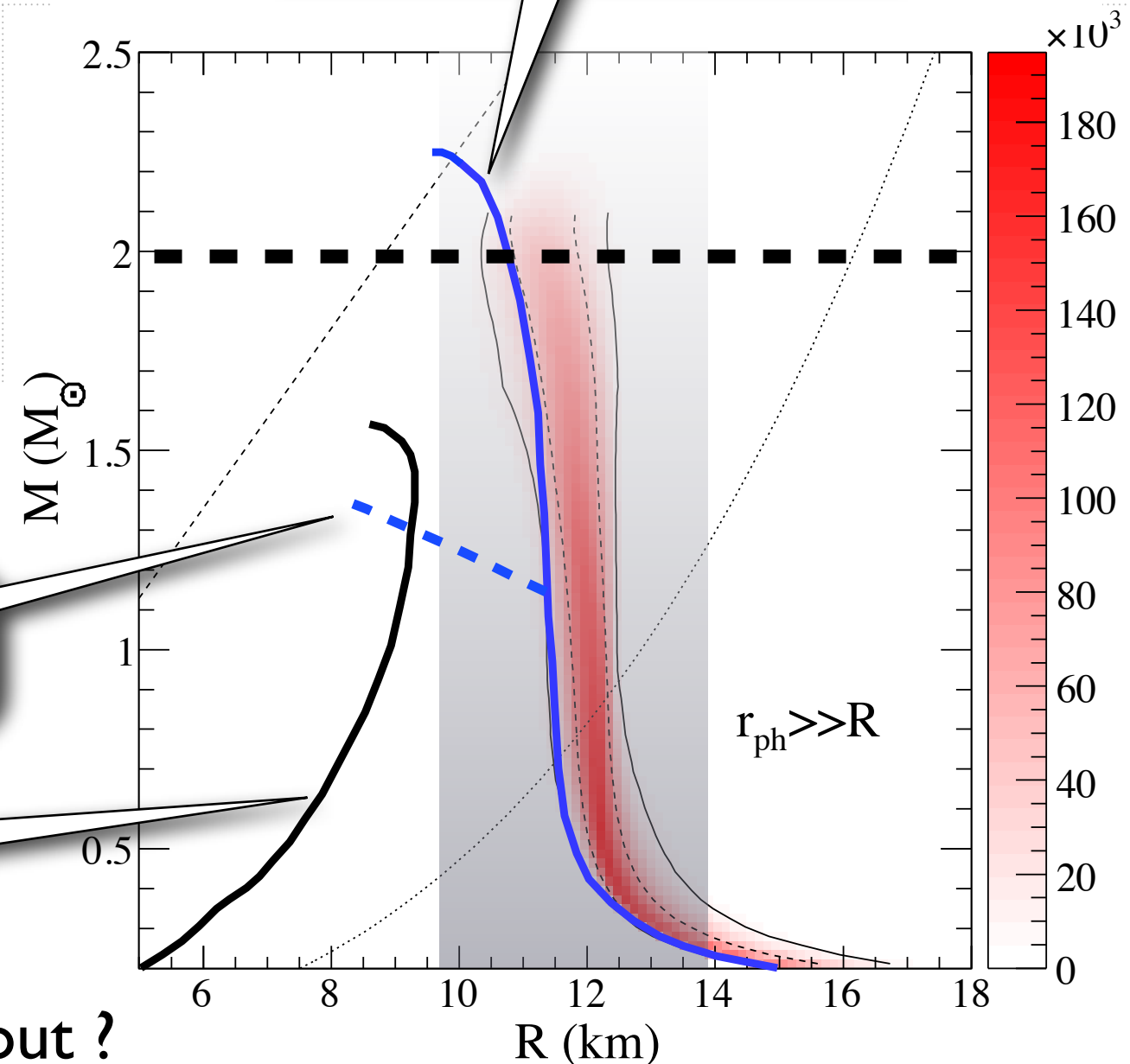
K. Hebeler, J. Lattimer, C. Pethick, A. Schwenk
PRL 105 (2010) 161102



A.W. Steiner, J. Lattimer, E.F. Brown
Astroph. J. 722 (2010) 33

realistic “nuclear” EoS

A.Akmal, V.R. Pandharipande, D.G. Ravenhall
Phys. Rev. C 58 (1998) 1804



● New constraints from **EFT** and **neutron star observables**

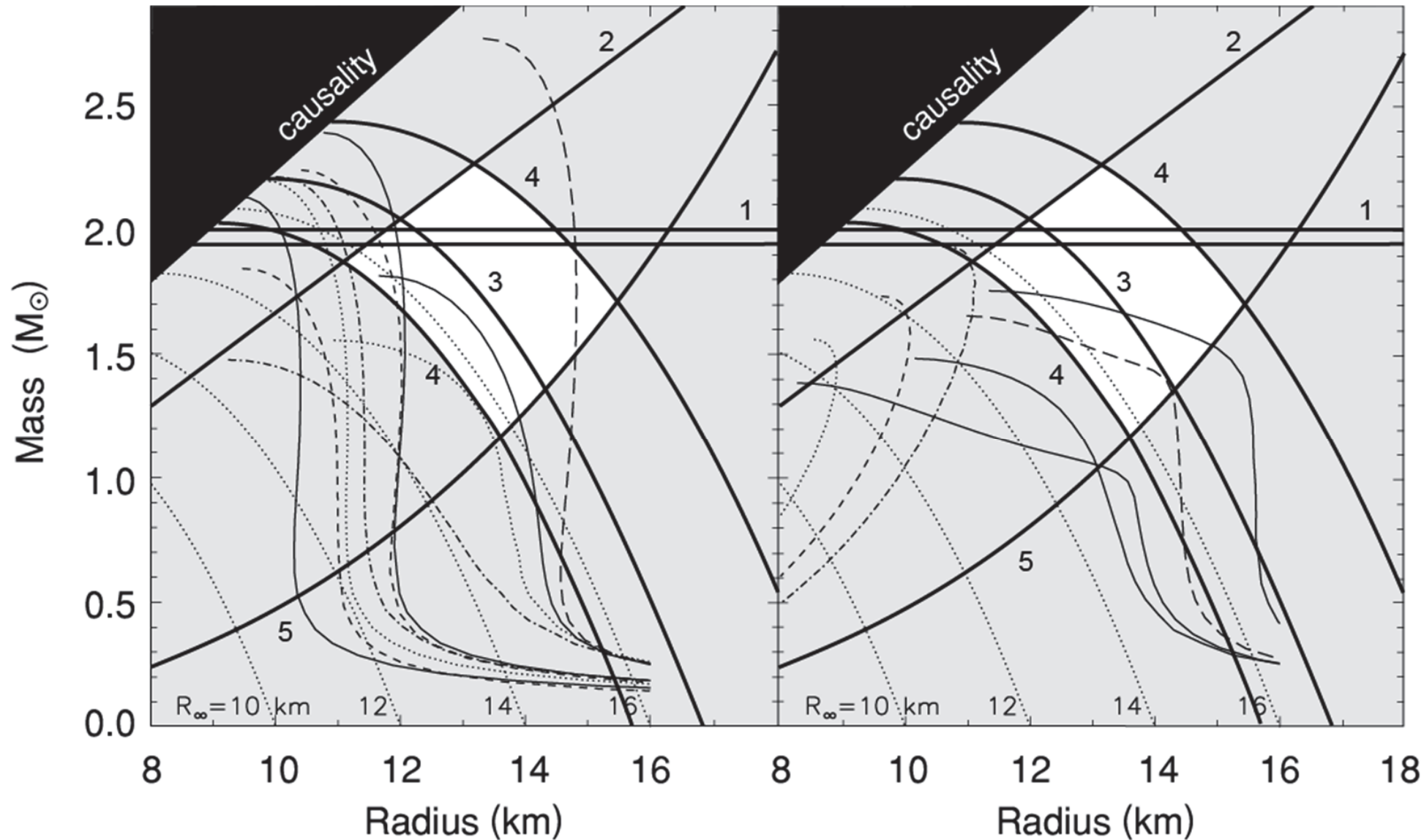
kaon condensate

quark matter

● “**Exotic**” equations of state ruled out ?



NEUTRON STARS: MASS and RADIUS constraints



from:
J.Trümper

Irsee
Symposium
2012

1 Largest mass J1614 - 2230
(Demorest et al. 2010)

2 Maximum gravity XTE 1814 - 338
(Bhattacharyya et al. 2005)

3 Minimum radius RXJ1856 - 3754
(Trümper et al. 2004)

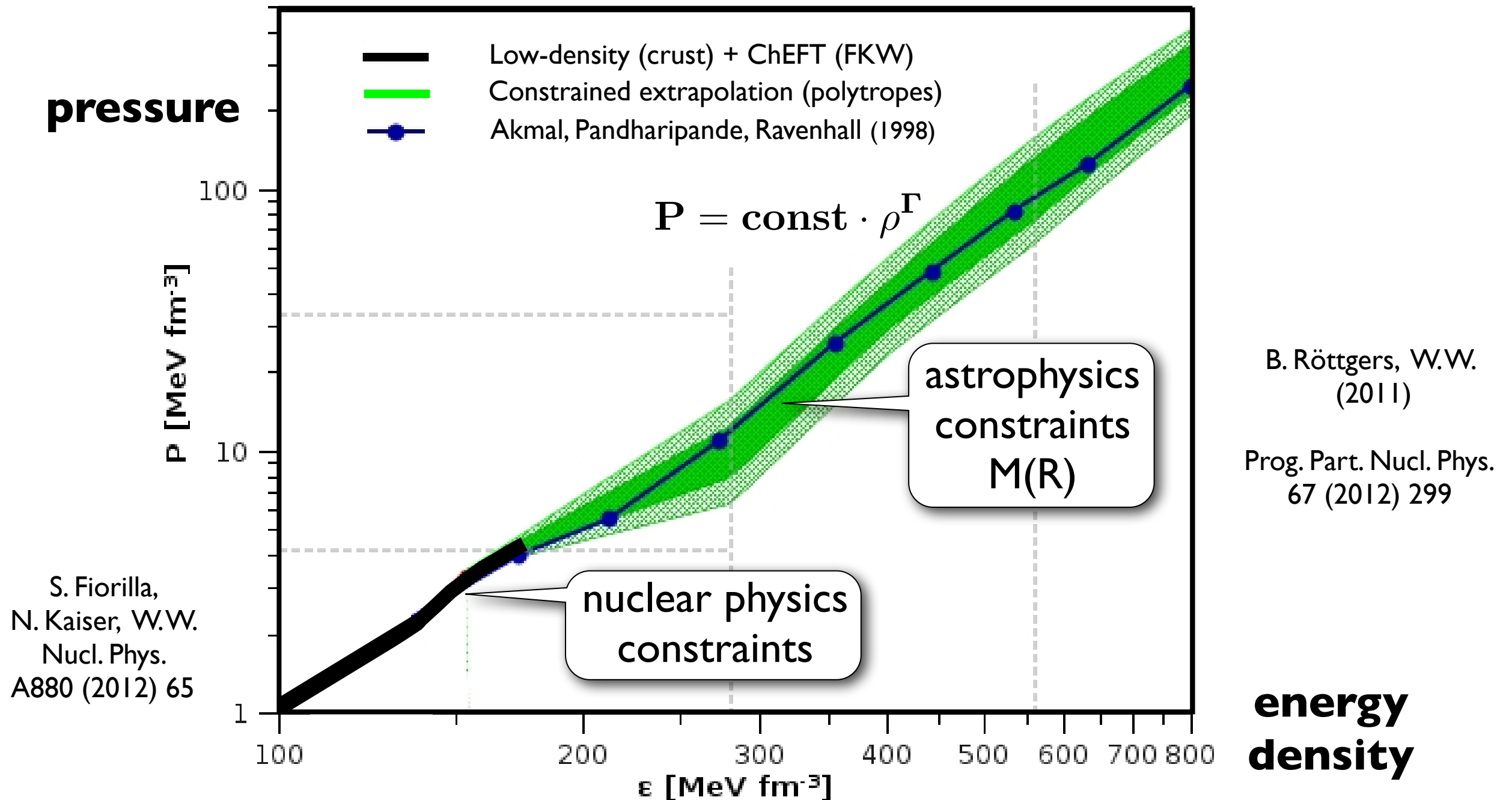
4 Radius, 90% confidence limits LMXB 47 Tuc
(Heinke et al. 2006)

5 Largest spin frequency J1748 - 2446
(Hessels et al. 2006)



NEUTRON STAR MATTER

Equation of State



- Including new neutron star constraints plus **Chiral Effective Field Theory** at lower density

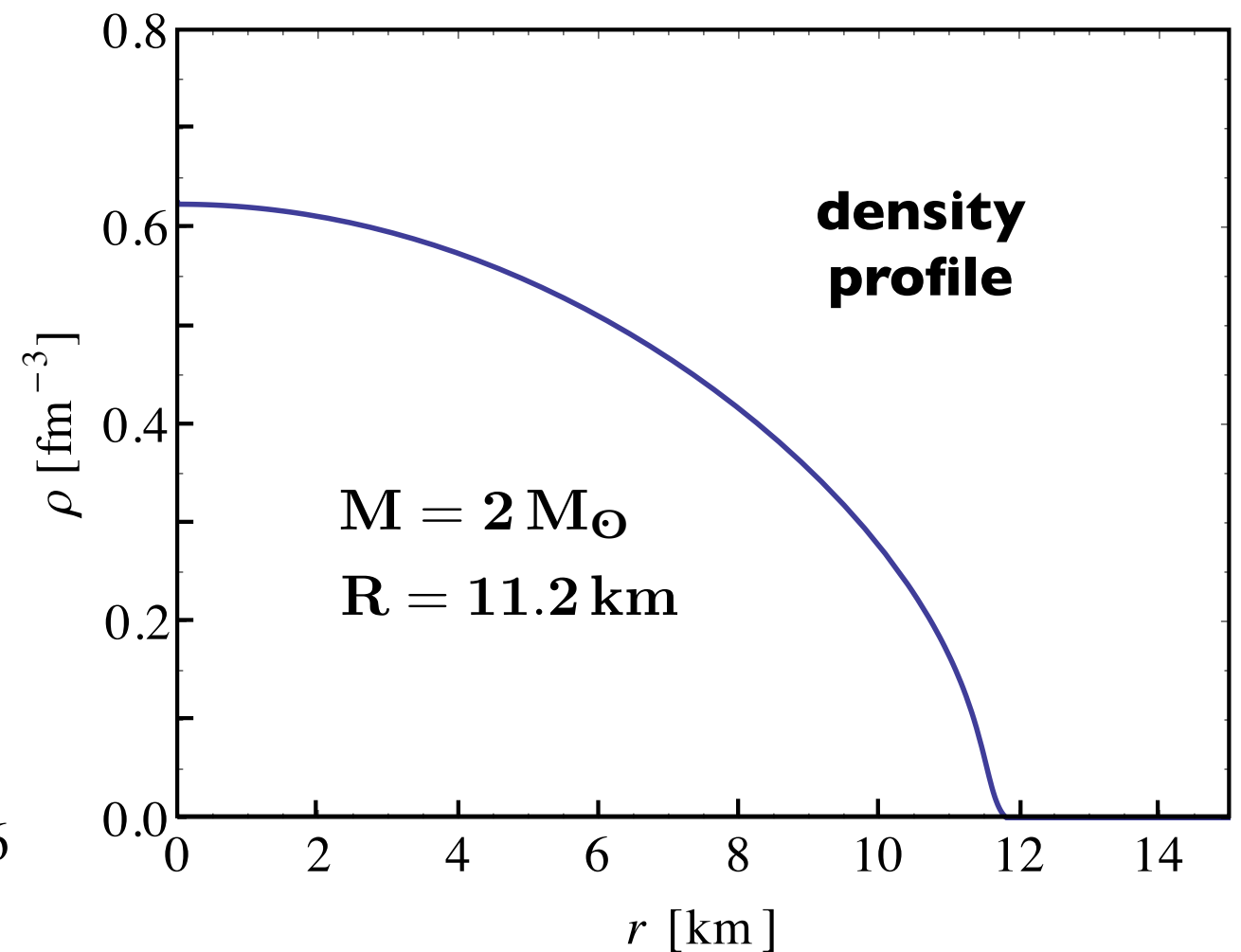
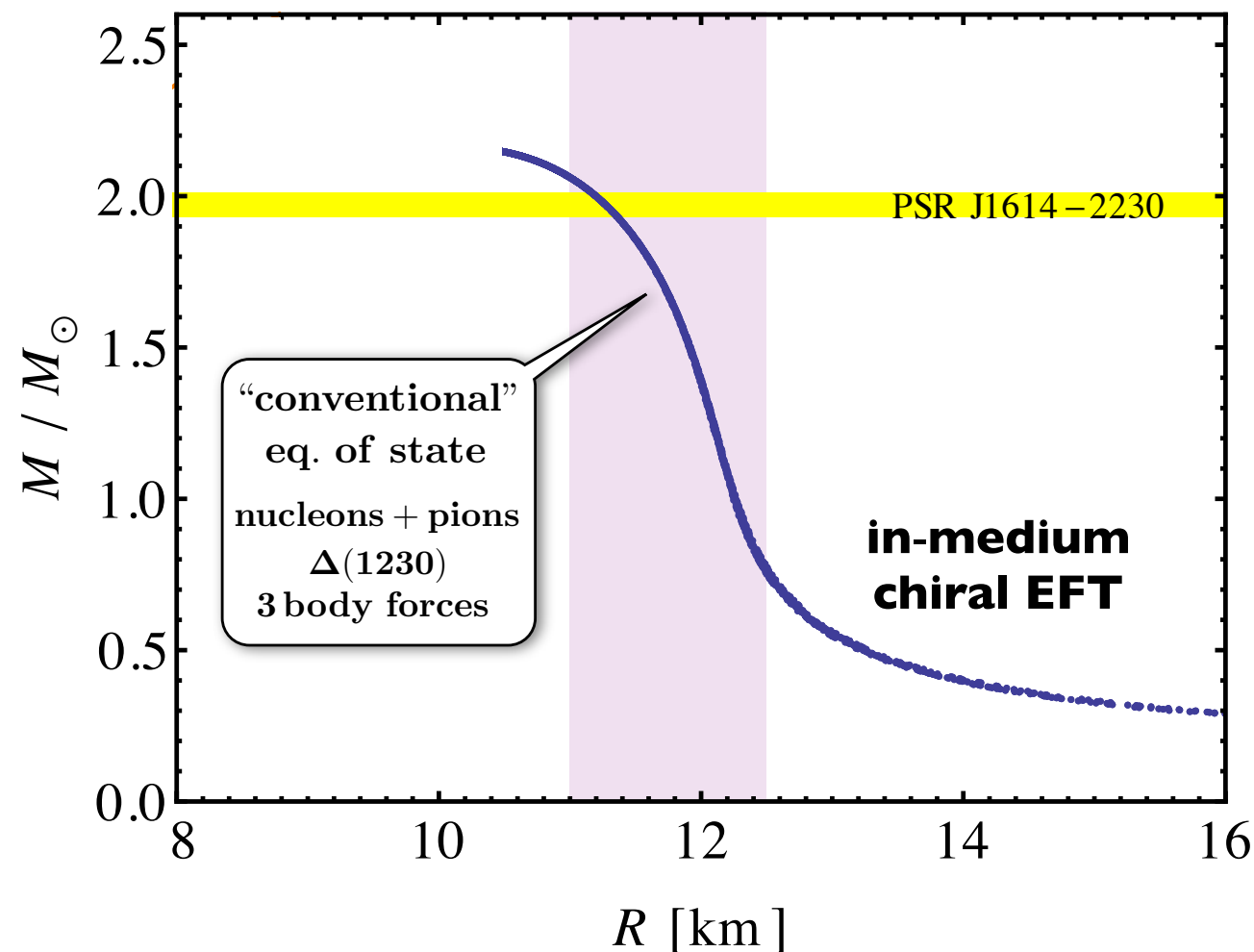


NEUTRON STAR MATTER

Mass - Radius relation

- **Option I:**
Conventional hadronic (**baryonic** + **mesonic**) degrees of freedom
- In-medium **Chiral Effective Field Theory** up to 3 loops
(reproducing thermodynamics of normal nuclear matter)
including beta equilibrium condition $n \leftrightarrow p + e, \mu$

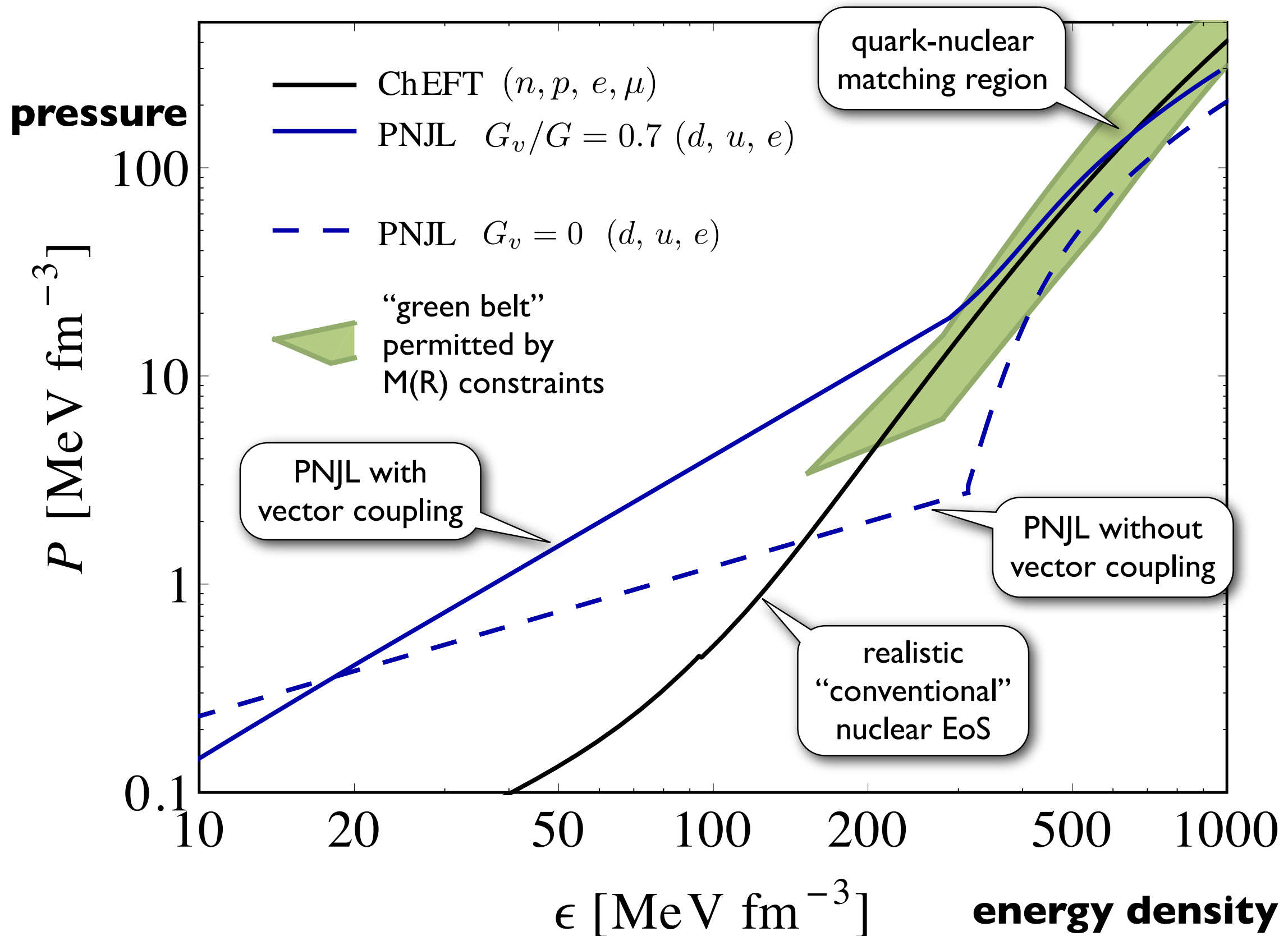
S. Fiorilla, N. Kaiser, W.W.
Nucl. Phys. A 880 (2012) 65



T. Hell, S. Schultess, W.W. (2012) - (**preliminary**)



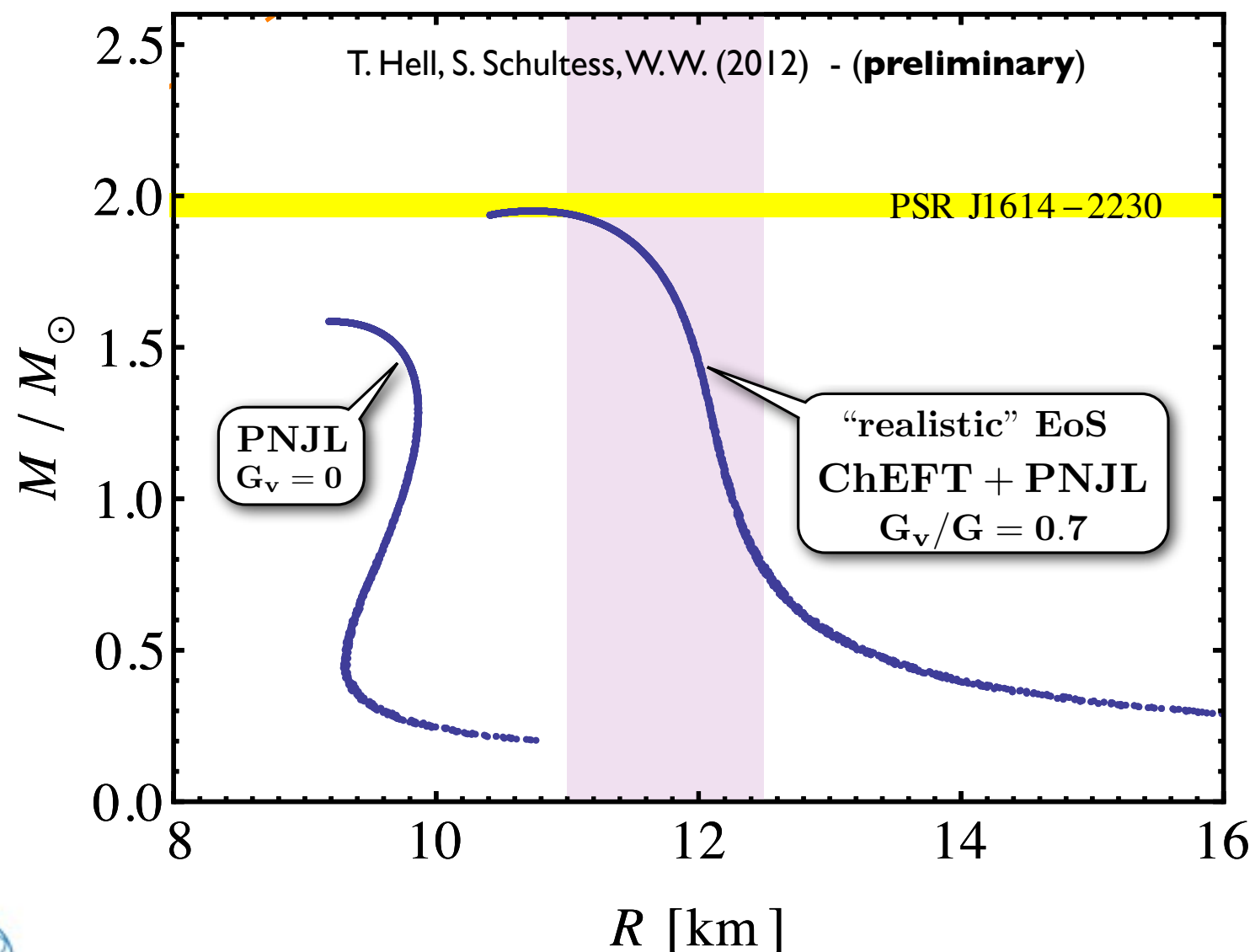
NEUTRON STAR Equation of State



NEUTRON STAR MATTER

Mass - Radius relation (contd.)

- **Option II:**
Polyakov - Nambu - Jona-Lasinio (PNJL) model
(u-,d- and s-**quarks** as **quasiparticles** with dynamically generated constituent masses)
- ... features **first order chiral phase transition**
... produces **too soft** equation of state for neutron matter → does **not** work !



- **Option II:**
Conventional
hadronic EoS (**ChEFT**)
matched at
 $\rho \sim 4 \rho_0$
to **PNJL** EoS incl.
vector coupling
- soft **crossover** between
hadronic and **quark**
phases



SUMMARY

- **Nuclear thermodynamics** based on in-medium
Chiral Effective Field Theory valid for $k_F < 4\pi f_\pi \sim 1 \text{ GeV}$
 - ▶ Proper treatment of in-medium
two-pion exchange and **three-body forces**
 - ▶ Fermi liquid \leftrightarrow interacting Fermi gas (1st order transition)
 - ▶ **Realistic** equations of state for **nuclear** and **neutron matter**
 - ▶ **No** indication of first order **chiral** transition in the density and temperature range $\rho \lesssim 2\rho_0$, $T \lesssim 100 \text{ MeV}$
 - ▶ **Convergence** issues: **four-body** correlations ?
- **New dense & cold matter** constraints from **neutron stars**:
 - ▶ **Mass-radius** relation; observation of two-solar-mass neutron star
 - ▶ **Stiff EoS required**; “non-exotic” equation of state works best !



The End

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Chemical freeze-out in heavy ion collisions at large baryon densities

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We argue that the chemical freeze-out in heavy ion collisions at high baryon density is not associated to a phase transition or rapid crossover. We employ the linear nucleon-meson model with parameters fixed by the zero-temperature properties of nuclear matter close to the liquid-gas quantum phase transition. For the parameter region of interest this yields a reliable picture of the thermodynamic and chiral properties at non-zero temperature. The chemical freeze-out observed in low-energy experiments occurs when baryon densities fall below a critical value of about 15 percent of nuclear density. This region in the phase diagram is far away from any phase transition or rapid crossover.

$$\begin{aligned}\mathcal{L} = & \bar{\psi}_a i\gamma^\nu (\partial_\nu - i g \omega_\nu - i \mu \delta_{0\nu}) \psi_a \\ & + \sqrt{2} h \left[\bar{\psi}_a \left(\frac{1+\gamma_5}{2} \right) \phi_{ab} \psi_b + \bar{\psi}_a \left(\frac{1-\gamma_5}{2} \right) (\phi^\dagger)_{ab} \psi_b \right] \\ & + \frac{1}{2} \phi_{ab}^* (-\partial_\mu \partial^\mu) \phi_{ab} + U_{\text{mic}}(\rho, \sigma) \\ & + \frac{1}{4} (\partial_\mu \omega_\nu - \partial_\nu \omega_\mu) (\partial^\mu \omega^\nu - \partial^\nu \omega^\mu) + \frac{1}{2} m_\omega^2 \omega_\mu \omega^\mu\end{aligned}$$

$$\phi_{ab} = \begin{pmatrix} \frac{1}{\sqrt{2}}(\sigma + i\pi^0) & i\pi^- \\ i\pi^+ & \frac{1}{\sqrt{2}}(\sigma - i\pi^0) \end{pmatrix} \quad U_{\text{mic}}(\rho, \sigma) = \bar{U}(\rho) - m_\pi^2 f_\pi \sigma$$

$$\rho = \frac{1}{2}(\sigma^2 + \boldsymbol{\pi}^2)$$

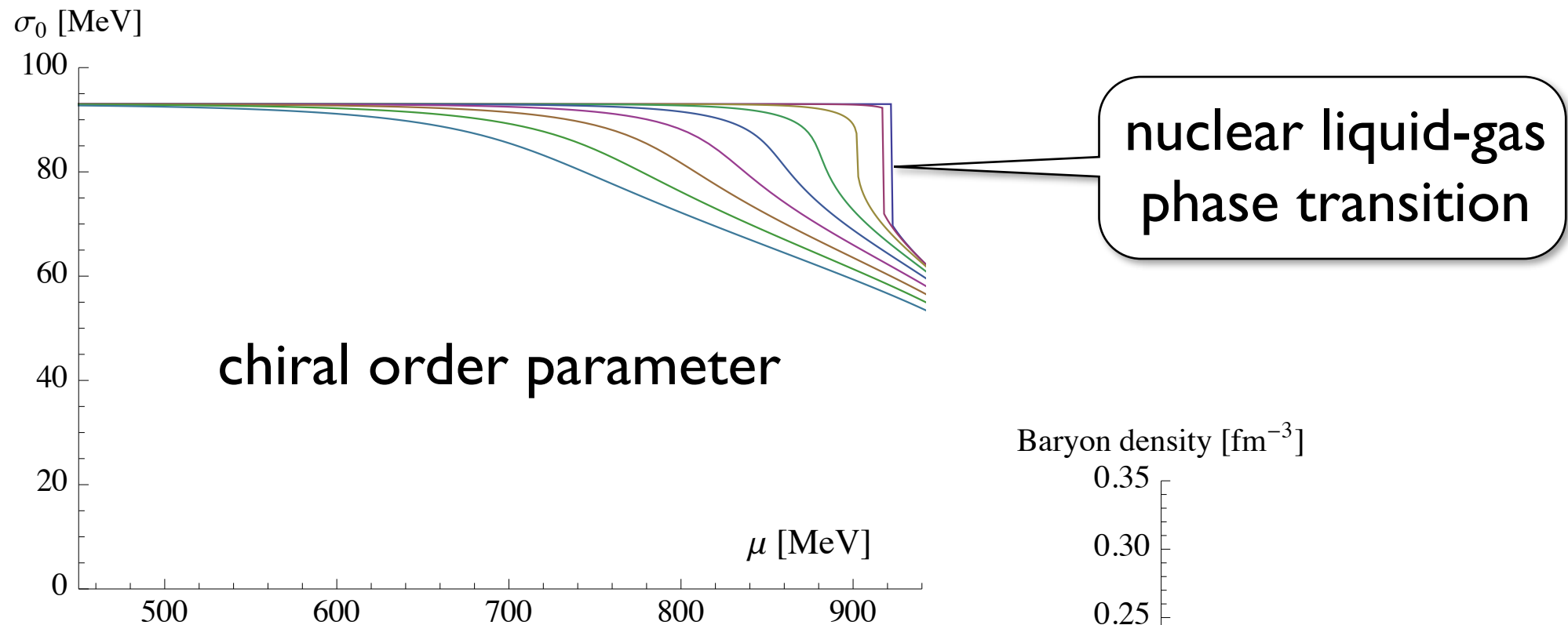


FIG. 6: Chiral order parameter σ_0 as a function of the chemical potential for $T = 0$ (uppermost curve), $T = 10$ MeV, $T = 20$ MeV, $T = 30$ MeV, $T = 40$ MeV, $T = 50$ MeV, $T = 60$ MeV, $T = 70$ MeV and $T = 80$ MeV (lowermost curve).

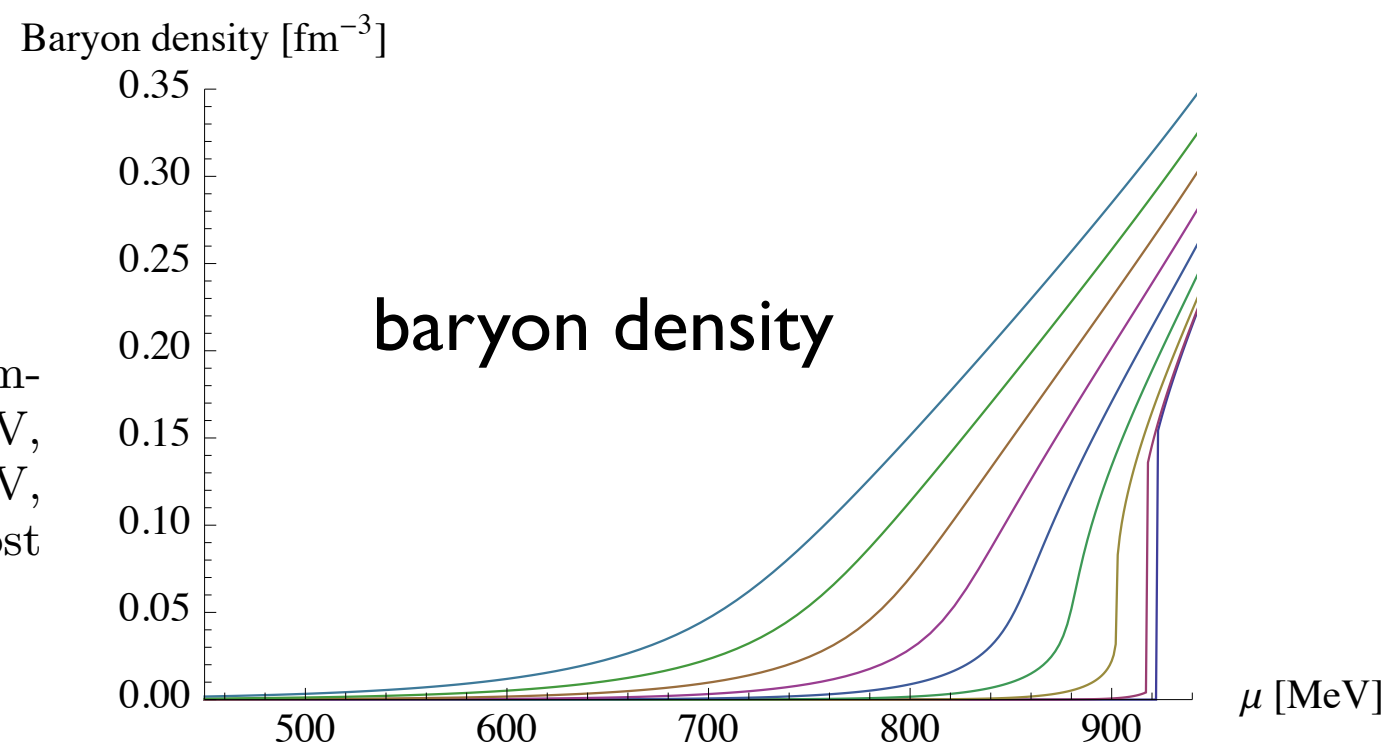


FIG. 7: Baryon number density as a function of the chemical potential for $T = 0$ (lowermost curve), $T = 10$ MeV, $T = 20$ MeV, $T = 30$ MeV, $T = 40$ MeV, $T = 50$ MeV, $T = 60$ MeV, $T = 70$ MeV and $T = 80$ MeV (uppermost curve).

CHEMICAL FREEZE-OUT

