

Evgeny Epelbaum, Ruhr University Bochum

Physics opportunities with proton beams at SIS100
Wuppertal, February 6-9, 2024

Chiral EFT for non-strange and strange nuclear systems

Introduction

Nuclear interactions from χ EFT

Hyper-nuclear interactions

Chiral gradient flow

Summary



Ministerium für
Kultur und Wissenschaft
des Landes Nordrhein-Westfalen

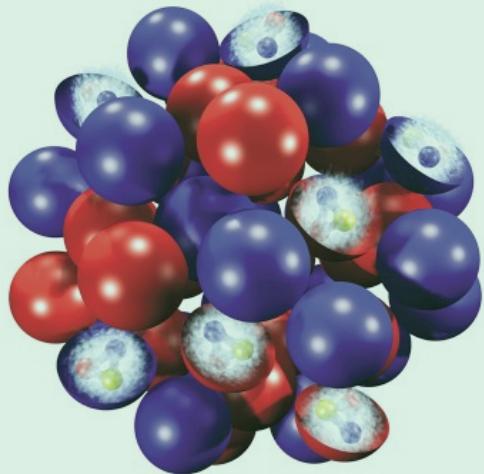
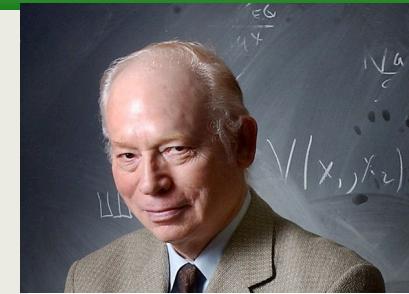


Degrees of freedom

Weinberg's 3rd law of progress in theoretical physics:

You may use any degrees of freedom you like to describe a physical system, but if you use the wrong ones, you will be sorry...

in Asymptotic Realms of Physics, MIT Press, Cambridge, 1983



Typical momenta of nucleons in nuclei:

$$\langle \Psi | \hat{p} | \Psi \rangle \sim 50 - 300 \text{ MeV}$$

Fermi-momentum at the saturation density:

$$p_F = (3/2\pi^2\rho)^{1/3} \sim 270 \text{ MeV}$$

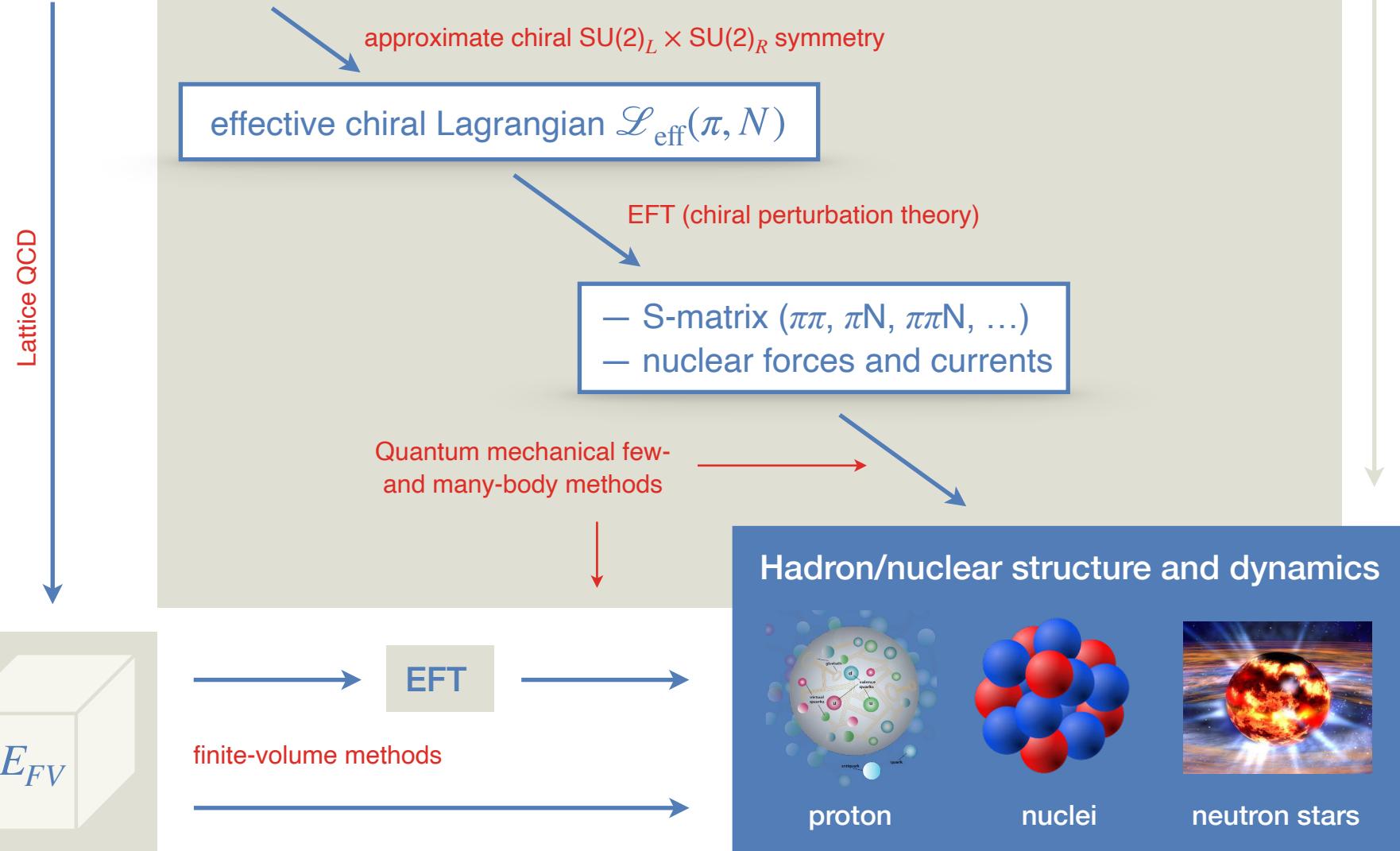
⇒ non-relativistic description in the framework of the A-body Schrödinger equation:

$$\left[\left(\sum_{i=1}^N \frac{-\vec{\nabla}^2}{2m} + \mathcal{O}(m^{-3}) \right) + \underbrace{V_{2N} + V_{3N} + V_{4N} + \dots}_{\text{derived in ChPT}} \right] |\Psi\rangle = E |\Psi\rangle$$

The Big Picture

The Standard Model (QCD, ...)

Schwinger-Dyson , large- N_c , ...



Chiral EFT and nuclear physics



Theoretical paradise...

Ordinary nuclei (non-strange) at physical quark masses

- good convergence of χ EFT
- long-range interactions fixed in a parameter-free way
- huge amount of high-quality data to fix few-N LECs

Hyper-nuclei at physical quark masses

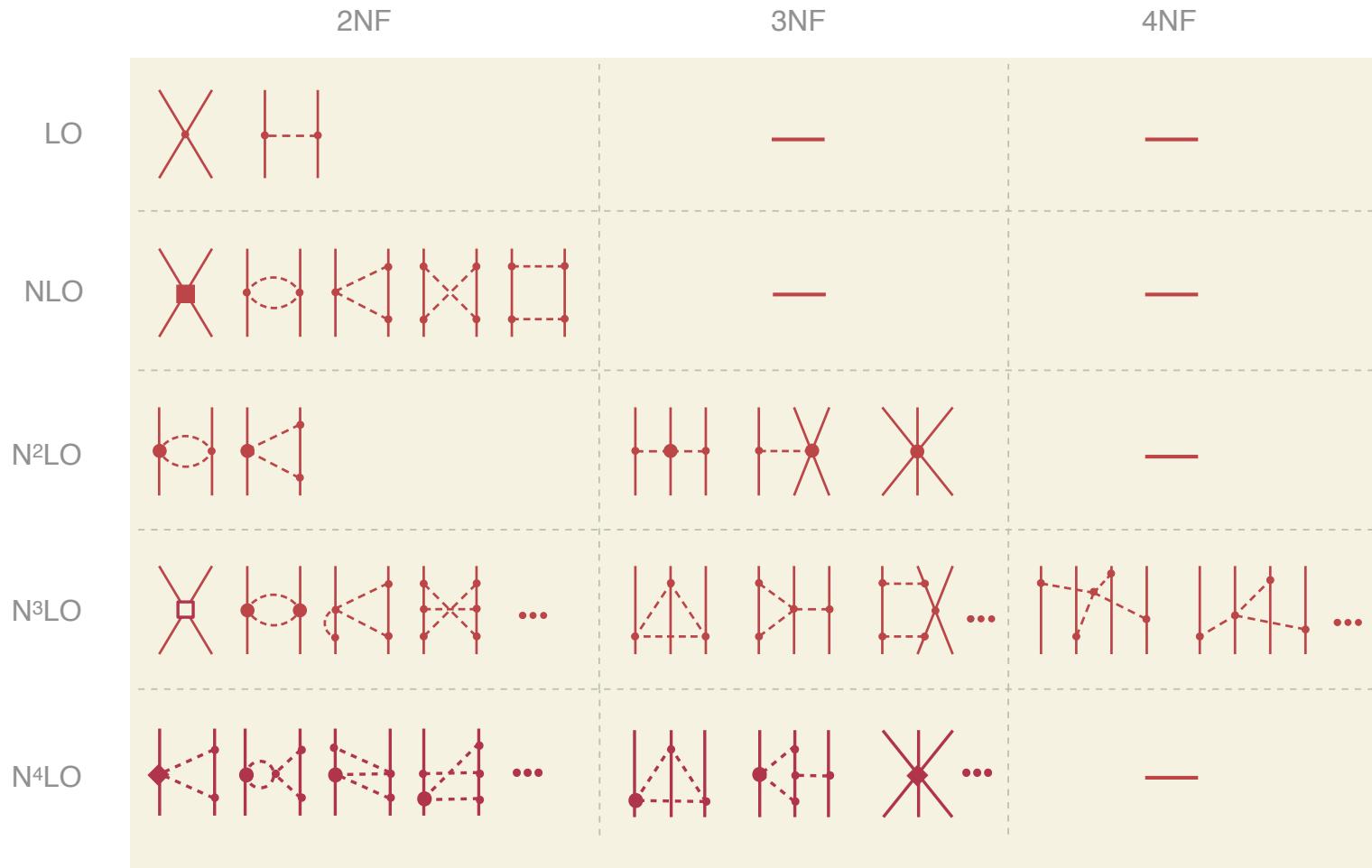
- slow convergence of χ EFT: M_K vs M_π ...
- many more LECs (e.g. LO: 2 for NN vs 6 for BB)
- $SU(3)_{\text{flavor}}$ much less accurate than $SU(2)_{\text{isospin}}$
- only few experimental data available

(Hyper-) nuclei at variable quark masses

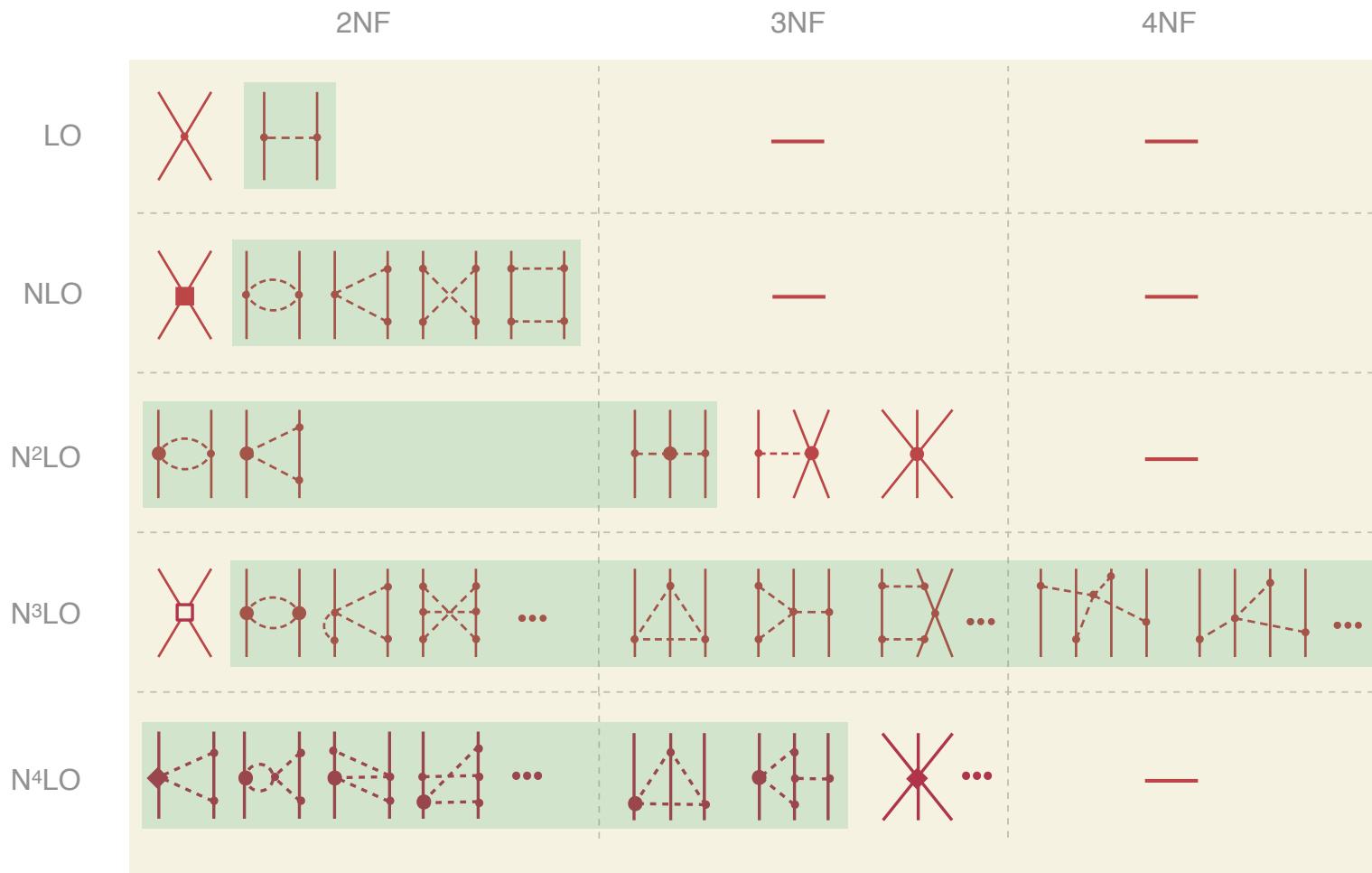
- no experimental data available
- lattice-QCD, Schwinger-Dyson?



The paradise...



The paradise...

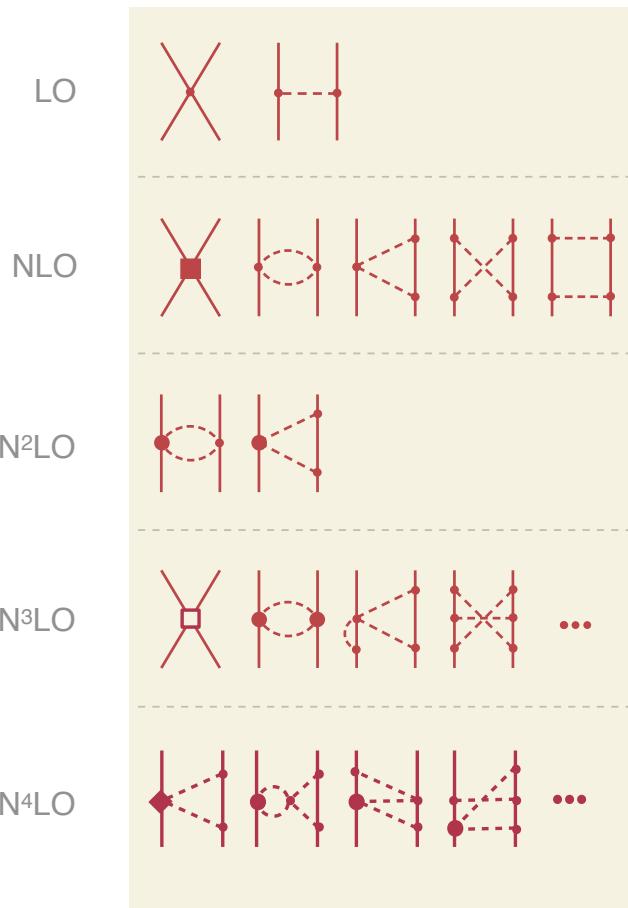


Chiral dynamics: Long-range interactions are predicted in terms of on-shell amplitudes
 $(\pi N$ LECs are known from the Roy-Steiner analysis [Hoferichter et al.'15](#))

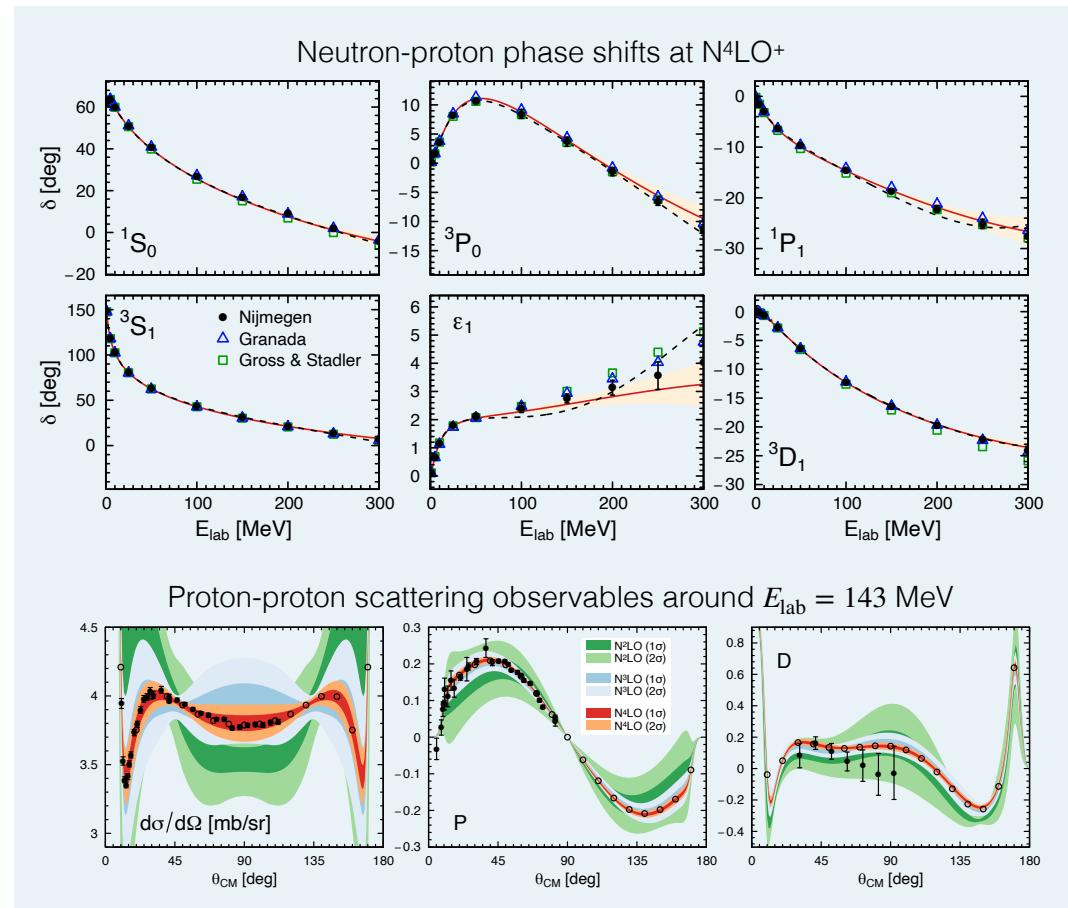


The paradise...

2NF



χ EFT as a precision tool in the two-nucleon sector



— Determination of the neutron charge radius from the ${}^2\text{H}$ structure radius [Filin et al., PRL 124 \(20\)](#); [PRC 103 \(21\)](#)

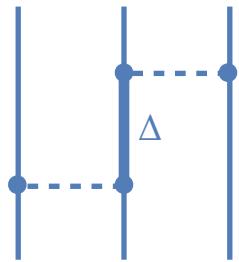
$$r_{\text{str}}^2 = \underbrace{r_d^2 - r_p^2 - r_n^2}_{3.82070(31) \text{ fm}^2} - 3/(4m_p^2) = 1.9729^{+0.0015}_{-0.0012} \text{ fm} \Rightarrow r_n^2 = -0.105^{+0.005}_{-0.006} \text{ fm}^2$$

[Pachucki et al. '18](#)

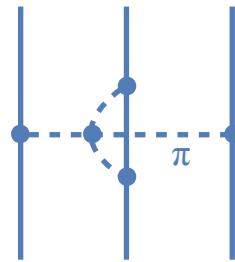
— Extraction of πN coupling constant(s) from NN scattering data: $g_{\pi\text{N}} = 13.92 \pm 0.09$ [Reinert, Krebs, EE, PRL 126 \(21\)](#)

Three-body force: A frontier in nuclear physics

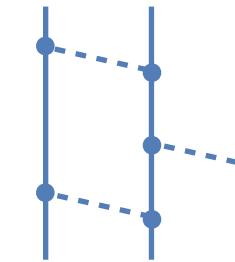
- Three-nucleon forces (3NF) are small **but important** corrections to the dominant NN forces
- 3NF mechanisms:



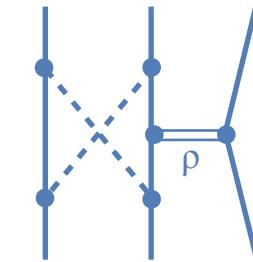
intermediate Δ -excitation
Fujita, Miyazawa '57



multi-pion interactions



off-shell behavior of the V_{NN}
 $V_{\text{ring}} = \mathcal{A}_{3\pi} - V_\pi G_0 V_\pi G_0 V_\pi$



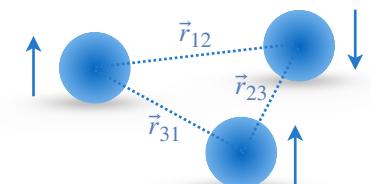
short-range

⇒ 3NF are not directly measurable and depend
on the scheme (DoF, off-shell V_{NN} , ...)

- 3NF have extremely rich and complex structure

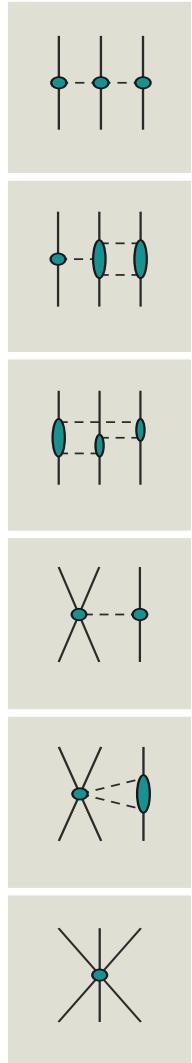
— most general *local* 3NF: $V_{3N} = \sum_{i=1}^{20} O_i f_i(r_{12}, r_{23}, r_{31}) + \text{permutations}$
EE, Gasparyan, Krebs, Schat '15

— most general *nonlocal* 3NF: **320 (!) operators** Topolnicki '17



⇒ Guidance from theory indispensable — an opportunity for χ EFT!

Three-body force: A frontier in nuclear physics



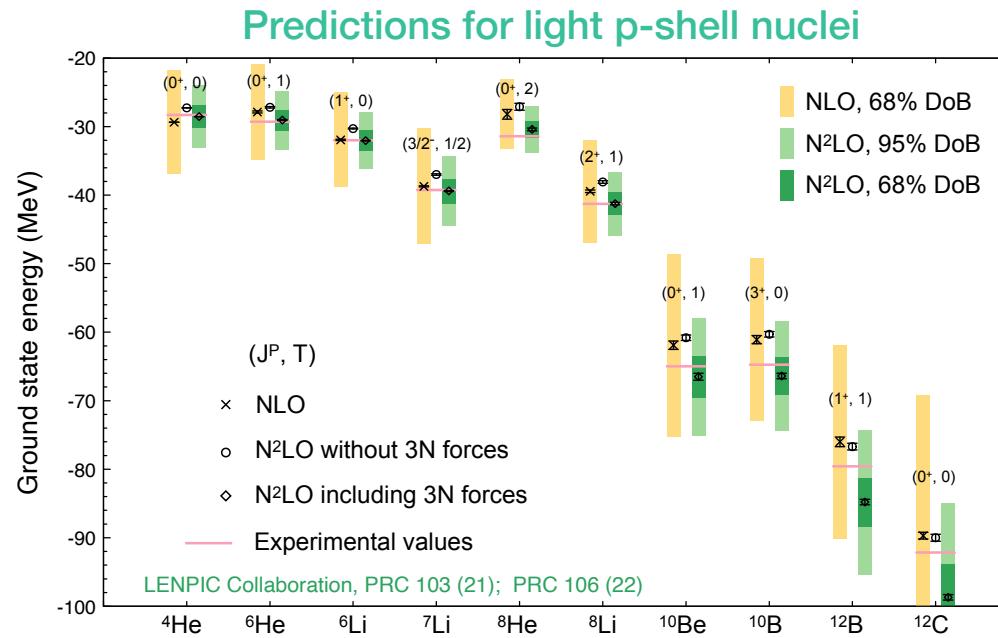
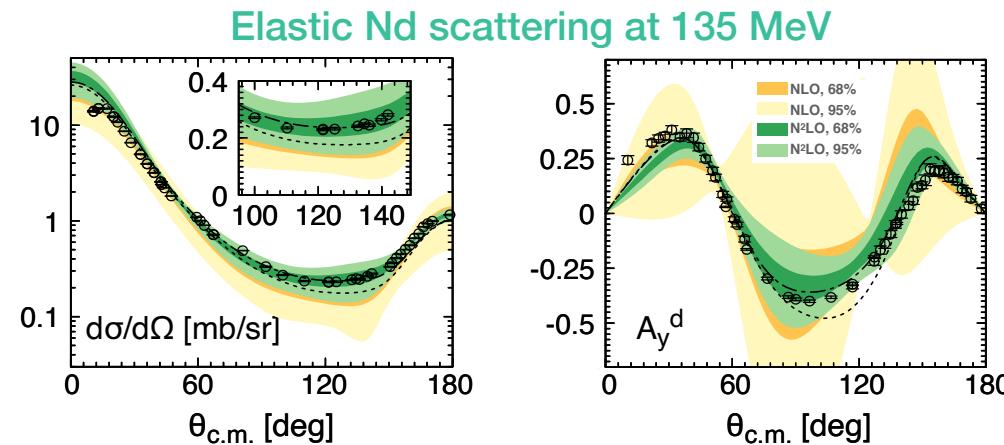
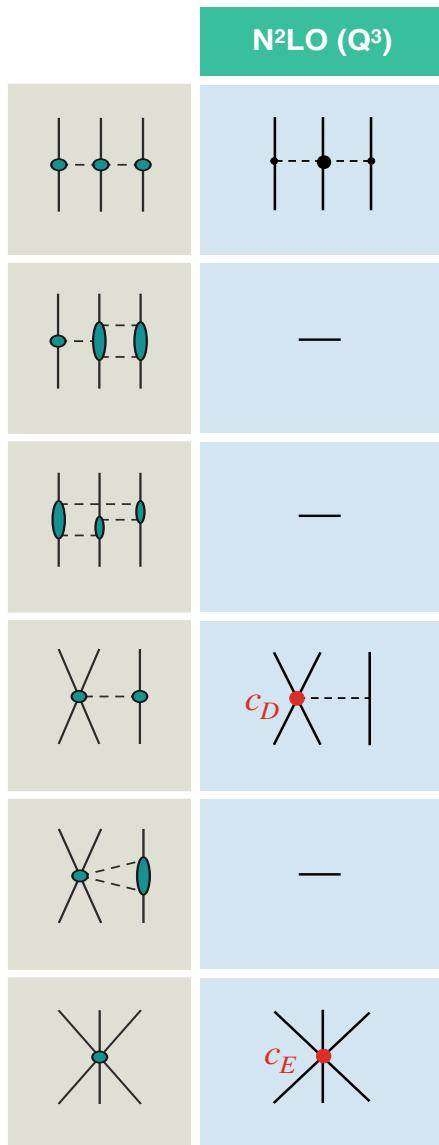
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Three-body force: A frontier in nuclear physics

N ² LO (Q^3)	
	—
	—
	c_D
	—
	c_E

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Three-body force: A frontier in nuclear physics



LENPIC

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Three-body force: A frontier in nuclear physics

N ² LO (Q ³)	N ³ LO (Q ⁴)			N ⁴ LO (Q ⁵)
		+ + + ... Ishikawa, Robilotta '08; Bernard, EE, Krebs, Meißner '08		+ + + ... Krebs, Gasparyan, EE '12
	—	+ + + ... Bernard, EE, Krebs, Meißner '08		+ + + ... Krebs, Gasparyan, EE '13
	—	+ + + ... Bernard, EE, Krebs, Meißner '08		+ + + ... Krebs, Gasparyan, EE '13
	c_D	+ + + ... Bernard, EE, Krebs, Meißner '11		+ + + ...
	—	+ + + ... Bernard, EE, Krebs, Meißner '11		+ + + ...
	c_E	—		13 LECs Girlanda, Kievski, Viviani '11

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Three-body force: A frontier in nuclear physics

N ² LO (Q ³)	N ³ LO (Q ⁴)		N ⁴ LO (Q ⁵)
		
	—	
	—	
	c_D	
	—	
	c_E	mixing DimReg with Cutoff regularization in the Schrödinger equation violates χ -symmetry ⇒ need to be re-derived using symmetry-preserving Cutoff regularization	

⇒ Guidance from theory indispensable — an opportunity for χ EFT!

Hyper-nuclear interactions

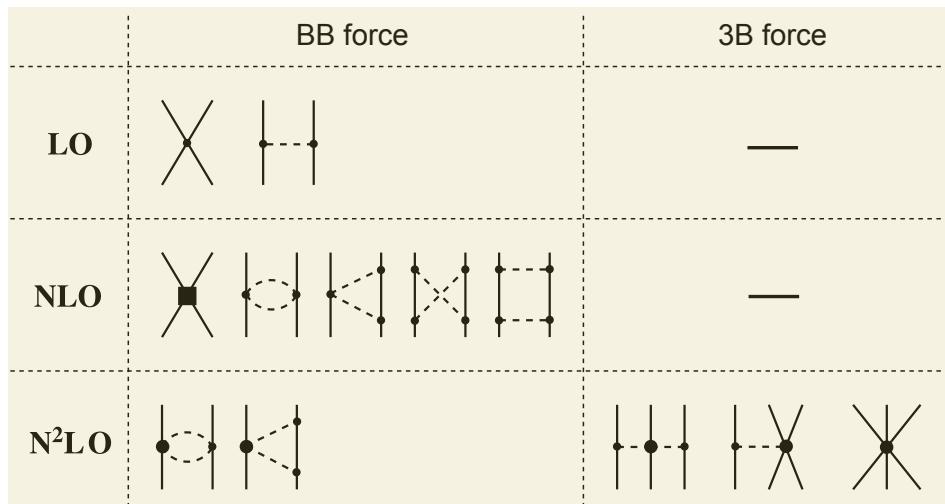
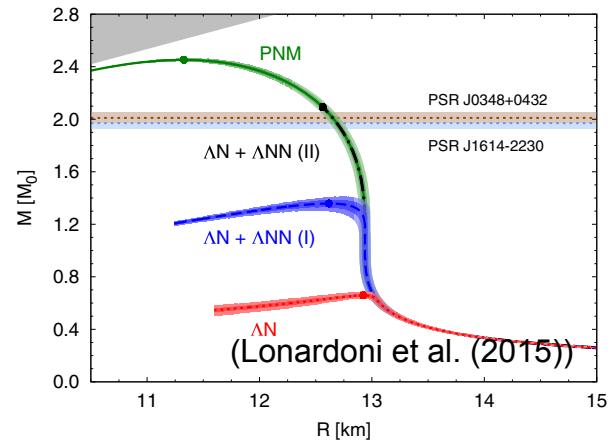
Motivation: Λ as a probe of nuclear structure, hyperon puzzle

Experimental efforts:

- J-PARC
- Jefferson Lab
Exploring the Nature of Matter
- mmi
- FAIR

+ femtoscopy (ALICE, ...)

Theory: much more challenging than SU(2)...



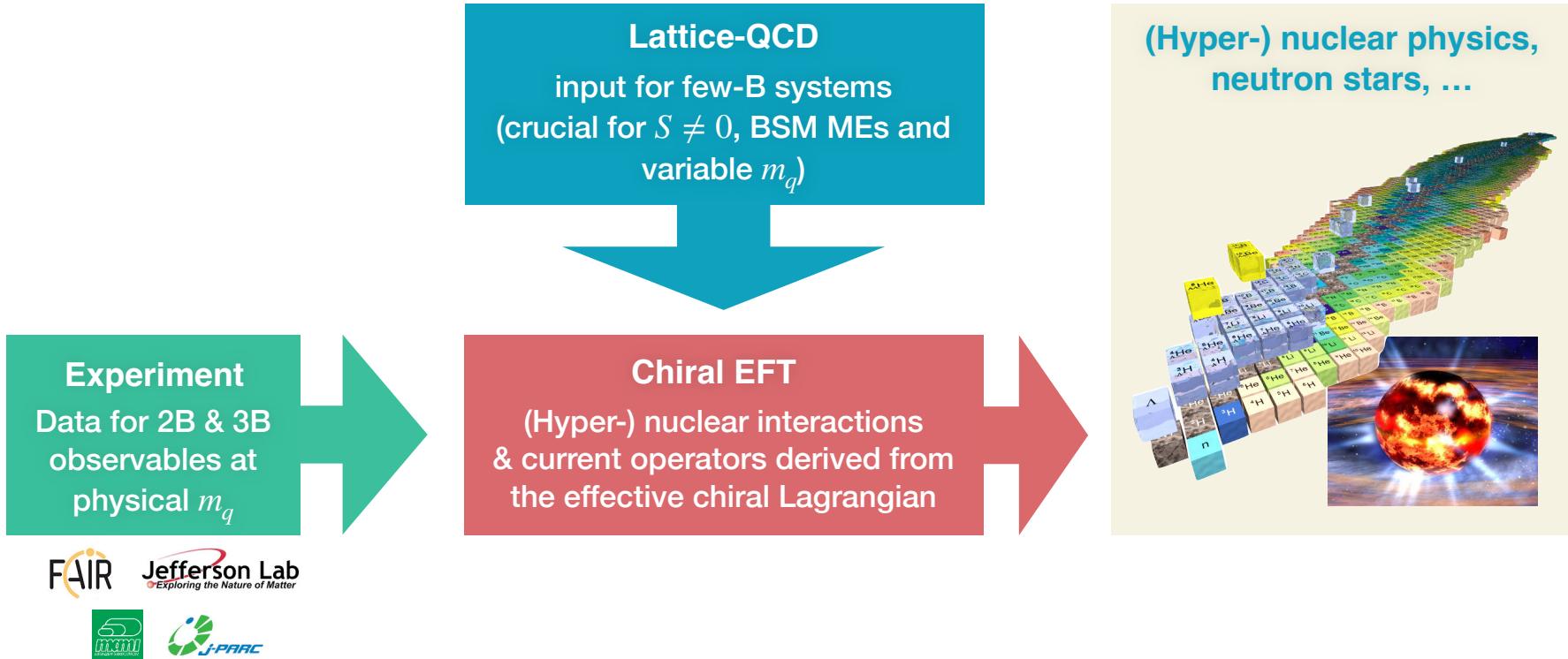
←
5 (+1) NN/YN (YY)
short range parameters

←
23(+5) NN/YN (YY)
short range parameters

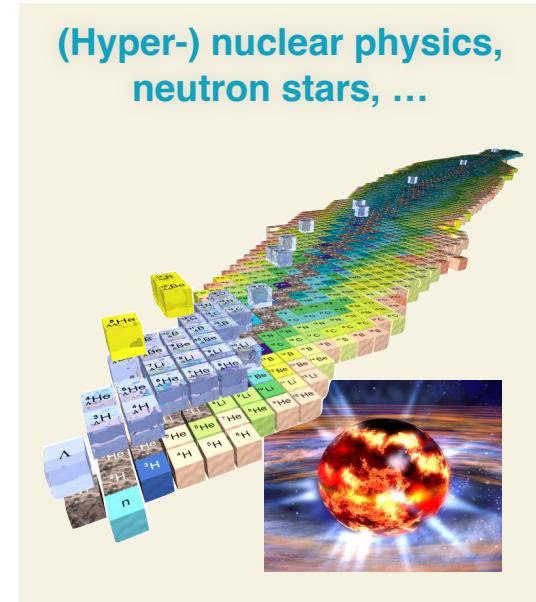
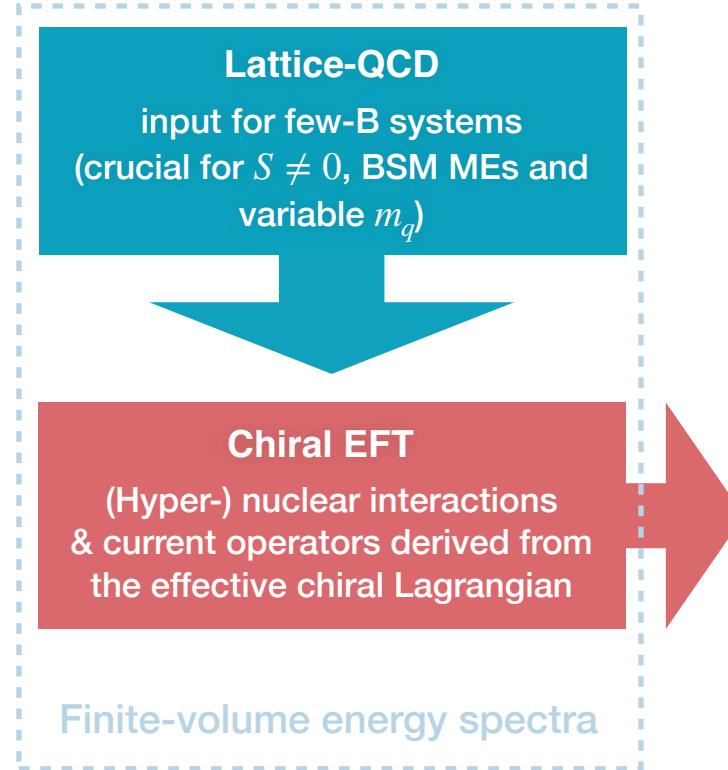
BB and 3B interactions developed by the Jülich-Bonn-Munich group [Haidenbauer et al.]:
NLO13, NLO16, NLO19, N^2LO22 (different regularizations & constraints)

— more in the talks by Laura Tolos and Andreas Nogga —

Long-term strategy



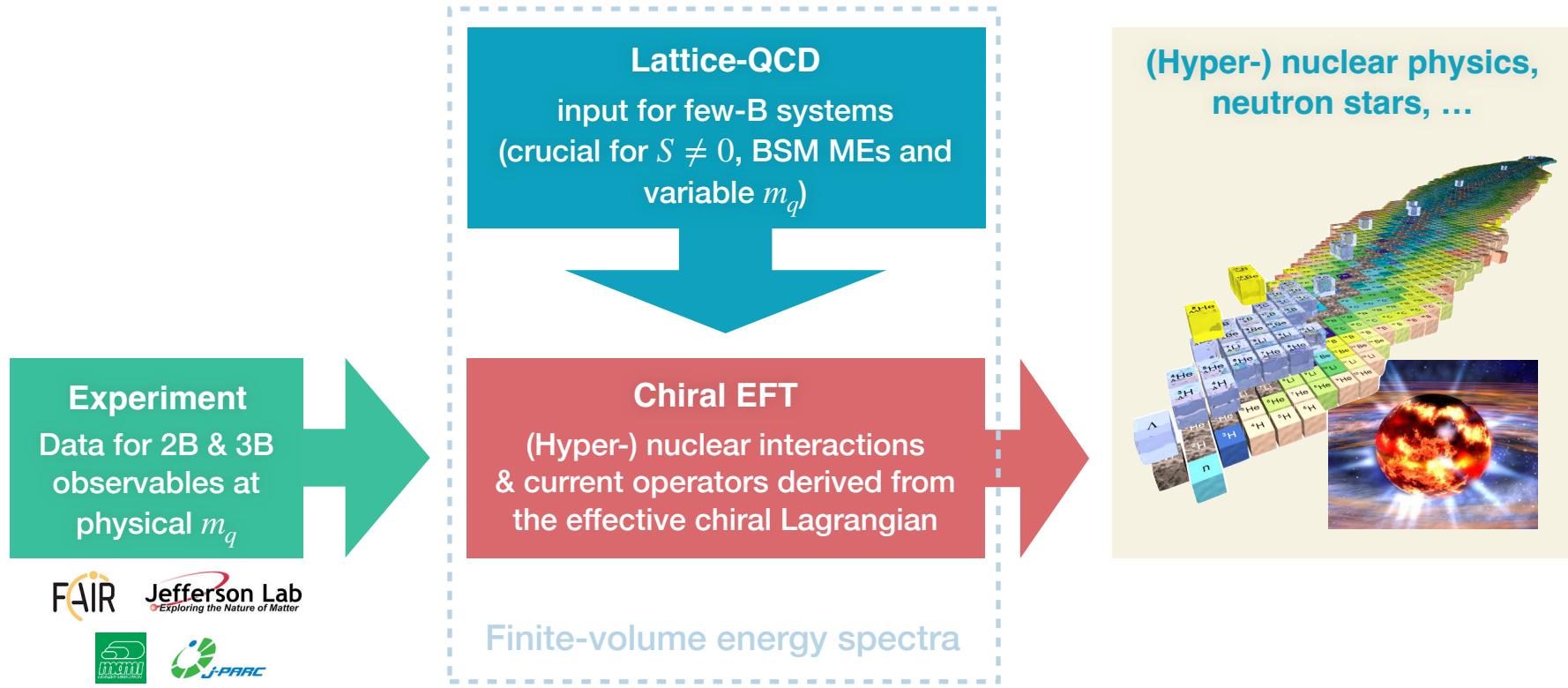
Long-term strategy



Important new developments

- Finite volume energy spectra as an efficient interface between L-QCD and χ EFT Lu Meng, EE, JHEP 10 (21)
(Infinite-volume extrapolations without Lüscher, no t-channel cut problem, partial-wave mixing included)

Long-term strategy



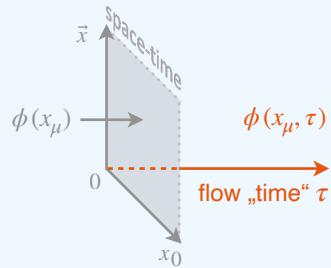
Important new developments

- Finite volume energy spectra as an efficient interface between L-QCD and χ EFT [Lu Meng, EE, JHEP 10 \(21\)](#)
(Infinite-volume extrapolations without Lüscher, no t-channel cut problem, partial-wave mixing included)
- Symmetry-preserving cutoff regularization (Gradient flow + path integral) [Hermann Krebs, EE, 2311.10893, 2312.139932](#)
(Crucial for high-precision 3NF and currents and for chiral extrapolations of few-B LQCD results)

Gradient flow

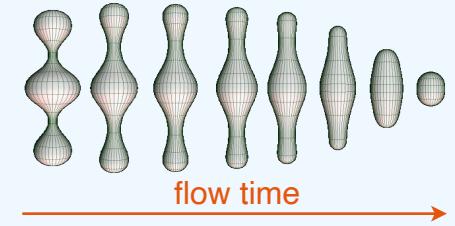
Gradient flows: methods for smoothing manifolds
(e.g., Ricci flow used in the proof of the Poincaré conjecture)

Gradient flow as a regulator in field theory



Flow equation:
$$\frac{\partial}{\partial \tau} \phi(x, \tau) = - \left. \frac{\delta S[\phi]}{\delta \phi(x)} \right|_{\phi(x) \rightarrow \phi(x, \tau)}$$

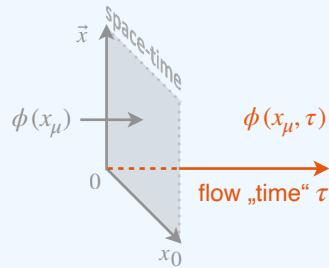
subject to the boundary condition $\phi(x, 0) = \phi(x)$



Gradient flow

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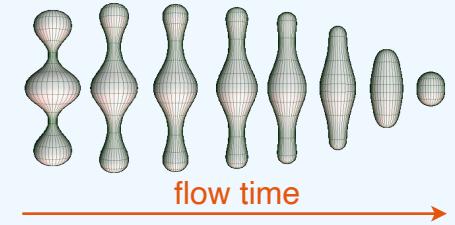
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Free scalar field:

$$[\partial_\tau - (\partial_\mu^x \partial_\mu^x - M^2)] \phi(x, \tau) = 0 \quad \Rightarrow \quad \phi(x, \tau) = \underbrace{\int d^4y G(x - y, \tau) \phi(y)}_{\text{heat kernel}} \quad \Rightarrow \quad \tilde{\phi}(q, \tau) = e^{-\tau(q^2 + M^2)} \tilde{\phi}(q)$$

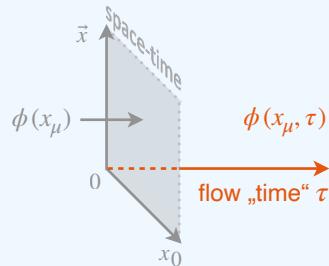
$$G(x, \tau) = \frac{\theta(\tau)}{16\pi^2 \tau^2} e^{-\frac{x^2 + 4M^2 \tau^2}{4\tau}}$$



Gradient flow

Gradient flows: methods for smoothing manifolds
(e.g., Ricci flow used in the proof of the Poincaré conjecture)

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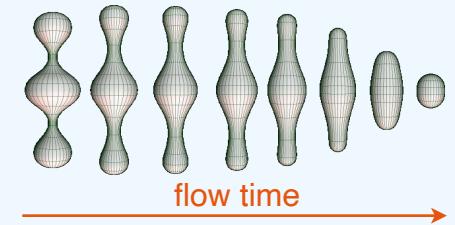
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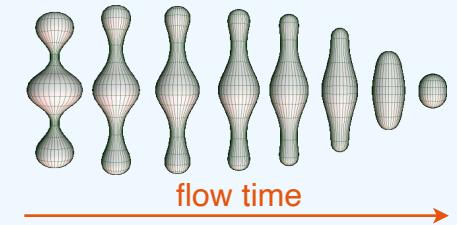
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YM gradient flow Narayanan, Neuberger '06, Lüscher, Weisz '11: $\partial_\tau A_\mu(x, \tau) = D_\nu G_{\nu\mu}(x, \tau)$ ← extensively used in LQCD

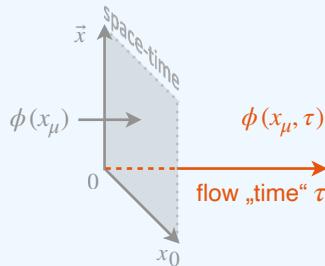


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Chiral gradient flow Krebs, EE, 2312.13932

Start with $U(\pi(x)) \in \text{SU}(2) \rightarrow RU(x)L^\dagger$

$$[D_\mu, w_\mu] + \frac{i}{2} \chi_-(\tau) - \frac{i}{4} \text{Tr} \chi_-(\tau)$$

Generalize $U(x)$ to $W(x, \tau)$: $\partial_\tau W = -iw \underbrace{\text{EOM}(\tau)}_{\sqrt{W}} w, \quad W(x, 0) = U(x)$

We have proven $\forall \tau: W(x, \tau) \in \text{SU}(2), \quad W(x, \tau) \rightarrow RW(x, \tau)L^\dagger$

Gradient flow for chiral interactions

unpublished work by DBK

But sometimes momentum cutoff regulators are preferred:

- Better behavior for nonperturbative, computational applications (eg, chiral nuclear forces)
- ...but violate chiral symmetry and can lead to problems

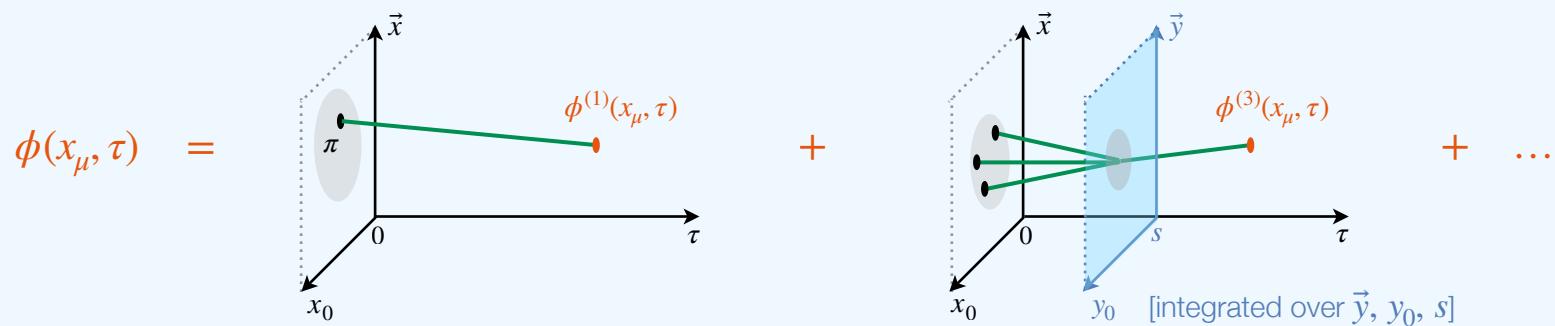
This talk: a way to avoid the latter's problems.

Gradient flow regularization

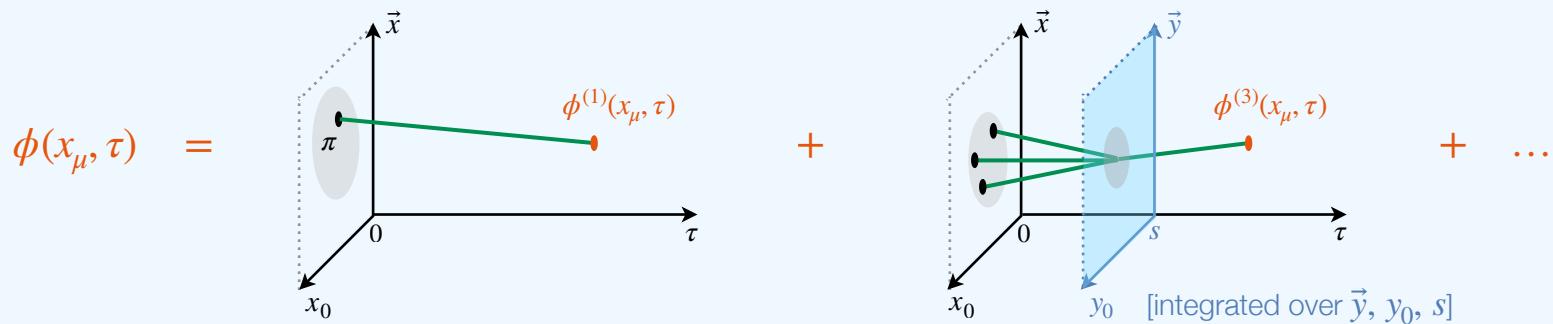
Solving the chiral gradient flow equation $\partial_\tau W = -iw \text{EOM}(\tau) w$

- most general parametrization of U : $U = 1 + \frac{i}{F} \boldsymbol{\tau} \cdot \boldsymbol{\pi} \left(1 - \alpha \frac{\boldsymbol{\pi}^2}{F^2} \right) + \mathcal{O}(\boldsymbol{\pi}^4)$
- similarly, write $W = 1 + i\boldsymbol{\tau} \cdot \boldsymbol{\phi} (1 - \alpha \boldsymbol{\phi}^2) - \mathcal{O}(\boldsymbol{\phi}^4)$ and make an ansatz $\boldsymbol{\phi} = \sum_{n=0}^{\infty} \frac{\boldsymbol{\phi}^{(n)}}{F^n}$
⇒ recursive (perturbative) solution of the GF equation in $1/F$

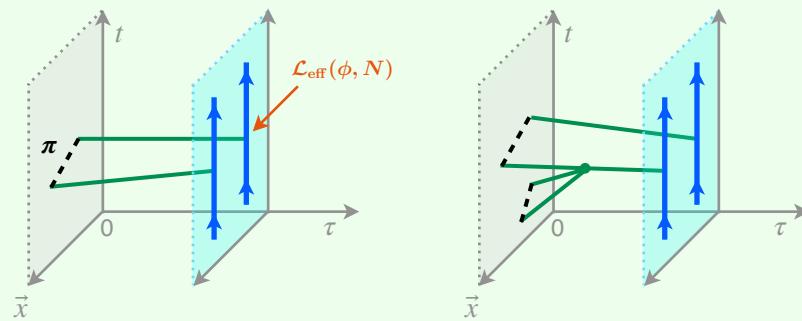
Gradient flow regularization



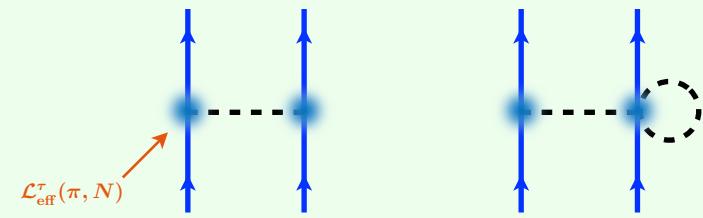
Gradient flow regularization



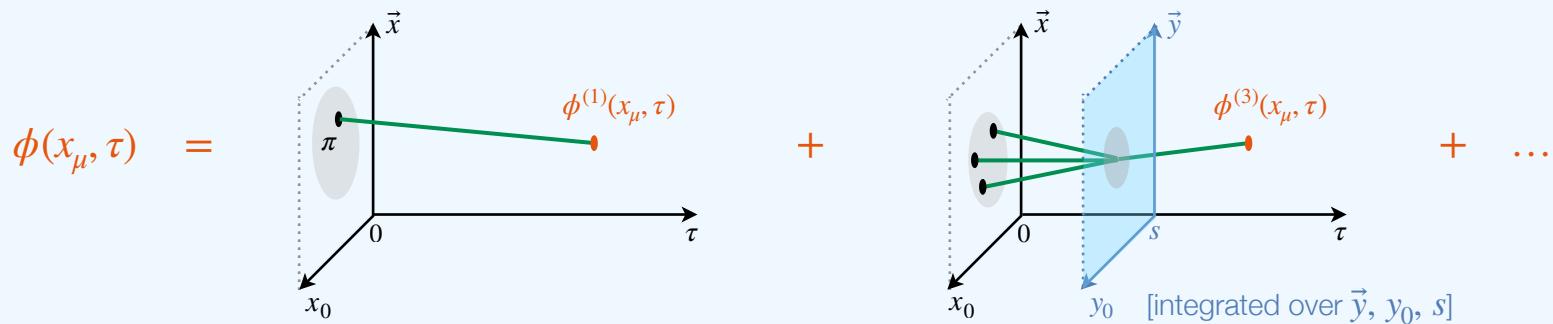
Local field theory in 5d



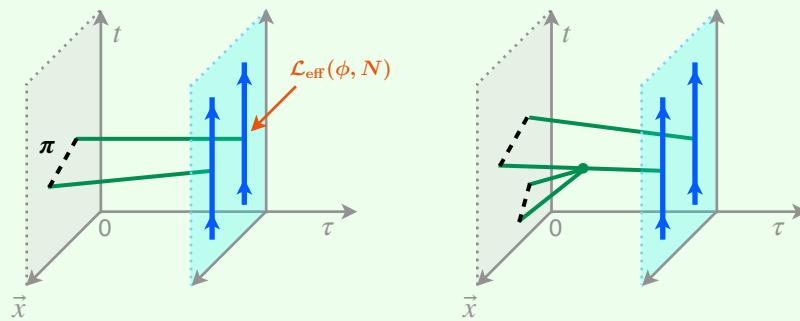
Smeared (non-local) theory in 4d



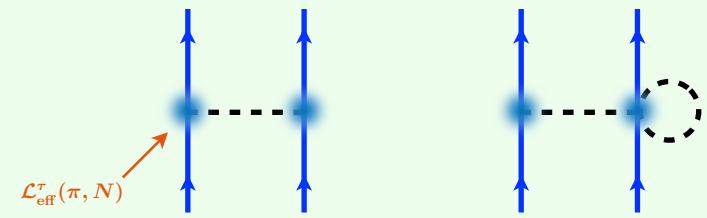
Gradient flow regularization



Local field theory in 5d



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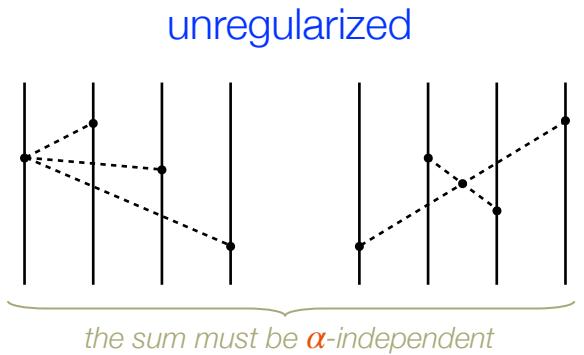
We now have the regularized Lagrangian, but cannot use the canonical-quantization-based UT method to derive nuclear forces ($\partial_0^n \pi$ with arbitrary n...). **Path Integral approach** [Krebs, EE, e-Print: 2312.13932]:

$$Z[\eta^\dagger, \eta] = A \int \mathcal{D}N^\dagger \mathcal{D}N \mathcal{D}\pi \exp\left(iS_{\text{eff}}^\Lambda + i \int d^4x [\eta^\dagger N + N^\dagger \eta]\right)$$

nonlocal redefinitions of N, N^\dagger $\xrightarrow{} A \int \mathcal{D}\tilde{N}^\dagger \mathcal{D}\tilde{N} \exp\left(iS_{\text{eff}, N}^\Lambda + i \int d^4x [\eta^\dagger \tilde{N} + \tilde{N}^\dagger \eta]\right)$

instantaneous

Gradient flow regularization at work

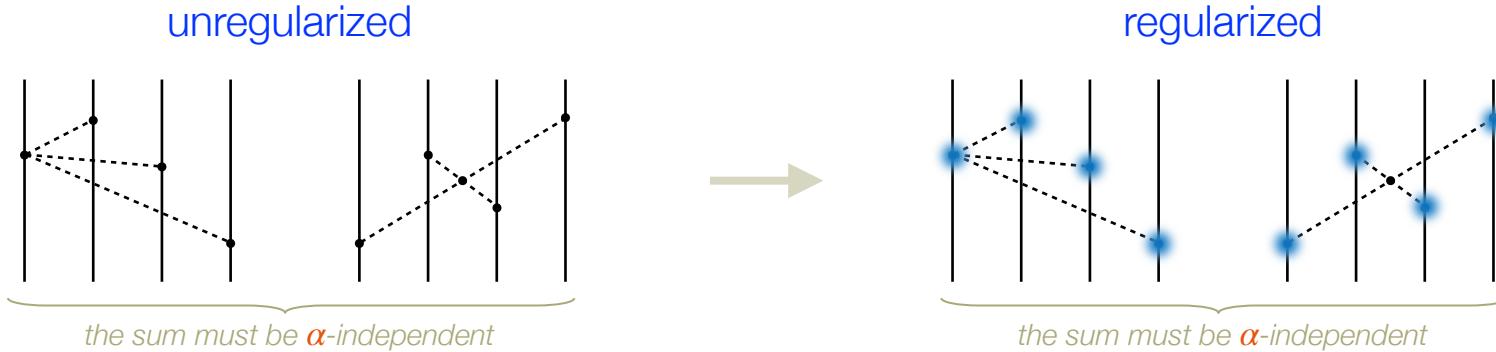


Un-regularized expression for this 4NF [EE, EPJA 34 2007]:

$$\begin{aligned} V^{4N} &= -\frac{g^4}{64F^6} \frac{\hat{O}_{[\sigma_i, \tau_i, \vec{q}_i]}}{(\vec{q}_2^2 + M^2)(\vec{q}_3^2 + M^2)(\vec{q}_4^2 + M^2)} \vec{\sigma}_1 \cdot \vec{q}_{12} \\ &+ \frac{g^4}{128F^6} \frac{\vec{\sigma}_1 \cdot \vec{q}_1 \hat{O}_{[\sigma_i, \tau_i, \vec{q}_i]}}{(\vec{q}_1^2 + M^2)(\vec{q}_2^2 + M^2)(\vec{q}_3^2 + M^2)(\vec{q}_4^2 + M^2)} (M^2 + \vec{q}_{12}^2) + 23 \text{ perm.} \end{aligned}$$

$\hat{O}_{[\sigma_i, \tau_i, \vec{q}_i]} = \tau_1 \cdot \tau_2 \tau_3 \cdot \tau_4 \vec{\sigma}_2 \cdot \vec{q}_2 \vec{\sigma}_3 \cdot \vec{q}_3 \vec{\sigma}_4 \cdot \vec{q}_4$

Gradient flow regularization at work



Gradient-flow regularization:

$$\begin{aligned}
 V_{\Lambda}^{4N} = & \frac{g^4}{64F^6} \frac{\hat{O}_{[\sigma_i, \tau_i, \vec{q}_i]}}{(\vec{q}_2^2 + M^2)(\vec{q}_3^2 + M^2)(\vec{q}_4^2 + M^2)} \left[\vec{\sigma}_1 \cdot \vec{q}_1 (2g_{\Lambda} - 4f_{\Lambda}^{123} + 2f_{\Lambda}^{134} - f_{\Lambda}^{234}) - \vec{\sigma}_1 \cdot \vec{q}_2 f_{\Lambda}^{234} \right. \\
 & + 2\vec{\sigma}_1 \cdot \vec{q}_1 (5M^2 + \vec{q}_1^2 + \vec{q}_2^2 + \vec{q}_3^2 + \vec{q}_4^2 + \vec{q}_{34}^2) \frac{g_{\Lambda} - f_{\Lambda}^{134}}{2M^2 + \vec{q}_1^2 + \vec{q}_3^2 + \vec{q}_4^2 - \vec{q}_2^2} \\
 & \left. - 4\vec{\sigma}_1 \cdot \vec{q}_1 (3M^2 + \vec{q}_1^2 + \vec{q}_2^2 + \vec{q}_3^2 + \vec{q}_4^2 - \vec{q}_{34}^2) \frac{g_{\Lambda} - f_{\Lambda}^{124}}{2M^2 + \vec{q}_1^2 + \vec{q}_2^2 + \vec{q}_4^2 - \vec{q}_3^2} \right] \\
 & + \frac{g^4}{128F^6} \frac{\vec{\sigma}_1 \cdot \vec{q}_1 \hat{O}_{[\sigma_i, \tau_i, \vec{q}_i]}}{(\vec{q}_1^2 + M^2)(\vec{q}_2^2 + M^2)(\vec{q}_3^2 + M^2)(\vec{q}_4^2 + M^2)} (M^2 + \vec{q}_{12}^2) (4f_{\Lambda}^{123} - 3g_{\Lambda}) + 23 \text{ perm.}, \\
 & f_{\Lambda}^{ijk} = e^{-\frac{\vec{q}_i^2 + M^2}{\Lambda^2}} e^{-\frac{\vec{q}_j^2 + M^2}{\Lambda^2}} e^{-\frac{\vec{q}_k^2 + M^2}{\Lambda^2}}
 \end{aligned}$$

(coincides with the un-regularized result in the $\Lambda \rightarrow \infty$ limit)

Summary and outlook

Long term goal: Predictive and reliable theory of nuclear structure and reactions
using χ EFT

- Nuclear forces at physical m_q
 - NN interactions in good shape
 - 3NF: promising results at N²LO, higher orders in progress (**Gradient flow**)
- Hyper-nuclear forces at physical m_q
 - BB available up to N²LO (exploratory...)
 - Leading 3B-forces worked out
 - Need more input to fix LECs: FAIR, lattice-QCD, femtoscopy? large-Nc?
- Hyper-nuclear physics at variable m_q
 - Will have to rely on lattice-QCD: Match LQCD and χ EFT in finite volume!
 - Schwinger-Dyson?

Thank you for your attention

ChPT, QFT methods

$$\mathcal{L}_{\text{QCD}} = -\frac{1}{4}G_a^{\mu\nu}G_{a,\mu\nu} + \bar{q}(i\gamma^\mu D_\mu - \mathcal{M})q = -\frac{1}{4}G_a^{\mu\nu}G_{a,\mu\nu} + \underbrace{\bar{q}_L iDq_L + \bar{q}_R iDq_R}_{G \equiv \text{SU}(N_f)_L \times \text{SU}(N_f)_R \text{ invariant}} - \underbrace{q_L \mathcal{M} q_R - q_R \mathcal{M} q_L}_{\text{small for } N_f = 2}$$

$\text{SSB to } H \equiv \text{SU}(N_f)_V \leq \text{SU}(N_f)_L \times \text{SU}(N_f)_R \Rightarrow N_f^2 - 1 \text{ GBs}$

Low-energy QCD dynamics can be described in terms of $\mathcal{L}_{\text{eff}}[\text{GBs} + \text{matter fields } (N, \Delta, \dots)]$

ChPT, QFT methods

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GBs are associated with coordinates ξ of the coset space G/H : $g = e^{\xi \cdot A} e^{s \cdot V} \in G, h = e^{s \cdot V} \in H$.

CCWZ nonlinear realization of G : $\begin{cases} \xi & \xrightarrow{g_0} \xi' = \xi'(\xi, g_0) \\ \phi & \xrightarrow{g_0} \phi' = \mathcal{D}^{(n)}[e^{s' \cdot V}] \phi \end{cases}$ where $g_0 e^{\xi \cdot A} =: e^{\xi' \cdot A} e^{s' \cdot V}$

(becomes representation for $g_0 \in H$)

In practice, it is more convenient to work with

$$U \equiv e^{2\xi \cdot V} \in \text{SU}(2), \quad U = \underbrace{1 + \frac{i}{F} \boldsymbol{\tau} \cdot \boldsymbol{\pi} \left(1 - \alpha \frac{\boldsymbol{\pi}^2}{F^2} \right) + \mathcal{O}(\boldsymbol{\pi}^4)}_{\text{ambiguous, but S-matrix is parametrization-independent}}, \quad U \xrightarrow{g_0} e^{\theta_R \cdot V} U e^{-\theta_L \cdot V} \equiv RUL^\dagger.$$

$$\Rightarrow \mathcal{L}_{\text{eff}} = \mathcal{L}_\pi + \mathcal{L}_{\pi N} + \dots = \frac{F}{4} \text{Tr}(\partial_\mu U \partial^\mu U^\dagger) + \underbrace{l_1 \text{Tr}(\partial_\mu U \partial^\mu U^\dagger)^2}_{\text{LECs}} + \dots + \bar{N} \left[i\gamma_\mu D^\mu - m + \frac{g_A}{2} \gamma_\mu \gamma_5 u^\mu + \dots \right] N + \dots$$

$\uparrow \quad \uparrow$
SU(2) matrices, complicated functions of GBs

ChPT, QFT methods

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↑
SU(2) matrices, complicated functions of GBs

$$Z[\eta^\dagger, \eta, \boldsymbol{\nu}] = A \int \mathcal{D}N^\dagger \mathcal{D}N \mathcal{D}\pi \exp \left(iS_{\text{eff}} + i \int d^4x [\eta^\dagger N + N^\dagger \eta + \boldsymbol{\nu} \cdot \boldsymbol{\pi}] \right) \xrightarrow{\text{loop expansion}} \text{S-matrix}$$

GBs, 1N: perturbative expansion in \vec{p} , M_π : Feynman calculus

Regularization (typically DimReg), renormalization,
Passarino-Veltman reduction of tensor integrals, ...
Mathematica, FORM, FeynCalc, TARCER, ...

BChPT using gradient flow regularization

LO pion Lagrangian:

$$\mathcal{L}_\pi^E = \frac{F^2}{4} \text{Tr} [(\nabla_\mu U)^\dagger \nabla_\mu U - U^\dagger \chi - \chi^\dagger U]$$

$\underbrace{\nabla_\mu U = \partial_\mu U - ir_\mu U + iUl_\mu}_{\chi = 2B(s+ip)}$

 $\underbrace{D_\mu = \partial_\mu + \Gamma_\mu, \text{ where } \Gamma_\mu = \frac{1}{2}[u^\dagger, \partial_\mu u] - \frac{i}{2}u^\dagger r_\mu u - \frac{i}{2}u l_\mu u^\dagger}_{\text{EOM} = [D_\mu, u_\mu] + \frac{i}{2}\chi_- - \frac{i}{4}\text{Tr }\chi_-}$

 $\underbrace{u_\mu = iu^\dagger \nabla_\mu U u^\dagger, \quad u = \sqrt{U}}_{\chi_\pm = u^\dagger \chi u^\dagger \pm u \chi^\dagger u}$

Construction of the Lagrangian in BChPT

Pion Lagrangian: $U(\pi) \rightarrow RUL^\dagger$, $\mathcal{L}_\pi^E = \frac{F^2}{4} \text{Tr} [(\nabla_\mu U)^\dagger \nabla_\mu U] + \dots$

BChPT using gradient flow regularization

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Generalization to N: $u(\boldsymbol{\pi}) := \sqrt{U}, \quad u \rightarrow RuK^\dagger = KuL^\dagger \quad \text{with} \quad K(L, R, U) = \sqrt{LU^\dagger R^\dagger} R \sqrt{U}$

Define [ccwz '69] $N \rightarrow KN$ and introduce $u_\mu = iu^\dagger \nabla_\mu U u^\dagger, \quad u_\mu \rightarrow Ku_\mu K^\dagger, \dots$

$$\Rightarrow \quad \mathcal{L}_{\pi N}^E = N^\dagger (D_0 + gu_\mu S_\mu) N + \dots$$

BChPT using gradient flow regularization

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BChPT using gradient flow regularization: $\mathcal{L}^E = \mathcal{L}_\pi^E + \mathcal{L}_{\pi N}^E(\tau), \quad \mathcal{L}_{\pi N}^E(\tau) = \underbrace{\mathcal{L}_{\pi N}^E|_{U \rightarrow W(\tau)}}_{\text{non-local (smeared) Lagrangian upon expressing in } \pi\text{'s}}$

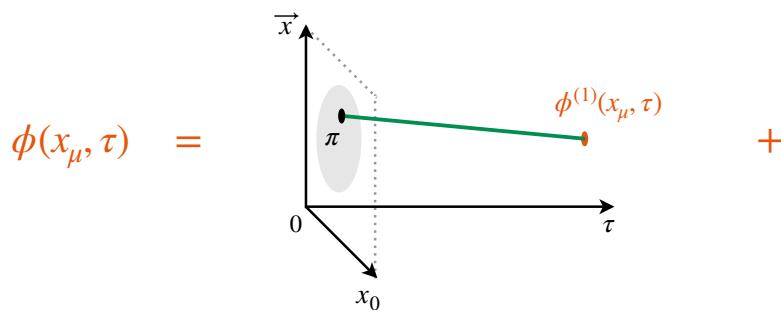
Solving the chiral gradient flow equation

Generalized pion field $\underbrace{\phi(x, \tau)}_{\text{calculated by recursively solving the GF equation using}}:$ $W = 1 + i\boldsymbol{\tau} \cdot \phi(1 - \alpha \phi^2) - \frac{\phi^2}{2} \left[1 + \left(\frac{1}{4} - 2\alpha \right) \phi^2 \right] + \dots$

$$\phi = \sum_{n=0}^{\infty} \frac{\phi^{(n)}}{F^n}$$

In the absence of external sources, one finds:

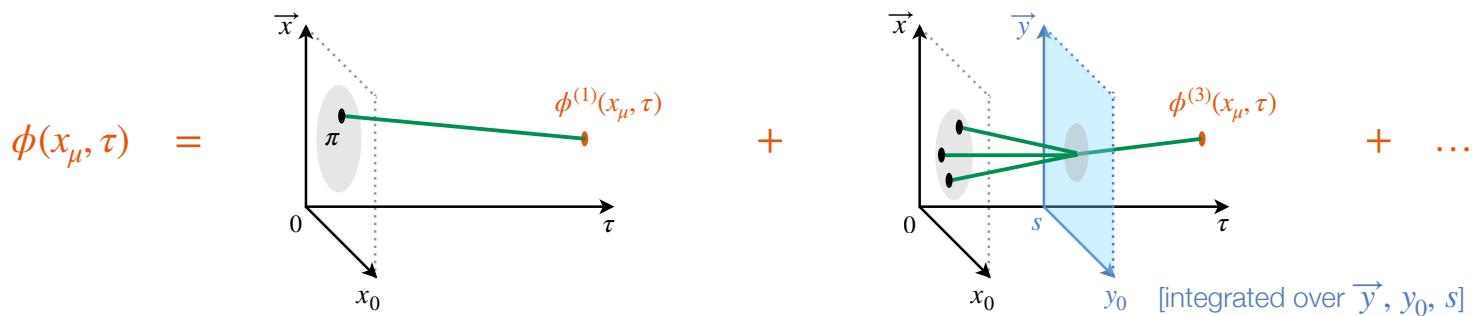
Solving the chiral gradient flow equation



$$\left. \begin{aligned} & [\partial_\tau - (\partial_\mu^x \partial_\mu^x - M^2)] \phi^{(1)}(x, \tau) = 0 \\ & \phi^{(1)}(x, 0) = \pi(x) \end{aligned} \right\} \Rightarrow \quad \phi^{(1)}(x, \tau) = \int d^4y \overbrace{G(x-y, \tau)}^{\theta(\tau)} \pi(y) \quad \Rightarrow \quad \tilde{\phi}^{(1)}(q, \tau) = e^{-\tau(q^2 + M^2)} \tilde{\pi}(q)$$

SMS regulator for $\tau = 1/(2\Lambda^2)$

Solving the chiral gradient flow equation



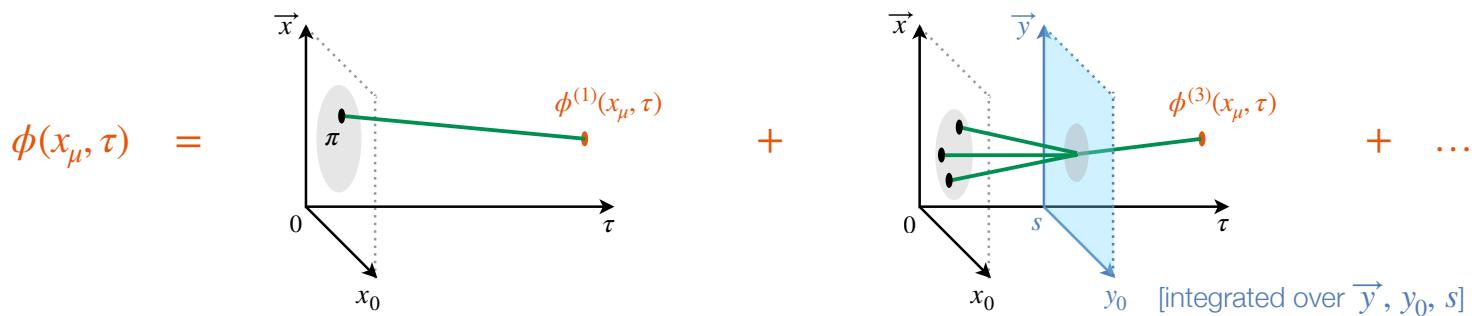
$$\left[\partial_\tau - (\partial_\mu^x \partial_\mu^x - M^2) \right] \phi^{(1)}(x, \tau) = 0 \quad \left. \phi^{(1)}(x, 0) = \boldsymbol{\pi}(x) \right\} \Rightarrow \quad \phi^{(1)}(x, \tau) = \int d^4y \overbrace{G(x-y, \tau)}^{\equiv \text{RHS}_b(x, \tau)} \boldsymbol{\pi}(y) \quad \Rightarrow \quad \tilde{\phi}^{(1)}(q, \tau) = e^{-\tau(q^2 + M^2)} \tilde{\boldsymbol{\pi}}(q)$$

SMS regulator for $\tau = 1/(2\Lambda^2)$

$$\left[\partial_\tau - (\partial_\mu^x \partial_\mu^x - M^2) \right] \phi_b^{(3)}(x, \tau) = \overbrace{(1-2\alpha)\partial_\mu \phi^{(1)} \cdot \partial_\mu \phi_b^{(1)} - 4\alpha \partial_\mu \phi^{(1)} \cdot \phi^{(1)} \partial_\mu \phi_b^{(1)} + \frac{M^2}{2}(1-4\alpha)\phi^{(1)} \cdot \phi^{(1)} \phi_b^{(1)}}^{\equiv \text{RHS}_b(x, \tau)} \quad \phi_b^{(3)}(x, 0) = 0$$

$$\Rightarrow \quad \phi_b^{(3)}(x, \tau) = \int_0^\tau ds \int d^4y G(x-y, \tau-s) \text{RHS}_b(y, s)$$

Solving the chiral gradient flow equation



$$\left[\partial_\tau - (\partial_\mu^x \partial_\mu^x - M^2) \right] \phi^{(1)}(x, \tau) = 0 \quad \left. \phi^{(1)}(x, 0) = \boldsymbol{\pi}(x) \right\} \Rightarrow \quad \phi^{(1)}(x, \tau) = \int d^4y \overbrace{G(x-y, \tau)}^{\text{RHS}_b(y, \tau)} \boldsymbol{\pi}(y) \quad \Rightarrow \quad \tilde{\phi}^{(1)}(q, \tau) = e^{-\tau(q^2 + M^2)} \tilde{\boldsymbol{\pi}}(q)$$

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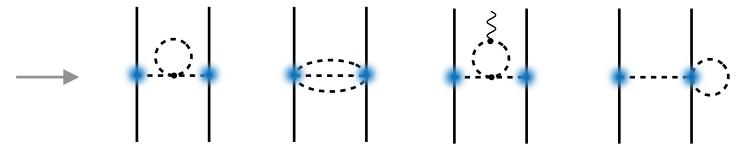
In momentum space, this solution takes the form:

$$\tilde{\phi}_b^{(3)}(q, \tau) = \int \prod_{i=1}^3 \frac{d^4 q_i}{(2\pi)^4} (2\pi)^4 \delta^4(q - q_1 - q_2 - q_3) \underbrace{f_\Lambda(\{q_i\})}_{\frac{e^{-\tau(q^2+M^2)} - e^{-\tau \sum_{j=1}^3 (q_j^2+M^2)}}{q_1^2 + q_2^2 + q_3^2 - q^2 + 2M^2}} \left[4\alpha q_1 \cdot q_3 - (1-2\alpha)q_1 \cdot q_2 + \frac{M^2}{2}(1-4\alpha) \right] \tilde{\boldsymbol{\pi}}(q_1) \cdot \tilde{\boldsymbol{\pi}}(q_2) \tilde{\pi}_b(q_3)$$

Gradient flow regularization at work

Gradient flow regularization at work

- per construction, no exponentially growing factors
- nuclear forces and currents are sufficiently regularized
(some purely pionic loops are divergent and require e.g. DR)

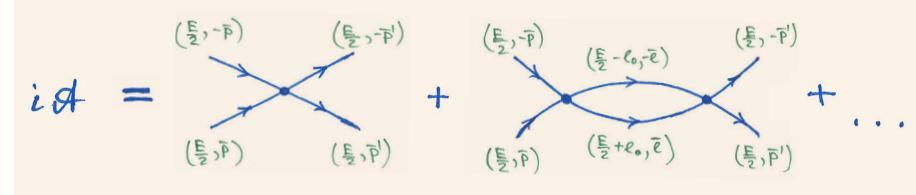


Warm-up exercise

Pion-less EFT:

$$\mathcal{L} = N^\dagger \left[i\partial_0 + \frac{\vec{\nabla}^2}{2m_N} \right] N - \frac{C_S}{2} (N^\dagger N)^2 + \dots$$

$$\Rightarrow \quad \mathcal{A}_{\text{tree}} = [C_0 + C_2(\vec{p}^2 + \vec{p}'^2) + \dots]$$

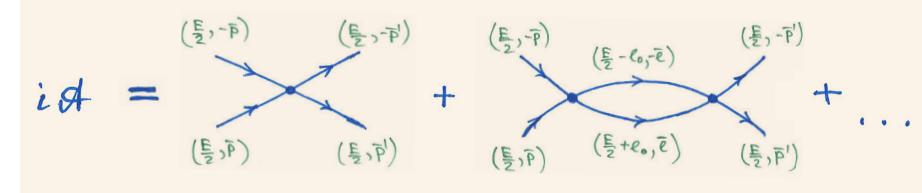


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Scattering amplitude to 1 loop:

$$\begin{aligned} -i\mathcal{A}_{\text{1-loop}} &= \int \frac{d^4 l}{(2\pi)^4} [C_0 + C_2(\vec{p}^2 + \vec{l}^2) + \dots] \frac{1}{\left(\frac{E}{2} + l_0 - \frac{\vec{l}^2}{2m_N} + i\epsilon\right)\left(\frac{E}{2} - l_0 - \frac{\vec{l}^2}{2m_N} + i\epsilon\right)} [C_0 + \dots] \\ &= -i \int \frac{d^3 l}{(2\pi)^3} [C_0 + C_2(\vec{p}^2 + \vec{l}^2) + \dots] \frac{1}{E - \frac{\vec{l}^2}{m_N} + i\epsilon} [C_0 + (\vec{l}^2 + \vec{p}'^2) \dots] \end{aligned}$$

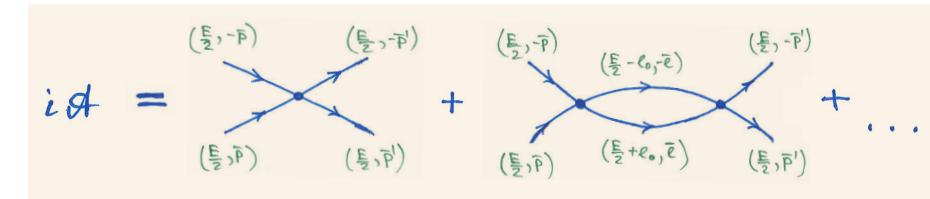
All l_0 -integrals factorize \Rightarrow Lippmann-Schwinger eq. $\mathcal{A} = \mathcal{V} + \mathcal{V} G_0 \mathcal{A}$ with $\mathcal{V} = -\mathcal{L}_{\text{int}}$

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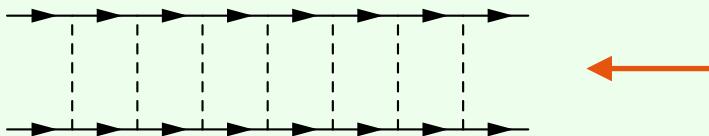
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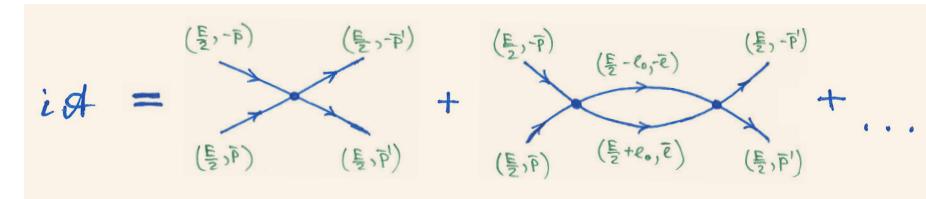
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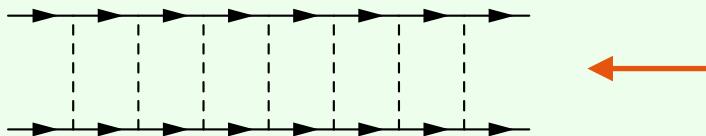
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Idea: $Z[\eta^\dagger, \eta] = A \int \mathcal{D}N^\dagger \mathcal{D}N \mathcal{D}\pi \exp\left(iS_{\text{eff}}^\Lambda + i \int d^4x [\eta^\dagger N + N^\dagger \eta]\right)$

nonlocal redefinitions of N, N^\dagger → $A \int \mathcal{D}\tilde{N}^\dagger \mathcal{D}\tilde{N} \exp\left(iS_{\text{eff}, N}^\Lambda + i \int d^4x [\eta^\dagger \tilde{N} + \tilde{N}^\dagger \eta]\right)$

instantaneous

Nuclear interactions from path integral

Regularized toy model: $\mathcal{L}_{\pi N}^E = N^\dagger \left[\partial_0 - \frac{\vec{\nabla}^2}{2m} - \frac{g}{2F} \vec{\sigma} \cdot \vec{\nabla} \boldsymbol{\pi} \cdot \boldsymbol{\tau} \right] N + \frac{1}{2} \boldsymbol{\pi} \cdot (-\partial^2 + M^2) e^{\frac{-\partial^2 + M^2}{\Lambda^2}} \boldsymbol{\pi}$

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Regularized toy model: $\mathcal{L}_{\pi N}^E = N^\dagger \left[\partial_0 - \frac{\vec{\nabla}^2}{2m} - \frac{g}{2F} \vec{\sigma} \cdot \vec{\nabla} \boldsymbol{\pi} \cdot \boldsymbol{\tau} \right] N + \frac{1}{2} \boldsymbol{\pi} \cdot (-\partial^2 + M^2) e^{\frac{-\partial^2 + M^2}{\Lambda^2}} \boldsymbol{\pi}$

Nonlocal action S_N^E after integrating out pion fields (Gaussian):

$$Z[\eta^\dagger, \eta] = \int D\boldsymbol{N}^\dagger D\boldsymbol{N} D\boldsymbol{\pi} e^{-S_{\pi N}^E + \int d^4x [\eta^\dagger \boldsymbol{N} + \boldsymbol{N}^\dagger \eta]} = A \int D\boldsymbol{N}^\dagger D\boldsymbol{N} e^{-S_N^E + \int d^4x [\eta^\dagger \boldsymbol{N} + \boldsymbol{N}^\dagger \eta]}$$

where $S_N^E = \underbrace{N_x^\dagger \left[\partial_0 - \frac{\vec{\nabla}_x^2}{2m} \right] N_x}_\text{integration over } d^4x \text{ not shown} + \underbrace{\frac{g^2}{8F^2} [N^\dagger \vec{\sigma} \boldsymbol{\tau} N]_{x_1} \cdot [\vec{\nabla}_{x_1} \otimes \vec{\nabla}_{x_1} \overbrace{\Delta_\Lambda^E(x_1 - x_2)}^\text{non-static regularized pion propagator} \cdot [N^\dagger \vec{\sigma} \boldsymbol{\tau} N]_{x_2}}_\text{integration over } d^4x_1 d^4x_2 \text{ not shown}$

Nuclear interactions from path integral

Regularized toy model: $\mathcal{L}_{\pi N}^E = N^\dagger \left[\partial_0 - \frac{\vec{\nabla}^2}{2m} - \frac{g}{2F} \vec{\sigma} \cdot \vec{\nabla} \boldsymbol{\pi} \cdot \boldsymbol{\tau} \right] N + \frac{1}{2} \boldsymbol{\pi} \cdot (-\partial^2 + M^2) e^{-\frac{-\partial^2 + M^2}{\Lambda^2}} \boldsymbol{\pi}$

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Rewrite the pion propagator to the static one plus rest:

$$\Delta_\Lambda^E(x) = \int \frac{d^4q}{(2\pi)^4} e^{iq \cdot x} \frac{e^{-\frac{q_0^2 + \vec{q}^2 + M^2}{\Lambda^2}}}{q_0^2 + \vec{q}^2 + M^2} = \underbrace{\Delta_\Lambda^S(x) + \Delta_\Lambda^E(x) - \Delta_\Lambda^S(x)}_{\delta(x_0) \tilde{\Delta}_\Lambda^S(\vec{x})} = \underbrace{\Delta_\Lambda^S(x) + \partial_0^2 \Delta_\Lambda^{ES}(x)}_{-\int \frac{d^4q}{(2\pi)^4} \frac{e^{iq \cdot x}}{q_0^2} [\tilde{\Delta}_\Lambda^E(q) - \tilde{\Delta}_\Lambda^S(\vec{q})]}$$

Nuclear interactions from path integral

Regularized toy model: $\mathcal{L}_{\pi N}^E = N^\dagger \left[\partial_0 - \frac{\vec{\nabla}^2}{2m} - \frac{g}{2F} \vec{\sigma} \cdot \vec{\nabla} \boldsymbol{\pi} \cdot \boldsymbol{\tau} \right] N + \frac{1}{2} \boldsymbol{\pi} \cdot (-\partial^2 + M^2) e^{-\frac{\partial^2 + M^2}{\Lambda^2}} \boldsymbol{\pi}$

Nonlocal action S_N^E after integrating out pion fields (Gaussian):

$$Z[\eta^\dagger, \eta] = \int D N^\dagger D N D \boldsymbol{\pi} e^{-S_{\pi N}^E + \int d^4x [\eta^\dagger N + N^\dagger \eta]} = A \int D N^\dagger D N e^{-S_N^E + \int d^4x [\eta^\dagger N + N^\dagger \eta]}$$

where $S_N^E = \underbrace{N_x^\dagger \left[\partial_0 - \frac{\vec{\nabla}_x^2}{2m} \right] N_x}_\text{integration over } d^4x \text{ not shown} + \underbrace{\frac{g^2}{8F^2} [N^\dagger \vec{\sigma} \boldsymbol{\tau} N]_{x_1} \cdot [\vec{\nabla}_{x_1} \otimes \vec{\nabla}_{x_1} \Delta_\Lambda^E(x_1 - x_2)] \cdot [N^\dagger \vec{\sigma} \boldsymbol{\tau} N]_{x_2}}_\text{non-static regularized pion propagator}$

Rewrite the pion propagator to the static one plus rest:

$$\Delta_\Lambda^E(x) = \int \frac{d^4q}{(2\pi)^4} e^{iq \cdot x} \frac{e^{-\frac{q_0^2 + \vec{q}^2 + M^2}{\Lambda^2}}}{q_0^2 + \vec{q}^2 + M^2} = \underbrace{\Delta_\Lambda^S(x)}_{\delta(x_0) \Delta_\Lambda^S(\vec{x})} + \Delta_\Lambda^E(x) - \Delta_\Lambda^S(x) = \underbrace{\Delta_\Lambda^S(x) + \partial_0^2 \Delta_\Lambda^{ES}(x)}_{-\int \frac{d^4q}{(2\pi)^4} \frac{e^{iq \cdot x}}{q_0^2} [\tilde{\Delta}_\Lambda^E(q) - \tilde{\Delta}_\Lambda^S(\vec{q})]}$$

Nucleon field redefinition: $N_x = \tilde{N}_x - \frac{g^2}{8F^2} \boldsymbol{\tau} \vec{\sigma} \tilde{N}_x \cdot \underbrace{[\vec{\nabla}_x \otimes \vec{\nabla}_x \partial_0 \Delta_\Lambda^{ES}(x - x_2)] \cdot [\tilde{N}^\dagger \vec{\sigma} \boldsymbol{\tau} \tilde{N}]_{x_2}}_\text{integration over } d^4x_2 \text{ not shown}$, $N_x^\dagger = \dots$

$$\Rightarrow S_{\tilde{N}}^E = \tilde{N}_x^\dagger \left[\partial_0 - \frac{\vec{\nabla}_x^2}{2m} \right] \tilde{N}_x + \frac{g^2}{8F^2} [\tilde{N}^\dagger \vec{\sigma} \boldsymbol{\tau} \tilde{N}]_{x_1} \cdot [\vec{\nabla}_{x_1} \otimes \vec{\nabla}_{x_1} \Delta_\Lambda^S(x_1 - x_2)] \cdot [\tilde{N}^\dagger \vec{\sigma} \boldsymbol{\tau} \tilde{N}]_{x_2} + S_{2N}^{1/m} + S_{3N}$$

Nuclear interactions from path integral

To summarize:

$$Z[\eta^\dagger, \eta] = \int D\boldsymbol{N}^\dagger D\boldsymbol{N} D\boldsymbol{\pi} e^{-S_{\pi N}^E + \int d^4x [\eta^\dagger \boldsymbol{N} + \boldsymbol{N}^\dagger \eta]} = \dots = A \int D\tilde{\boldsymbol{N}}^\dagger D\tilde{\boldsymbol{N}} e^{-S_{\tilde{N}}^E + \int d^4x [\eta^\dagger \tilde{\boldsymbol{N}} + \tilde{\boldsymbol{N}}^\dagger \eta]}$$

where the many-body action is now instantaneous (up to higher-order corrections):

$$S_{\tilde{N}}^E = \tilde{N}_x^\dagger \left[\partial_0 - \frac{\vec{\nabla}_x^2}{2m} \right] \tilde{N}_x + \frac{g^2}{8F^2} [\tilde{N}^\dagger \vec{\sigma} \boldsymbol{\tau} \tilde{N}]_{x_1} \cdot [\vec{\nabla}_{x_1} \otimes \vec{\nabla}_{x_1} \Delta_\Lambda^S(x_1 - x_2)] \cdot [\tilde{N}^\dagger \vec{\sigma} \boldsymbol{\tau} \tilde{N}]_{x_2} + S_{2N}^{1/m} + S_{3N}$$

$$\Rightarrow \text{read out } V_{NN} \text{ directly from the action: } V_{2N}^\Lambda(\vec{x}_{12}) = \frac{g^2}{4F^2} \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 (\vec{\sigma}_1 \cdot \vec{\nabla}) (\vec{\sigma}_2 \cdot \vec{\nabla}) \Delta_\Lambda^S(\vec{x}_{12})$$

Nuclear interactions from path integral

To summarize:

$$Z[\eta^\dagger, \eta] = \int D\eta^\dagger D\eta D\pi e^{-S_{\pi N}^E + \int d^4x [\eta^\dagger N + N^\dagger \eta]} = \dots = A \int D\tilde{\eta}^\dagger D\tilde{\eta} e^{-S_{\tilde{N}}^E + \int d^4x [\eta^\dagger \tilde{N} + \tilde{N}^\dagger \eta]}$$

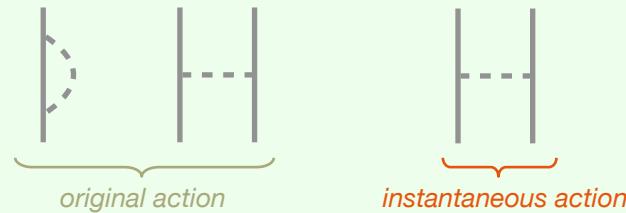
where the many-body action is now instantaneous (up to higher-order corrections):

$$S_{\tilde{N}}^E = \tilde{N}_x^\dagger \left[\partial_0 - \frac{\vec{\nabla}_x^2}{2m} \right] \tilde{N}_x + \frac{g^2}{8F^2} [\tilde{N}^\dagger \vec{\sigma} \boldsymbol{\tau} \tilde{N}]_{x_1} \cdot [\vec{\nabla}_{x_1} \otimes \vec{\nabla}_{x_1} \Delta_\Lambda^S(x_1 - x_2)] \cdot [\tilde{N}^\dagger \vec{\sigma} \boldsymbol{\tau} \tilde{N}]_{x_2} + S_{2N}^{1/m} + S_{3N}$$

⇒ read out V_{NN} directly from the action: $V_{2N}^\Lambda(\vec{x}_{12}) = \frac{g^2}{4F^2} \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 (\vec{\sigma}_1 \cdot \vec{\nabla}) (\vec{\sigma}_2 \cdot \vec{\nabla}) \Delta_\Lambda^S(\vec{x}_{12})$

On the other hand, to order g^2 :

⇒ something is missing...



Nuclear interactions from path integral

To summarize:

$$Z[\eta^\dagger, \eta] = \int D\boldsymbol{N}^\dagger D\boldsymbol{N} D\boldsymbol{\pi} e^{-S_{\pi N}^E + \int d^4x [\eta^\dagger N + N^\dagger \eta]} = \dots = A \int D\tilde{\boldsymbol{N}}^\dagger D\tilde{\boldsymbol{N}} e^{-S_{\tilde{N}}^E + \int d^4x [\eta^\dagger \tilde{N} + \tilde{N}^\dagger \eta]}$$

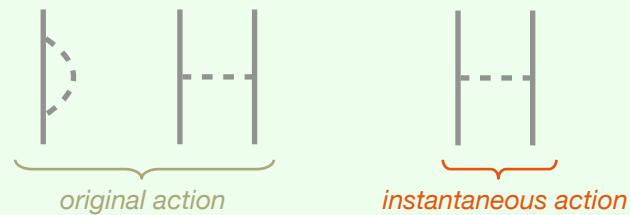
where the many-body action is now instantaneous (up to higher-order corrections):

$$S_{\tilde{N}}^E = \tilde{N}_x^\dagger \left[\partial_0 - \frac{\vec{\nabla}_x^2}{2m} \right] \tilde{N}_x + \frac{g^2}{8F^2} [\tilde{N}^\dagger \vec{\sigma} \boldsymbol{\tau} \tilde{N}]_{x_1} \cdot [\vec{\nabla}_{x_1} \otimes \vec{\nabla}_{x_1} \Delta_\Lambda^S(x_1 - x_2)] \cdot [\tilde{N}^\dagger \vec{\sigma} \boldsymbol{\tau} \tilde{N}]_{x_2} + S_{2N}^{1/m} + S_{3N}$$

$$\Rightarrow \text{read out } V_{NN} \text{ directly from the action: } V_{2N}^\Lambda(\vec{x}_{12}) = \frac{g^2}{4F^2} \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 (\vec{\sigma}_1 \cdot \vec{\nabla}) (\vec{\sigma}_2 \cdot \vec{\nabla}) \Delta_\Lambda^S(\vec{x}_{12})$$

On the other hand, to order g^2 :

\Rightarrow something is missing...



$$\int D\boldsymbol{N}^\dagger D\boldsymbol{N} e^{(\dots)} = \int D\tilde{\boldsymbol{N}}^\dagger D\tilde{\boldsymbol{N}} \det [\mathbf{J}_{N,N^\dagger}(\tilde{N}, \tilde{N}^\dagger)] e^{(\dots)} = \int D\tilde{\boldsymbol{N}}^\dagger D\tilde{\boldsymbol{N}} e^{(\dots) + \int d^4x \tilde{N}_x^\dagger \Sigma_\Lambda \tilde{N}_x + \dots}$$

$$\text{with } \Sigma_\Lambda = -\frac{3g^2}{8F^2} \int \frac{d^3p}{(2\pi)^3} \vec{p}^2 \frac{e^{-\frac{\vec{p}^2+M^2}{\Lambda^2}}}{\vec{p}^2 + M^2} = -\frac{3g^2}{64\pi^{3/2} F^2} \Lambda^3 + \underbrace{\frac{9g^2 M^2}{64\pi^{3/2} F^2} \Lambda}_{\text{the leading non-analytic contribution to } m_N} - \frac{3g^2 M^3}{32\pi F^2} + \mathcal{O}(\Lambda^{-1})$$

Higher-derivative regularization [Slavnov '71]

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